



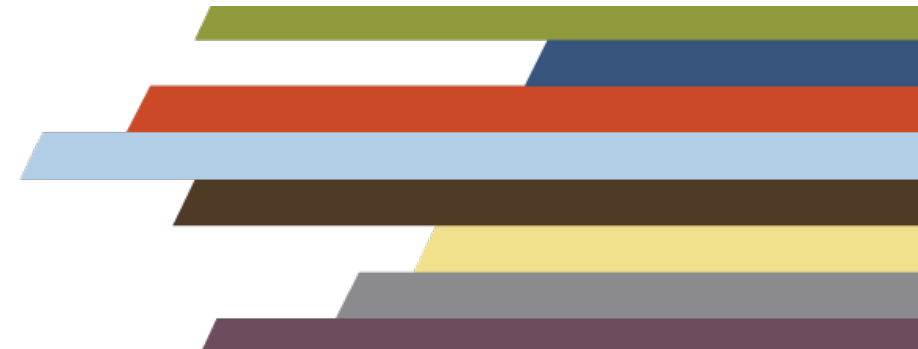
MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

# The Mental Health Technology Transfer Center (MHTTC) Network

## Learn about our School Mental Health Initiative!



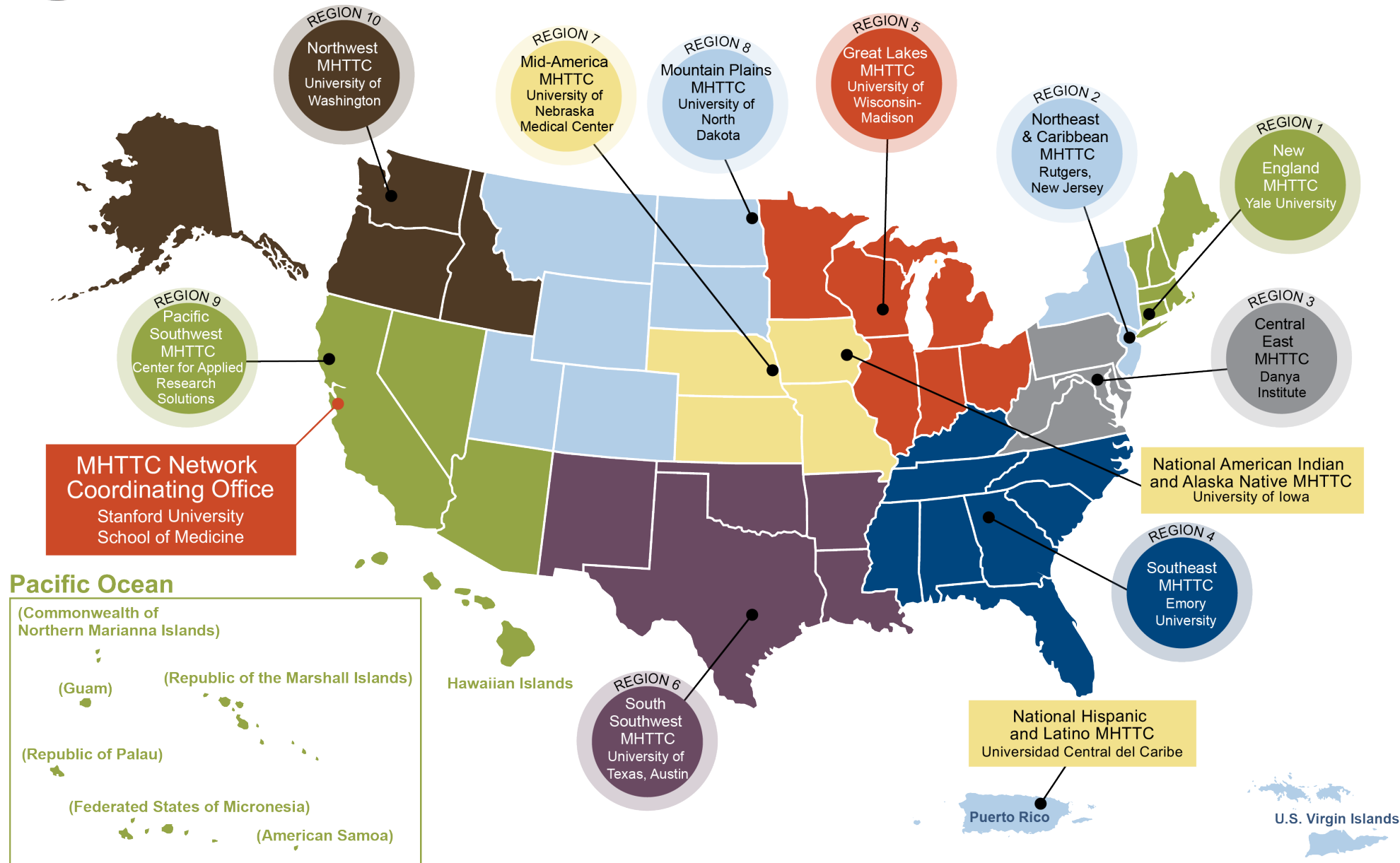


# MHTTC

## Mental Health Technology Transfer Center Network

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## MHTTC Network



# MHTTC Network Goals

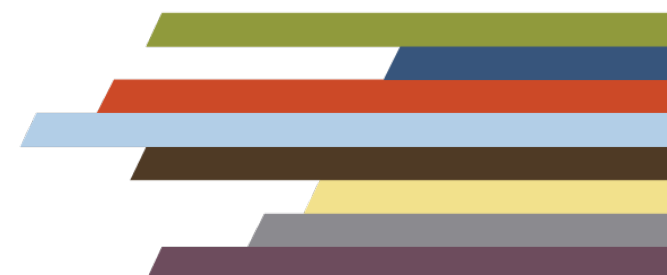
**Technology Transfer:** *Accelerate the adoption and implementation of mental health related evidence-based practices spanning prevention, treatment and recovery*

- Provide free local and regional training and technical assistance
- Develop and disseminate resources
- Heighten the awareness, knowledge, and skills of the mental health workforce



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# School Mental Health Initiative

Supplemental funding to expand training and TA on implementation of school-based mental health services

## Engaging and Honoring Families as Partners in Supporting Student Mental Health

1:00pm - September 24, 2019 | Timezone: US/Central

Hosted By: **Mid-America MHTTC**

Holiday Inn Des Moines Airport Conference Center



## Supporting Student Mental Health: Resources to Prepare Educators

Collaborating TTC: Global MHTTC  
Publication Date: January 14, 2020

Developed By: **MHTTC Network Coordinating Office**



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### After a School Tragedy...Readiness, Response, Recovery, & Resources

Acts of violence, suicide, and other tragedies affect many school communities. In 2018, there were 82 school shootings, the highest number since 1970 (CHDS, 2019). Death by suicide is currently the 2<sup>nd</sup> leading cause of death among teenagers, next to [car] accidents (CDC, 2018). In 2017, 2 out of every 100 teenagers made suicide attempts serious enough to require medical treatment; 7 out of 100 attempted suicide (CDC, 2019).

These tragedies have a wide-ranging impact on the school community that extends far beyond the events of the day. Secondary trauma and complicated grief affect students, families, and school staff in ways that may appear immediately following a school tragedy or weeks, months, or years later. Stoneman Douglas High School in Parkland, Florida is facing another wave of painful challenges after death by suicide of two student survivors of the March 14<sup>th</sup>, 2018, school shooting that resulted in 17 student and teacher deaths.

This resource is designed to help schools better support students and families in the aftermath of violence and trauma. We provide strategies to assist schools with readiness, response, and recovery to help a school community support resilience in the event of a tragedy. We offer places to turn for more resources. We discuss terminology and concepts related to suicide and grief. Finally, we highlight the importance of providing culturally responsive services, with example cultural considerations for schools to help Hispanic/Latino students struggling with grief and trauma.



Pacific Southwest (HHS Region 9)

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### Creating Trauma-Informed Policies: A Practice Guide for School and Mental Health Leadership

By Leora Wolf-Prusan, EdD

# Access our School Mental Health Resources

- Access our Training and Events Calendar and Products and Resources Catalog on our MHTTC website: [www.mhttcnetwork.org](http://www.mhttcnetwork.org)

## Training and Events Calendar

UPCOMING EVENTS

ONGOING EVENTS

PAST EVENTS

Keyword Search

Filter by Event Type

Keyword Search

Filter by Type

Select Date Range

And

Start date


End date

Center


Any Center

Apply


OCT 14

 **Safe at Home: Domestic Violence Awareness Series Part 1**  
In honor of Domestic Violence Awareness Month in October, we are hosting this series to help

OCT 14

 **Assessment and Treatment Strategies for Mood and Anxiety Disorders**  
Assessment and Treatment Strategies for Mood and Anxiety Disorders October 14, 2020 1:00pm - 2:30pm

OCT 14

 **Clinical Application of Cultural Elements for the Hispanic and Latino Populations Module III and VI**  
FREE CEU TRAINING SPONSORED BY OPRE The State of New Mexico Office of Peer Recovery and Engagement

## Products & Resources Catalog

Search

Product Type

Search for text...

- Any -

Center

Target Audience


Any Center









- Any -


Keywords





- Any -


Apply






 **Guiding Principles: Resiliency and Recovery**  
The New England MHTTC has as its overarching aim to use evidence-based means to disseminate evidence-based practices, and promote resilience and

 **Children's Mental Health Initiative | Needs Assessment**  
In 2020, the New England Mental Health Technology Transfer Center (New England MHTTC) engaged stakeholders from across the region in

 **Great Lakes MHTTC Year 2 in Review**  
Great Lakes MHTTC Year 2 in Review provides an overview of the regional center's activities, accomplishments and challenges. Download the full



# MHTTC Back-to-School Resource Collection

<https://bit.ly/mhttc-smh-covid-19>

## WEBINAR SERIES

Making a Good Connection:  
Engaging Students and Families  
in School Tele-Mental Health

12-1 p.m. CST May 22 | May 29 | June 5

<https://bit.ly/SMHTelehealth20>



## Financing School-Based Mental Health Services during a State Budget Crisis

Collaborating TTC: Southeast MHTTC  
Publication Date: July 7, 2020

Developed By: **Southeast MHTTC**

### 1 How to Navigate Privacy and Technology

- **Identify** whether your organization suggests a platform for tele-services
  - [National Center for School Mental Health \(NCSMH\) COVID-19 Resources](#)
- **Find** regulations that your school or agency may have for privacy
  - At this time, HIPAA-compliant platforms are not federally required
- **Determine** the platform that meets your service and student needs
- **Consider:**
  - Is it safe and necessary to see one another?*
  - Does the student have access to a cell phone or computer?*
  - Are there other barriers to technology?*
- **Pick a platform.** Use professional accounts (e.g. email/phone) to the greatest degree possible. Practice using the platform with colleagues to gain support
- **Determine** when you need to obtain consent from parents and keep them informed as best you can

### 2 How to Engage Your Team

- **Identify** relevant team members to contact (e.g. administrators, school counselors, school psychologists, school social workers)
  - **Consider** how you can partner with colleagues with telehealth experience, such as home-school providers
- **Set** a weekly or biweekly virtual meeting time
- **Set** an agenda and send it out prior to meeting
- **Troubleshoot** how to use the telehealth platform, and consider:
  - Who is going to contact students and families?*
  - Who can provide support to staff?*
  - How can you share helpful tools and tips with each other on how to conduct telehealth?*
- **Talk** with team members about their current needs and perceived needs of students, families and school staff
- **Set** reasonable expectations for your team and divide tasks among members
  - **Set** plan to monitor tasks and date/time for follow-up meeting

## TELEHEALTH TOOLBOX

• for school personnel •

## Supporting School Mental Health in the Context of Racial Violence

A TWO-PART LEARNING FORUM

12-1:30 p.m. CT

Friday, July 31 | Friday, Aug. 7

<https://bit.ly/SMHRacialEquity2020>



New England (HHS Region 1)

## Back to School After COVID-19: Supporting Student and Staff Mental Health

Childhood-Trauma Learning Collaborative Toolkit

Dana Asby, MA, MEd; Kaela Farris, MA; Christine Mason, PhD;  
Ali Sumski, MA; John Crocker, MEd; Rachel Santa, EdD, and  
Martha Staeheli, PhD



National Hispanic and Latino

MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

The National Hispanic and Latino MHTTC serve as a key subject matter expert and resource for school mental health workforce across the U.S. and its territories to ensure:

- High-quality services;
- Effective mental health treatment;
- Recovery support services; and
- Implementation of evidence-based and promising practices



### Goals of the School Mental Health of the National Hispanic and Latino MHTTC

Create awareness on the importance of school-based mental health services that are culturally appropriate.

Provide strategies on how to effectively implement culturally responsive mental health services for Hispanic and Latino children and youth.

Promote the use, adoption, and implementation of evidence-based practices that are culturally responsive for Hispanic and Latino children and youths.

Our training and products address:

- Risk factors for mental illness
- Prevalence of mental disorders
- Evidence-based and promising practices
- Systemic approaches to enhance school mental health services among Latino students

**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

**UCC**  
UNIVERSIDAD CENTRAL DEL CARIBE

**IRESA**  
INSTITUTE OF RESEARCH, EDUCATION  
AND SERVICES IN ADDICTION

Follow Us



The goal of the **National American Indian and Alaska Native MHTTC** is to serve ALL native students by working with the entire school community

- Who we serve:

- Students
- Parents
- School Counselors
- School Teachers
- School Principals
- School Educational Directors
- Tribal Board of Directors

- What we do:

- Support
- Educate
- Train
- Advocate
- Collaborate
- Provide Resources





# Current Projects & Project Forecasting

## Current Projects:

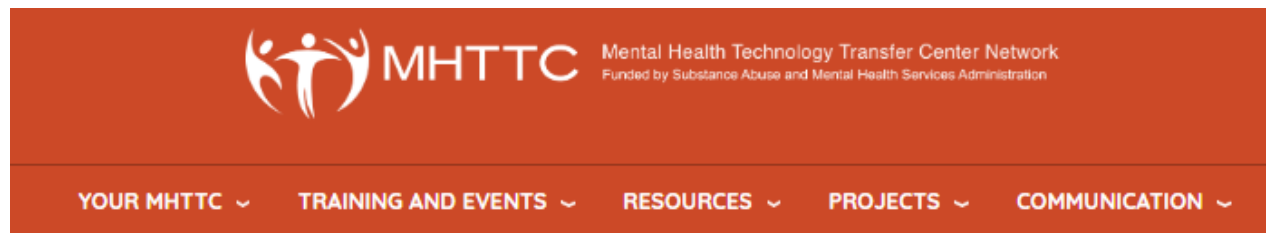
- Crisis and Resiliency Project
- Suicide prevention and intervention
- Native Youth Telehealth Initiative
- **Return to Learn:** Weekly Virtual Series
- School Based Health Alliance
- Native School Mental Health Curriculum
- School Training with University of Oklahoma Health Sciences Center
- School-based mental health
- Continued Technical Assistance with tribes/providers, and professionals working with AI/ AN populations

## Project Forecasting:

- Forums: Teachers, Counselors, Principals
- Trainings for non-Native teachers/counselors working with Native students
- Best Practices for motivating and coaching native students
- Needs Assessment
- Collaborating and consulting to implement afterschool programs or Boys and Girls Clubs in native communities
- Identifies AI/AN tribes with interest and capacity to expand culturally relevant school-based mental health
- Developing a Crisis Line for AI/NA
- Mental Health First Aid



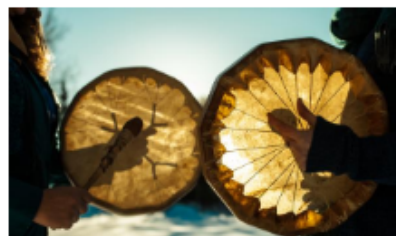
# Stay In Touch!



## Find Your Center

To jump to a specific center, click the center's name. To save a center as your default center, select the center by clicking the photo, then click the Save button at the bottom of the page

### Centers Across The Network



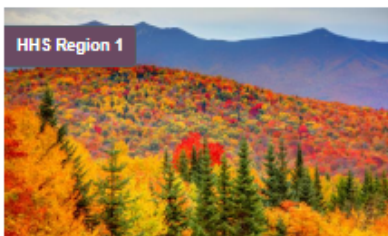
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Visit our website!

[www.MHTTCnetwork.org](http://www.MHTTCnetwork.org)



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eNewsletter for updates!



Questions? Contact Jessica Gonzalez  
at [jegonzalez@Stanford.edu](mailto:jegonzalez@Stanford.edu).