



Central East (HHS Region 3)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

School Mental Health Virtual Learning Series

July 2020-June 2021



Part II: What Can Schools Do to Address COVID-19, Racism, and Social Justice

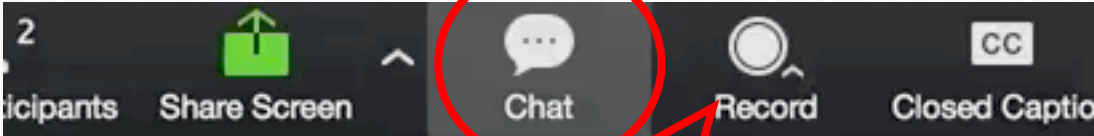


Cultural Responsiveness and Equity Specialty Track
National Center for School Mental Health

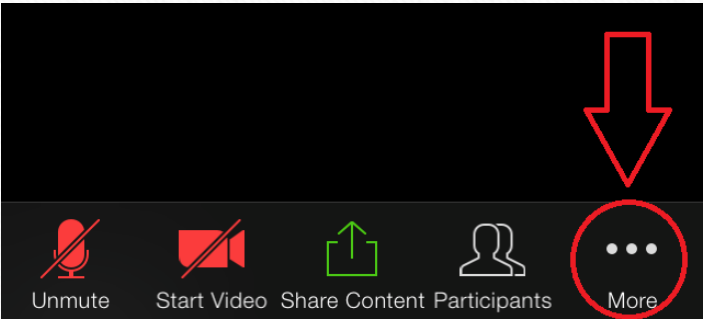
Technology Support

- Slides will be posted on the NCSMH website (www.schoolmentalhealth.org) and emailed after the presentation to all registrants
- Use chat box for sharing resources, comments, and responding to speaker

Web



Mobile App





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UNIVERSITY of MARYLAND
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School Mental Health Webinar Series

Description

The Central East MHTTC in collaboration with the National Center for School Mental Health is hosting a school mental health webinar series with a focus on advancing high quality, sustainable school mental health from a multi-tiered system of support, trauma sensitive, and culturally responsive and equitable lens.

Objectives

- Gain increased awareness of high quality, sustainable multi-tiered system of school mental health supports and services
- Support trauma-informed systems in schools
- Discover the impacts of social determinants of health on student academic and social-emotional-behavioral success
- Learn to provide more culturally responsive and equitable services and supports
- Hear perspectives on school mental health from school, district and state levels
- Obtain insight into how youth, families, schools and communities can best work together to address student mental health needs



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NCSMH
NATIONAL CENTER FOR
SCHOOL MENTAL HEALTH



Oscar Morgan
MHTTC Project Director



Michael Thompson
MHTTC Sr. TA Specialist



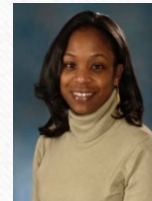
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Upcoming Webinars

More to be Scheduled September –June

1st Wednesdays of the Month, 3:00-4:00 ET



**BLACK
LIVES
MATTER**

Commitment

- Racial and social justice lens
- Cultural responsiveness and equity
- Developing and modeling equitable and anti-racist policies and practices
- Learn, heal, grow together

Introductions



Dana Cunningham, Ph.D.



Brittany Patterson, Ph.D.



Perrin Robinson, M.S.

**What do you hope to learn from this
webinar?**

Please type your responses in the chat box.

Acknowledgements

- Panelists (and youth participants)
- National Center for School Mental Health schoolmentalhealth.org
- Central East Mental Health Technology Transfer Center (MHTTC), <https://mhttcnetwork.org/centers/central-east-mhttc/home> Central East MHTTC is managed by the Danya Institute
- Cultural Responsiveness and Equity Specialty Track CREtrack@som.umaryland.edu

Today's Webinar

Goals of the webinar:

- Identify school-level challenges related to COVID-19, inequities, racism, and/or social justice
- Discuss how school leaders and mental health providers can collaborate to promote change in schools?
- Consider how schools can begin to address race, racism, inequities, and social justice

Meet the Panel

Tiffany Beason, Ph.D.



Principal Lauren Brown





Kelly Willis, LCSW-C



Describe your reactions to current events. How have they impacted you and what are you doing to care for yourself?

Share school-level challenges related to inequity, racism,
and/or social justice.

Question and Answer

Discuss the importance of the relationship between school leaders and school-based mental health providers to address COVID-19 and racism.

Describe how you are addressing race, racism, and social justice in your school environment.

What can schools/school communities do to help support youth and families?

Question and Answer

What is your vision for the future? What changes would you like to see in your school and community?

Question and Answer

Resources (e.g. Cultural Proficiency Continuum
Dialogic Protocol, others?)

Dr. Cormier
Place holder

Question and Answer

Talking with Youth about COVID-19

- NCSMH COVID-19 Resource List: <http://www.schoolmentalhealth.org/COVID-19/>
- Just for Kids: A Comic Exploring the New Coronavirus
<https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus>
- COVIBOOK: Supporting and reassuring children around the world
<https://www.mindheart.co/descargables>
- Why Can't I Go to School?: A Printable Story <https://consciousdiscipline.com/resources/why-cant-i-go-to-school-printable-story/>
- Helping Children and Families Cope with the COVID-19 Pandemic
<http://www.schoolmentalhealth.org/media/SOM/Microsites/NCSMH/Documents/COVID-19/Helping-Children-Cope-with-COVID-19Final.pdf>

Talking with Youth about Race and Racism

- They're not too young to talk about race <http://www.childrenscommunityschool.org/wp-content/uploads/2018/02/theyre-not-too-young-1.pdf>
- Understanding Race and Privilege: Suggestions for Facilitating Challenging Conversations <https://www.nasponline.org/resources-and-publications/resources-and-podcasts/diversity/social-justice/social-justice-lesson-plans/>
- Racism and Violence: How to Help Kids Handle the News <https://childmind.org/article/racism-and-violence-how-to-help-kids-handle-the-news/>
- Talking About Race: <https://nmaahc.si.edu/learn/talking-about-race>
- NCSMH Cultural Responsiveness and Equity Resource List <http://www.schoolmentalhealth.org/Cultural-Responsiveness--Equity/>

Resources – Organizations & Services

Black Emotional and Mental Health Collective - <https://www.beam.community/>

Black Mental Health Alliance - <https://blackmentalhealth.com/>

Black Mental Wellness – www.blackmentalwellness.com

Liberate Meditation – <https://liberatemeditation.com/>

Melanin & Mental Health – www.melaninandmentalhealth.com

Teaching Tolerance – <https://teachingtolerance.org>

Therapy for Black Girls – www.therapyforblackgirls.com

Therapy for Black Men – www.therapyforblackmen.org/

Resources – Panelist Recommendations

- Changing The Narrative: Teaching Black History Beyond Slavery and Oppression – Brian Knowles
- Courageous Conversations about Race – Glenn Singleton
- Cultural Proficiency: A Manual for School Leaders – Lindsey, Robins, Terrell
- Me and White Supremacy – Layla F. Saad
- So You Want to Talk About Race – Ijeoma Oluo
- Teaching Race: How to Help Students Unmask and Challenge Racism – Brookfield & Associates
- White Fragility –Robin DiAngelo

Join Us!

- This webinar mini-series is part of a larger School Mental Health Virtual Learning Series, created in collaboration with the National Center for School Mental Health and the Central East Mental Health Technology Transfer Center.
- Follow us on [Twitter](#) or [Facebook](#) for more information and registration links as they are available.

Evaluation

Please complete the evaluation for this webinar.

<https://ttc-gpra.org/GPRAOnline/GPRASurvey.aspx?id=548169&type=PostEvent>

Thank You

- Panelists
- Students and Families
- NCSMH
schoolmentalhealth.org
- Cultural Responsiveness and Equity Practice Group CREtrack@som.umaryland.edu
- Central East MHTTC (managed by the Danya Institute)
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