

*Learn the Dance! Understand the Elements  
to Support SMH from a Community Mental  
Health Center Perspective*



YOUR COURAGE, OUR GUIDANCE  
**FOUR** COUNTY

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# Session Objectives

- **Objective One:** The participant will be able to describe the Community Mental Health Center infrastructure needed to support School Mental Health within communities.
- **Objective Two:** The participant will be able to list three financial strategies to support and sustain School Mental Health initiatives.
- **Objective Three:** The participant will be able to list five non-financial elements imperative to supporting School Mental Health initiatives.

# Infrastructure

- **Administrative Oversight**
  - Tasked with understanding health care and implications for integrating into school settings
  - Developing relationships with school administration
  - Look at the data prior to reaching out to a school
  - Program development/implementation
  - Determining medical necessity versus educational necessity
- **Clinical Services**
  - Understand the demographic through a needs assessment
  - Funneled through the lens of PBIS
  - Integrating technology
- **Policy/Procedure**
  - Whose procedure do you follow and when?
  - HIPPA versus FERPA
- **Contractual Agreements (MOU's)**
  - Clearly outline expectations for schools and clinical providers

# Financial Sustainability Elements

- **Blended or Braided Funding Model**
  - Relying on a single funding stream results in varying abilities to sustain
- **Fee-for-Service**
  - Spend time understanding all elements related to fee-for-service model
  - Stay informed: predict and prepare for health care changes
- **Seed Money**
  - Important for funding new/large initiatives
  - Define where this responsibility lies
- **Contractual Agreements**
  - Demonstrate proof of concept
  - Understand full terms of contractual agreement (contract management)
  - Value-Based Contracting

# Other Sustainability Elements

- **PBIS Integration**
  - Agency policy and associate training
  - Program development on all 3 tiers
- **Cross-Training Opportunities**
  - Associates: internal orientation/professional development
  - Schools: professional development
  - In exchange: schools training mental health professionals
- **Data Collection and Sharing**
  - Utilizing universal screening tools
  - Findings have shown that
    - Reported psychosocial stressors decreased
    - GPA's increased
    - Discipline infractions decreased
  - Share the data results

# Other Sustainability Elements

- **Connections to State-Level Efforts**
  - Create a common language across our state
  - Build a community of practice
  - Collective impact
  - Grant opportunities from multiple systems
  - Bottom-up AND top-down
  - Relationships. Relationships. Relationships.



Questions?

