

Empower school communities to embrace and sustain mental health and wellness support for their students.



Please Pass the Love provides evidence based and culturally responsive strategies through:

Education: Providing comprehensive system school mental health training and strategies

Leadership: Engage and empower young people and schools to create sustainable school climate change.

Advocacy: Advocate for comprehensive school mental health policy change.





STOMP OUT STIGMA SCHOOL CLUBS

SOS (Stomp Out Stigma) is a youth led program that empowers young people to become leaders in their schools. We give them the tools to make effective changes and become mental health ambassadors. We believe in the power of youth voice. The mission behind S.O.S is to bring light to issues around student life at school so students can effectively make changes in their school climate. Students get a chance to use art-based coping skills, like slam poetry, to express themselves.

MIDWEST ANNUAL SCHOOL MENTAL HEALTH CONFERENCE

The premier school mental health conference across the Midwest for teachers, administrators, support staff, counselors, psychologists, therapists, preservice college students and many more school mental health professionals.

YOUTH MENTAL HEALTH CONFERENCE

Research is clear that when young people have education on mental health and related topics it can change and save lives. This October event sold out in it's first year with almost 600 young people and next year with a change of venue we expect to double our attendees.

IOWA SCHOOL MENTAL HEALTH ALLIANCE (ISMHA)

The ISMHA is a group of individuals who want all children, families, schools, and our communities to thrive with strong, sustainable school mental health systems influenced by data-driven decision making and evidence-based practices. This is going to be done through assisting the Iowa Department of Education, Iowa Department of Public Health, Iowa Area Education Agencies, and other key stakeholders in advancing school mental health.

ONLINE SCHOOL MENTAL HEALTH ACADEMY

Schools are working with countless young people on a daily basis that are coming in with complex mental health and trauma needs. This online school mental health academy provides a variety of online learning opportunities including a variety of school mental health, suicide prevention, trauma, relationship building, and social emotional learning opportunities.

LET LOVE LEAD YOUTH LEADERSHIP SUMMIT

High school students from across Iowa descend upon Camp Sacajawea in Boone for a weekend of leadership, learning, and a ridiculous amount of fun. Youth are empowered to return to their schools to influence climate transformation and change.

YOUTH ADVISORY BOARD

The Youth Advisory Board was created in 2019 with the hopes of getting more input from youth across our state. This was created to offer insight, ideas, and collaborate with Please Pass the Love to determine the strategic direction of our youth programming. Our board is compromised of amazing youth from across our state.

COMPREHENSIVE SCHOOL MENTAL HEALTH INTERVENTION

PLEASE PASS THE LOVE works with schools to minimize confusion and help to navigate the school mental health journey through research and evidence-based strategies and frameworks. The return on investment for improved school mental health can be felt in improved outcomes across any building or district. Our comprehensive approach based on system strengths and strategic action planning provides outcomes and long-term sustainability including data collection, action planning, and intensive training.





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