UNIVERSITY of MARYLAND
SCHOOL OF MEDICINE

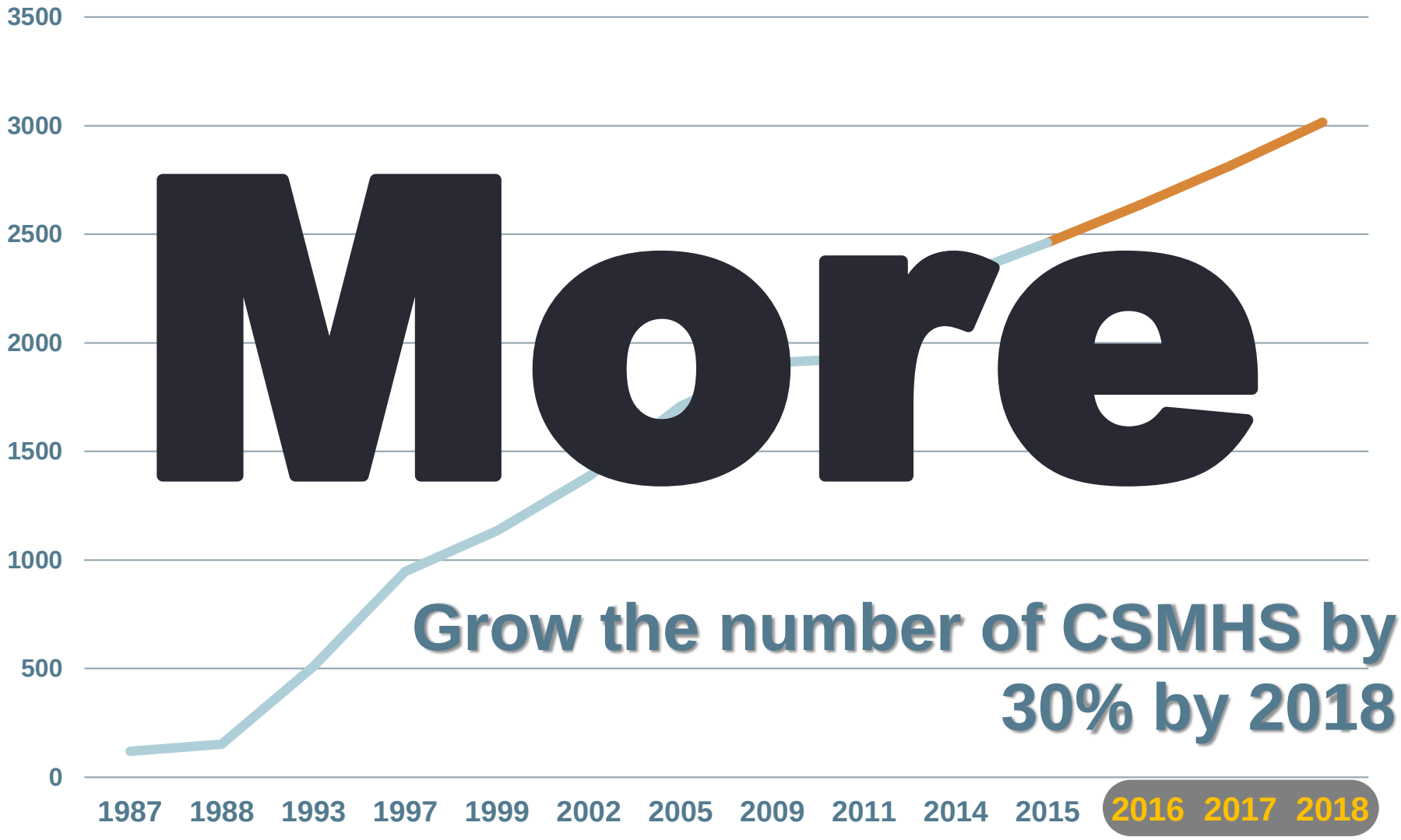
ESSA and the National School Mental Health Census and Performance Measures via the SHAPE System

Center for School Mental Health

CSMH
Center for School Mental Health

SCHOOL-BASED HEALTH ALLIANCE
Redefining Health for Kids and Teens

CSMH
Center for School Mental Health



More

Grow the number of CSMHS by 30% by 2018

SCHOOL-BASED HEALTH ALLIANCE
Redefining Health for Kids and Teens

CSMH
Center for School Mental Health

Great

Comprehensive School Mental Health Systems

50% documenting standardized performance metrics

National SMH Census and Performance Measures Background and Development

- Source review
- Expert consensus
- Project Advisory Group nominal group decision-making
- School mental health stakeholder modified Delphi process
- Revisions via feedback from early adopters

Connors, Stephan, Lever, Ereshefsky, Mosby, & Bohnenkamp, 2016

The SHAPE System

- The School Health Assessment and Performance Evaluation (SHAPE) System for school mental health systems is an interactive system designed to improve school mental health accountability, excellence, and sustainability.

http://theshapesystem.com

The SHAPE System and ESSA

Register to Improve Your School Mental Health System

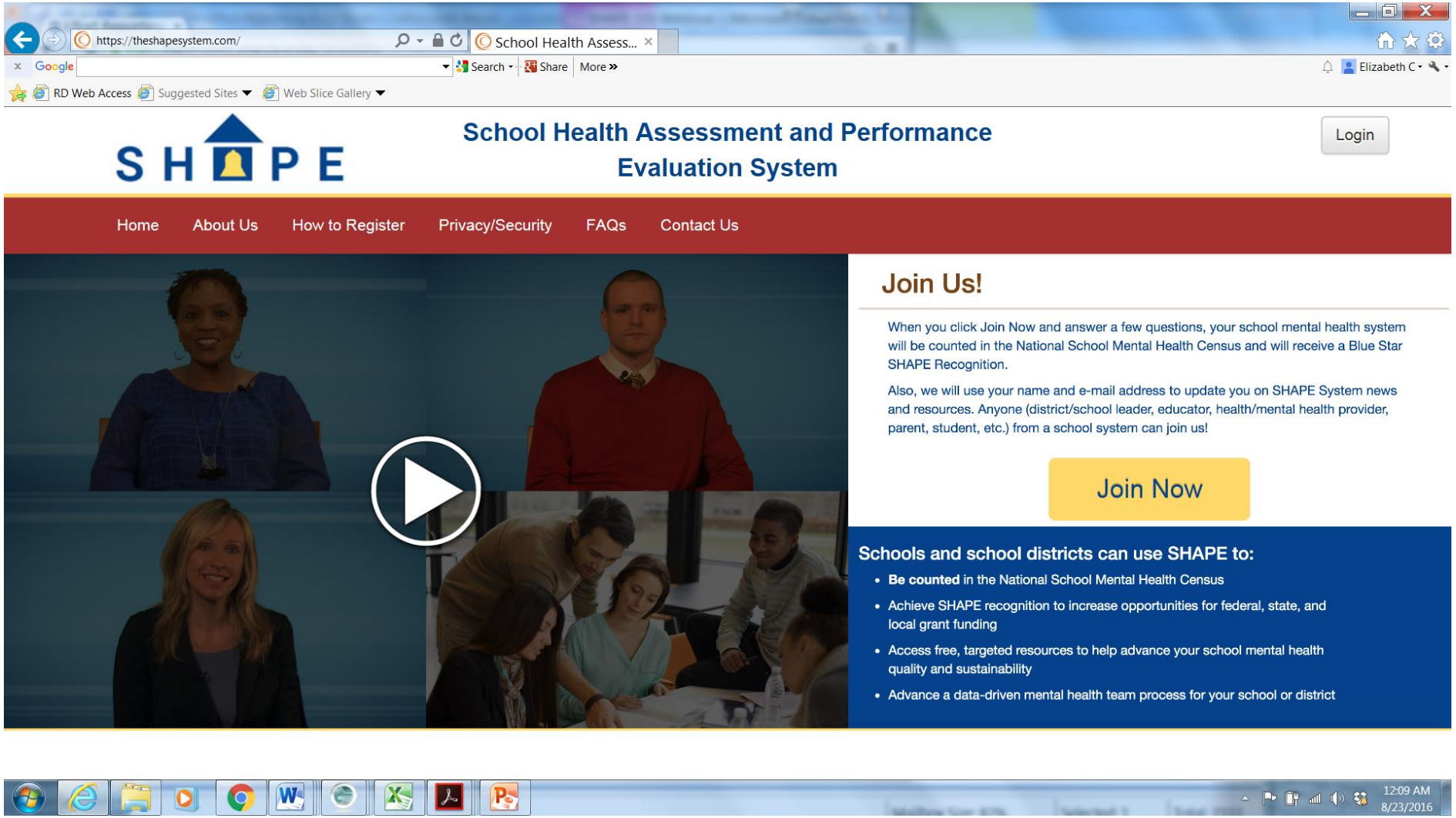
Free Custom Reports

Strategic Team Planning

Free Resources

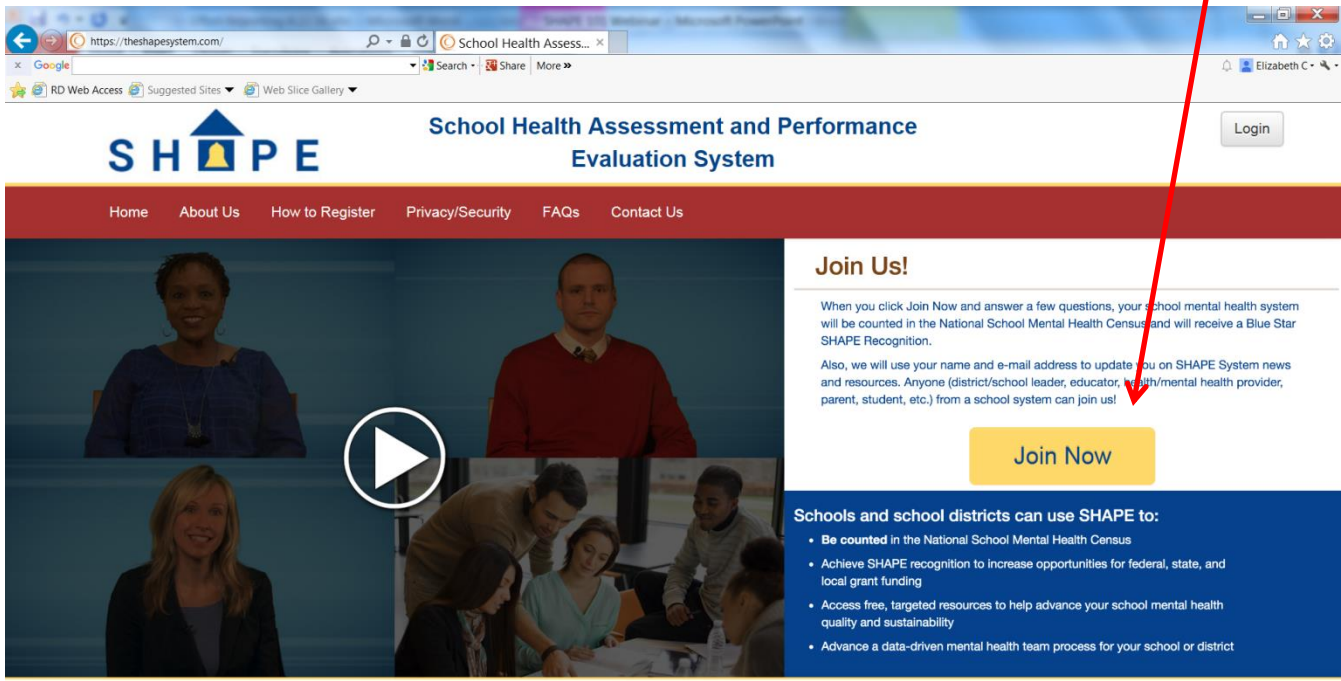
Be Counted

www.theshapesystem.com



National SMH Census (abbreviated): Join Us!

- Complete individually
- Enter name and email address to stay updated about SHAPE news and resources
- Report on 10 brief questions about your CSMHS
- 5 minutes or less



National SMH Census (full version): School Mental Health Profile

- Complete with school or district team
- Reporting information for last school year (2015-2016)
- Sections:
  I. SHAPE System Leader Information
  II. School/District Information
  III. School Mental Health System
    a. Students Served and Data Systems
    b. District Staffing
    c. Services Provided

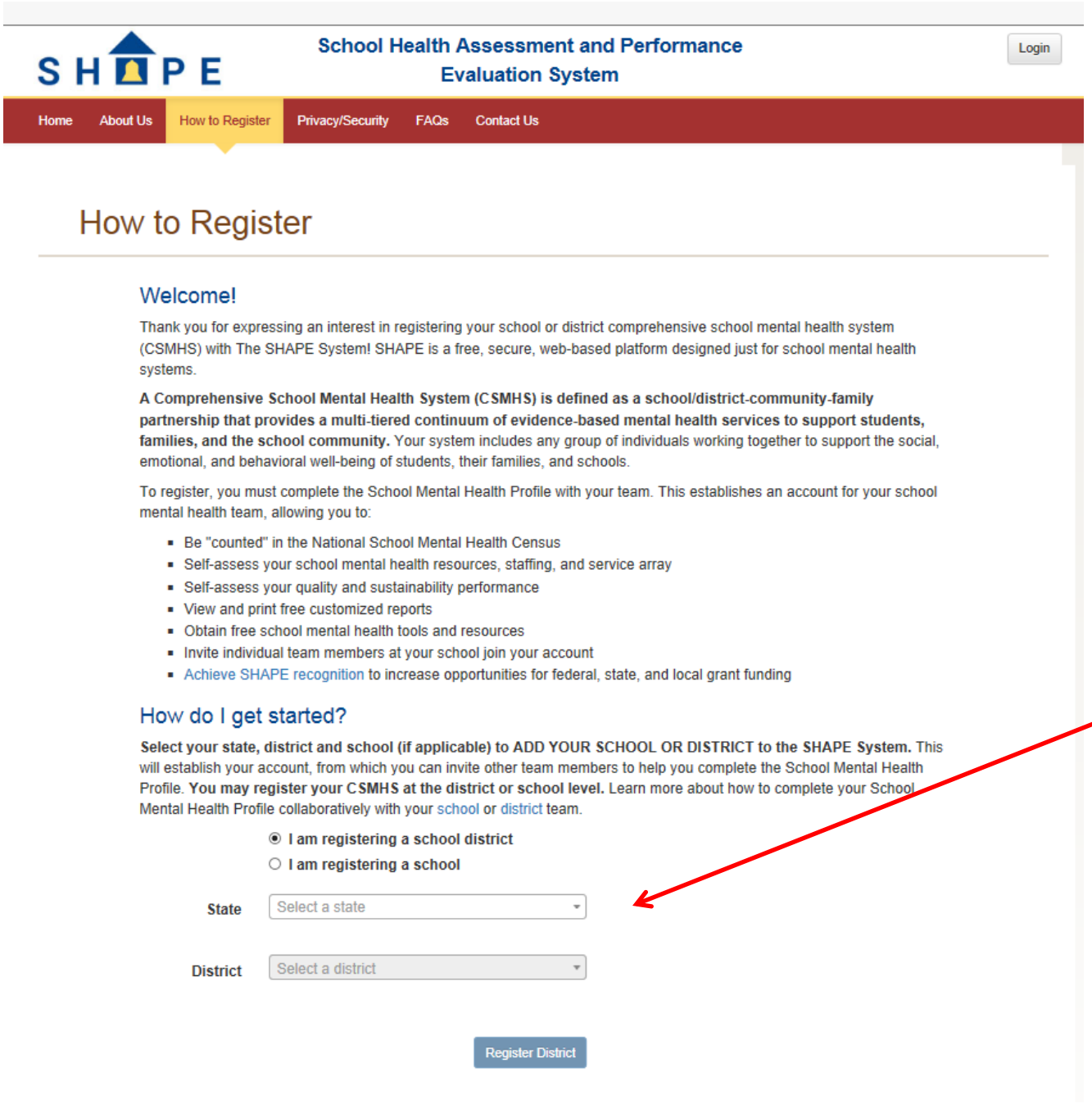
National SMH Census (full version): School Mental Health Profile

STEP 1: Register by selecting your school/district from drop-down menus

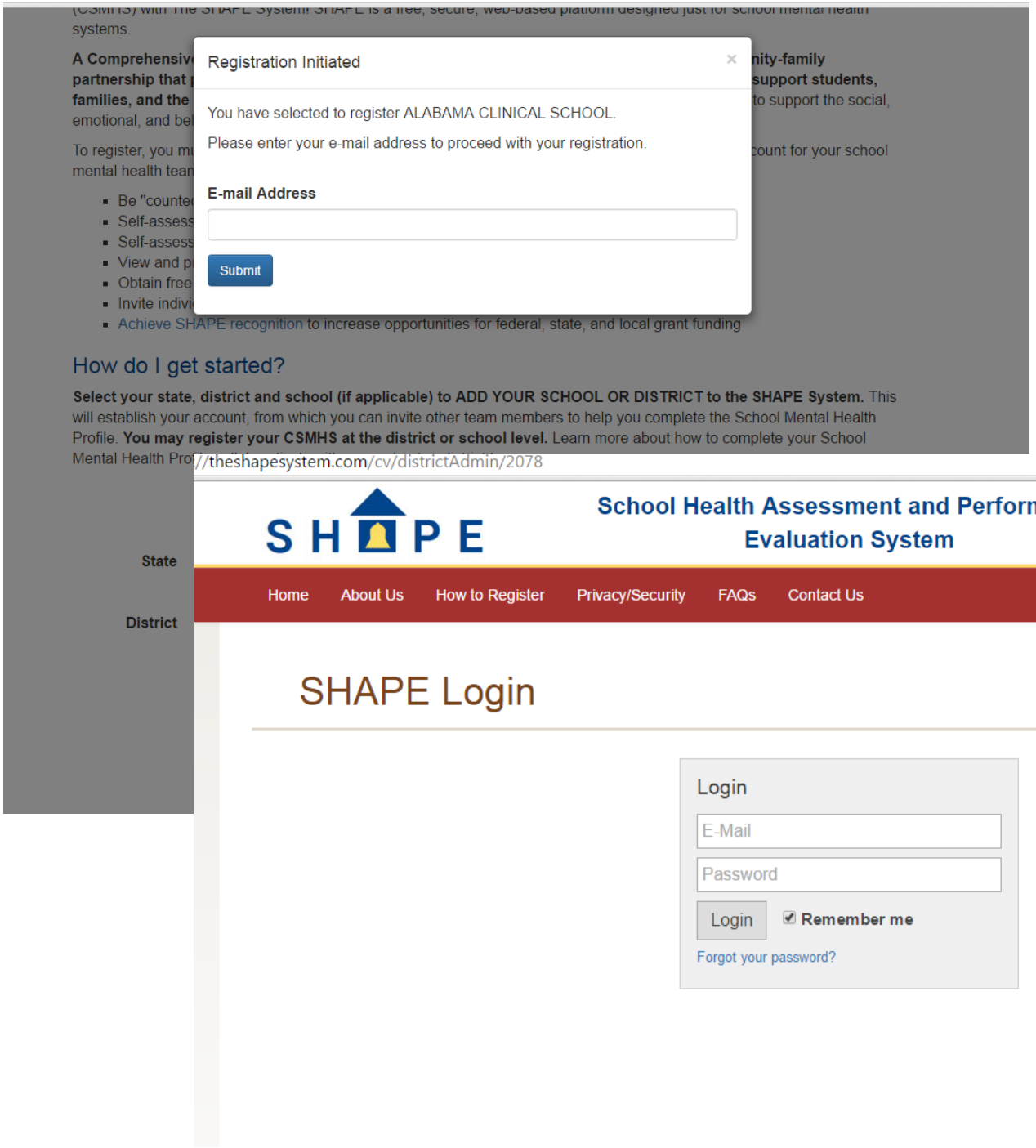
STEP 2: Create personal log in information to view your district account

STEP 3: Click on the SMH Profile icon to view the questionnaire and complete with your team

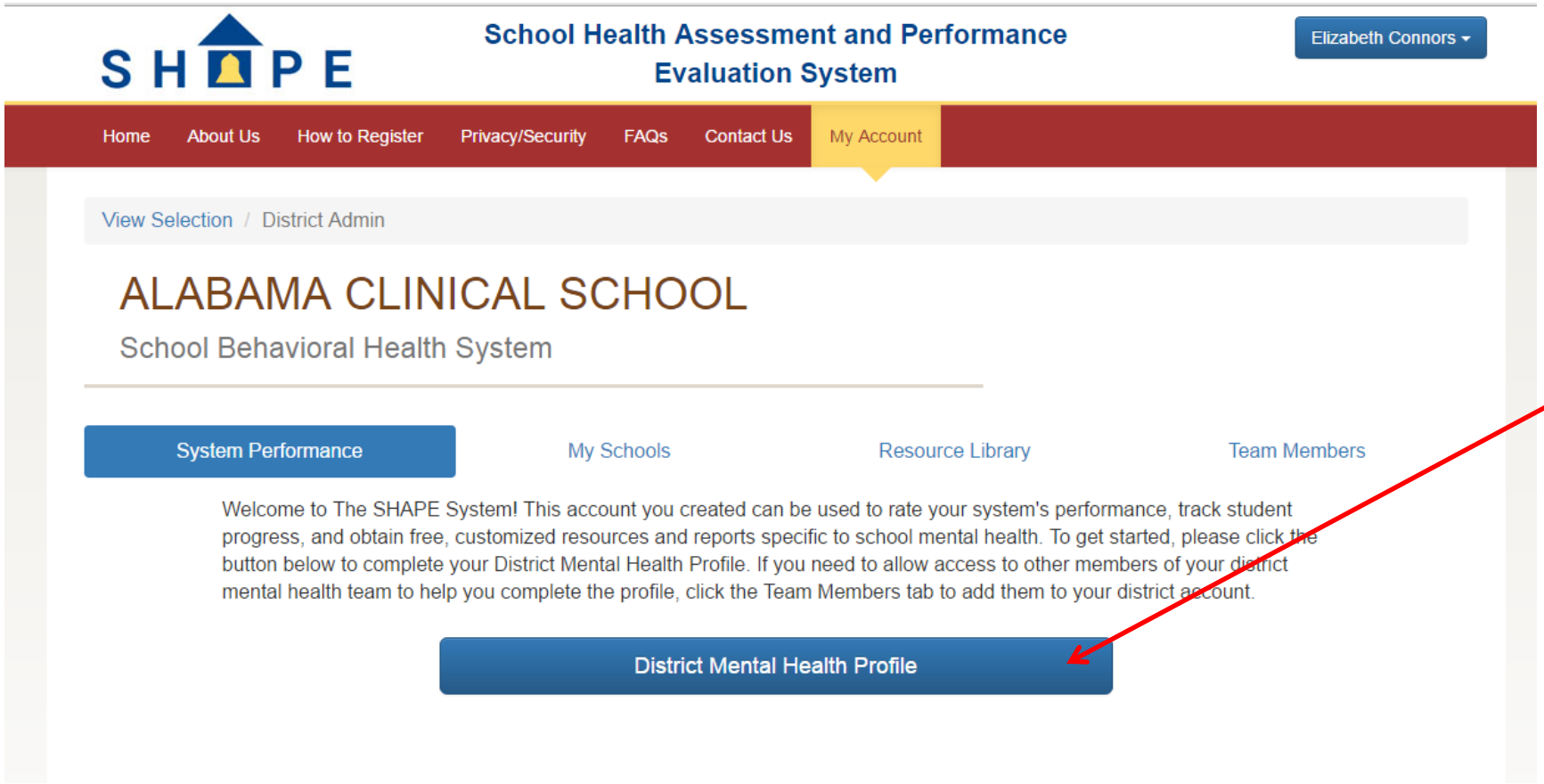
STEP 1


SHAPE
School Health Assessment and Performance Evaluation System
Login
Home
About Us
How to Register
Privacy/Security
FAQs
Contact Us
How to Register
Welcome!
Thank you for expressing an interest in registering your school or district comprehensive school mental health system (CSMHS) with The SHAPE System! SHAPE is a free, secure, web-based platform designed just for school mental health systems.
A Comprehensive School Mental Health System (CSMHS) is defined as a school/district-community-family partnership that provides a multi-tiered continuum of evidence-based mental health services to support students, families, and the school community. Your system includes any group of individuals working together to support the social, emotional, and behavioral well-being of students, their families, and schools.
To register, you must complete the School Mental Health Profile with your team. This establishes an account for your school mental health team, allowing you to:
Be "counted" in the National School Mental Health Census
Self-assess your school mental health resources, staffing, and service array
Self-assess your quality and sustainability performance
View and print free customized reports
Obtain free school mental health tools and resources
Invite individual team members at your school join your account
Achieve SHAPE recognition to increase opportunities for federal, state, and local grant funding
How do I get started?
Select your state, district and school (if applicable) to ADD YOUR SCHOOL OR DISTRICT to the SHAPE System. This will establish your account, from which you can invite other team members to help you complete the School Mental Health Profile. You may register your CSMHS at the district or school level. Learn more about how to complete your School Mental Health Profile collaboratively with your school or district team.
I am registering a school district
I am registering a school
State
Select a state
District
Select a district
Register District

STEP 2


systems.
Registration Initiated
You have selected to register ALABAMA CLINICAL SCHOOL.
Please enter your e-mail address to proceed with your registration.
E-mail Address
Submit
Be "counte
Self-assess
Self-assess
View and p
Obtain free
Invite indivi
Achieve SHAPE recognition to increase opportunities for federal, state, and local grant funding
How do I get started?
Select your state, district and school (if applicable) to ADD YOUR SCHOOL OR DISTRICT to the SHAPE System. This will establish your account, from which you can invite other team members to help you complete the School Mental Health Profile. You may register your CSMHS at the district or school level. Learn more about how to complete your School Mental Health Pro
//theshapesystem.com/cv/districtAdmin/2078
State
District
SHAPE
School Health Assessment and Performance Evaluation System
Home
About Us
How to Register
Privacy/Security
FAQs
Contact Us
SHAPE Login
Login
E-Mail
Password
Login
Remember me
Forgot your password?

STEP 3


SHAPE
School Health Assessment and Performance Evaluation System
Elizabeth Connors
Home
About Us
How to Register
Privacy/Security
FAQs
Contact Us
My Account
View Selection / District Admin
ALABAMA CLINICAL SCHOOL
School Behavioral Health System
System Performance
My Schools
Resource Library
Team Members
Welcome to The SHAPE System! This account you created can be used to rate your system's performance, track student progress, and obtain free, customized resources and reports specific to school mental health. To get started, please click the button below to complete your District Mental Health Profile. If you need to allow access to other members of your district mental health team to help you complete the profile, click the Team Members tab to add them to your district account.
District Mental Health Profile

https://theshapesystem.com/cv/districtAdmin/2078#/g%3D19177%26i%3D1%26t%3D258

Complete Registration

School Mental Health Profile for Districts

Welcome to the School Mental Health Profile, a way for the schools in your district to document the structure and operations of their comprehensive school mental health system (CSMHS). CSMHSs are defined as school district-community partnerships that provide a continuum of mental health services to support students, families and the school community. "Mental health services" include activities, services, and supports that address the social, emotional, and behavioral well-being of students, including substance use.

This Profile is part of the National School Mental Health Census, an effort to capture the current status of school mental health nationally. Complete your School Mental Health Profile today to access the SHAPE System, a free, web-based tool to improve the quality and sustainability of your CSMHS.

You may PRINT a blank version of this form for reference.

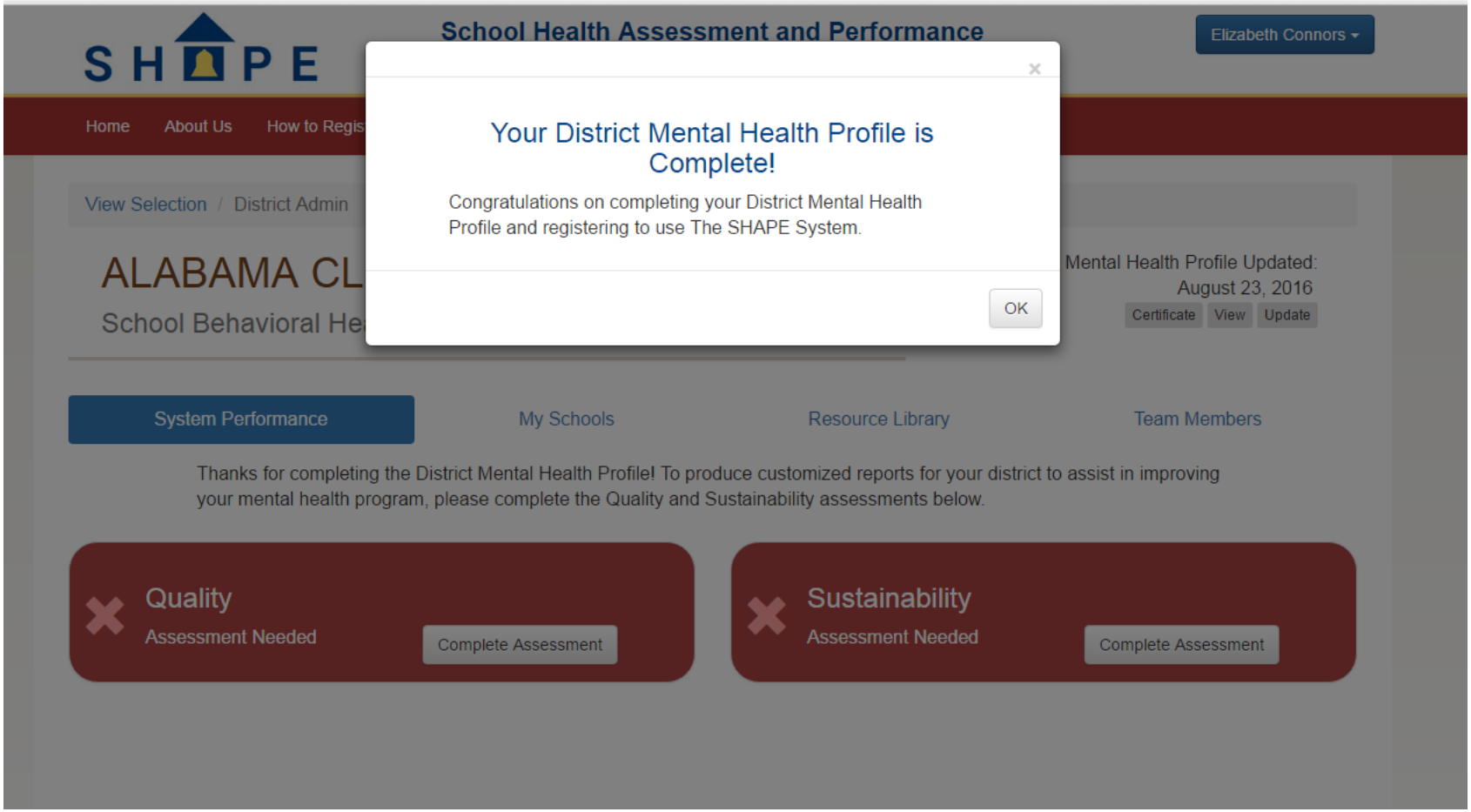
How do I answer for ALL the schools in our district?
We anticipate most districts will have schools with a range of progress in school mental health, a variety of data collection and reporting strategies, and other characteristics queried on this profile. However, we ask that you do your best to respond based on your district as a whole based on the data you have access to and can estimate.

TIME FRAME: Please complete these questions for LAST SCHOOL YEAR.

(This includes all activities conducted between July 1 through June 30 of the last year. For instance, if today's date is between July 1, 2015 through June 30, 2016, your reporting period is July 1, 2014 through June 30, 2015.)

Save and Continue

://theshapesystem.com/cv/districtAdmin/2078#SystemPerformance



SCHOOL DISTRICT MENTAL HEALTH PROFILE | YUPIIT SCHOOL DISTRICT

Last Updated: April 22, 2016

Understanding this Summary.

This report is generated based on the information you provided for your School District Mental Health Profile.

This profile provides a snapshot of the structure and operations of your school district's comprehensive school mental health system.

Number of schools in your district:

3

Number of students in grades K-12:

460

Grades served:

K-12

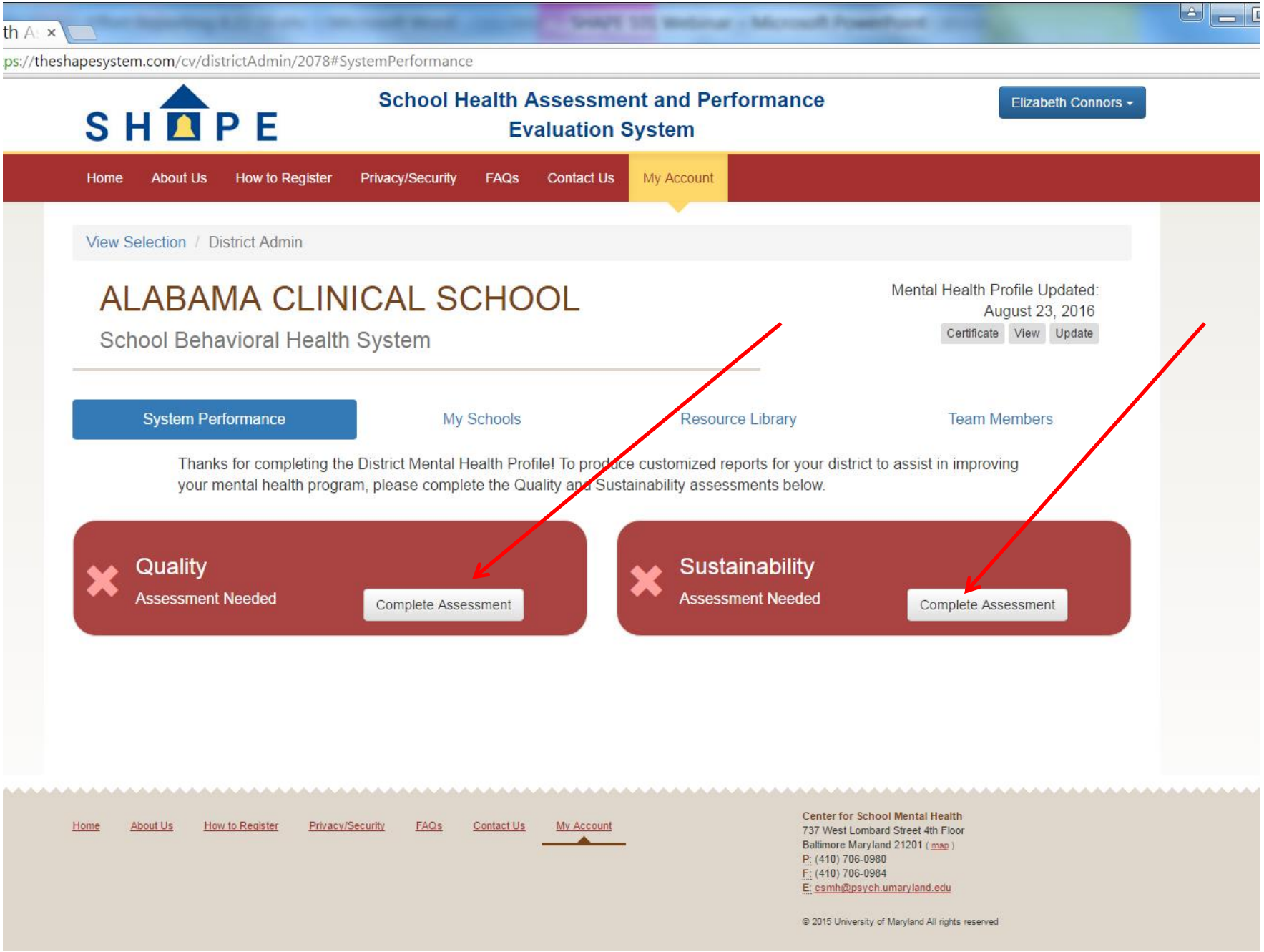
About Your School District Mental Health Report

Congratulations! Your district's team has been counted in the National School Mental Health Census and achieved Bronze SHAPE recognition for completing the School Mental Health Profile. Complete the National School Mental Health Performance Measures on SHAPE (the Quality and Sustainability Assessments) to achieve Silver and Gold SHAPE Recognition.

SCHOOL DISTRICT STAFFING INFORMATION | YUPIIT SCHOOL DISTRICT

Last Updated: April 22, 2016

STAFF MEMBER	SCHOOL School or school district employed		COMMUNITY Not school or school district employed (e.g., community mental health partner employed)	
	Number of Members	Total FTE	Number of Members	Total FTE
School Guidance Counselor				
School Nurse				
School Physician				
School Psychologist				
School Resource Officer				
School Social Worker				
Social Worker				
Speech/Language Therapist				
State Department of Child Welfare Representative				
State Department of Education Representative				
State Department of Juvenile Justice Representative				
Substance Abuse Specialist				
Trainee (e.g., counseling, social work, psychology, psychiatry)				
Youth/Family Advocate				


ps://theshapesystem.com/cv/districtAdmin/2078#SystemPerformance
SHAPE
School Health Assessment and Performance Evaluation System
Elizabeth Connors
Home
About Us
How to Register
Privacy/Security
FAQs
Contact Us
My Account
View Selection / District Admin
ALABAMA CLINICAL SCHOOL
School Behavioral Health System
Mental Health Profile Updated:
August 23, 2016
Certificate
View
Update
System Performance
My Schools
Resource Library
Team Members
Thanks for completing the District Mental Health Profile! To produce customized reports for your district to assist in improving your mental health program, please complete the Quality and Sustainability assessments below.
Quality
Assessment Needed
Complete Assessment
Sustainability
Assessment Needed
Complete Assessment
Home
About Us
How to Register
Privacy/Security
FAQs
Contact Us
My Account
Center for School Mental Health
737 West Lombard Street 4th Floor
Baltimore Maryland 21201 (map)
P: (410) 706-0980
F: (410) 706-0984
E: csmh@psych.umaryland.edu
© 2015 University of Maryland All rights reserved

SCHOOL-BASED HEALTH ALLIANCE
Redefining Health for Kids and Teens

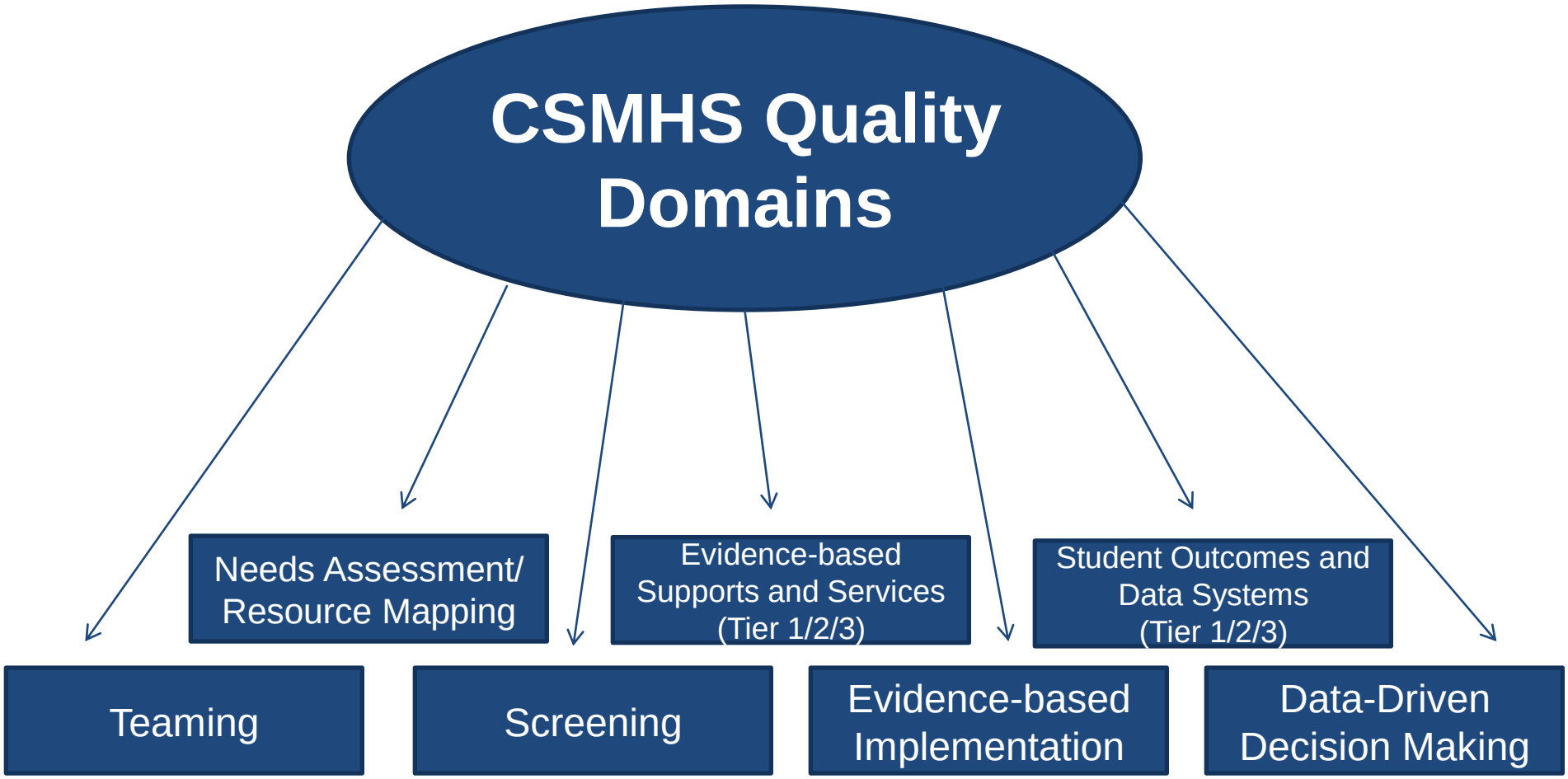
CSMH
Center for School Mental Health

National SMH Performance Measure Domains: Quality

- **CSMHS "Quality"** – refers to the characteristics which contribute to or directly represent the overall standard of services and supports provided in schools, based on established best practices in school mental health research, policy and practice.

SCHOOL-BASED HEALTH ALLIANCE
Redefining Health for Kids and Teens

CSMH
Center for School Mental Health



SCHOOL-BASED HEALTH ALLIANCE
Redefining Health for Kids and Teens

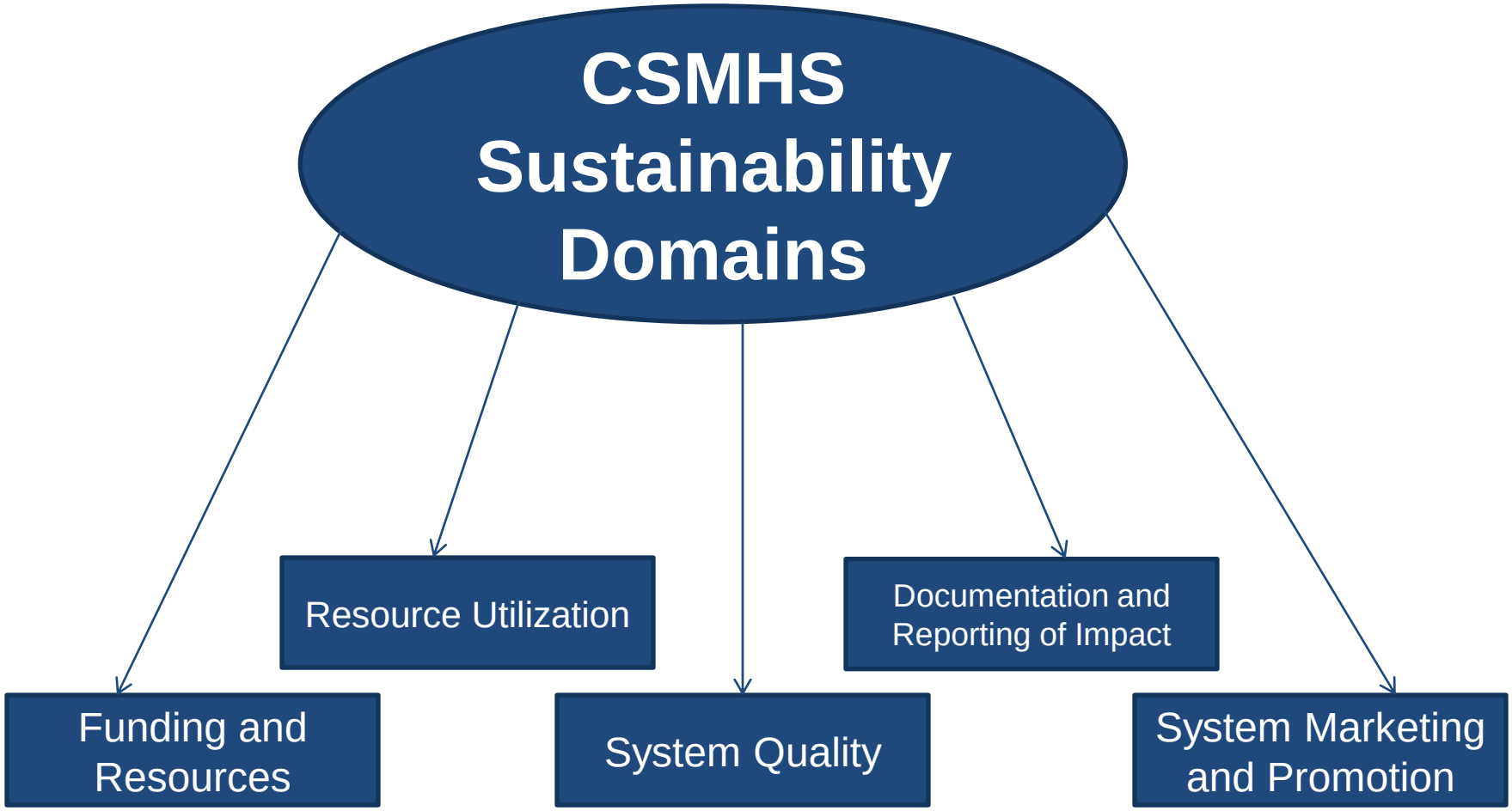
CSMH
Center for School Mental Health

National SMH Performance Measure Domains: Sustainability

- **CSMHS "Sustainability**" – refers to the financial and non-financial dimensions of maintaining or supporting a self-sustaining system over time, in which its operational structure and capacity is sound and can evolve and adapt to match the changing needs of students, families, schools, communities, and other systems in their context.

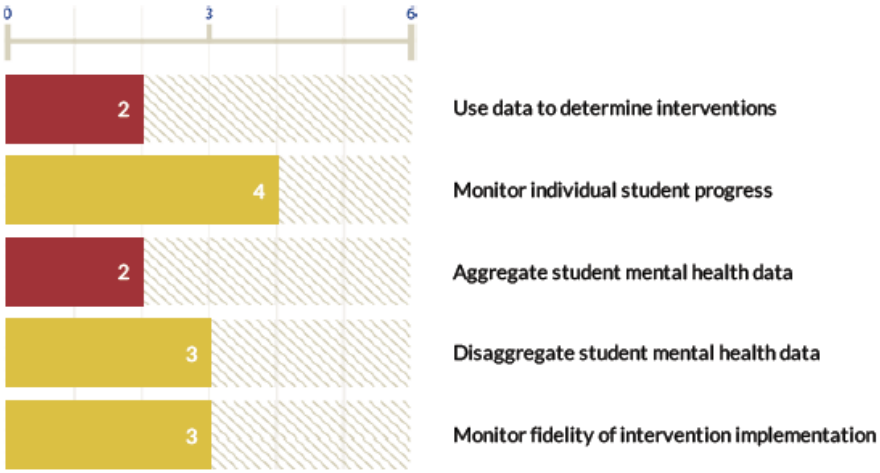
SCHOOL-BASED HEALTH ALLIANCE
Redefining Health for Kids and Teens

CSMH
Center for School Mental Health



QUALITY DOMAIN | Data Driven Decision Making

OVERALL COMPOSITE SCORE: 2.80



About Data Driven Decision Making

Data driven decision making (DDDM) is the process of using observations and other relevant data/information to make decisions that are fair and objective. Examples of data include mental health screening, climate surveys, attendance, discipline referrals, and classroom observational data. Your CSMHS team's DDDM self-assessment score comprises your ratings on five indicators: (1) using data to determine mental health interventions needed by students; (2) using a system for monitoring individual student progress; (3) monitoring fidelity of intervention implementation across tiers; (4) using a system for aggregating student mental health service and support data; and (5) using a system for disaggregating student mental health service data. Primary action steps to advance your CSMHS's performance in the area of DDDM include evaluating your current DDDM process and data sources to ensure you are maximizing opportunities to use data to identify, monitor, and evaluate target concerns at the student, classroom, and/or school levels. For more in-depth guidance and specific strategies to advance your CSMHS DDDM processes, please refer to:

Resource Library > Quality Progress Report and Resources > Quality Guide: Data Driven Decision Making

Thank you for completing the *School Mental Health Quality Assessment Survey.* We encourage you to meet with your school mental health team and review your scores on each performance domain provided in this report and engage in a strategic planning process to guide quality improvement. Quality guides are available for each performance domain and indicator with action steps and resources to guide improvement. Consider using these materials and the *Strategic Planning Guide* to create a strategic plan for improving your team's performance in one or more areas.

List the domain(s) on which you scored the lowest (Emerging and Progressing) and evaluate your system's capacity and motivation to implement change in each domain.

Domain	Need for change (1-10) 1=no need 10=great need	Desire to change (1-10) 1=no desire 10=great desire	Resources to achieve change (1-10) 1=no resources 10=many resources	Barriers to change (1-10) 1=no barriers 10=many barriers
1.				
2.				
3.				

Select one domain from the list above that your team wants to improve.

DOMAIN: _____

Quality

Last Updated: April 22, 2016

Sustainability

Assessment Needed

Complete Assessment

Quality Progress Report and Resources

April 22, 2016 - Jane Doe

Progress Report | Completed Survey | New Survey

Filter: All | Teaming | Resource Mapping | Screening | Services & Supports | Implementation | Outcomes & Data | Decision Making

.PDF Quality Guide: Teaming

.PDF Quality Guide: Needs Assessment/Resource Mapping

.PDF Quality Guide: Screening

.PDF Quality Guide: Evidence-Based Services and Supports

.PDF Quality Guide: Evidence-Based Implementation

.PDF Quality Guide: Student Outcomes and Data Systems

.PDF Quality Guide: Data Driven Decision Making

www. 211.org

.PDF Advancing Education

.PDF A Framework for Effectively

.PDF A Road Map to Implementing

www. Blueprints for Healthy Development

Quality Guide: Evidence-Based Implementation

The *Quality Guide: Evidence-Based Implementation* is part of a collection of resources developed by the Center for School Mental Health for The SHAPE System that provides guidance to help comprehensive school mental health systems (CSMHSs) advance the quality and sustainability of their services and supports. This guide includes background information on implementation in school mental health, possible action steps, and resources to help systems incorporate evidence-based implementation strategies into a long-term quality improvement plan.

Background:

The *Evidence-based Implementation* domain within the *School Mental Health Quality Assessment Survey* comprises three indicators to help determine a system's current capacity for implementing evidence-based practices and programs (EBPs). These indicators measure the extent to which your school or district:

(1) …has processes in place for determining whether a school mental health service or support is evidence-based;
(2) …has evidence-based services and supports that fit the unique strengths, needs, and cultural and linguistic considerations of your students and families, and
(3) …utilizes best practices to support training and implementation of mental health services and supports.

Evidence-based services and supports are supported by data and evidence that indicate that they are effective interventions. Research shows that evidence-based services and supports provide students with a higher quality of care than programs without an evidence base, but there are many factors to consider when selecting and implementing them.

Evidence-based implementation is the integration of research findings from implementation science to school mental health care policy, practice, and operations. This involves the selection of appropriate evidence-based services and supports as well as utilization of effective, best practice strategies informed by implementation science to support and sustain those services and supports. Implementation science is the study of methods that promote the integration of research findings and evidence into health care policy and practice. Implementation science emphasizes an understanding of organizational characteristics and behaviors of healthcare professionals and others as key variables in the sustainable uptake, adoption, and implementation of evidence-based interventions. When implementation is conducted in a purposeful manner with appropriate planning and support, success is achieved at rates greater than 80% in the first three years. Without proper implementation support, long-term success rates are very low.

> ***Evidence-based implementation is the integration of research findings from implementation science to school mental health care policy, practice, and operations.***

Quality Guide: Data Driven Decision Making

The *Quality Guide: Data Driven Decision Making* (DDDM) is part of a collection of resources developed by the Center for School Mental Health for The SHAPE System that provides guidance to help comprehensive school mental health systems (CSMHSs) advance the quality and sustainability of their services and supports. This guide includes background information on DDDM, possible action steps, and resources to help systems incorporate DDDM into a long-term quality program plan.

Background:

The *Data-Driven Decision Making (DDDM)* domain within the *School Mental Health Quality Assessment Survey* comprises four indicators to help determine a system's capacity for making data-informed decisions about its school mental health services. These indicators include:
(1) Use of data to determine mental health services needed by students
(2) Use of a system for monitoring individual student progress
(3) Use of a system for aggregating student mental health service and support data to share with stakeholders and make decisions about mental health service planning and implementation
(4) Use of a system for disaggregating student mental health service data to examine school mental health system level outcomes based on subpopulation characteristics

Data-driven decision making is the process of using observations and other relevant data/information to make decisions that are fair and objective. DDDM can help inform decisions related to appropriate student supports and be used to monitor progress and outcomes across multiple tiers (mental health promotion to selective and indicated intervention).

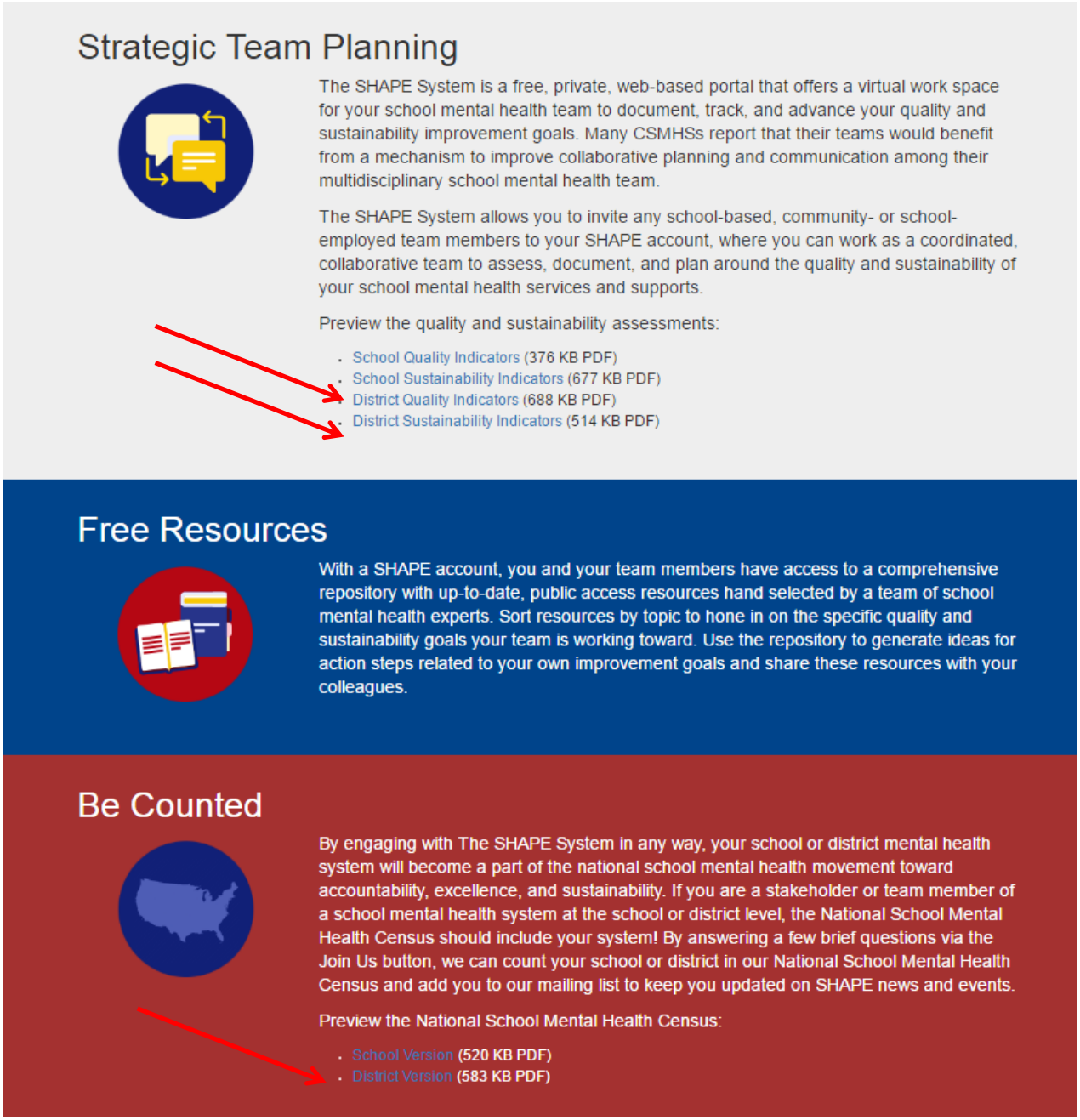
"Data" refers to individual facts, statistics, or items of information used as a basis for reasoning, discussion, or calculation. In the case of schools and the classroom setting, data can include information collected from multiple sources such as the student, educators, caregivers, primary care, and health and mental health providers.

> ***Data-driven decision making is the process of using observations and other relevant data/information to make decisions that are fair and objective.***

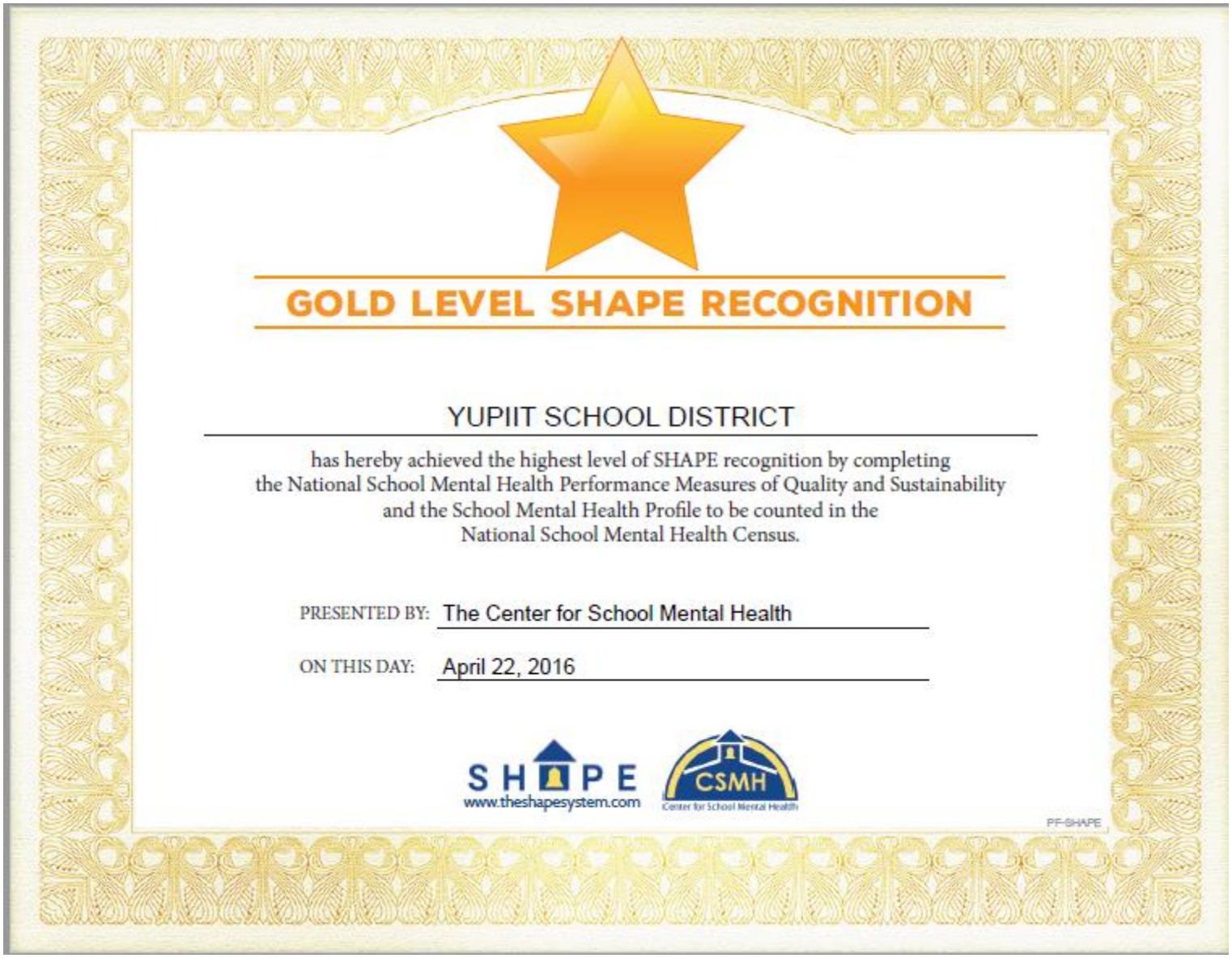
Data in schools may include:

- ✓ Grades
- ✓ Attendance/Seat time
- ✓ Office referrals/Suspensions/Expulsions
- ✓ Performance test scores
- ✓ Achievement or benchmark test scores
- ✓ Mental health screenings and assessments
- ✓ Behavioral observations
- ✓ Crisis incidents
- ✓ School climate surveys

View, print, share and review the SMH Profile and Quality and Sustainability Assessments anytime by visiting SHAPE home page



Earn SHAPE Recognition



GOLD LEVEL SHAPE RECOGNITION

YUPIIT SCHOOL DISTRICT

has hereby achieved the highest level of SHAPE recognition by completing
the National School Mental Health Performance Measures of Quality and Sustainability
and the School Mental Health Profile to be counted in the
National School Mental Health Census.

PRESENTED BY: The Center for School Mental Health

ON THIS DAY: April 22, 2016

SHAPE
www.theshapesystem.com

CSMH
Center for School Mental Health

PF-SHAPE

SHAPE

School Health Assessment and Performance Evaluation System

Login

Home | About Us | How to Register | Privacy/Security | FAQs | Contact Us

Join Us!

When you click Join Now and answer a few questions, your school mental health system will be counted in the National School Mental Health Census and will receive a Blue Star SHAPE Recognition.

Also, we will use your name and e-mail address to update you on SHAPE System news and resources. Anyone (district/school leader, educator, health/mental health provider, parent, student, etc.) from a school system can join us!

Join Now

Schools and school districts can use SHAPE to:

- **Be counted** in the National School Mental Health Census
- Achieve SHAPE recognition to increase opportunities for federal, state, and local grant funding
- Access free, targeted resources to help advance your school mental health quality and sustainability
- Advance a data-driven mental health team process for your school or district

Register to Improve Your School Mental Health System

Free Custom Reports

Strategic Team Planning

Free Resources

Be Counted

http://theshapesystem.com/

UNIVERSITY of MARYLAND
SCHOOL OF MEDICINE

AIR
AMERICAN INSTITUTES FOR RESEARCH

Bringing it Home: Resources and Guidance to Bring Back to your State/District/School

CSMH
Center for School Mental Health

- Review ESSA resources
- Join Us! via the SHAPE System
- http://theshapesystem.com/
- https://safesupportivelearning.ed.gov/edscls
- Schedule/plan/strategize for future actions with colleagues at home in your school/district/state