



Targeted Case Management (TCM) Level III Request Guide

PRIMARY GOAL:

- Justify **WHY** youth need ongoing intensive services

REMEMBER TO:

- Be **SPECIFIC**
- Focus on **CURRENT** behaviors (*exhibited since last authorization*)

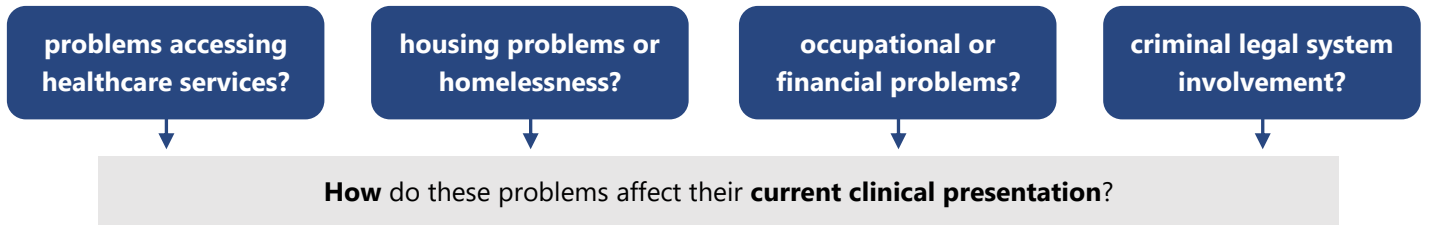
1. When the form asks, *Describe the patient's current clinical presentation (including current symptoms, impairments, or dysfunctions)*, consider:

Since the last authorization/in the last 6 months, has the youth...



2. When the form asks, *What social elements impact diagnosis (check all that apply)*, consider:

Has the youth experienced...



***Note:** include answer in *section* and *be clear*:
"I checked off Financial Problems because it impacts their [specific diagnosis] in [this specific way]"

3. As the provider, you are responsible for *describing updates to the treatment plan and the specific actions planned to address the symptoms or behaviors*. In doing so, consider:

Since the last authorization...

- has the treatment plan changed?
- were any treatment goals added?
- were any treatment goals removed?
- were any treatment goal dates extended?

Moving forward...

- what needs/behaviors will the treatment focus on?
- what are you going to do to address these symptoms and behaviors?

- Will you help the youth learn how to **manage their anger**?
- Help them **improve their social skills**?
- Help them **regulate their emotions and behaviors**?

How?

4. When the form asks, *Describe current planning for transition to a less intensive level of care*, consider:

- What needs to happen before the youth transitions out of intensive care?
- What are the barriers to discharge?

Writing Tips:

The youth struggled to manage their anger during this review period.

X TOO VAGUE

The youth struggled to manage their anger during this review period as exhibited by them physically assaulting multiple peers and their grandmother.

✓ PRECISE & ILLUSTRATIVE

The youth was hospitalized 4 times in 2021.

X CENTERS PAST BEHAVIORS

Despite being hospitalized in 2021, the youth was not hospitalized during this review period.

✓ PRIORITIZES MOST RECENT INFO