



TCM Plus Overview

What is TCM Plus?

Targeted Case Management Plus (TCM Plus or TCM+) is a special service that helps youth who are struggling with serious mental health or substance use challenges. A TCM Care Coordinator works one-on-one with the youth and their family to help them connect with the right doctors or service providers that support the youth's medical, social, and educational needs.

Who can get TCM Plus?

Your child may be able to get these services if they:

- ☒ Are under 18 years old
- ☒ Have private insurance or no insurance
- ☒ Have a serious mental health disorder
- ☒ Meet at least one other requirement (such as recently leaving a treatment center, using substances, having trouble in school). See page 2.

How does it work?

If your child is approved, you will join a Care Coordination Organization (CCO) and you will be matched with a Youth Care Coordinator (YCC). This person helps your family set treatment goals and makes sure everyone (such as therapists, doctors, and schools) is working together to help your child. YCC's can also support families with arranging transportation to and from services.

TCM Plus also offers two other helpful services:

- **Customized Goods and Services (CGS):** These are items or activities that help youth reach their treatment goals, like art supplies, therapeutic toys, or camps.
- **Family Peer Support Services (FPSS):** You can talk to a specialist who has also raised a child with similar needs. They can give you advice, support, and help you find your way through the system.



TCM Plus Eligibility Requirements

What else does my child need to receive TCM Plus?

To receive TCM Plus, the youth must be younger than 18, have a Serious Emotional Disorder (SED), and be privately insured or uninsured.

The youth must also meet at least one of the three criteria:

- 1. Recently discharged from a Residential Treatment Center (RTC)**
- 2. Enrolled in a Home and Hospital Program, or**
- 3. Has a combination of risk factors (at least two from the list below):**
 - Runaway Behavior
 - Substance Use
 - Significant School Behavioral Problem
 - Involvement with Department of Juvenile Services (DJS)
 - Failed Teen Court Completion (does not follow rules set by the court)
 - Victim of maltreatment (such as abuse and neglect)

What does it mean to be uninsured?

Youth are considered uninsured and can receive TCM Plus services for up to 180 days each year if they meet all the following requirements:

- Are a Maryland resident
- Need treatment for a behavioral health [diagnosis](#) covered by the Public Behavioral Health System ([PBHS](#))
- Meet financial criteria (click [here](#) for information on income and asset limits)
- Have a verifiable Social Security number (SSN) formatted as "AAA-GG-SSSS"
- Meet citizenship and residency requirements
- Applied for Medicaid, Social Security Insurance, or Social Security Disability Insurance because they have had an illness/disability for 12 months or more (or expect to have an illness/disability for 12 months or more)

Care Coordination Organizations

Care Coordination Organizations (CCOs) provide TCM Plus services across the state. To refer a child for services, use the [Directory](#) to contact the CCO in your county or use [this form](#) to refer the child yourself. *Please note the list below was last updated in July 2026 – see the Directory for the most up-to-date information.*

Advanced Behavioral Health
Montgomery County

Advantage Psychiatric Services
Cecil County

Baltimore Crisis Response
Baltimore City

BTST Services
Anne Arundel, Prince George's

Center for Children
Calvert, Howard, St. Mary's

Empowering Minds Resource Center
Anne Arundel, Baltimore City, Harford

Hope Health Systems
Baltimore City, Baltimore County

InnerSourced Solutions
Charles County

Leading by Example
Baltimore City

Maryland Wellness
Allegany, Garrett

Optimum Health Systems
Baltimore City

Potomac Community Services
Carroll, Frederick, Washington

Volunteers of America Chesapeake
Montgomery County

Wraparound Maryland
Eastern Shore Counties

You First Health Systems
Baltimore City





Contact Information

To explore **Care Coordination and TCM Plus Services in your jurisdiction**, please use the following resources:

Care Coordination Organization (CCO) Directory

Use the [Care Coordination Organization Directory](#)

or copy and paste this link into your search bar:

<https://app.smartsheet.com/b/publish?EQBCT=ba7068ed5c984b19a384412b76009ccd>

Local Behavioral Health Authority (LBHA) Directory

Use the [Local Behavioral Health Authority Directory](#)

or copy and paste this link into your search bar:

<https://mabha.org/getting-help/>

For questions regarding **TCM Plus guidelines or the referral process**, please contact:

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To learn more about **Youth Care Coordination**, please visit the [YCC Website](#).