

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



Getting to Wide-Scale Adoption of Quality, Comprehensive School Mental Health in the U.S.

Discussion of the Initial Recommendations of the Expert Panel on School Mental Health

Friday, Oct. 20, 2017



Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).

Partners- CORE Work group

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Health Resources and Services Administration,

- *Trina Anglin*

Bainum Foundation

- *Nisha Sachsev*

Center for School Mental Health (UMD),

- *Sharon Hoover and Nancy Lever*

School Based Health Alliance,

- *John Schlitt*

Center for Health and Health Care in School (GW University),

- *Olga Acosta-Price and Linda Sheriff*



Workshop Overview

- **Welcome and Overview**
- **Framing our work together**
- **Review of Expert Panel on SMH Meeting outcomes**
- **Group Discussions and Action Steps**
- **Report outs**
- **Wrap up**



Setting the Stage

- ***We know that mental health is essential to successful education and life outcomes. It cannot be an add-on, it must be integrated into a whole-child perspective – Joyce Sebian, Substance Abuse and Mental Health Services Administration***
- ***Over the years we've moved to a recognition of mental health being integral in schools and tremendous advancement in evidence-based practices, multi-tiered systems of support, shared mental health agendas, and performance measurement in school mental health, but there is still much more to accomplish – Nancy Lever, Center for School Mental Health, University of Maryland School of Medicine***
- ***Children's mental health is tied to their entire wellbeing – Olga Acosta Price, Center for Health and Health Care in Schools***
- ***Health affects education and education affects health – Norris Dickard, Department of Education/Office of Elementary & Secondary Education/Office of Safe and Healthy Students***

Framing our Work Together

What might this work look like?

- *22nd Annual Conference on Advancing SMH – Oct 2017*
- *Outreach to key stakeholders/leaders*
- *Engagement/support to SMH leadership*
- *Identify models of excellence*
- *Link with National Community of Practice for School Behavioral Health*
- *Engage stakeholders through multiple partnership venues- conference presentations and sessions/social media*
- *Develop webinars and other mechanisms*
- *Focus groups*

Framing our Work Together

Action Planning

- *What can we do as a group?*
- *What can we do as individuals?*
- *What can my organization do?*



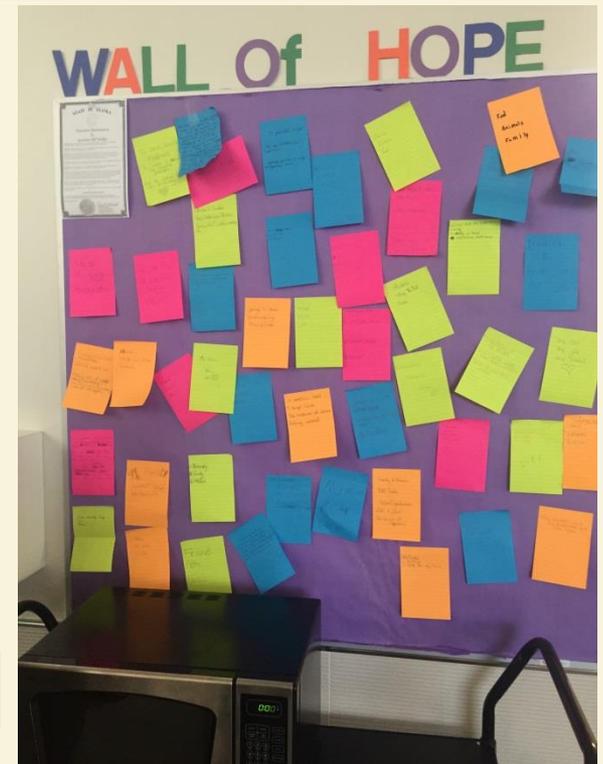


Comprehensive School Mental Health

- **What is it?**
- **Why grow it?**
- **Current Status of the Field**
- **Elements of School Mental Health Quality**
- **Elements of School Mental Health Sustainability**
- **Shaping your System**

Strategies

- **Local**
- **State**
- **Federal and National**



What LOCAL strategies most successfully drive the scaling-up of comprehensive SMH?

- **Gain leadership/community (superintendent, schoolboard, families, etc.) buy-in**
- **Designate resources and time (i.e., funding strategies, connect needs with payment capacity, referral coordination, time)**
- **Engage in data reporting, sharing, and continuous quality improvement for successful outcomes; and carefully monitor outcomes**

What STATE strategies most successfully drive the scaling-up of comprehensive SMH?

- **Develop training and implementation initiatives, including: an annual state School Mental Health conference, website, and TA on how to work in schools, cross-system provider training, EBP selection and implementation support, and state-specific funding guidance**
- **Promote cross-sector engagement, goal-setting, and decision making (including communities)**
- **Coordinate “Council” (including superintendent and other state officials) to include substructures/workgroups that also incorporate private partners or local representatives with SMH as a priority for all involved**

Discussion-Key Questions



- Prioritize- What recommendation you want to discuss? What “grabs” your attention?
- How could we make this idea work? (in my community? State? National level?)
- Did we miss anything? Are there gaps that need to be addressed?

Suggested Discussion Group Process

- **Identify a recorder**
- **Capture your groups ideas on the Easel paper**
- **Record ideas on the Discussion Guide provided**
- **Turn in to workshop leaders**

Wrap up



Thank you!

Complete your evaluation



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