# Increasing Mental Health Supports through Community Partnerships



Allison Anderson Harder - Executive Director of Special Services
Vicki Schweinler - Executive Director of Elementary Services

## Objectives for this session:

- 1. Understand the steps the school district tool to align efforts locally and statewide to Kansans Can SEL initiative.
- 2. Identify interventions designed to increase student resilience and feelings of hope through appropriate services.
- 3. Share strategies to increase student attendance rates through access to mental health services and other community services.

## Welcome to Emporia, Kansas!

## **Emporia Public Schools #USD253**

- 4,600 Students
- 45% Hispanic
- 33% English Language Learners
- 62% Free & Reduced

# Kansans Can Initiative

Dr. Randy Watson's Vision for Kansas

## **Outcomes:**

- Kindergarten Readiness
- Social Emotional Growth
- Post Secondary Success
- Individual Plans of Study
- High School Graduation Rate

## Social Emotional Success Committee

#### Who needs to be involved?

Community, District, Law Enforcement, Local Mental Health Agency,
 School Personnel, Flint Hills Technical College, Emporia State University

#### Where are we?

What is currently in place? What have we already tried?

#### What information and data do we already have?

How will we measure this initiative locally?

#### What do we want in place to support our students?

Mental health support in place for all students at all levels.

## Social Emotional Success Timeline

#### **Discussion/Input Opportunities:**

- December 12th 1st Meeting
- January 18th 2nd Meeting
- January 24th BOE Study Session
- March 1st 3rd Meeting
- March 8th Emporia Pre-K 12 Administrators
- April 13th Affective Services
- April 27th Affective Services

## Community Input & Perspectives

## More was needed of the following:

- Soft skills eye contact, interview skills, interpersonal interactions
- Counseling get students in services
- Prosocial interactions
- Modeling behavior future, forward thinking needed
  - Students in need live next door to us we want them to be successful community members
  - 5 Keys to Social and Emotional Learning Success

Research based: Gase (2014)

## **Culture Shift**

- Theoretical Perspective
- Whole Child Approach
- Collaborative Approach
  - Community, administrative, and stakeholder buy-in
  - Using experts in the field to facilitate discussion and options for opportunity
  - www.padlet.com/ksvision/secd (Kansas Resources)

## Interventions

#### What are we doing to intervene with students?

- Second Step (PK-8)
- Capturing Kids Hearts (K-8)
- Kansas University College and Career Competency Framework (high school only)
- School-Based Mental Health @ all levels (PK-12)
- Counselors Added- Ratio 1:250 (Current #s 1:450)
- School Psychologists Added
- Tertiary Support Intervention Team
- Trauma Informed Training
- Restorative Justice Program

# Digging Deeper

## Studying student & staff attendance

- Policy and procedures
- Uniform response from all buildings
- Work with parents
- Require parent meetings
- Hire Truancy Officer
- Track attendance more effectively
- Get students & staff excited to come to school!
- "I wish my teacher knew" assignment reveals kids' hardships

# Partnerships Are Important

#### Communication between agencies on students

- Release of Information forms HIPPA considerations
- Transparency with Parents we are all on the same team similar to a "wrap-around" process
- Updates on student progress
- Multidisciplinary Team (MDT) what is in place and what needs improvement

Research based: Powers, Wegmann, Blackman, Swick (2014)

# Next Steps

- Affective service providers
  - Innovation in schools to meet students' needs
  - Regular meetings with community agencies to increase communication and trust -
    - Establish common goals
    - **■** Vocabulary, terms, parameters
  - Explore MDT



# Questions?

# **The Champion**

#### **Contact Information:**

Allison Anderson Harder: Allison.Harder@usd253.net

Vicki Schweinler: <u>Vicki.Schweinler@usd253.net</u>



## Additional resources

 https://drive.google.com/file/d/0B2HeZLuSYsOebnhyVm5xWVFWd2tDcU xpRFREajRpVGxFbDJ3/view?usp=sharing