

21st Annual Conference on
Advancing School Mental Health
CoP Leadership Meeting
September 28, 2016



CoP Meeting Objectives

- Strategically **review progress** and consider pressing needs in the school mental health field to **inform the future** focus of the CoP
- Discuss the **structure of future conference tracks** and how these fit with practice groups and cross cutting themes
- Plan for the **lunchtime Thursday sessions** and discuss State CoP and Practice Group interests, needs, and intentions **moving forward.**

*Shape the Future of School Mental Health:
Advancing Quality and Sustainability*

Welcome and Introductions

- Name
- Organization
- How are you Connected to the National Community of Practice on Collaborative School Behavioral Health (Practice Group, State CoP, New/Other)
- Idea for 2018-2020 Conference location
 - 2017 – Washington DC
 - 2018 – Las Vegas, NV

CSMH Annual Conference on Advancing School Mental Health

- 1996 Baltimore
- 1997 New Orleans
- 1998 Virginia Beach
- 1999 Denver
- 2000 Atlanta
- 2002 Philadelphia
- 2003 Portland, OR
- 2004 Dallas*
** Launch of National
Community of Practice
on School Behavioral Health*
- 2005 Cleveland
- 2006 Baltimore
- 2007 Orlando
- 2008 Phoenix
- 2009 Minneapolis
- 2010 Albuquerque
- 2011 Charleston, SC
- 2012 Salt Lake City, UT
- 2013 Arlington, VA
- 2014 Pittsburgh
- 2015 New Orleans, LA
- **Sept 29-Oct 1, 2016 – San Diego, CA**

COP HISTORY

How was the National Community Built ?

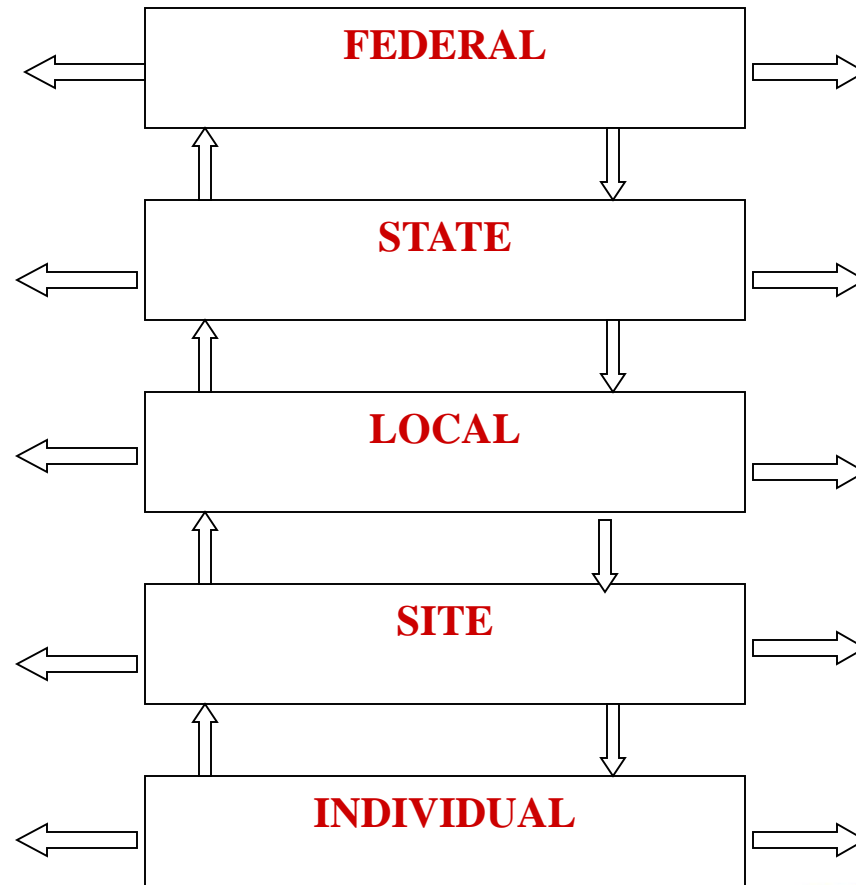
- **Bring people together from many levels : national, state, local, site, individual**
- **Invite professional and advocacy groups that share interests around an issue**
- **Invite federal policy, research, and TA investments**
- **Engage decision-makers, practitioners and consumers**
- **Cut across organizational boundaries**
- **Cut across agency boundaries**
- **Unite people around their common interests**



What is a Community of Practice?

- Mechanism to build understanding across groups
- Infrastructure for conducting an open dialogue around shared interests
- Conduit for supporting shared work
- Tool to look at issues at *multiple levels of scale*

Multiple Levels of Scale : Learning Loops Built Through Community



The National Community of Practice (CoP) on School-based Behavioral Health

Who is affiliated with our Community?

- States/Districts
- National Organizations
- Bureaus within Federal Agencies
 - ✓ OSERS
 - ✓ HRSA
 - ✓ SAMHSA
 - ✓ OSDFS
- Thousands of diverse stakeholders

How Do We Operate?

- 10 Practice Groups
 - ✓ Issue Based
 - ✓ Facilitated by stakeholder leads
- *Create interaction through www.sharedwork.org*
- Facilitate participation in existing efforts
- Broker new opportunities
- Use the networks of the community members to dramatically increase access to information
- Use the community to bring the voice of the networks to the issues

NATIONAL COMMUNITY OF PRACTICE ON COLLABORATIVE SCHOOL BEHAVIORAL HEALTH

WWW.SHAREDWORK.ORG

- 1) Building a Collaborative Culture for Student Mental Health
- 2) Learning the Language: Connecting School Mental Health and Positive Behavior Supports
- 3) Connecting School Mental Health with Juvenile Justice and Dropout Prevention
- 4) Education: An Essential Component of Systems of Care
- 5) Families in Partnership in Mental Health
- 6) Improving School Mental Health for Youth with Disabilities
- 7) Psychiatry and Schools
- 8) Quality and Evidence-Based Practice
- 9) School Mental Health and Culturally Diverse Youth
- 10) Youth Involvement and Leadership

Historical Expectations for Practice Groups

- Participate in the RFP Process – soliciting, reviewing, selecting
- Lead practice group lunch session
- Engage in at least 1 discussion/activity with practice group participants to promote ongoing resource sharing, learning and skill development throughout the year (e.g., webinars, resource repositories, white papers, dialogue guides, fact sheets, listservs)
- Consider cross stakeholder and practice group collaborations


Historical Expectations for State CoPs

- Regular convening of meetings
- Participation from family, school, and community partners
- Develop clear agenda and goals/objectives to drive the advancement of high quality and sustainable school mental health
- Serve as a resource to and be informed by local CoPs, practice groups, and state CoPs

Successes

- Annual Conference – Solicitation and Review of proposals
- Improved Education/Mental Health Integration
- Genuine Family-School-Community Partnerships and Building New Relationships
- Leading by Convening Resources led by the IDEA Partnership
- Development of webinars, white papers, and other resources
- Coalescing around new grants and projects (community provided foundation)

Challenges

- Time
 - Limited Administrative Support
 - Minimal Funding Support
 - Less distinction between practice groups over time
 - Changing needs/gaps in an evolving field
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WHERE IS THE SMH FIELD NOW?

Comprehensive School Mental Health Systems – Key Components

- 1. A full array of tiered services**
- 2. Collaborative family-school-community partnerships to address barriers to learning**
- 3. Evidence-based practices and address quality improvement**

Shifts in Health Care and Quality Improvement Efforts

OUT	IN
Volume	Value
Quantity	Quality
Units	Outcomes
Carve out/silos	Integration
Lone rangers	Multidisc teams
Individual	Population
Clinic	Community
Sick care	Wellness
Open-ended entitlements	Global budget



**SCHOOL-BASED
HEALTH ALLIANCE**

Redefining Health for Kids and Teens



School Health Services NATIONAL QUALITY INITIATIVE

Accountability • Excellence • Sustainability

an initiative of the School-Based Health Alliance and the Center for School Mental Health

What is the NQI?

The National Quality Initiative (NQI) is an effort to advance **excellence**, and **sustainability** for school health services nationwide by establishing and implementing an online census and national performance measures for school-based health centers and comprehensive school mental health systems

4-Stage Performance Measure Development

- Phase 1: Expert consensus
- Phase 2: Project advisor nominal group decision-making
- Phase 3: School mental health stakeholder modified Delphi process
- Phase 4: Revision via feedback from Cohort 1 CoIN sites

National Performance Measure Domains:

Quality

CSMHS "Quality" – refers to the characteristics which contribute to or directly represent the overall standard of services and supports provided in schools, based on established best practices in school mental health research, policy and practice.


CSMHS Quality Domains

- Teaming
- Needs Assessment and Resource Mapping
- Screening
- Evidence-based Supports and Services (Tier 1, 2, 3)
- Evidence-based Implementation
- Student Outcomes and Data Systems (Tier 1, 2, 3)
- Data-Driven Decision Making

National Performance Measure Domains: Sustainability

CSMHS "Sustainability" refers to the financial and non-financial dimensions of maintaining or supporting a self-sustaining system over time, in which its operational structure and capacity is sound and can evolve and adapt to match the changing needs of students, families, schools, communities, and other systems in their context.

CMSHS Sustainability Domains

- Funding and Resources
 - Resource Utilization
 - System Quality
 - Documentation and Reporting of Impact
 - System Marketing and Promotion
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The SHAPE System

- The School Health Assessment and Performance Evaluation (SHAPE) System for school mental health systems is an interactive system designed to improve school mental health accountability, excellence, and sustainability.

<http://theshapesystem.com>

www.theshapesystem.com



The screenshot shows the homepage of the SHAPE (School Health Assessment and Performance Evaluation System) website. The header features the SHAPE logo, the full name of the system, and a user profile for Elizabeth Connors. A navigation menu includes links for Home, About Us, How to Register, Privacy/Security, FAQs, Contact Us, and My Account. The main content area is split into two columns. The left column contains a video player with a play button, showing a group of people in a meeting. The right column has a 'Join Us!' section with a 'Join Now' button and a list of benefits for schools and districts. At the bottom, a large banner reads 'Register to Improve Your School Mental Health System' and lists four key features: Free Custom Reports, Strategic Team Planning, Free Resources, and Be Counted, each with a corresponding icon.

SHAPE School Health Assessment and Performance Evaluation System Elizabeth Connors

Home About Us How to Register Privacy/Security FAQs Contact Us My Account

Join Us!

When you click Join Now and answer a few questions, your school mental health system will be counted in the National School Mental Health Census and will receive a Blue Star SHAPE Recognition.

Also, we will use your name and e-mail address to update you on SHAPE System news and resources. Anyone (district/school leader, educator, health/mental health provider, parent, student, etc.) from a school system can join us!

[Join Now](#)

Schools and school districts can use SHAPE to:

- Be counted in the National School Mental Health Census
- Achieve SHAPE recognition to increase opportunities for federal, state, and local grant funding
- Access free, targeted resources to help advance your school mental health quality and sustainability
- Advance a data-driven mental health team process for your school or district

Register to Improve Your School Mental Health System

-  Free Custom Reports
-  Strategic Team Planning
-  Free Resources
-  Be Counted

Change and CoPs

- Reassessing and considering change to fit with evolving field is a part of CoPs
- Not meant to be a static entity
- Important to regularly evaluate what works and what does not work, to evolve with innovations in the field

Annual Conference Tracks & Cross-Cutting Principles

Universal Mental
Health Promotion
(Tier 1)

Mental Health
Prevention
(Tier 2)

Mental Health
Intervention and
Treatment
(Tier 3)

Screening and
Assessment

Multi-tiered System
of Support (MTSS)
Implementation

Funding and
Sustainability

Cultural Responsiveness

Family and Youth
Partnerships

Interdisciplinary
Collaboration

Quality and Evidence-Based
Practice

Data-Driven Decision
Making

Innovative Technology


Nominal Group Decision Making Process

1. What do you like and is anything missing from Conference Track Structure?
2. How can we best engage legacy and new stakeholders in this new structure?
3. How can leverage and partner with: Existing federal and state funded efforts, other TA/Resource Centers, Professional Organizations?
4. How can you and/or your organization support adoption of national performance measures on SHAPE?

Options for Current Practice Groups

- Connect to relevant tracks as makes sense to support topic area
- Keep as is (continue to meet/host webinars/develop resources/meet at annual meeting and during the year). Stay connected and be part of Community Calendar and Resources
- Disband and consider connecting with a particular conference track

Thursday Practice Group Training Session

- Introduce facilitators and get a sense of who is in attendance at the session and why they are interested in the topic
 - Review accomplishments and activities of your group, discuss plans (if any), and brainstorm ideas for the upcoming year related to your topic area
 - Consider new structure for conference tracks and where your topic area fits in
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How the CSMH Can Assist

- Disseminate resources and upcoming events through listserv
- Will add Public CoP section to the CSMH website for core documents and information to be shared
- Consultation to State teams and practice groups around concerns/brainstorming/planned activities
- Assist with hosting webinars if other resources are not available (Goal to share this cost with other Centers and organizations)
- Host biannual leadership meetings (in person (Fall) and virtual (Spring))

WRAP UP

