



# Chicago Public Schools Healing Trauma Together (HTT) Program



## HOW IS IT FUNDED?

The U.S. Dept. of Education's Promoting Student Resilience (PSR) Program awarded CPS a grant of **\$2,375,000** for program implementation from 2016 to 2018.



## HOW IS IT IMPLEMENTED?

The HTT program is implemented by the CPS **Office of Social Emotional Learning (OSEL)**, in collaboration with hospital, university, and community mental health partners.

## WHAT IS THE PURPOSE?

The HTT program aims to create **10 trauma-informed high school communities** that promote student resiliency through trauma-sensitive climates, practices and interventions.



## HOW IS IT MEASURED?

The HTT program is being evaluated by the **American Institutes for Research (AIR)**; program evaluation includes survey, focus group, and interview data.

### Optional Program Components:

- Universal Trauma Screenings & Related Services
- MIKVA Youth Wellness Teams
- NAMI Ending The Silence Presentations
- Trauma Leadership Teams

### 600+ surveys from training attendees in 2017 indicated:

- **95%** were "very **satisfied**" or "somewhat satisfied" with HTT trainings, and
- **97%** found HTT trainings to be "very **useful**" or "somewhat useful."

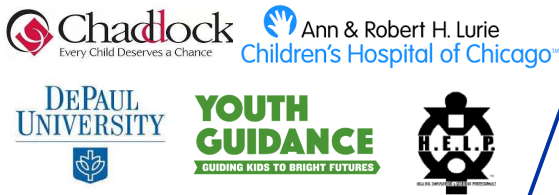
## HOW MANY STUDENTS RECEIVED SERVICES?

### Total 563 students in 2017-18:

- 170 students in group interventions
- 393 students in 1:1 counseling

### Total 216 students in 2016-17:

- 136 students in group interventions
- 80 students in 1:1 counseling



## TRAUMA-SENSITIVE SCHOOL MODEL WITHIN A Multi-Tiered Systems of Support (MTSS) Framework

**Tier 3**  
Individual mental health services

**Individual Counselling Services**  
by DePaul, HELP, and Youth Guidance

**Tier 2**  
Targeted services for some students exposed to trauma and at risk for further impact

**Behavior Health Teams (BHT) Workshops**  
by Lurie Children's Hospital  
**Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) Group Intervention Services**  
by Chaddock, DePaul, HELP, & Youth Guidance

**Tier 1**  
School-wide strategies informed by an understanding of trauma and designed to build resilience, mitigate impact, support healing and minimize trauma

**Trauma Training Series**  
Trauma-Sensitive Schools  
Child-Adult Relationship Enhancement  
Safety Care, Youth Mental Health First Aid  
Discipline in the Secondary Classroom  
**Community Resilience Trainings**  
by the Chicago Dept. of Public Health

## HOW MANY PEOPLE RECEIVED TRAINING?

- Total 62 trainings across 10 schools to **1548 attendees**



## 10 PARTNER HTT HIGH SCHOOLS



**AUSTIN**  
258 STUDENTS

**BOWEN**  
287 STUDENTS

**CLARK**  
504 STUDENTS

**CURIE**  
2787 STUDENTS

**CVCA**  
843 STUDENTS

**DOUGLASS**  
149 STUDENTS

**DUNBAR**  
489 STUDENTS

**HARPER**  
161 STUDENTS

**HYDE PARK**  
700 STUDENTS

**JULIAN**  
584 STUDENTS