

MARYLAND HEALTHY TRANSITIONS



UPCOMING EVENTS

ON OUR OWN OF MARYLAND

- FEBRUARY 21: PEERS SUPERVISOR ROUNDTABLE
- FEBRUARY 22: PEER TOWN HALL

ARUNDEL LODGE

- FEBRUARY 19: VISIONARIES ART EXHIBIT
- ### CROSSROADS COMMUNITY
- FEBRUARY 20: FREE CHILDREN'S DENTAL CLINIC
 - APRIL 15TH: CROSSROADS COMMUNITY 5K

ON OUR OWN OF MARYLAND

On Our Own of Maryland just begun a study on about possibly opening a Peer Respite Program in Maryland! If you are from central Maryland and want your thoughts heard, go to <https://forms.gle/s4tu4KBo6EsGuMpi7> to fill out their survey!

TRANSITIONS TO ADULTHOOD CENTER FOR RESEARCH

TCR has just released a new video series: "The College Faculty Guide to Academic Supports for College Students with Serious Mental Health Conditions". This includes research from real college students of what they found helpful to support their studies!

CROSSROADS COMMUNITY



This month, Crossroads Community's employees went to Frank Kros's training! Check out the pictures from "Creating Connections: A Transformational Approach to Brain-Based Presenting to Adult Learners"

HELPFUL RESOURCES

On February 13, 2023, UNCF (United Negro College Fund), The Steve Fund, and Thurgood Marshall College (TMCF) launched Unapologetically Free: Centering Mental Health on Black College Campuses. By partnering with Black colleges and universities, the unprecedented national effort works towards creating culturally responsive programs and opportunities to center mental health for their students, faculty, and administration.

For more information, visit <https://www.unapologetically-free.org>.

