



# Engaging Youth and Families in Mental Health Services: Assessment as the Starting Point for Addressing Concerns

Low treatment engagement is one of the most common obstacles that clinicians encounter. This presentation will provide insight into addressing this complex issue by providing an overview of treatment engagement in youth mental health services, present a multidimensional approach for thinking about engagement, share a free survey that measures youth and caregiver engagement in services, explain how assessment informs strategies for addressing engagement challenges, and describe research findings from the Reaching Families multisite trial.

## Presentation Objectives

- Explain the five dimensions of treatment engagement and identify which dimensions you currently attend to in your own work.
- Describe the flow of evidence-based clinical reasoning and actions related to treatment engagement.
- Identify 2 opportunities for applying concepts or ideas about engagement in your own work.

**Presenter: Dr. Kimberly Becker**



## EVENT DETAILS

# APRIL 25, 2025

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**1:00 - 2:00PM**

- [Register Here](#)
- CE's will be provided to licensed behavioral health providers