# **2022 Annual Conference on Advancing School Mental Health**

October 13-14, 2022 Live, Real-Time, Interactive Webinar

### **Continuing Education Packet**

#### **Instructions:**

- ✓ Complete a Continuing Education Application Form
- ✓ Check ( ✓ ) the sessions you attend on the Attendance Logs
- ✓ Complete an evaluation form for the sessions you attend Univ. Maryland will make these evaluation forms available to you in an online platform
- ✓ MAIL completed *CE Packet* to *The Institute for Continuing Education* at the address listed below. Packets should be received no later than 45-days following the Conference. Due to the size of the CE Packets, emailed packets are not accepted.

**CE Processing Fee:** There is no additional fee to make application or CE credit.

#### What Should I Do With MY CE Packet:

- ✓ Complete and mail your completed CE Packet to The Institute for Continuing Education. CE Packets should be postmarked no later than 45-days following the Conference.
- ✓ Continuing Education packets will only be accepted by MAIL. <u>DO NOT email your CE PACKET.</u>

#### WHAT DOES A CE PACKET INCLUDE: A complete CE packet consists of:

- 1. CE Application Form
- 2. Attendance Logs please send ALL pages of the Attendance Logs
- ✓ Verification of CE hours earned will be mailed to you at the address you list on the CE Application Form. You may expect to receive CE verification within approximately 60-days from the date we receive your completed CE Packet.

#### **Continuing Education Credit Offered**

October 13, 2022: 4.00 hrs. October 14, 2022: 4.50 hrs.

<u>Note</u>: All sessions may not be approved for the awarding of continuing education credit. CE packets will clearly note any non-credit CE sessions.

<u>Note:</u> It is your responsibility to determine if CE credit offered by The Institute for Continuing Education is accepted by your state licensing/certification board.

<u>Note</u>: Ethics credit is not offered for any scheduled sessions. This Conference offers no "academic" credit and CE hours awarded are not eligible toward a degree.

**Counselors:** The Institute for Continuing Education and the University of Maryland are co-sponsors of this event. This co-sponsorship has been approved by NBCC. The Institute for Continuing Education is an NBCC approved continuing education provider, ACEP 5643. The Institute for Continuing Education is solely responsible for this program, including the awarding of NBCC credit.

**New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

**Psychologists:** The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

**New York**: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0043.

**Social Work:** The Institute for Continuing Education is an approved provider for continuing education in social work by NASW-CO Chapter, Provider ICD-2019. This program has been approved for up to 8.50 social work continuing education hours.

**New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.

New Jersey: This program has NOT been submitted for prior approval for New Jersey licensed social workers.

**Marriage/Family Therapy:** The Institute for Continuing Education is recognized by the **Florida** Dept. Health, Division of Counseling, Social Work, MFT, as a provider of continuing education, Provider BAP 255, expiration 03/2023.

**New York MFT**: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. Provider MFT-0012.

Ohio: Provider RTX 100501.

California Professionals: The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for up to 8.50 hours of continuing education credit for LMFTs, LCSWs, LPCC, as required by the California Board of Behavioral Sciences.

<u>Nurses:</u> The Institute for Continuing Education is recognized as a provider of continuing education in nursing by the California Board of Nursing, Provider 12646. It is the responsibility of nurses to determine if the regulations of their licensing/certification board accept CE hrs. awarded by an approved CE provider of the CA Board of Nursing, expiration 2/28/2023.

**Skill Level:** Due to the interdisciplinary nature of this Conference, sessions have not been rated for skill level (beginning, intermediate, advanced). Participants are urged to review session description for appropriateness for professional and personal development.

<u>Instruction Methodology:</u> May include lecture, audio-visual, demonstration, experiential practice of techniques, large and small group discussion

#### ALL CE packets should be mailed directly to:

The Institute for Continuing Education P. O. Box 449 Montevallo, AL 35115

emailed CE packets will not be accepted

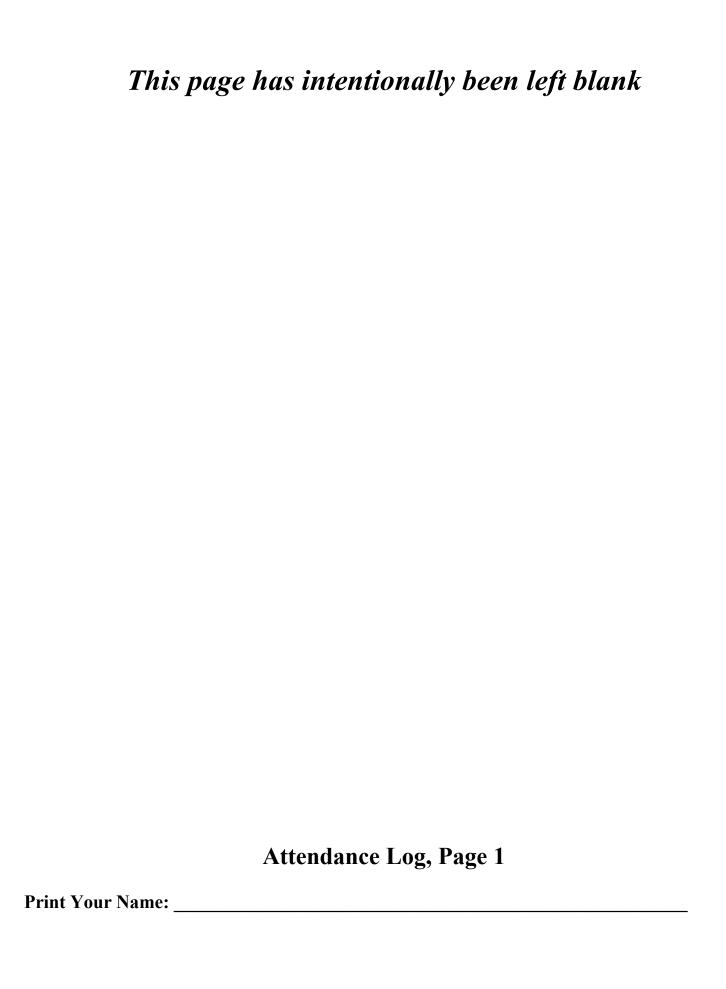
Packets must be postmarked by November 30, 2022, to be processed. Questions: Linda C. Lakeman / 800-557-1950 / email: instconted@aol.com

# CE Application Form Continuing Education Credit

### 2022 Annual Conference: Advancing School Mental Health October 13-14, 2022

Please Print Your:	
Name:	
Address:	
City:	State Zip
Office Telephone: ()	email:
I requ	est verification in the professional discipline(s) of:
Counse	elor Social Worker
Psyc	chologist Marriage-Family Nurse
	censed:
Professional License No.:	(Will be included on Verification, if furnished)
	(Will be included on Verification, if furnished)
ust comply with attendance monitorin	ng education credit. I understand that to be eligible for continuing education credit, I ng requirements and return a complete Continuing Education Packet not later than so my responsibility to determine if CE credit offered by The Institute meets the regulations
	Signature:
	Date:

The Institute for Continuing Education PO Box 449, Montevallo, AL 35115 Questions: 800-557-1950 / e-mail: instconted@aol.com



# Thursday, October 13, 2022 Directions: Check the Session(s) You Attend

Opening Keynote 12:15 – 1:15 p.m.	(1.00 CE Hour)
Ditching Deficit Views, Quitting Grit, and Embracing An Equity Approach to Mental Health Paul Gorski, PhD.	l

	Conference Session 1	
	1:25 – 2:25 p.m.	(1.00 CE Hour)
1 01	Teen-to-Teen Peer Support: Guidelines for Mental Health and Well-Being	
1.01	Christine Mason, Ph.D. / Martha Staeheli, Ph.D.	
1.02	Mind Matters: Overcoming Adversity and Building Resilience Janet Pozmantier, M.S.	
1.03	Reframing Sustainable Mental Health Services in Response to Increased Awareness Of Need for Mental Health Services Louise Fink, Ph.D. / Ashley Collins, MPH/ Nikira Epps, MPH	
1.04	Creating a School Climate to Support Social, Emotional and Mental Health Glenn Albright, Ph.D. / Nikita Khalid, M.S. / Jacqueline Rodriguez, LCSW	
1.05	Filling the Gap: Trauma-Responsive Training and Coaching for Pre-Service And Early Career Teachers  Caryn Curry, M.A. / Rozy Patel, M.Ed. MAT. / Margaret Meldrum, M.A.	
1.06	Expecting the Unexpected: Crisis Planning in Schools  Hannah West, Ph.D. / Erika Franta, Ph.D. LP. / Jenna McGinnis, M.A.	
1.07	Using a Trauma-Informed Perspective While Engaging Families from Diverse Backgrounds In Child Mental Health Treatment  Mary Claire Mucenic, Ph.D. / Anna Irizarry-Cardona, LCSW	
1.08	Fostering Effective and Responsive Transitions for Students Returning to School Following Behavioral Health Hospitalization  Kelsey L. Gordon, M.Ed. / Talia S. Berkman, M.Ed. / Alec Hall, M.Ed. / Paige Pannozza, B.A. / Kath Kurtz, Ph.D. / Melissa Pearrow, Ph. D.	hryn Dohery
1.09	Supporting Youth Mental Wellness Through Animation Michelle Bartsch, M.S. / Anne Brown, B.S. / Nellene Stevens, M.A.	
1.10	The Project AWARE Technical Assistance: Identifying Needs Accelerating Implementation of Sc Health Services  Jessica Gonzalez, MSW / Heather Gotham Ph.D. / Natalie Fikac, Ed.D. / David Brown, B.A. / Mary Institute of Science of Sci	

### **Attendance Log, Page 2**

Print `	Your Name:			

## Thursday, October 13, 2022 <u>Directions</u>: Check the Session(s) You Attend

	Conference Session 2 2:35 – 3:35 p.m.	(1.00 contact hour)
2.01	Negotiating Obstacles to Equity in the Classroom, School, and Community: A Case Study Approach  Lauren Hertelendy, M.A.	
2.02	The Pandemic of Caregiver Burnout and Why We Need a Happy Caregiver Revolution <i>Danna Thomas, M.Ed.</i>	
2.03	Teen Testimonies: A School-Based Mental health Program for Immigrant Latino Youth in a New Destination City Sarah Polk, M.D., Sc.M., MHS/Rheanna Platt, M.D./Monica G. Vazquez, M.S., MPH	
2.04	A School-Based Approach to Improving the Transition from Pediatric to Adult Behavioral Dana Cunningham, Ph.D. / Samhita Ilango, MSPH / Erin Sisk, B.A.	Healthcare
2.05	An Effective New Model for School-Based Mental Health Screening, Brief Intervention and Evan Elkin, M.A. / Margaret Soukup, MSW / Cari McCarty, Ph.D.	l Referral
2.06	Kern Alternative Education Trauma-Informed MTSS Journey: A Multi-Disciplinary & M Vivien Villaverde, MSW / Marleen Wong, Ph.D. / Pamela Vona, M.A., MPH., Salvador Arias,	
2.07	K-12 Universal Mental health Screening: Systems and Practices to Support Implementatio <i>John Crocker, M.Ed.</i>	n
2.08	Family-School Partnerships During Middle School to Support Students' Emotional and Behavioral Competencies  Andy Garbacz, Ph.D. / Megan Kaul, M.S. / Eliza Godfrey, M.S. / Caleb Flack, M.S.	
2.09	Peer-Led Strategies for Improving Mental Well-Being on School Campuses Carrie Monica, MSW / Grace Kirker, MPA	

### Attendance Log, Page 3

Print Your Name:	
------------------	--

## Thursday, October 13, 2022 <u>Directions</u>: Check the Session(s) You Attend

	Conference Session 3 3:45 – 4:45 p.m.	(1.00 contact hour )
3.01	LGBTQIA+ Youth and the COVID-19 Pandemic: Understanding Challenges and Creating Affirming Spaces  Mel English, Psy.D. / Jordy Yarnell, Ph.D. / Perrin Robinson, M.S.	
3.02	Going Beyond Pre-Post Assessments to Embrace the Rocky Road of Social-Emotional Learn Marion Goldstein, Ed.D. / Preeti Shrikhande, M.A.	ning
3.03	Caring for Ourselves: Promoting Wellbeing for School Professionals Jacqueline Zeller, Ph.D.	
3.04	Creating a Community of Belonging Through Equitable, Trauma-Informed Practices Dana Milakovic, Psy.D. / Nikole Hollins-Sims, Ed.D.	
3.05	Innovation in Tier 2 Supports for Educator Wellbing Megan McCormick, Ph.D. / Nicola Fleischer, M.B.A. / Jenna Sung, M.A. / Liz Demeusy, Ph.D. Anna Jesseman LICSW	<b>).</b> /
3.06	Feel Your Best Self: A New Toolkit to Promote Child Emotional Well-Being Sandra Chafouleas, Ph.D. / Emily Lovino, Ph.D. / Sophie Hall, M.A.	
3.07	Building Capacity for Effective School-Based Suicide Prevention: Lessons Learned from Kalamazoo Public Schools  Sarah McMinn, MSW, LCSW / Tandra Rutledge, M.A. / Elizabeth Dodson Walker, LMSW	
3.08	A Strength Based Approach to Tier 3 Mental Health: Meeting the Unique Needs of Every C Gerard Barone, MSW/Duncan Young, MBA	Child
3.09	Collaborative Communities for Student Mental Health  Jill Gidea, Ed.D. Education Curriculum / Anne Brown, B.S. Education / Nellene Stevens, M.A.	1.

Print Your N	lame:		
I I IIII I OUI I 1	anic.		

## Friday, October 14, 2022 <u>Directions</u>: Check the Session(s) You Attend

	<b>Keynote</b> 12:05 – 1:05 p.m.	(1.00 CE Hour)
	hing About Us Without Us: Centering Student and Family Voice via Measurement- cabeth Connors, Ph.D.	Based Care
	Conference Session 4 1:25 – 2:25 p.m.	(1.00 contact hour)
4.01	Pre-Implementation: The Key to Increasing the Success of Equity-Focused Initiatives Chynna McCall, Ph.D. / Shannon Holmes, Ph.D.	
4.02	School Mental Health Integration in New Hampshire: The MTSS-B Framework and Toolk Katherine Leswing, M.A. / Molly White, M.Ed./ Megan Phillips, Psy.D.	it
4.03	Role of Adverse Childhood Experiences (ACEs) in the School System; Ethical and Legal Considerations  Samira Amirazzi, M.Ed. / Erin Dowdy, Ph.D. / Jill Sharkey, Ph.D. / Emily Edelman, M.Ed. / Madeline Spiess, B.A. / Gabriella Hinojosa, B.A.	,
4.04	Promoting Equity in Mindfulness-Based Programming for Secondary Students Desiree Murray, Ph.D. / Rachel Mills-Brantley, MSW	
4.05	Using Behavioral Health Technology to Increase Mental Health Prevention and Intervention for Students  Jennifer Ulie-Wells, Ph.D. / Alex Rohn, LMHC, M.A. / Jessica Christensen, M.Ed.	
4.06	Proactive Circles: Creating Spheres of Belonging for Everyone Amber McGill, MSW, LCSW, LSSW / Amy Yillik, Ph.D.	
4.07	Creating Seats at the Table for Youth Led Mental Health Programs  Lauren Cikara, MS.Ed. / Amy Gatto, MPH	
4.08	Mental Health Collaborative: Implementing a Tier I Mental Health Literacy Approach For Educators, Students and Beyond Abbie Rosenberg, PMHNP-BC., RN/ Denise Hildreth, Ph.D. / Karen Renaud, M.Ed.	
4.09	Fostering Resilience to Support Our Most Vulnerable Youth Kathy Francoeur, M.Ed. / JoAnne Malloy, Ph.D.	

<b>Print Your Name:</b>	

## Friday, October 14, 2022 <u>Directions</u>: Check the Session(s) You Attend

	Conference Session 5 2:35 – 3:35 p.m.	(1.00 contact hour)
5.01	Getting Back to Basics During Crisis Recovery: Practical Strategies to Strengthen Social-Emotional Behavioral Support for All Katie Pohlman, MSW / Ami Flammini, MSW	
5.02	The Special 7: Mandated Mental Health Instruction in States: The Who, What, Where, Wh Chris Miller, Ed.D.	en, and Why
5.03	Social Justice While Living Through Pandemics: Asians with Empowerment for Speaking (Matthew Mock, Ph.D.	Out and Staying Strong
5.04	Building Capacity for Brain-Based, Healing-Centered Teaching Practices  Elizabeth Demeusy, Ph.D. / Anna Jesseman, LICSW/Michelle Sobon, Ph.D. / Megan McCon	rmick, Ph.D.
5.05	Has been canceled.	
5.06	School-Based Prevention Programming and Social-Emotional Learning for Indigenous You Lora Henderson, Ph.D. / Belinda Hernandez, M.Ed.	th
5.07	Adapting Systems of Support to Meet the Behavioral, SEL, and Mental Health Needs of Stu Eleajah McElroy, Ed.D. / Kainita Taylor, Ed.M. / Cassandra Crawford, Ed.M.	idents
5.08	TIC and MTSS as Crucial Frameworks in Addressing Suicidality in Schools Aleksandra Krupina, M.Ed. / Carrie Lorig, Ed.S. / Kris Varjas, Psy.D.	
5.09	Healthy Teachers Need Healthy Schools: Supporting Teacher Well-Being Using the MTSS I Talida State, Ph.D. / Imad Zaheer, Ph.D. / Emily Barry, Ph.D. / Rachel Ouellette, M.S. / Mirat	

r Name:
1 1 1 4 1 1 1 1 1 2 4

# Friday, October 14, 2022 <u>Directions</u>: Check the Session(s) You Attend

	<b>Symposia</b> 3:45 – 5:15 p.m.	(1.50 contact hours)
S.01	Developing and Implementing Classroom WISE: A Mental Health Literacy Training Package for Educators and School Personnel Heather Gotham, Ph.D. / Jessica Gonzalez, MSW / Ricardo Canelo, B.A. / Miranda Zahn, M. Nancy Lever, Ph.D. / Sharon Hoover, Ph.D.	.S. /
S.02	A Roadmap to Equitable Mental Health Screening In Schools Stephanie Moore, Ph.D. / Samira Amirazizi, M.Ed. / Jennifer Cooper, Ph.D. / Katie Eklund, Sara Whitcomb, Ph.D. / Anna Long, Ph.D. / Erin Dowdy, Ph.D.	Ph.D. /
S.03	Advancing Comprehensive School Mental Health Systems Through Sate Policy and System Joyce Sebian, MS.Ed. / Joanne Cashman, Ph.D. / Mariola Rosser, Ed.D. / Chioma Oruh, Ph. Jane Walker, LCSW / Mary Giliberti, JD	- C
S.04	Examining Cost and Cost-Effectiveness of Tier 2 Behavioral Interventions Jon Lee, Ph.D. / Jason Small, MPP / Andy Frey, Ph.D.	
S.05	The REACH Statewide Initiative: A Train-the-Trainer Model for Trauma-Responsive and Healing-Centered Policies and Practices  Mashana Smith, Ph.D. / Andrea Roberts, Ph.D. / Julia Strehlow, MSW, LCSW / Matt Weld, Ed.D. / Ryan Wamser, MAED	I
S.06	Leveraging Public Financing to Move Upstream in School Mental Health Vinu Ilakkuvan, Dr.PH. / Olga Price, Ph.D. / Anne De Biasi, MHA	
S.07	The Fourth (and missing) R in our School Mental Health Crisis Continuum of Care: Rene Leora Wolf-Prusan, Ed.D.	wal
S.08	Diminished Adolescent Social Well-Being During the COVID-19 Pandemic <i>Michael Furlong, Ph.D.</i>	

oring/ Attestation Statement: By signing this Record of Attendance for the nce on Advancing School Mental Health, I am certifying that I attended the sessions
rety and complied with attendance monitoring regulations.
Signature:
PRINTED Name:
Date:
e Participant: List the total number of continuing education hours you are ne 2022 Annual Conference on Advancing School Mental Health
Total CE Hrs. Claimed:

### CONTINUING EDUCATION Live Sessions

This program is co-sponsored by the University of Maryland School of Medicine, National Center for School Mental Health and The *Institute for Continuing Education*. The program offers a total of 8.50 contact hours as listed below.

Continuing education credit is awarded on a session-by-session basis with full attendance required for each session attended. Partial session credit is not offered. There is no additional fee to apply for continuing education credit. CE forms will be made available from the National Center for School Mental Health, via their website. Completed CE packets should be returned to The Institute for Continuing Education at the address listed below. Completed CE packets should be postmarked no later than 30-days following the Conference.

<u>NOTE:</u> To receive continuing education credit, applicants must complete all CE materials, comply with attendance monitoring regulations, and submit a completed CE Packet for the Conference.

<u>NOTE</u>: It is the responsibility of the attendee to determine if CE credit offered by The Institute for Continuing Education meets the regulations of their state licensing/certification board.

<u>Target Audience</u>: psychologists, social workers, counselors, MFTs, nurses, graduate students, health educators, school health personnel, other school mental health professionals, allied mental health professionals.

<u>Questions</u> If you have any questions regarding continuing education, the program, faculty, grievance issues, or for a listing of learning objectives, comprehensive speaker bios, please contact The *Institute* at: 800-557-1950; e-mail: <a href="mailto:instconted@aol.com">instconted@aol.com</a>.

<u>Learning Objectives</u>: For a listing of learning objectives by session, contact The Institute at: <u>instconted@aol.com</u>.

<u>Commercial Support:</u> The Institute for Continuing Education receives no funds from any commercial organization for financial support of its activities in providing continuing education sponsorship of the Colloquium. The Institute's sponsorship of this Conference does not imply endorsement of featured exhibits.

<u>Note</u>: It is the responsibility of attendees to determine if continuing education credit offered by The Institute for Continuing Education meets the regulations of their licensing/certification board.

For additional conference information, you can contact Dr. Sylvia McCree-Huntley, Director, Professional Development and Training, the National Center for School Mental Health, <a href="mailto:shuntley@som.umaryland.edu">shuntley@som.umaryland.edu</a>, 410-706-0981.

Completed CE Packets Should be Returned To: The Institute for Continuing Education P. O. Box 449 Montevallo, AL 35115

#### **Continuing Education Credit Offered**

October 13, 2022: 4.00 hrs. October 14, 2022: 4.50 hrs.

<u>Note</u>: All sessions may not be approved for the awarding of continuing education credit. CE packets will clearly note any non-credit CE sessions.

**Counselor:** The Institute for Continuing Education and the University of Maryland are co-sponsors of this event. This co-sponsorship has been approved by NBCC. The Institute for Continuing Education is an NBCC approved continuing education provider, ACEP 5643. The Institute for Continuing Education is solely responsible for this program, including the awarding of NBCC credit.

**New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

Health Educator: This health education activity is seeking approval from the National Commission for Health Education Credentialing, Inc. This program may be designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to total of <u>8.5 entry-level CECH</u>. Therefore, an attendee can earn up to <u>8.5</u> total Category I continuing education contact hours, after approval from the National Commission for Health Education Credentialing, Inc. Your health educator certificate will be sent to you from Sylvia McCree-Huntley, <a href="mailto:shuntley@som.umaryland.edu">shuntley@som.umaryland.edu</a>.

**Psychologist:** The Institute for Continuing Education is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

**New York**: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0043.

**Social Worker:** The Institute for Continuing Education is an approved provider for continuing education in social work by NASW-CO Chapter, Provider ICD-2019. This program has been approved for up to 8.50 social work continuing education hours.

**New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.

**New Jersey:** This program has NOT been submitted for prior approval for New Jersey licensed social workers.

**Marriage/Family Therapist:** The Institute for Continuing Education is recognized by the **Florida** Dept. Health, Division of Counseling, Social Work, MFT, as a provider of continuing education, Provider BAP 255, expiration 03/2023.

**New York MFT**: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. Provider MFT-0012.

Ohio: Provider RTX 100501.

**California Professionals:** The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for up to 8.50 hours of continuing education credit for LMFTs, LCSWs, LPCC, as required by the California Board of Behavioral Sciences.

**Nurse:** The Institute for Continuing Education is recognized as a provider of continuing education in nursing by the California Board of Nursing, Provider 12646. It is the responsibility of nurses to determine if the regulations of their licensing/certification board accept CE hrs. awarded by an approved CE provider of the CA Board of Nursing, expiration 2/28/2023.

**Skill Level:** Due to the interdisciplinary nature of this Conference, sessions have not been rated for skill level (beginning, intermediate, advanced). Participants are urged to review session description for appropriateness for professional and personal development.

<u>Instruction Methodology:</u> May include lecture, audio-visual, demonstration, experiential practice of techniques, large and small group discussion

Ethics Hours / Academic Credit: The Conference offers no "academic" credit and CE hours awarded are not eligible toward fulfillment of a degree. No "ethics" hours are offered.			
ADA:	For accommodations on the basis of disability please contact: Shuntley@som.umaryland.edu		
	3		