



TIERED INTERVENTIONS USING SOCIAL EMOTIONAL AND MENTAL HEALTH SUPPORTS

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Coach**

BATHRO

HOW
IS



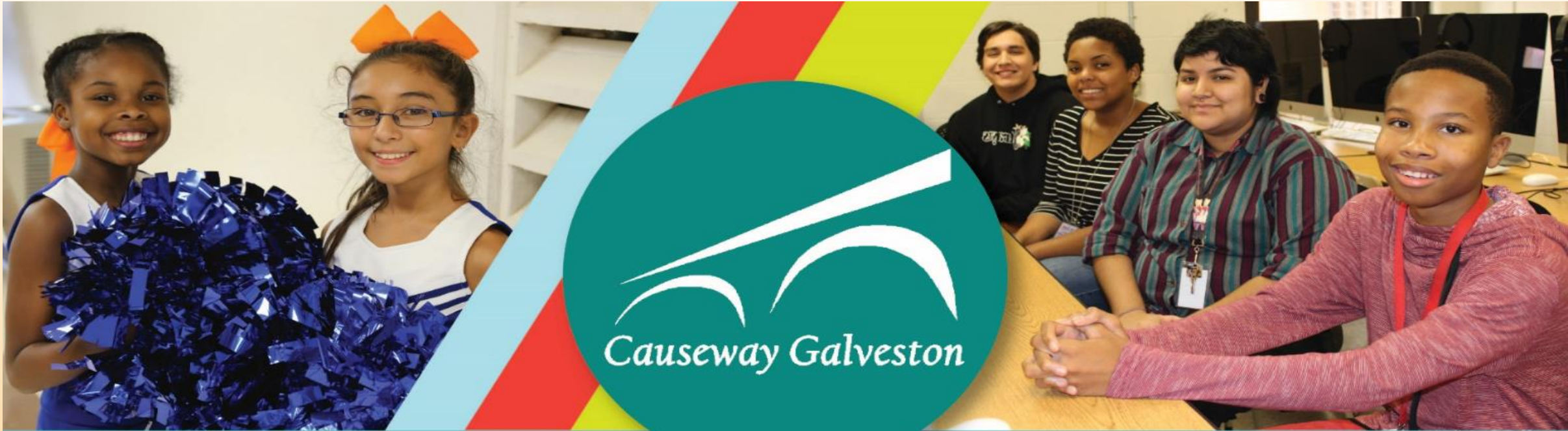
AN GO TO THE
THROOM ON MY OWN
RMS!

<https://eduk8.me>

LEARNING OBJECTIVES

Participants Will:

- **Understand the Causeway Galveston Partnership and Model**
- **Develop a Roadmap for Replicating the Implementation Process**
 - Realize the BENEFITS
 - Expect CHALLENGES and SOLUTION SEEK
 - Develop STRATEGIES/TOOLS for implementation within YOUR district



**Causeway Galveston:
Social and Emotional Learning and
Mental Health Supports**

**Family Service Center of
Galveston County**

Executive Director
Julie Purser, PhD

Mental Health Therapists
Rudolf Rojahn, LMFT-A
Jeffrey Rice, LPC-S, LMFT

Teen Health Center, Inc.

Mental Health Director
Beth Auslander, PhD

Mental Health Therapists
Laura DiPette, LPC, LMFT
Heather Cash, LMSW
Brenna Monaghan, LPC-I
Janet Zaborowski, LPC
Celina Lara, LPC-I

**Galveston Independent School
District**

Social and Emotional Learning
Coordinator
Cherie' Spencer, MEd

**Social and Emotional Learning
Specialists**
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Rey Medellin, MSW
Emily Giffin, BBA
L G Chambers, BA

Administrative Secretary
Miriam Bailon

**UTMB Behavioral Health
& Research**

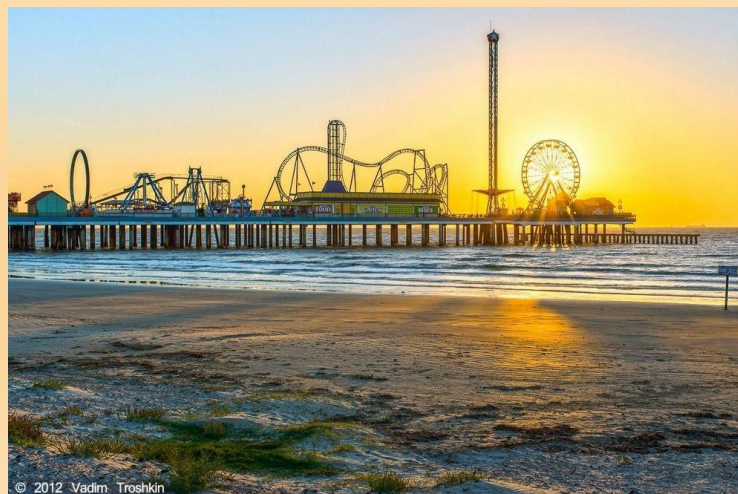
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Research Project Manager
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Principal Investigator
Jeff Temple, PhD

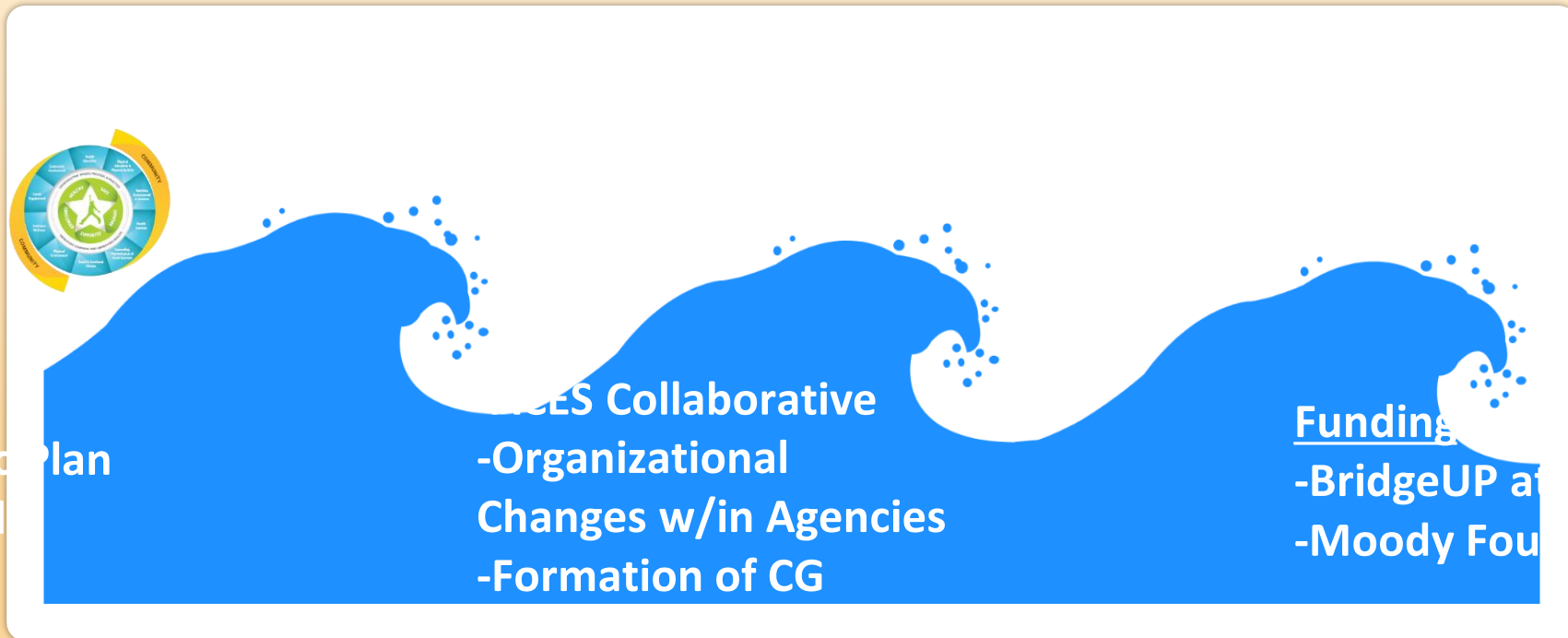
Media Lead
Zuri Robbins-Briz

Text Campaign Lead
Shannon Guillot-Wright, PhD



CATCHING THE WAVE...

Change in Climate + Readiness to Collaborate = SUSTAINABLE ACTION

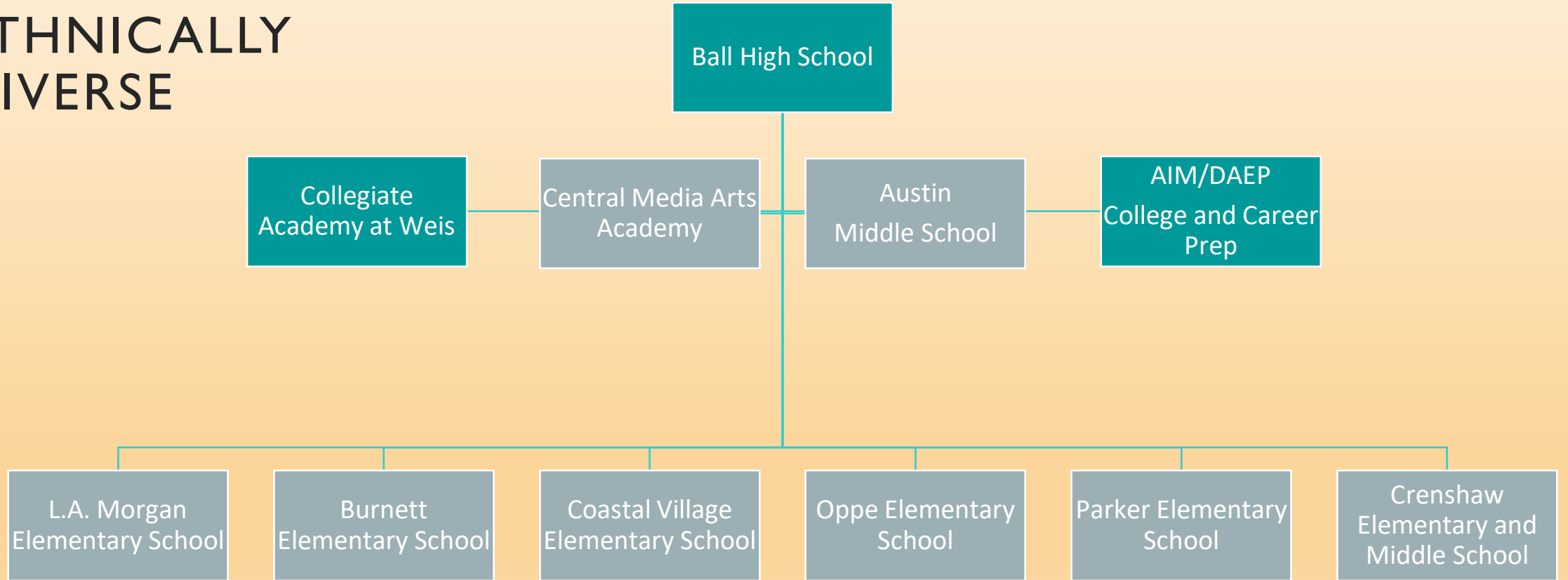


-Whole Child
GISD Strategic Plan
-School Board
Champion

ACES Collaborative
-Organizational
Changes w/in Agencies
-Formation of CG

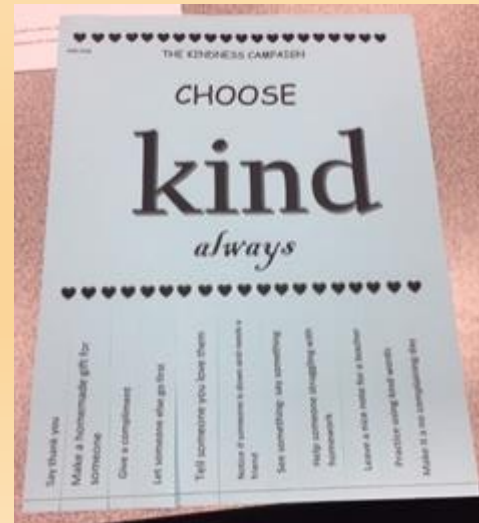
Funding
-BridgeUP at Menninger
-Moody Foundation

6900
STUDENTS
74% FREE
LUNCH
77% AT RISK
ETHNICALLY
DIVERSE



TURNING THE TABLE...ULTIMATE CG GOALS

- Develop adult/student SEL competencies
- Reduce student risky behaviors
- Decrease student emotional distress
- Increase student achievement
- Improve school/community climate and connectedness

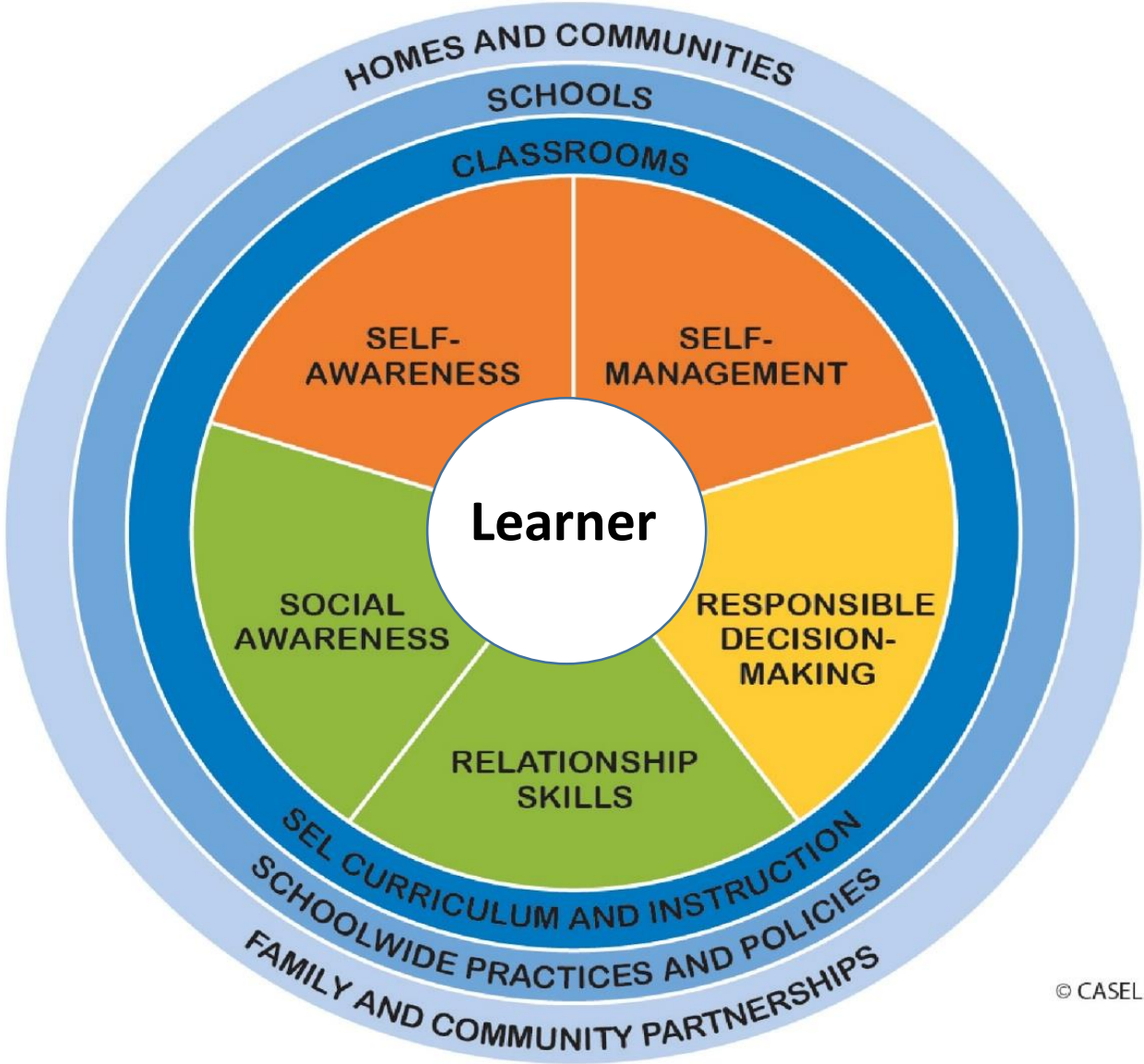


HOW WE ARE DOING IT



Galveston ISD

CASEL'S SEL MODEL



QUESTIONS THAT GUIDED OUR THINKING

Is it CASEL aligned?

Does it address the needs of our students?

Best Practice?

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- Professional Learning
- SELfie Teachers
- Integration of SEL with District Initiatives
- Coaching
- SEL Lesson Plan Integration
- Safe Zone-



- PATHS/Fourth R
- Motivational Monday
- Media/ARK students
- SEL/MH Advisory
- SEL Culture Talks
- Healthy Relationships Texting Campaign
- Student Leadership Retreat (SELfies)



- Website
- Newsletters
- Community Presentations
- Parent Book Studies
- E-Blast
- PTO meetings
- Community Outreach Events

TIER 2 SUPPORTS: STUDENTS



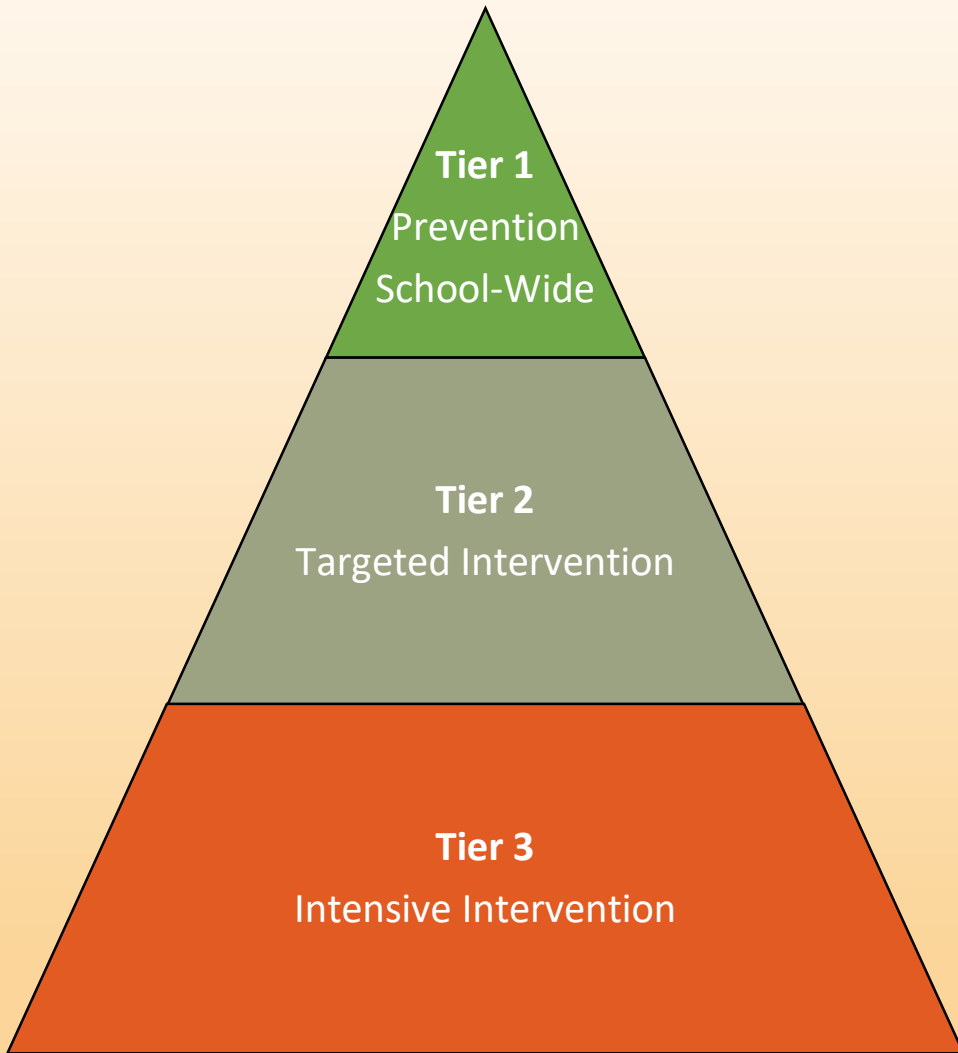
- CHECK-IN CHECK OUT
- RESILIENCE
- HRPP
- GROWTH MINDSET
- MINDFULNESS
- ZEN DEN
- OPTIMISM
- OCI SUPPORT GROUPS

TIER 3 SUPPORTS: STUDENTS AND FAMILIES

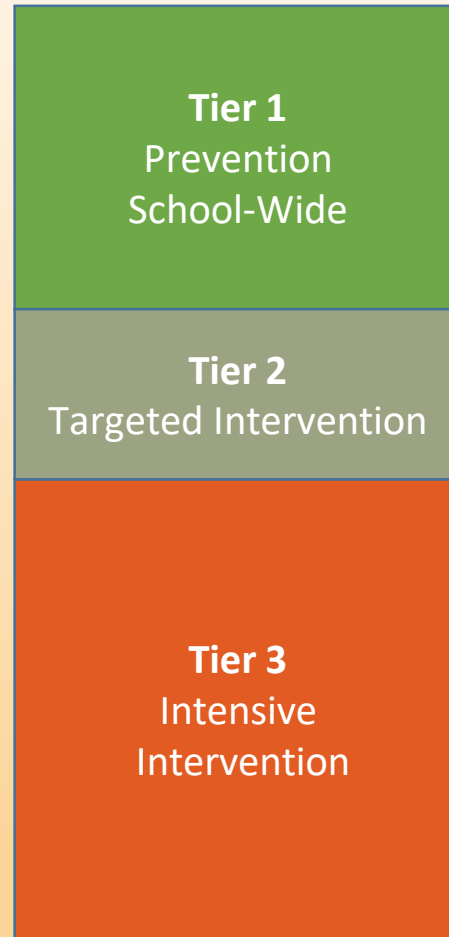


- STUDENT GROUPS
 - **Mood Enhancement**
 - **Seeking Safety**
 - **Grief and Loss**
 - **Trauma**
- FAMILY THERAPY
- INDIVIDUAL THERAPY

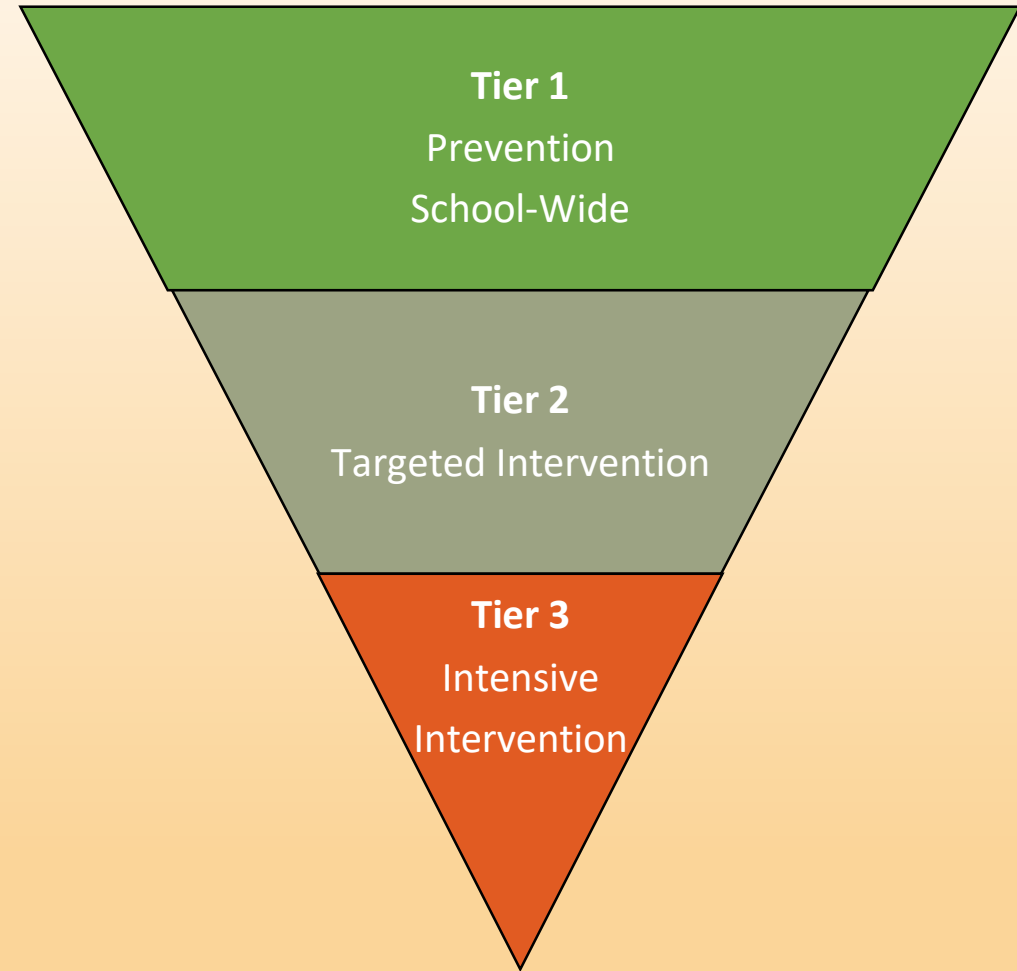
Turning the “At Risk” Triangle Upside Down



Previous Approach



Current Approach

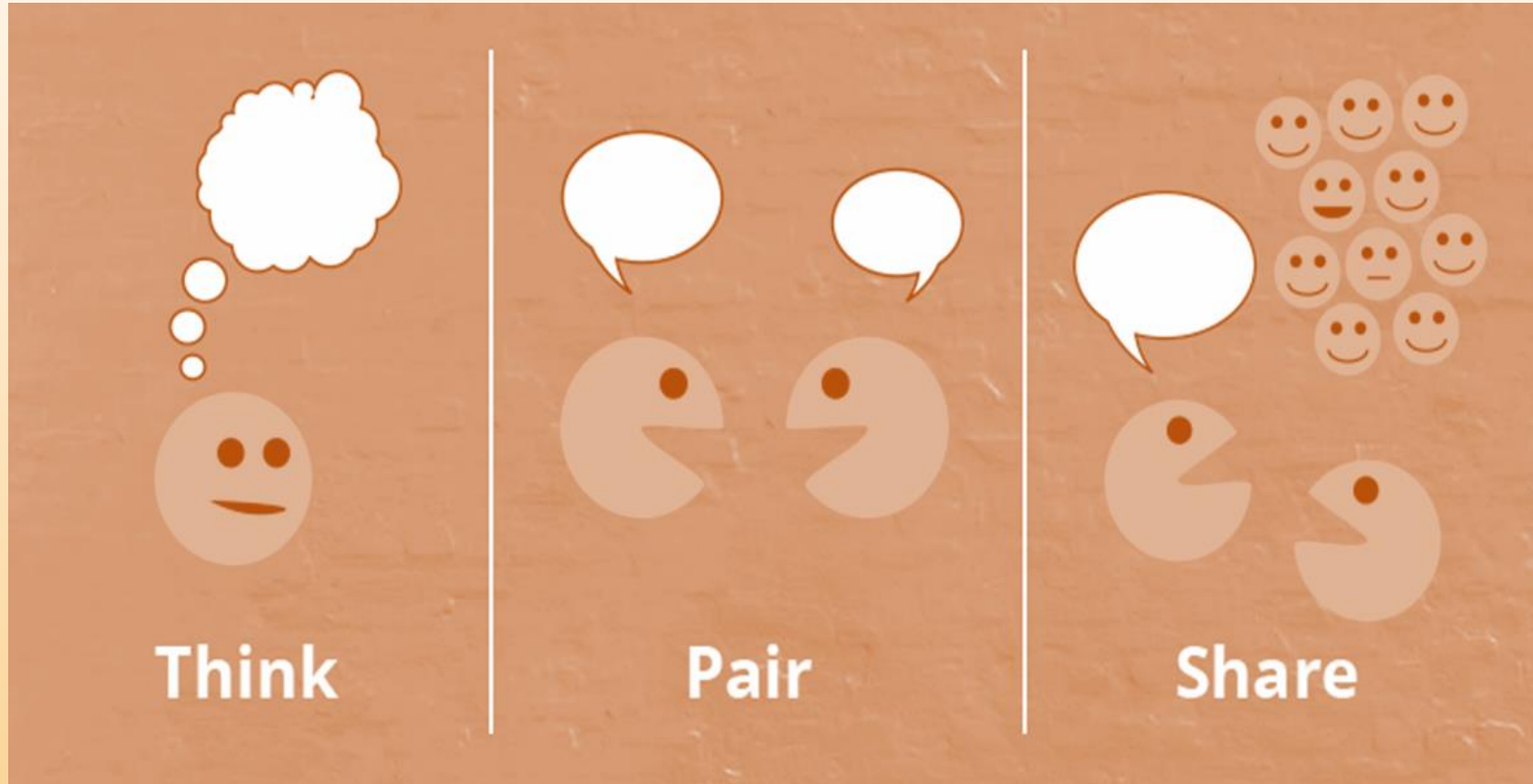


Our Goal

WEB OF SUPPORT FOR ALL

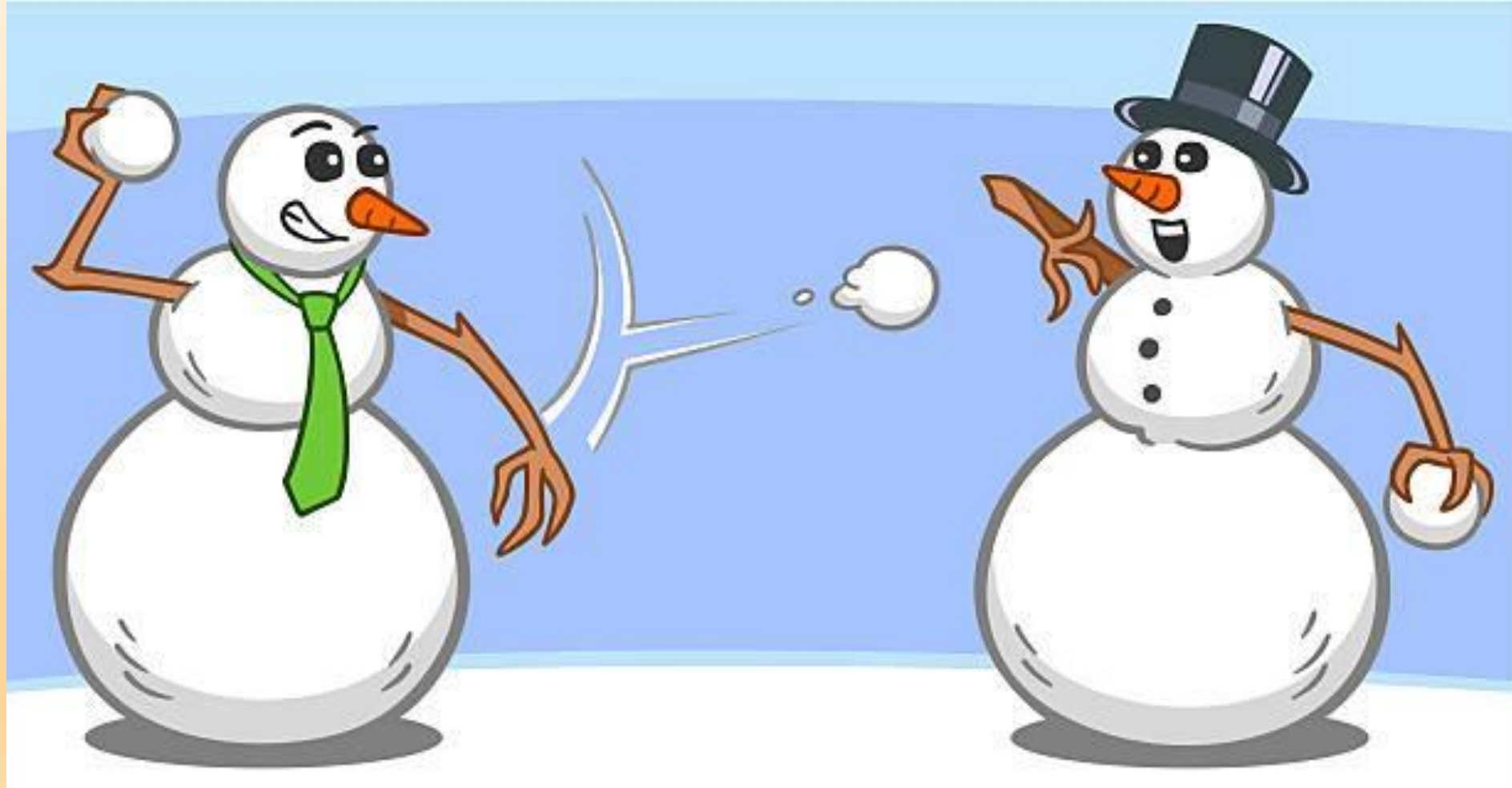


REALIZE THE BENEFITS



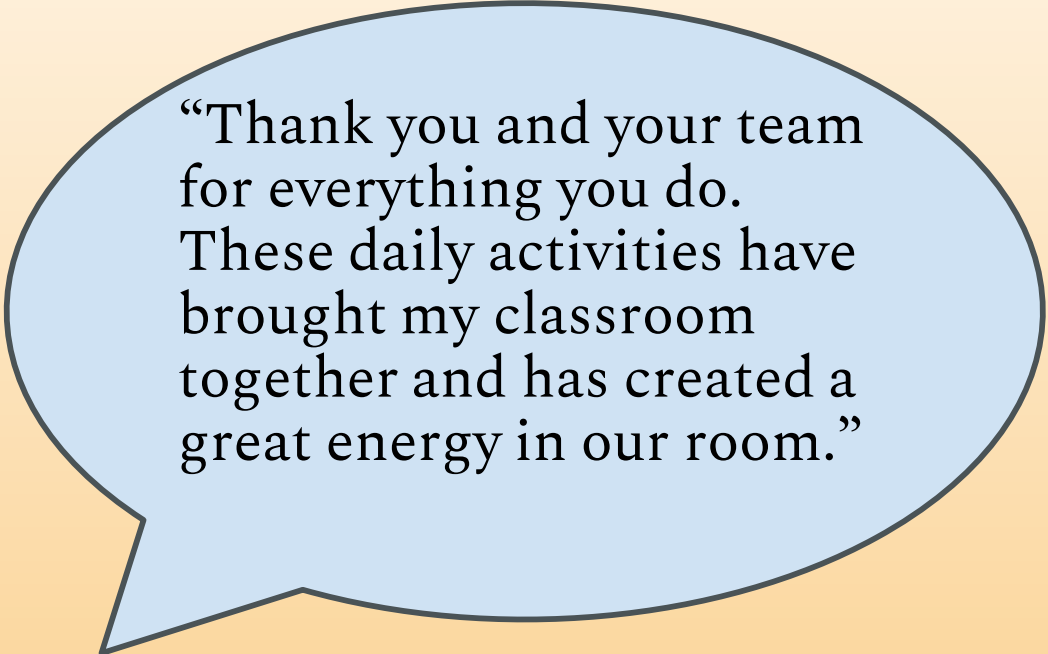
- What do you think are the benefits of developing a partnership that promotes SEL/Mental Health?

EXPECT AND EMBRACE THE



EVALUATION PROCESS

- Process and Outcome Data
- Quantitative and Qualitative Data
- Continuous Quality Improvement



“Thank you and your team for everything you do. These daily activities have brought my classroom together and has created a great energy in our room.”



- **Communication Barriers**
- **Limited Buy-in**
- **Power Imbalances/Inequities**
- **Knowledge/Beliefs**
- **Contextual Barriers**
- **Limited Resources**

Solution Seeking

PARTNERSHIPS THROUGH RELATIONSHIPS

- Create a shared identity and ownership for your partnership (name, logo) while maintaining individual agency integrity.



PARTNERSHIPS THROUGH RELATIONSHIPS

- Develop effective communication
 - Meet regularly and face-to-face
 - Define terms and share experiences
 - Promote team spirit (celebrate successes)
 - Maintain a solution-seeking, growth mindset

Communication > Practice your SEL Skills!

PARTNERSHIPS THROUGH RELATIONSHIPS

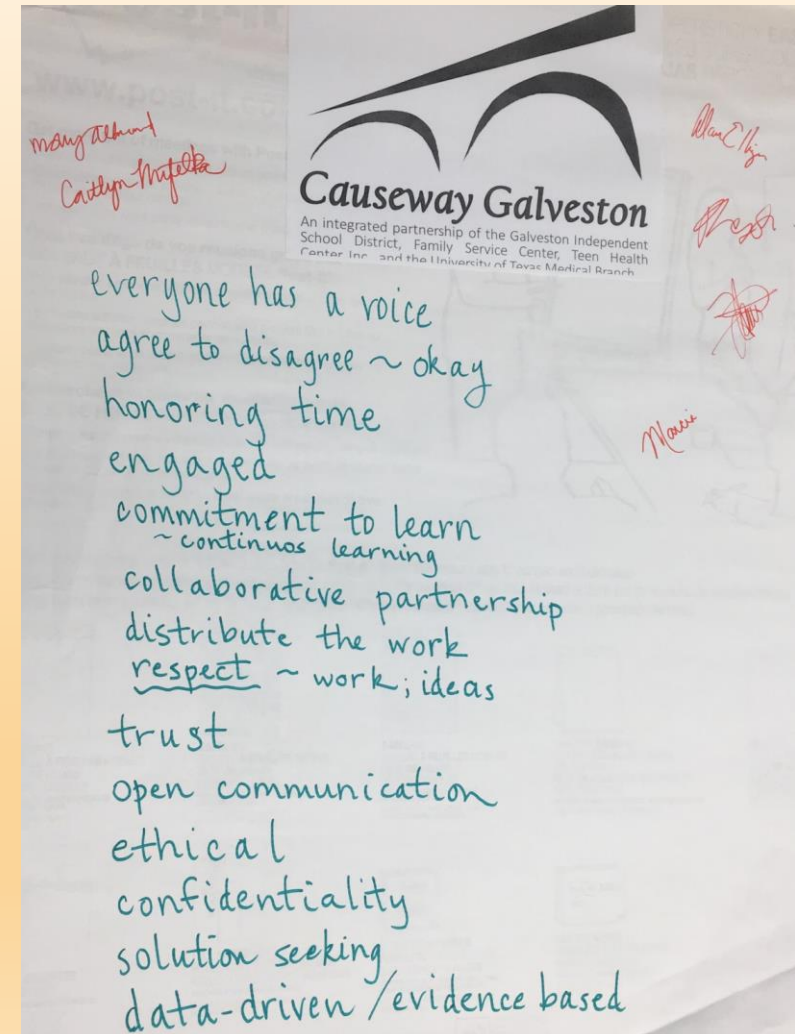
- Develop ways to prevent and manage conflicts
 - Share the spotlight – this is a “we” initiative not a “me” initiative
 - Identify and stay in roles
 - Divide up the labor but do some labor together
 - Normalize “trust issues” and trust building as part of the developmental partnership process
 - Openly discuss worries and concerns and problem solve how to minimize those (be flexible)

PARTNERSHIPS THROUGH RELATIONSHIPS

- Get buy-in from key stakeholders
 - Present the benefits of SEL and MH supports together to respective boards/leadership
 - Train and develop SEL/MH ambassadors across partners
 - Keep asking – Who else needs to be at the table? What are we missing?

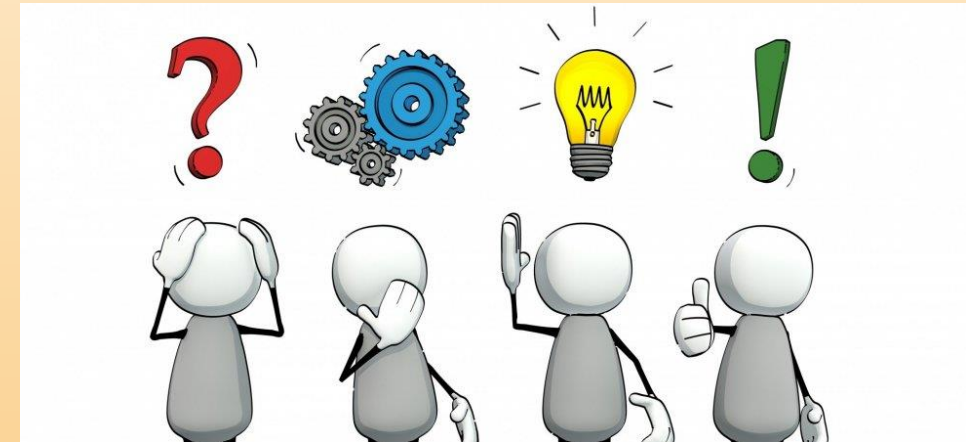
TOOLS FOR SUCCESS

- Agenda/Minutes
- Dashboard
- Social Contract
- Action Plan
- Seek the Joy
- Engagement Surveys
- Shared Google Drive
- Proper Staffing



BRAIN DUMP

- Keeping in mind the project that brought you to this workshop or a project that you are now considering, please take a few minutes to brainstorm.
- Things to think about:
 - Describe your goal – what would you like to do or **accomplish?**
 - Identify at least 2 key people that will need to **be involved.**
 - Identify any challenges you expect to face.
 - What opportunities await you?
 - Note any solutions you plan to implement to overcome those strategies.





OUR CONTACT INFORMATION

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