



eLuma

Online Mental Health Services that Support the MTSS Framework

eLuma partners with schools & districts to provide a proactive, multi-tiered system of school-based support.

How it works



Getting Started

Custom Onboarding & Program Design



Tier 1

Staff Professional Development & Caregiver Consultations



Tier 2

Group Therapy for students at risk of intensive challenges



Tier 3

Individual Therapy for students with intensive and persistent challenges

In my opinion, going with eLuma is a no-brainer. Their customer service and personal attention are what really solidified things for me. Additionally, their therapists have provided high-quality services.

Lena K., Executive Director, RCEC





Topics Mental Health Providers Can Help With

- Depression
- Academic Stress
- Grief/Loss
- Anxiety
- Divorce/Separation
- Learning Differences
- Eating Disorders
- Substance Use
- Sleep Difficulties
- Self-Harming Behavior/Suicide Risk
- Bipolar Disorder
- Panic Disorder
- Familial Relationships
- Relationships with Peers
- Anger Management
- Cultural Diversity/Acculturation
- Immigration/Immigrant Family
- Applied Behavior Intervention and Consultation
- Other Needs as Identified



Our Providers

- Licensed Clinical Social Workers (LCSW)
- School Psychologists
- School Counselors
- Licensed Professional Counselors (LPC)
- Behavioral Interventionists

By taking this approach, we were able to improve attendance, compliance, therapist retention, adherence to policy & procedures, collaboration between the contract therapist & district employees, and significant savings.

Brook Mosley-Schubert, Special Education Director

**Want to learn more?
Get in touch today.**



www.eluma.com • (877) 496-3332 • contact@eluma.com

