2025 Annual Conference on
Advancing School Mental Health
December 1-4, 2025
Orlando, FL

Continuing Education Packet

Instructions:

- ✓ Complete a Continuing Education Application Form
- ✓ Check (✓) the sessions you attend on the Attendance Logs
- ✓ Complete an evaluation form for the sessions you attend - Univ. Maryland will make these evaluation forms available to you in an online platform
- ✓ We encourage you to email your *CE Packet* to: instconted@gmail.com. You may also mail completed *CE Packet* to **The Institute for Continuing Education** at the address listed below. Packets should be received no later than 45-days following the Conference**.**

CE Processing Fee: There is no additional fee to make application for CE credit.

What Should I do with MY CE Packet?:

- ✓ Complete, then mail or email your completed CE Packet to **The Institute for Continuing Education.** CE Packets should be sent no later than 45-days following the Conference.
- ✓ *We encourage you to submit your CE Packet via email to instconted@gmail.com.*

WHAT DOES A CE PACKET INCLUDE: *A complete CE packet consists of:*
1. **CE Application Form**
2. **Attendance Logs – please send ALL pages of the Attendance Logs**

- ✓ Verification of CE hours earned will be emailed to you at the address you list on the CE Application Form. You may expect to receive **CE verification within approximately 60 days from the date we receive your completed CE Packet**.

Continuing Education Credit Offered
December 1, 2025:   3.00 CE hrs.
December 2, 2025:   8.50 CE hrs.
December 3, 2025:   7.00 CE hrs.
December 4, 2025:   3.00 CE hrs.

Note: *All sessions may not be approved for the awarding of continuing education credit. CE packets will clearly note any non-credit CE sessions.*

Note: *It is your responsibility to determine if CE credit offered by The Institute for Continuing Education is accepted by your state licensing/certification board.*

Note: *Ethics credit is not offered for any scheduled sessions. This Conference offers no "academic" credit and CE hours awarded are not eligible toward a degree.*

Counselors: The Institute for Continuing Education and the University of Maryland are co-sponsors of this event. This co-sponsorship has been approved by NBCC. The Institute for Continuing Education is an NBCC approved continuing education provider, ACEP 5643.   The Institute for Continuing Education is solely responsible for this program, including the awarding of NBCC credit.

*New York***:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

Psychologists: The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0043.

Social Work: The Institute for Continuing Education is an approved provider for continuing education in social work by NASW-CO Chapter, Provider ICD-2019.   This program has been approved for social work continuing education hours for re-licensure, in accordance with 258CMR. NASW-MA Chapter Approving Program, Authorization Numbers: D10627-1 through D10627-16.

*New York***:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.

Illinois Dept. Professional Regulation: Social Work provider 159-000606.

Florida Dept. Health, Division Social Work, Counseling, MFT, Provider 50-1998.

Marriage/Family Therapy: *New York MFT*: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists.   Provider MFT-0012.

California Professionals: The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for continuing education credit for LMFTs, LCSWs, LPCC, as required by the California Board of Behavioral Sciences.

<u>**Nurses:**</u> The Institute for Continuing Education is recognized as a provider of continuing education in nursing by the California Board of Nursing, Provider 12646. It is the responsibility of nurses to determine if the regulations of their licensing/certification board accept CE hrs. awarded by an approved CE provider of the CA Board of Nursing.

<u>**Skill Level:**</u>   Due to the interdisciplinary nature of this Conference, sessions have not been rated for skill level (beginning, intermediate, advanced). Participants are urged to review session description for appropriateness for professional and personal development.

<u>**Instruction Methodology:**</u> May include lecture, audio-visual, demonstration, experiential practice of techniques, large and small group discussion

ALL CE packets should be emailed/mailed directly to:

The Institute for Continuing Education
P. O. Box 449
Montevallo, AL 35115
email: instconted@gmail.com

Packets must be postmarked by <u>January 31, 2026</u>, to be processed.
<u>**Questions:**</u> email: instconted@gmail.com

CE Application Form

Continuing Education Credit
2025 Annual Conference: Advancing School Mental Health
December 1-4, 2025 – Orlando, FL

Please Print Your:

Name: _____

Address: _____

_____

City: _____ **State** _____ **Zip** _____

Office Telephone: (_____)_____ email (REQUIRED): _____

I request verification in the professional discipline(s) of:

___ **Counselor**   ___ **Social Worker**   ____ **Psychologist**

___ **Marriage/Family**   ____ **Nursing**   _____ **Other:** _____

State(s) in which you are licensed: _____

Professional License No.: _____

(Will be included on Verification, if furnished)

I hereby make application for continuing education credit.   I understand that to be eligible for continuing education credit, I must comply with attendance monitoring requirements and return a complete Continuing Education Packet not later than January 31, 2026.   I understand it is my responsibility to determine if CE credit offered by The Institute meets the regulations of my licensing/certification board.

Signature: _____

Date: _____

The Institute for Continuing Education
PO Box 449, Montevallo, AL 35115
Questions: e-mail: instconted@gmail.com

Attendance Log, Page 1

Print Your Name: _____

Monday, December 1, 2025
Directions: Check the Session(s) You Attend

Intensive Training Session 1
1:00 – 4:00pm   **3.00 CE hrs.**

_____ ITS 1.1 Addressing the Student Mental Health Crisis   _____ ITS 1.5 Mindful Counseling

_____ ITS 1.2 Calm in Chaos   _____ ITS 1.6 Righteous Rage

_____ ITS 1.3 Fostering Resilience   _____ ITS 1.7 The Porcupine, the Alarm, and the Staff Shopper

_____ ITS 1.4 Level Up Your Motivational Interviewing Skills   _____ ITS 1.8 Stepping Stones to Resilience

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Tuesday, December 2, 2025
Directions: Check the Session(s) You Attend

Keynote Panel
8:30 – 10:00am   **1.50 CE hrs.**

_____ Panel: The Future of School Mental Health: Youth Leadership and Advocacy

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Symposia
10:15 – 11:45 a.m.   **1.50 CE hrs.**

_____ S1 Advancing the Profession of School Social Work   _____ S8 Optimizing implementation of prevention

_____ S2 Beyond Silos: Enhancing Cross-Sector Collaboration   _____ S9 Resilience-Supportive Schools Illinois (RSSI)

_____ S3 Building a Sustainable Infrastructure   _____ S10 School Nurses and School Mental Health

_____ S4 Building Capacity for Therapeutic & Crisis Response   _____ S11 Supporting Students

_____ S5 Building Resilient Partnerships   _____ S12 Three Innovative Approaches to School Mental Health

_____ S6 Funding Tier I and Tier II school mental health programs   _____ S13 Using Assessment to Develop and Coordinate

_____ S7 Innovations in School MH Workforce Expansion

Conference Session 1
12:30 1:30pm   **1.00 CE hrs.**

_____ CS 1.1 Advancing Inclusive Screening Practices   _____ CS 1.9 From Surviving to Thriving

_____ CS 1.2 Building Resilience   _____ CS 1.10 Innovations in Tier 2 Mental Health Services

_____ CS 1.3 Burrell Behavioral Health's Innovative Approach   _____ CS 1.11 Legislating (In)Equity

_____ CS 1.4 Decolonizing MTSS & Rewriting the Trauma Narrative   _____ CS 1.12 Living Under Threat

_____ CS 1.5 Enhancing Systems of CS 1.are in Schools   _____ CS 1.13 Nothing for Us Without Us

_____ CS 1.6 Enhancing Universal Trauma Intervention   _____ CS 1.14 The Secret Sauce

_____ CS 1.7 From Crisis to Change   _____ CS 1.15 UJIMA in Action

_____ CS 1.8 From Smartphones to School-Issued Devices

Attendance Log, Page 2

Print Your Name: _____

Tuesday, December 2, 2025...continued
<u>Directions</u>: Check the Session(s) You Attend

Conference Session 2
1:45 – 2:45pm   1.00 CE hrs.

_____ CS 2.1 Change Through Culture
_____ CS 2.2 Closing the Gaps
_____ CS 2.3 Closing the Policy to Practice
_____ CS 2.4 Cultivating Character, Resilience, and Well-Being
_____ CS 2.5 Dysregulated Adults
_____ CS 2.6 Increasing Attendance of Students
_____ CS 2.7 Insights from Implementation of iDECIDE
_____ CS 2.8 Leveraging LEA-OMHC Partnerships

_____ CS 2.9 Leveraging Modification
_____ CS 2.10 Implementing Student Screening Systems
_____ CS 2.11 Rooted in Need, Rising in Response
_____ CS 2.12 SELECT Schools
_____ CS 2.13 The Power of Connection
_____ CS 2.14 Thriving in School
_____ CS 2.15 Using Evaluation to Build, Improve and Sustain

Intensive Training Session 2
3:00 – 4:30pm   1.50 CE hrs.

_____ ITS 2.1 Aligning, Implementing and Monitoring
_____ ITS 2.2 Bridging Minds and Hearts
_____ ITS 2.3 Cracking the Code
_____ ITS 2.4 Creating a Comprehensive
_____ ITS 2.5 Culturally Competent Crisis Assessment
_____ ITS 2.6 From Quick Fixes to Lasting Impact
_____ ITS 2.7 From Siloed to Synchronized

_____ ITS 2.8 Invisible Mentoring
_____ ITS 2.9 Rising to the Challenge
_____ ITS 2.10 Solution-Focused Therapy
_____ ITS 2.11 Suicide Risk Assessment
_____ ITS 2.12 Harnessing Creativity to Combat Compassion Fatigue
_____ ITS 2.13 TIPS: Building Childhood Resilience
_____ ITS 2.14 Using trauma informed intake

Keynote Address
4:45 – 5:45pm   1.0 CE hrs.

_____ Keynote: The Village Behind the Victory: Lessons from an Olympic Athlete and Family's Journey

Conference Session 3
6:00 – 7:00pm   1.00 CE hrs.

_____ CS 3.1 Bridging the Gap
_____ CS 3.2 Building Belonging
_____ CS 3.3 Confronting Crash-Out Culture
_____ CS 3.4 Connect 2 Kids
_____ CS 3.5 Development and Use of Healing Centered Framework
_____ CS 3.6 Empowering Non-Clinical Staff
_____ CS 3.7 From Barriers to Bridges
_____ CS 3.8 Lost Learning

_____ CS 3.9 Making Space for What Matters
_____ CS 3.10 Navigating the Divide
_____ CS 3.11 Roots of Resilience
_____ CS 3.12 Small Actions, Big Results
_____ CS 3.13 Turning Mandates into Meaning
_____ CS 3.14 Using P2P's Train-the-Trainer Model
_____ CS 3.15 Innovative Software for Improving

Attendance Log, Page 3

Print Your Name: _____

Wednesday, December 3, 2025

Directions: *Check the Session(s) You Attend*

Conference Session 4
8:00 – 9:00am   **1.00 CE hrs.**

_____ **CS 4.1 An Innovative Training Model**

_____ **CS 4.2 Breaking the School-to-Deportation Pipeline**

_____ **CS 4.3 Building a Resilience-Supportive School Model**

_____ **CS 4.4 Building a Resilient Mental Health Workforce**

_____ **CS 4.5 Building Belonging through the HEARTS**

_____ **CS 4.6 Building Mental Health Knowledge in Middle School**

_____ **CS 4.7 From Exclusion to Empowerment**

_____ **CS 4.8 From Statewide Initiatives to Local Impact**

_____ **CS 4.9 Implementing Universal Mental Health Screening**

_____ **CS 4.10 Lessons from the Journey**

_____ **CS 4.11 Offering a Holistic View of Student Well-Being**

_____ **CS 4.12 PMHCA Programs**

_____ **CS 4.13 Two States and One Vision**

Conference Session 5
9:15 – 10:15am   **1.00 CE hrs.**

_____ **CS 5.1 Advancing Best Practices/Telebehavioral**

_____ **CS 5.2 Best Practices and Innovation**

_____ **CS 5.3 Broader Contextual Factors**

_____ **CS 5.4 Building a Schoolwide Culture of Care**

_____ **CS 5.5 Building the Pipeline**

_____ **CS 5.6 Empowering School Counselors**

_____ **CS 5.7 Empowering Youth to Lead**

_____ **CS 5.8 ACT- Acknowledge, Care, Tell**

_____ **CS 5.9 Leveraging Artificial Intelligence (AI)**

_____ **CS 5.10 Neuroaffirming Classrooms**

_____ **CS 5.11 Project AWARE in Action and Recovery**

_____ **CS 5.12 Reduce Chronic Absenteeism**

_____ **CS 5.13 Stop Guessing**

_____ **CS 5.14 Twice-Exceptional Black Students**

_____ **CS 5.15 Examining the Impact of a Multi-tiered System**

Conference Session 6
10:30 - 11:30am   **1.00 CE hrs.**

_____ **CS 6.1 Advancing School Behavioral Health**

_____ **CS 6.2 Beyond Crisis Management**

_____ **CS 6.3 Building Trauma-Resilient Schools**

_____ **CS 6.4 Engaging Youth Leaders in a Whole School**

_____ **CS 6.5 Equity, Access, and AI.**

_____ **CS 6.6 From Conflict to Clarity**

_____ **CS 6.7 Holding Space**

_____ **CS 6.8 Incorporating Client Feedback**

_____ **CS 6.9 CANCELED**

_____ **CS 6.10 Progression of the ESSY Whole Child Screener**

_____ **CS 6.11 Promoting Youth Wellness**

_____ **CS 6.12 Raise Their Voices**

_____ **CS 6.13 Support for Parents**

_____ **CS 6.14 Understanding School Avoidance**

_____ **CS 6.15 Washington State's Behavioral Health**

Conference Session 7
1:00 – 2:00pm   **1.00 CE hrs.**

_____ **CS 7.1 Addressing the Immigrant Journey**

_____ **CS 7.2 Bryt Tier 3 Intervention**

_____ **CS 7.3 Building Resilience**

_____ **CS 7.4 Building Trust, Boosting Outcomes**

_____ **CS 7.5 Coaching for Family-School-Community Partnerships**

_____ **CS 7.6 Growing Community (No CEs)**

_____ **CS 7.7 Institutionalizing a district-level suicide prevention**

_____ **CS 7.8 Leveraging School Nursing**

_____ **CS 7.9 Promoting Mental Health and Well-Being**

_____ **CS 7.10 Puberty, Mental Health, and Trauma**

_____ **CS 7.11 Reintegration After Partial Hospitalization**

_____ **CS 7.12 Sources of Educator Joy and Inspiration**

_____ **CS 7.13 Systems for Social Emotional Learning**

_____ **CS 7.14 Unlocking Potential**

Print Your Name: _____

Wednesday, December 3, 2025…continued
Directions: Check the Session(s) You Attend

Conference Session 8
2:15 – 3:15pm   1.00 CE hrs.

_____ CS 8.1 Adapting and Sustaining
_____ CS 8.2 Beyond Burnout
_____ CS 8.3 Beyond the Threat Assessment
_____ CS 8.4 Breaking Barriers, Building Futures
_____ CS 8.5 Build Your Own Evaluation Plan
_____ CS 8.6 Hlub Zoo: A culturally informed mental health practice
_____ CS 8.7 Findings from the ESSS Study
_____ CS 8.8 From Insight to Action

_____ CS 8.9 Navigating Options in School-Based Mental Health
_____ CS 8.10 Strengthening Community MH Relationships
_____ CS 8.11 The Impact of Educator-Centered Therapy
_____ CS 8.12 The McLean Hospital School Consultation Service
_____ CS 8.13 Using Propensity Score Matching
_____ CS 8.14 Youth Empowerment and Family Centeredness
_____ CS 8.15 Co-designing resources to support teachers

Conference Session 9
3:30 – 4:30pm   1.00 CE hrs.

_____ CS 9.1 A School Nurse-Led Suicide Risk Screening Algorithm
_____ CS 9.2 Students' Humanity as a Foundation
_____ CS 9.3 Building Trauma-Informed Comprehensive
_____ CS 9.4 Community Response After a Mass Violence Incident
_____ CS 9.5 Evaluation of CHOP's School-Based MH Program
_____ CS 9.6 How to Talk with Families About Adolescent MH
_____ CS 9.7 Infrastructure and Attributes

_____ CS 9.8 Mapping Systems
_____ CS 9.9 Logged in, Shut Down
_____ CS 9.10 Creating and sustaining effective research
_____ CS 9.11 Mindful Resilience and Self-Regulation
_____ CS 9.12 One Hurdle at a Time
_____ CS 9.13 Strengthening School Communities
_____ CS 9.14 The Art of Sustainable Support
_____ CS 9.15 Grow Your Own

Conference Session 10
4:45 – 5:45pm   1.00 CE hrs.

_____ CS 10.1 Best Practices for Implementing AI
_____ CS 10.2 Best Practices in the Implementation of Universal Screening
_____ CS 10.3 Building a Tiered Model for Behavior Support
_____ CS 10.4 Development, Implementation, and Evaluation
_____ CS 10.5 Digital Health Interventions in Schools
_____ CS 10.6 From Policy to Practice
_____ CS 10.7 From Vision to Implementation

_____ CS 10.8 Parkland 7 Years Later
_____ CS 10.9 Student Health Assessment
_____ CS 10.10 Teaching Resilience
_____ CS 10.11 When the Rubber Hits the Road
_____ CS 10.12 When the Unthinkable Becomes Routine
_____ CS 10.13 Mapping What Matters

Print Your Name: _____

Thursday, December 4, 2025
Directions: *Check the Session(s) You Attend*

Intensive Training Session 3
9:00 – 12:00pm   **3.00 CE hrs.**

_____ **ITS 3.1 Applying an Evidence-based, Transdiagnostic Treatment**   _____ **ITS 3.5 Psychological First Aid-TEACH**

_____ **ITS 3.2 Centering Community Voice**   _____ **ITS 3.6 Trauma Responsive Leadership**

_____ **ITS 3.3 Connections Matter**   _____ **ITS 3.7 Universal Behavior Screeners in Action**

_____ **ITS 3.4 Evidence-Based Coaching & Consultation Strategies**

Attendance Monitoring / Attestation Statement: By signing this Record of Attendance for the 2025 Annual Conference on Advancing School Mental Health, I am certifying that I attended the sessions I marked in their entirety and complied with attendance monitoring regulations.

Signature: _____

PRINTED Name: _____

Date: _____

Conference Participant: List the total number of continuing education hours you are claiming for the 2025 Annual Conference on Advancing School Mental Health

Total CE Hrs. Claimed: _____