National Trauma-Focused Intern Training (T-FIT) for Counseling, Psychology, Social Work and other School Mental Health Trainees

The National Center for Safe Supportive Schools (NCS3) provides states, districts, and schools with the knowledge and tools to implement culturally responsive, trauma-informed policies and practices that promote equity and well-being. NCS3 is a collaboration between:

- National Center for School Mental Health at the University of Maryland School of Medicine, Baltimore
- Center for Childhood Resilience at the Lurie Children’s Hospital, Chicago
- Center for Trauma Care in Schools at the Alliance for Inclusion and Prevention, Boston

Course Features:

- **Designed for school-based trainees in social work, counseling, school psychology, and other mental health disciplines**

- Discusses **critical concepts and skills for understanding trauma in schools and responding to child and teen trauma**

- **Features interviews with educators, administrators, school counselors, clinical trainees, parents, and students**

- Provides **prompts for learner self-reflection and strategizing**

- **Focuses on research-validated approaches**

- **Led by expert faculty in K-12 school mental health**

Course 1: Foundations of Trauma-Informed School Mental Health

Module 1: Comprehensive School Mental Health
Module 2: Introduction to Trauma
Module 3: Identifying Trauma in Schools
Module 4: Cultural-Responsiveness, Anti-Racism, and Equity (CARE)
Module 5: Secondary Traumatic Stress
Module 6: Trauma-Informed Schools

Course 2: Trauma-Informed School, Classroom, and Counseling Supports

Module 7: School Approaches to Support Students
Module 8: Classroom Strategies to Support Students
Module 9: Early Identification, Intervention, and Treatment

Register for the Course.

The National Center for Safe Supportive Schools is a Category II Treatment Services and Adaptation (TSA) Center of the National Child Traumatic Stress Network, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).