



National Trauma-Focused Intern Training (T-FIT) for Counseling, Psychology, Social Work and other School Mental Health Trainees

The National Center for Safe Supportive Schools (NCS3) provides states, districts, and schools with the knowledge and tools to implement culturally responsive, trauma-informed policies and practices that promote equity and well-being.

NCS3 is a collaboration between:

- National Center for School Mental Health at the University of Maryland School of Medicine, Baltimore
- Center for Childhood Resilience at the Lurie Children's Hospital, Chicago
- Center for Trauma Care in Schools at the Alliance for Inclusion and Prevention, Boston

Course Features:

- **Designed for school-based trainees** in social work, counseling, school psychology, and other mental health disciplines
- Discusses **critical concepts and skills** for understanding trauma in schools and responding to child and teen trauma
- Features **interviews** with educators, administrators, school counselors, clinical trainees, parents, and students
- Provides prompts for learner **self-reflection and strategizing**
- Focuses on **research-validated approaches**
- Led by **expert faculty** in K-12 school mental health

Course 1: Foundations of Trauma-Informed School Mental Health

Module 1: Comprehensive School Mental Health

Module 2: Introduction to Trauma

Module 3: Identifying Trauma in Schools

Module 4: Cultural-Responsiveness, Anti-Racism, and Equity (CARE)

Module 5: Secondary Traumatic Stress

Module 6: Trauma-Informed Schools

Course 2: Trauma-Informed School, Classroom, and Counseling Supports

Module 7: School Approaches to Support Students

Module 8: Classroom Strategies to Support Students

Module 9: Early Identification, Intervention, and Treatment

[Register for the Course.](#)

The National Center for Safe Supportive Schools is a Category II Treatment Services and Adaptation (TSA) Center of the National Child Traumatic Stress Network, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).