

School Mental Health Quality Assessment Domains and Indicators

Teaming

- Create a multidisciplinary and diverse team
- Meaningfully involve students and families
- Use effective school-community partnerships
- Address each tier of the multi-tiered system of supports
- Avoid duplication and promote efficiency
- Delineate staff roles and responsibilities
- Refer to school- and community-based services
- Determine which services are needed
- Collect and share data



Needs Assessment / Resource Mapping

- Assess student mental health needs and strengths
- Use needs assessment to determine appropriate services and supports
- Conduct or access current resource mapping
- Use current resource map to determine appropriate services and supports
- Align existing services and supports



Mental Health Promotion Services & Supports (Tier 1)

- Assess and improve school climate and staff well-being
- Set positive behavior expectations
- Implement positive reinforcement systems
- Build healthy relationships and community
- Reduce exclusionary responses
- Increase mental health literacy and social emotional learning
- Select evidence-informed Tier 1 services and supports
- Match Tier 1 services and supports to needs and strengths
- Ensure adequate resource capacity
- Support training and professional development
- Monitor fidelity



Early Intervention & Treatment Services & Supports (Tiers 2 & 3)

- Count of students who received evidence-informed Tier 2/3 services and supports
- Determine whether Tier 2/3 services and supports are evidence-informed
- Match Tier 2/3 services and supports to needs and strengths
- Ensure adequate resource capacity
- Support training and professional development
- Monitor fidelity
- Create SMART intervention goals
- Monitor individual student progress across tiers
- Implement systematic crisis response protocol



Screening

- Screen for student distress and well-being to identify and refer students for additional supports



Funding & Sustainability

- Fund from multiple and diverse sources
- Leverage funding and resources to attract potential contributors
- Strategize to retain staff
- Maximize partner expertise and resources
- Evaluate funding for Tiers 1/2
- Maximize reimbursement opportunities



Impact

- Document and report comprehensive school mental health system impact on educational, social, emotional, and behavioral outcomes
- Disaggregate outcome data

