

**HOW CAN WE TRUST EACH
OTHER?
TRUST BUILDING ACTIVITIES FOR
EVERYONE**

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EXPERIENTIAL EDUCATION

Hands on learning, that begins with a real life concrete experience after which the person reflects on the experience and makes broader applications.

What? So What? Now What?



STAGES

Concrete Experience



Reflective Observations




Abstract Conceptualization




Active Experimentation

(Kolb, 1984, 2014)


BUILDING TRUST

- How do we build trust?
 - How is trust broken?
 - Why “trust building” is it important?
 - How does “trust” among students and staff effect a classroom/school?
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TRAUMA INFORMED

- Creating Safety First
 - Trauma Informed Lenses
 - Respecting Personal and Emotional Space Boundaries
 - Giving Choices
 - Giving the option to “Pass”
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DISCLAIMER & INFORMED CONSENT

- **Inherent risk of injury is a part of all activities, whether it be physical or emotional.**
 - **Facilitators (us & you) make reasonable effort address risk management.**
 - **Participation is encouraged, but is voluntary.**
 - **Participants assume all risk and liability for any losses or damages as a result of participation or facilitation.**
 - **Presenters are not responsible for the misuse of any information or activities.**
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PREREQUISITES

- **Well Established Rapport**
- **Connections**
- **Community**
- **Adult Supervision**
- **Time (Facilitation and Debriefing)**
- **Safety**
- **Appropriate Behaviors**

Must have “Connections” before
“Content” 😊

LET'S BEGIN...

- **“Spotting”**
- **Ice-Breakers**

LET'S PROGRESS...

- **Trust Building Activities**



DEBRIEFING

- **Post-Activity debriefing**
- **End-of-day debriefing**

APPLICATION & DISCUSSION

Take about 5 minutes & write about how you might utilize these activities in your setting.

Discussion

- Questions
- Barriers
- Exciting New Ideas 😊

WANT TO LEARN MORE ABOUT EXPERIENTIAL EDUCATION?

Online Resources

Association for Experiential Education: <https://www.aee.org/>

Fun Doing: <http://www.fundoing.com/>

Project Adventure: <https://www.flaghouse.com/General-Education/Project-Adventure/>

Training Wheels: <https://www.trainingwheelsgear.com/>

Youth Light Inc: <https://youthlight.com/>

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