

## **JOIN MIGHTIER** Play at home or on the go.

## How it works:

 Mightier helps children ages 6-12 who struggle with their emotions develop coping skills through playing video games.

Over time and continuous practice (3 times a week, for 15-20 minutes at a time, for 90 days), the coping skills will become automatic even when your child faces real world challenges.

## What you will get:

Mightier game system and child heart rate monitor (yours to keep)

• Support available from the **Mightier Family Care Team** of trained clinicians 7 days a week.

Access to the Mightier
Parent Community

87% of families report improvement in their child's behavior after 3 months.

## **Mightier Subscription Costs:**

• **\$40**/1-month subscription

• **\$204**/ 6-month subscription

• **\$336**/ 12-month subscription



Learn more at www.mightier.com