



Central East (HHS Region 3)

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

School Mental Health Virtual Learning Series

January through August 2023



Promoting Family and Community Empowerment to Strengthen Positive School Climate

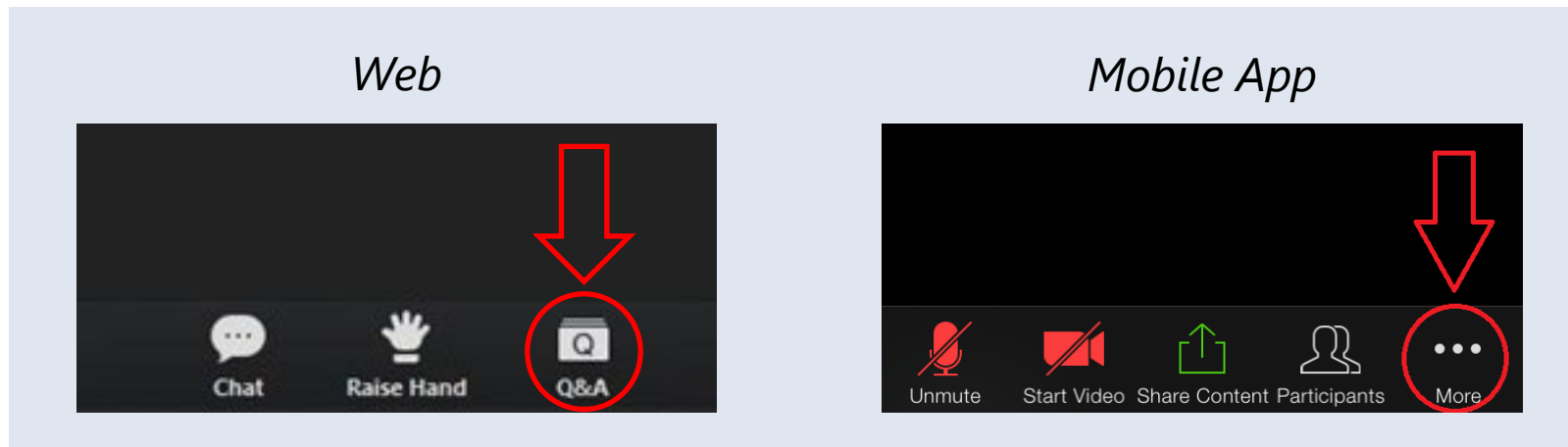


April 11, 2023



Technology Support

- **Slides will be posted** on the NCSMH website: www.schoolmentalhealth.org
- Please type questions for the presenters into the **Q&A box**:



- Use **chat box** for sharing resources, comments, and responding to speakers

* CE credits not available for this series



Certificates of Attendance

Process:

1. Complete GPRA Post-Event Evaluation
2. Redirected to a *Certificate Request* form
3. Submit name and email address
4. Expect to receive Certificate within 30-45 days from webinar

Notes:

- You must attend **at least 50%** of webinar *in real time*
- Your Zoom name **must match** name on registration form
- **If you are calling in**, email csheedy@som.umaryland.edu & confirm your phone number
- To access evaluation, use **any code** you are comfortable with & will easily remember:

Provide the last 3 digits of your personal zipcode; last 4 digits of your phone number; 2 digit birth year; first 3 letters of preferred name.
Personal Code (please use uppercase letters): Ex. 734036172BRI

Last 3 digits of your personal zipcode:

Last 4 digits of your phone number:

2 digit birth year:

First 3 letters of preferred name



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Please Introduce Yourself

Type your responses in the chat box:

- Name, Role, Location
- Why is this topic- *Promoting Family and Community Empowerment to Strengthen Positive School Climate*- important to you?



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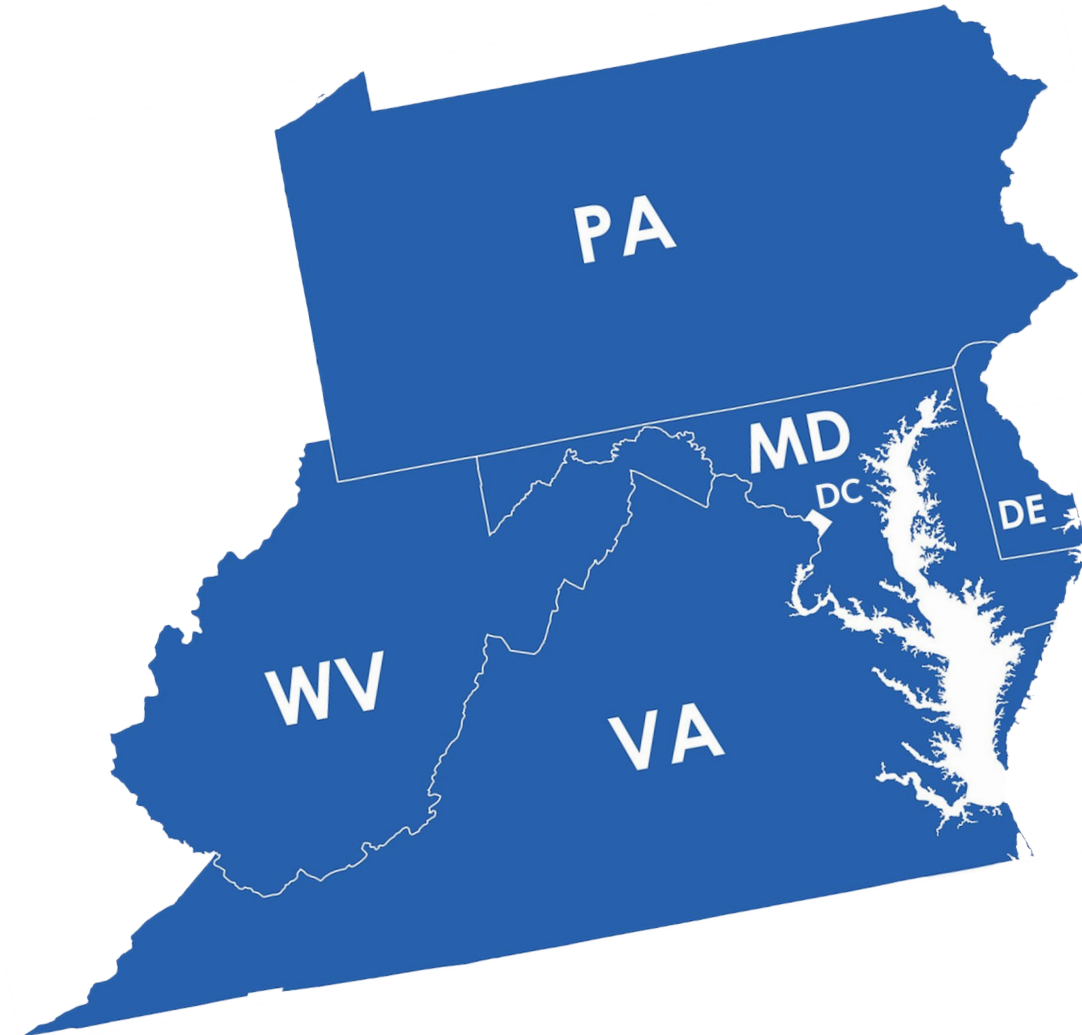
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Central East Geographical Area of Focus

HHS REGION 3

- Delaware
- District of Columbia
- Maryland
- Pennsylvania
- Virginia
- West Virginia



What Does Central East MHTTC Do?

Actions

- **Accelerate** the adoption and implementation of evidence-based and promising treatment and recovery-oriented practices and services
- **Strengthen** the awareness, knowledge, and skills of the behavioral and mental health and prevention workforce, and other stakeholders, that address the needs of people with behavioral health disorders
- **Foster** regional and national alliances among culturally diverse practitioners, researchers, policy makers, funders, and the recovery community
- **Ensure** the availability and delivery of publicly available, free of charge, training and technical assistance to the behavioral and mental health field



National Center for School Mental Health

MISSION:

Strengthen policies and programs in school mental health to improve learning and promote success for America's youth

- Focus on advancing school mental health policy, research, practice, and training
- Shared family-schools-community mental health agenda

Directors: Drs. Nancy Lever & Sharon Hoover

Faculty: Tiffany Beason, *Ph.D.*, Jill Bohnenkamp, *Ph.D.*, Elizabeth Connors, *Ph.D.*, Britt Patterson, *Ph.D.*, Sam Reaves, *Ph.D.*, Kris Scardamalia, *Ph.D.*, Cindy Schaeffer, *Ph.D.*





**BLACK
LIVES
MATTER**

Commitment

- Racial and social justice lens
- Cultural responsiveness and equity
- Developing and modeling equitable and anti-racist policies and practices
- Learn, heal, grow together



School Mental Health Virtual Learning Series

Objectives

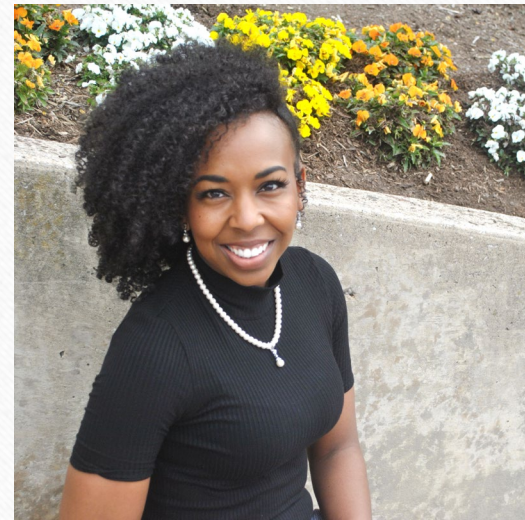
- **Gain increased awareness of school well-being** within a multi-tiered system of school mental health supports and services
- **Support trauma-informed systems** in schools
- **Increase understanding of strength-based practices** that promote student academic and social-emotional-behavioral success
- **Learn to provide more culturally responsive and equitable** services and supports
- **Hear perspectives on school mental health** from school, district and state levels
- **Obtain insight into how youth, families, schools and communities can best work together** to address student mental health needs

Facilitators



Dana Cunningham, PhD

she/her/hers



Brittany Patterson, PhD

she/her/hers

Meet the Panel



Lisa Coney

MSW

My Roles

- **County Commissioner**, Saginaw, Michigan
- **Mental Health Practitioner**, Saginaw Intermediate School District

My Lens

- African American
- She/her/hers
- Cisgender
- Heterosexual
- Christian
- Middle class
- Non-disabled



Barb Flis

MIS

My Roles

- **Parent and Grandparent**
- **Founder, Parent Action for Healthy Kids**
- **Adjunct Professor, DePaul University, College of Education**
- **Certified Life Coach**
- **Advanced Certification Whole Brain Living**

My Lens

- Caucasian
- Elder
- She/her/hers
- Heterosexual
- Middle Class
- Non-disabled

Family Engagement Framework

Create a Community of Belonging!



Adapted from “Youth Voice Engagement” David P Weikart Center for Youth Program Quality



Panel Questions

What does authentic connection look like
between schools and families?

What are some common sources of resistance to family engagement?

Audience: Share with us in the Chat

What are common reasons schools and/or school staff are resistant to family engagement?

What are some processes and strategies that can enhance feelings of safety within the school environment?

What is one concrete step that can be taken today to strengthen connections with families and communities?

Audience: Share with us in the Chat

What is one action step you will commit to taking today?

Resources

1. Parent Action for Healthy Kids
2. Family Engagement Guidance Document, *by Parent Action for Healthy Kids*
3. Family Engagement Provider Survey, *by Parent Action for Healthy Kids*
4. Family Engagement Critical Components, *by Parent Action for Healthy Kids*
5. Family, School and Community Collaboration and Teaming Dialogue Guide
 - Supplemental Material: Dialogue Guide Response Strategies
6. Effective School-Community Partnerships to Support School Mental Health, *by National Association of School Psychologists (NASP) & NCSMH*
7. Advocating for Comprehensive School Mental Health: A Tip Sheet for Families, *by Family-Run Executive Director Leadership Association (FREDLA)*
8. NCSMH SMH Webinar Series



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Upcoming Webinars

May 9, 3pm-4pm EST: Collaboration Between School & Community Settings – Development of Meaningful & Sustainable Partnerships Between Schools & Community Partners

Summer Series (June-Sept): TBA soon!

Register at: schoolmentalhealth.org/webinars



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Please Share Your Feedback!

Evaluation

Thank you!



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Q & A
