

- **Ten Tips for Outreach to Families** – This infographic provides ten strategies for performing outreach to family members of children, youth and young adults with behavioral health needs.  
[http://www.fredla.org/wp-content/uploads/2015/09/Outreach-to-Families\\_FREDLA-2016.pdf](http://www.fredla.org/wp-content/uploads/2015/09/Outreach-to-Families_FREDLA-2016.pdf)
- **Meeting the Needs of All Families** - Each family is unique, leaving its members to be the only ones to define it – in their way, from their culture and through their truth. For children and youth with mental health needs, the definition is often complicated by circumstances that propel their journey among various living arrangements. The following resources are provided to highlight the unique needs of today’s diverse families.  
[https://www.fredla.org/wp-content/uploads/2019/04/NeedsOfAllFamilies\\_FINAL\\_SCR-1.pdf](https://www.fredla.org/wp-content/uploads/2019/04/NeedsOfAllFamilies_FINAL_SCR-1.pdf)
- **Family-Run Organizations (Monthly Minute)** – This animated video explains what a family-run organization is, how they support families raising children and youth with behavioral health needs, and opportunities for family members to get more involved.  
[https://www.youtube.com/watch?v=L2JKFaDBhDE&index=7&list=PLWv-X8-WjcQXJmRQ6ySK2mABg\\_aOwNgVx](https://www.youtube.com/watch?v=L2JKFaDBhDE&index=7&list=PLWv-X8-WjcQXJmRQ6ySK2mABg_aOwNgVx)
- **Roles of Family-Run Organizations** – This infographic lays out the many roles family-run organizations can play in communities and states.  
<http://www.fredla.org/wp-content/uploads/2015/09/FRO-infographic-1.pdf>
- **Parent Peer Support Activities** - Parent peer support (PPS) is a caregiver to caregiver approach to supporting families caring for children, youth and young adults with mental health or substance use challenges. PPS is provided by a parent or caregiver with lived experience who is trained to assist other families by providing support, identifying resources, and facilitating access to services for the child and family. PPS builds effective engagement and can facilitate more positive outcomes for a family. It is a critical piece of any service array.  
<https://www.fredla.org/wp-content/uploads/2019/09/PPSP-activities-infographic.pdf>
- **Parent Peer Support Provider Roles** - Parent peer support is a critical component of a system of care for children and youth, builds effective engagement and can facilitate more positive outcomes for a family. This unique workforce can be found in a variety of settings including: family-run organizations, mental health centers, foster care programs, juvenile courts, emergency rooms, schools, state and local government entities, and residential treatment programs. PPS positions are typically funded through federal and state funds, contracts, grants and Medicaid.  
<https://www.fredla.org/wp-content/uploads/2019/09/PPSP-roles-by-intensity-of-service-infographic.pdf>
- **Listing of Family-Run Organizations by SAMHSA Region and State** – listing of state-wide and local family-run organizations organized by SAMHSA Region and state.  
<https://www.fredla.org/wp-content/uploads/2019/10/Region-1-10-Regional-FRO-Listings-for-SAMHSA-Administrators-10-23-18.pdf>
- **Building Student Resiliency** – An infographic detailing a number of ways that schools can strengthen resiliency in students.  
<https://www.fredla.org/wp-content/uploads/2019/10/School-MH-Conf-resource.jpg>
- **Supporting Family Participation in Systems of Care** - Family participation at all levels of the system is a core value of a system of care for children and adolescents with mental and behavioral health needs. Child-serving systems often seek the involvement of families but encounter difficulties in recruiting and retaining families to participate on committees or advisory councils, review materials, or attend trainings. Sustained family involvement requires a commitment of the organization’s staff time, resources to support family participation, and development of written policies and procedures outlining how family involvement will occur.  
<https://www.fredla.org/wp-content/uploads/2018/06/SupportingFamily-2017-Revised2018-newlogo-print-1.pdf>