Research on
Promoting School
Safety by Addressing
School Mental Health
School Responder
Model & AMHT-SRO

2019 Annual Conference on Advancing School Mental Health November 8, 2019



National Center for Youth Opportunity and Justice

## NCYOJ's NIJ School Safety Study

 To examine the effects of the School Responder Model (SRM) and Adolescent Mental Health Training – School Resource Officers (AMHT-SRO), both independently and collectively, on key outcome measures

• To measure any differences in outcomes due to local variations in resources

### **Acknowledgements**

Assessing a School, Justice and Behavioral Health Collaborative Approach to Improving School Safety

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#### **Partners**



## Addressing the School Safety Challenge

**Presenting Challenge** 

 Identifying youth with behavioral health needs.

 Developing appropriate responses to address need in the school setting.



# School Responder Models

## Typical Response Models

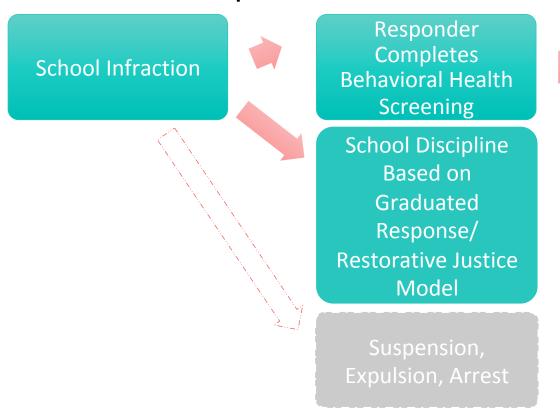
➤ Traditional School-Justice Pathway



Arrest

## Alternative Response Model

➤ A School Responder Model is a behavioral health response



Clinical Assessment for Youth Who Flag on Screening



Treatment Plan and Connection to Behavioral Health Services

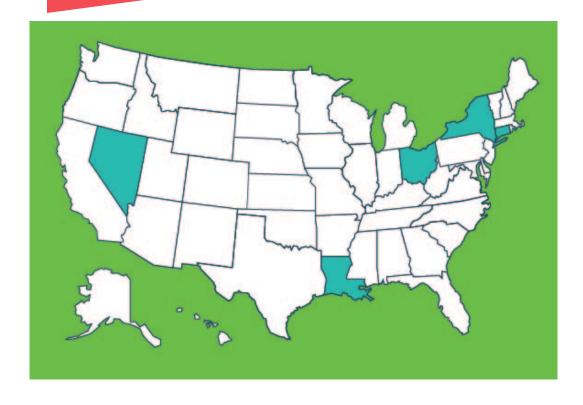
## SRM: Four Key Activities

Form a Cross-Systems Collaborative Team

Engage Families and Youth Implement a
Behavioral
Health
Response

Create Formal Structures

## What We Know...



### **Connecticut**

- 34% reduction in court referrals
- Connected 47% more students to behavioral health services
- 4300+ teachers and staff have been trained to recognize trauma and mental health concerns

#### Nevada

- 100% of students are screened
- 15% reduction in referrals to probation

## Schenectady High School, New York

70% reduction in superintendent hearings in
 2017-2018 when compared to the previous year

## **ReNew Accelerated High School, Louisiana**

 49% decrease in suspensions in the 2018-2019 school year when compared to the previous year

# Adolescent Mental Health Training for School Resource Officers & Educators

## **AMHT-SRO**

### Overview

- 1.5 day training
- Audience: School resource officers and security, administrators and educators
- Focus on skill-building

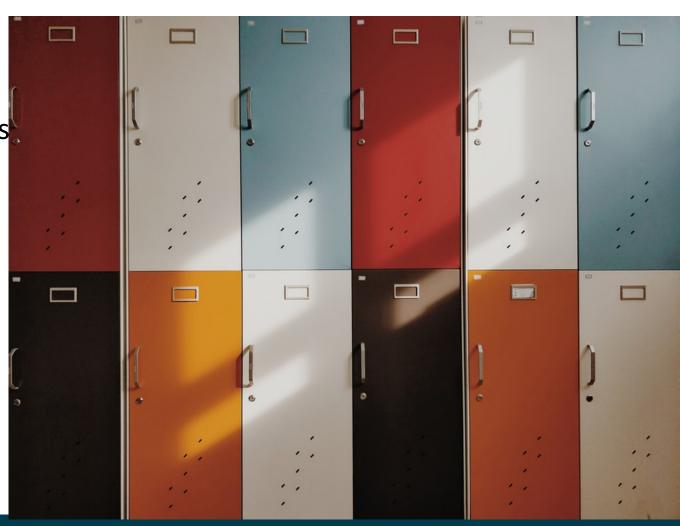


## **Topics Covered**

- Adolescent development
- Child trauma, historical trauma and intergenerational trauma, and the family experience
- Signs and symptoms of behavioral health conditions, neurodevelopmental disorders, and suicide
- Crisis intervention and deescalation
- Roles and responsibilities
- Establishing community partnerships

## Intervention Groups – 16 Sites

- ➤ Group A:
  - SRM & AMHT-SRO (4 high schools
- ➤ Group B:
  - SRM Only (4 high schools)
- ➤ Group C:
  - AMHT-SRO Only (4 high schools)
- ➤ Group D:
  - Controls (4 high schools)



## Data and Methods

- Quasi-experimental design and a convergent parallel mixed method approach to data collection and analysis (data collection ongoing)
- ➤ Quantitative: youth-level administrative data from the schools, behavioral health providers, and law enforcement, as well as school-level surveys on climate and culture
- ➤ Qualitative: interviews, focus groups, and observations with system professionals

## Overview of Data Collection

#### **Quantitative Data Constructs**

#### Youth-Level:

- Demographics
- Academic & Disciplinary Records
- Juvenile Justice System Involvement
- Behavioral Health Utilization

#### Organizational-Level:

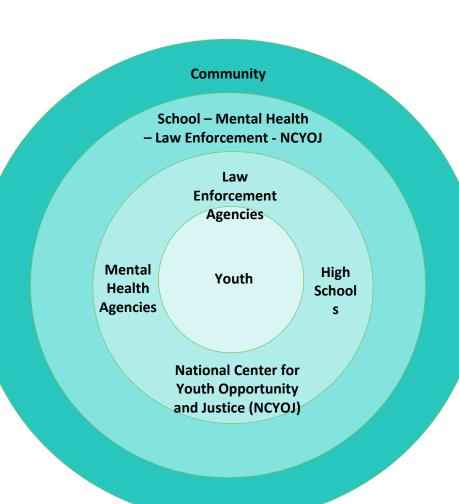
- · High Schools: Climate and culture.
- NCYOJ Intervention Implementation Team:
   Quality of intervention services (e.g. satisfaction and knowledge gained).

#### **Community-Level:**

• Measures of human, social and financial capital.

#### **Sources of Quantitative Data**

- Administrative data from high schools, and statelevel agencies for justice and health.
- School climate survey administered to school leadership, faculty and staff members.
- Satisfaction surveys and questionnaires completed by those in participating organizations.
- Community data from the American Community Survey (ACS).



#### **Qualitative Data Constructs**

#### Organizational-Level:

- High Schools, Law Enforcement and Mental Health Agencies:
  - Climate, culture and attitudes regarding discipline and mental health.
  - Readiness for and managing change.
  - · Organizational resources.
- NCYOJ Intervention Implementation Team: Quality of intervention services provided.

#### **Cross-Organizational Level:**

 High Schools-Law Enforcement Agencies- Mental Health Agencies: Collaborative structures and practices.

#### **Sources of Qualitative Data**

- Individual interviews with school and agency administrators/leaders, educators, law enforcement officers, mental health practitioners and student support staff in schools.
- Group interviews with educators, student support staff, and mental health practitioners.
- · School policies and procedures.

## Challenges

- ➤ Staff Turnover
- ➤ Transforming Culture
- ► Integrating into Existing Efforts
- ➤ Family Engagement



Students participate in a restorative justice circle. (Cliff Grassmick/Digital First Media/Boulder Daily Camera via Getty Images) | www.the74million.org

I'm at ground zero.

SRM Implementation Site Staff

## Challenges

- Existing Policies
- ► Few Community Champions
- ➤ Securing Buy-In
- ➤ Creating a Permanent Structure

If the hearing officer decides to expel, that's just what it is.

- SRM Implementation Site Staff



School staff participate in the NCYOJ Family Engagement Seminar

## Lessons Learned

Construct Interdisciplinary Intermediary Team

Incorporate Peer-to-Peer Learning Opportunities

Mentor a Community-Based Intermediary Group

# Questions and Discussion

Thank you!

## Contact Us

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