

MHTTC National School Mental Health Best Practices: Implementation Guidance Modules for States, Districts, and Schools

To help states, districts, and schools advance comprehensive school mental health, as well as engage in a planning process around implementation of services, the MHTTC Network Coordinating Office and National Center for School Mental Health developed the *National School Mental Health Best Practices: Implementation Guidance Modules for States, Districts, and Schools*. The modules contain trainer and participant manuals, 8 module slide decks designed for delivery in one-hour sessions, and recorded virtual learning sessions that include a deeper dive into the module content.

[Access the Implementation Guidance Modules.](#)

The modules focus on the following core components of comprehensive school mental health:

- Educators and Student Instructional Support Personnel
- Collaboration and Teaming
- Multi-Tiered System of Supports
- Evidence-Informed Services and Supports
- Cultural Responsiveness and Equity
- Data-Driven Decision Making

The modules are intended to be used by district teams to influence, develop, and oversee school mental health systems at the school district- and building-levels. District teams may include:

- School District Leaders (e.g., Superintendent, School Board)
- School Administrators (e.g., Principal, Assistant Principal)
- District Mental Health Director or Student Services Supervisor (e.g., Director of Student Services, District Supervisor School Psychologists/Social Workers/Counselors)
- Community Behavioral Health Agency Supervisor/Director (e.g., Clinical Director of an agency that provides school-based services in the district)
- Youth/Family Advocate or Consumer

The modules align with the national performance domains and indicators established as part of the National Quality Initiative on School Health. Each module includes resources and tools to support learning extensions and can be adapted and built upon to be contextualized to regions, states, and districts.

Additional Resources:

To help familiarize yourself with the material covered in each module, short, pre-recorded videos for each of the eight modules are available. Click below to view the videos for each module!

- [Module 1 Video: Foundations of Comprehensive School Mental Health](#)
- [Module 2 Video: Teaming](#)
- [Module 3 Video: Needs Assessment and Resource Mapping](#)
- [Module 4 Video: Screening](#)
- [Module 5 Video: Mental Health Promotion for All \(Tier 1\)](#)
- [Module 6 Video: Early Intervention and Treatment \(Tiers 2 and 3\)](#)
- [Module 7 Video: Funding and Sustainability](#)
- [Module 8 Video: Impact](#)

Interested in accessing all resources included in the National School Mental Health Best Practices? [Access the *National School Mental Health Best Practices Index: A Supplementary Guide*](#). This document is an index to help users search and locate specific resources referenced within each of the 8 modules.

School Mental Health Best Practices *Always and Now* 8-Part Learning Series

The MHTTC Network and National Center for School Mental Health hosted an 8-part training series using the ***National School Mental Health Best Practices: Implementation Guidance Modules for States, Districts, and Schools***.

In this series, sessions consisted of a discussion with a small panel of education and mental health leaders from across the country (including a member from the National Center for School Mental Health team), who provided an “always and now” application of the modules and innovative ideas for implementation. Access the recordings of the presentations below.

- [Always & Now: Foundations of School Mental Health](#)
- [Always & Now: Teaming](#)
- [Always & Now: Needs Assessment and Resource Mapping](#)
- [Always & Now: Screening](#)
- [Always & Now: Mental Health Promotion for All \(Tier 1\)](#)
- [Always & Now: Early Intervention and Treatment \(Tiers 2 and 3\)](#)
- [Always & Now: Funding and Sustainability](#)
- [Always & Now: Impact](#)

National School Mental Health Learning Community

The MHTTC Network Coordinating Office and the National Center for School Mental Health (NCSMH) at the University of Maryland School of Medicine co-facilitated the National School Mental Health Learning Community in early Spring 2019. The purpose of the Learning Community was to build state and regional capacity to advance comprehensive school mental health policies and practices, tailored to local strengths and needs, based on shared learning and technical assistance. Through the Learning Community, we hosted five Virtual Learning Sessions. The sessions provided didactic content, aligned with the National School Mental Health Best Practices modules, and participants were asked to share progress and lessons learned on specific improvement goals related to school mental health. In addition, participants exchanged resources, tools, templates, and other materials within the community to promote shared learning. Access recordings of the five Virtual Learning Sessions below.

- [Virtual Learning Session 1: The Alphabet Soup of School Mental Health \(SMH, PBIS, MTSS, SEL, RP\): Getting Started and Aligning Efforts](#)
- [Virtual Learning Session 2: Mental Health Promotion \(Tier 1\)](#)
- [Virtual Learning Session 3: Early Intervention/Treatment \(Tiers 2 and 3\)](#)
- [Virtual Learning Session 4: Screening](#)
- [Virtual Learning Session 5: Funding/Sustainability](#)



