

# SCHOOL LINKED SERVICES

The 2018 Annual Conference on Advancing School Mental Health  
October 12, 2018



Maretta Juarez, LCSW, Family and Children's Division Director

Cha See, PhD, SLS Program Manager

Fabian Castaneda, LMFT, Mental Health Program Specialist

# PRESENTATION OBJECTIVES

By the end of the presentation, participants will be able to:

1. Understand and discuss the School Linked Services (SLS) model
  - A. SLS Planning Process
  - B. Theory of Change
  - C. Community-school-family Partnership Process
2. Describe SLS strategies to provide streamlined school-based behavioral health services
3. List some of the SLS behavioral health and family engagement outcomes



# SCHOOL LINKED SERVICES MODEL



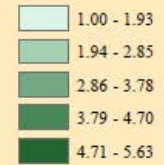
# SLS PLANNING PROCESS

Santa Clara County  
Behavioral Health Services

## Prevention and Early Intervention Planning

### 2013 Risk Rating Average By Zip Code

#### Zip Code Risk Indicators

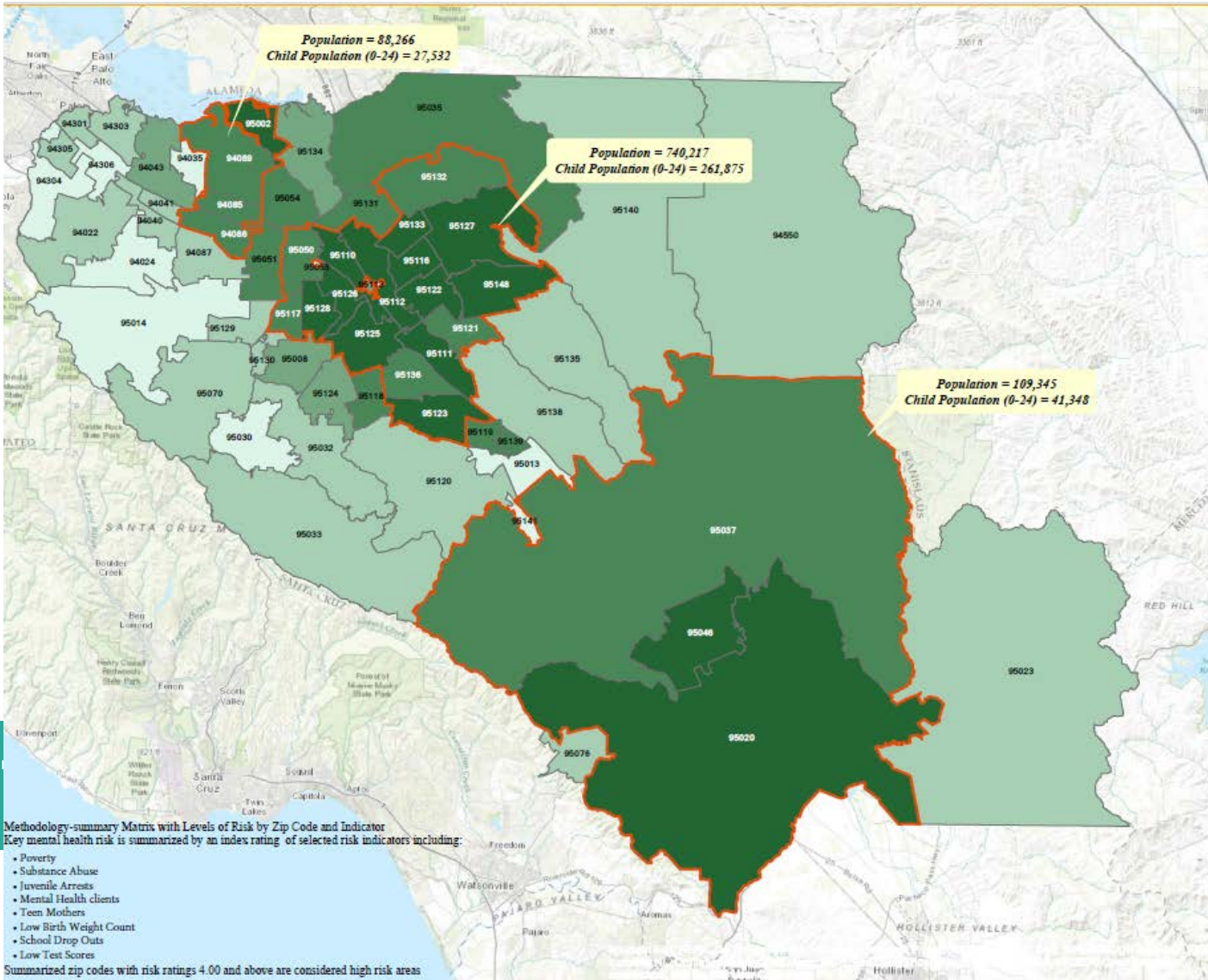


High Risk Areas: Zip Codes with Risk Rating 4.00 and above

For each risk indicator, the zip code that falls within the highest bracket of incident numbers (the top 1/6 of those listed) are identified with the number six ("6") and the zip code that falls within the lowest bracket (the bottom 1/6 of those listed) are identified with the number one ("1"). The average risk indicator incident number for each zip code has been calculated by totaling the indicator scores and dividing the total by the number of indicators with available data (which ranges from four to ten). Average risk indicator ranges from 1.00 to 5.63. Zip codes that have a risk rating average of 4.0 or higher are shaded in dark shades of green and zip code borders are outlined in red, identifying areas with risk rating average of 4.0 or higher as potential high areas in the county.



Data Source: Prepared August 2016 by MHD Decision Support



Methodology-summary Matrix with Levels of Risk by Zip Code and Indicator  
Key mental health risk is summarized by an index rating of selected risk indicators including:

- Poverty
- Substance Abuse
- Juvenile Arrests
- Mental Health clients
- Teen Mothers
- Low Birth Weight Count
- School Drop Outs
- Low Test Scores

Summarized zip codes with risk ratings 4.00 and above are considered high risk areas

# SLS DISTRICTS

- Thirteen (13) partnering school districts.
- SLS Coordinator at each school district.

School Districts	
Alum Rock Union School District **	Franklin McKinley School District
Campbell Union School District **	Luther Burbank School District
East Side Union High School District **	Morgan Hill Unified School District
Gilroy Unified School District **	Mt. Pleasant Elementary School District
Mountain View Whisman School District **	Oak Grove School District
	San Jose Unified School District
	Milpitas Unified School District
	Fremont Union High School District

*\*\* Includes Feeder Model Schools to facilitate continuity of services among families between elementary and middle or middle and high schools.*



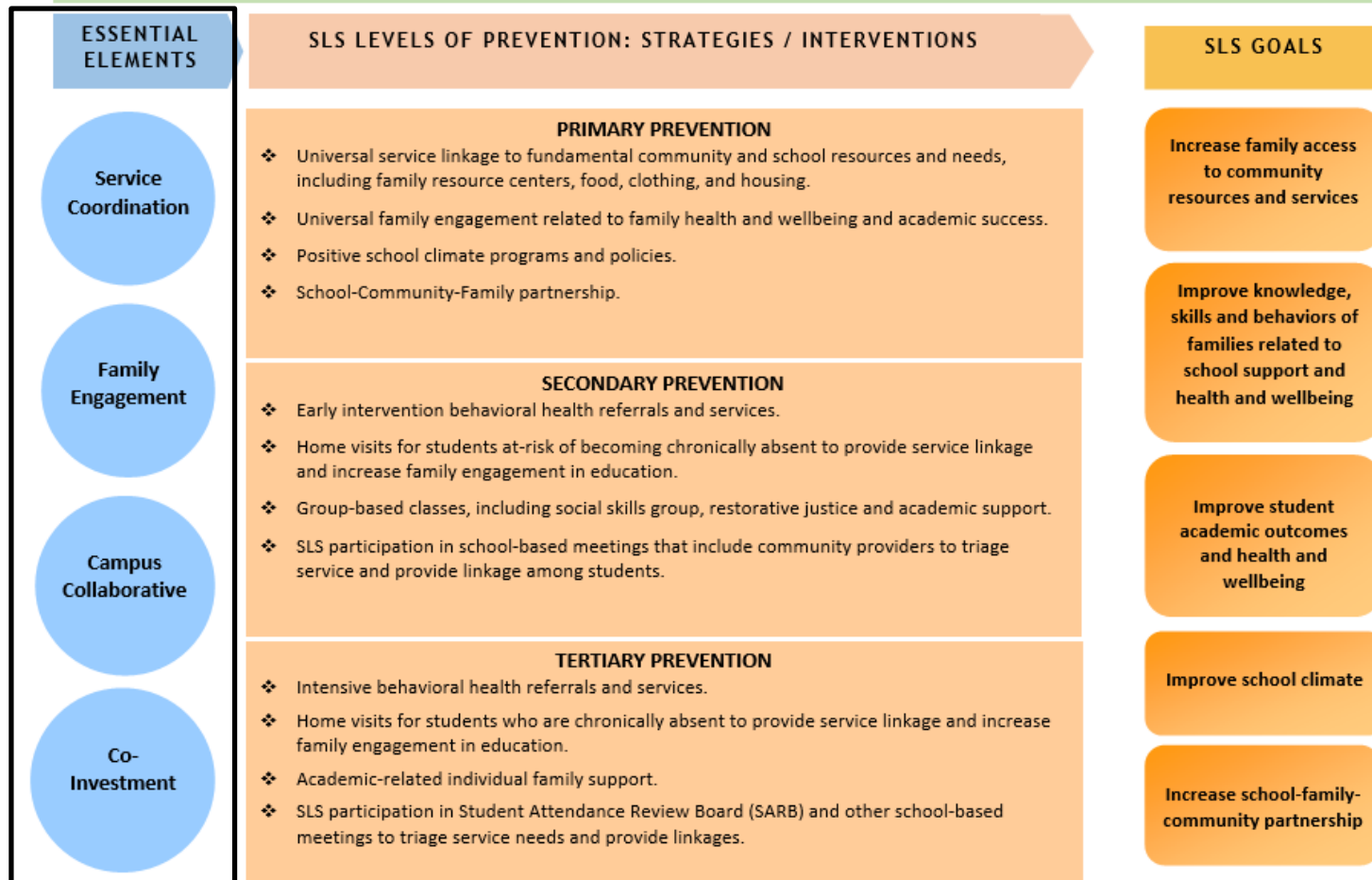


# SANTA CLARA COUNTY SCHOOL LINKED SERVICES FRAMEWORK



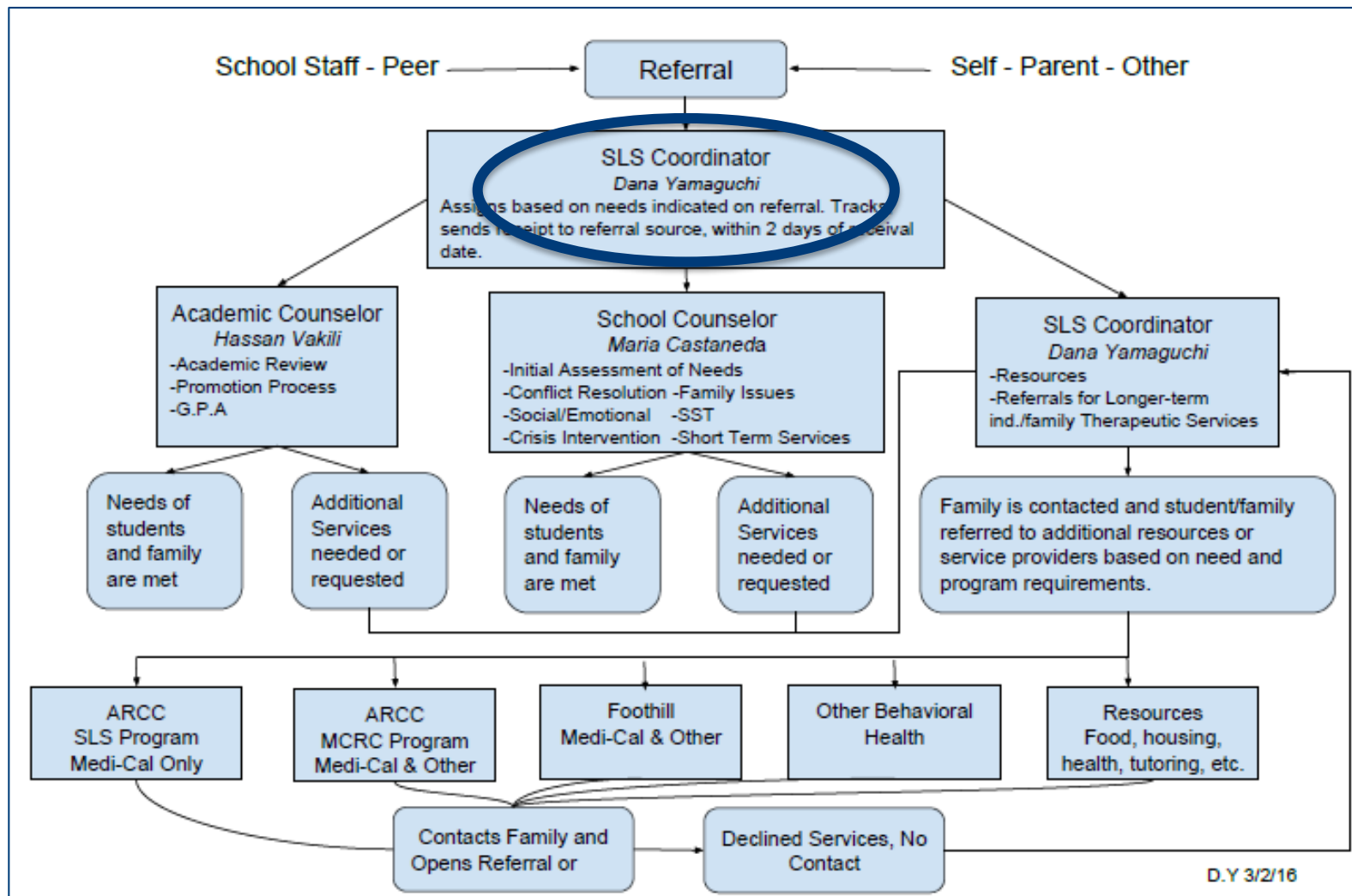
**VISION:** All children and youth have the opportunity to enjoy health, well-being, learning, safety, connectedness and success.

**MISSION:** By serving the needs of the child and family through coordinated, integrated approaches on school campuses, SLS will create equitable opportunities within schools and communities.

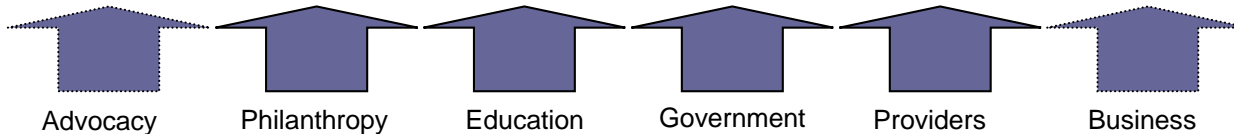
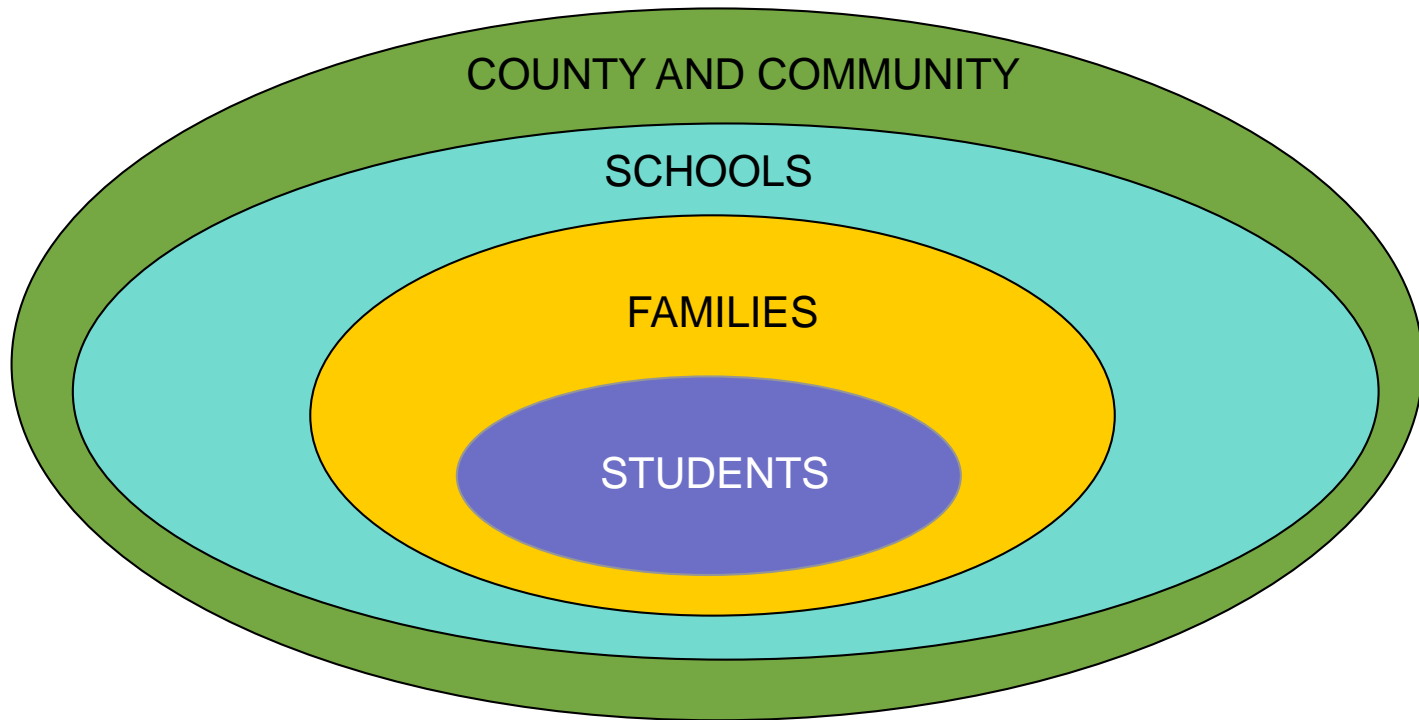


Students and Families - School Districts - Community Based Organizations - County Agencies

# SLS COORDINATOR REFERRAL PROCESS



# COMMUNITY-SCHOOL-FAMILY PARTNERSHIP: SOCIAL ECOLOGICAL MODEL



Co-Investments in Strengthening Community, Family Resilience, and Student Success



# COMMUNITY-SCHOOL-FAMILY PARTNERSHIP: CAMPUS COLLABORATIVE

The Campus Collaborative (CC) meetings inform school-wide family engagement opportunities and helps build and sustain community-school-family partnerships.

## Campus Collaborative Member

- School Administrators
- Students
- Family members
- Community service providers
- Law enforcement agencies
- Faith-based organizations
- Community center directors
- Stakeholders



# PARTNERSHIPS DEVELOPED THROUGH COLLABORATION



**PROJECT  
CORNERSTONE**



**STRENGTHENING  
*Families* PROGRAM**



**Healthier Kids  
Foundation  
Santa Clara County**



# STREAMLINED SCHOOL-BASED SERVICES



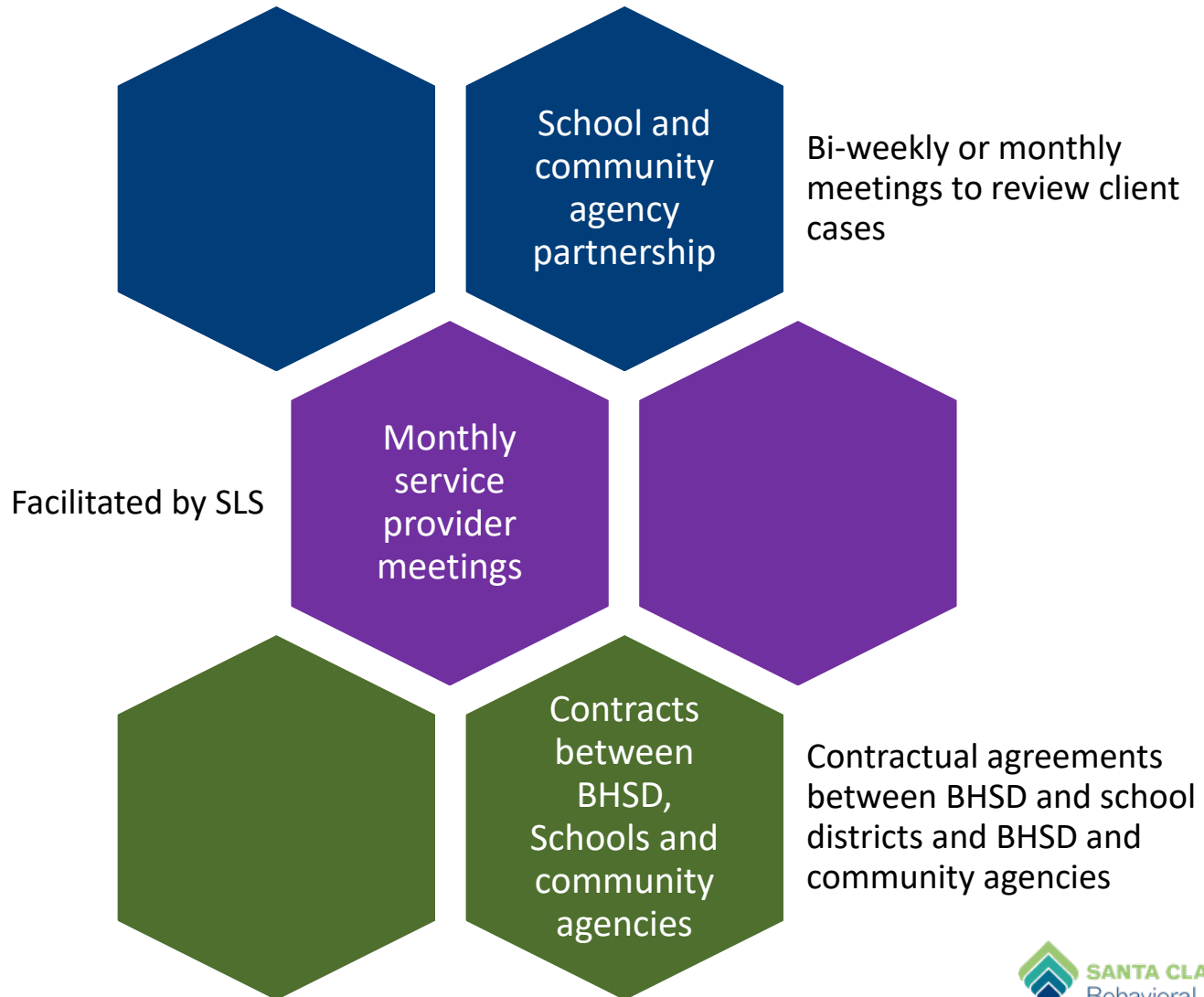
# SCHOOL-BASED BEHAVIORAL HEALTH SERVICES

- Community-based organizations provide behavioral health services at schools and in community.

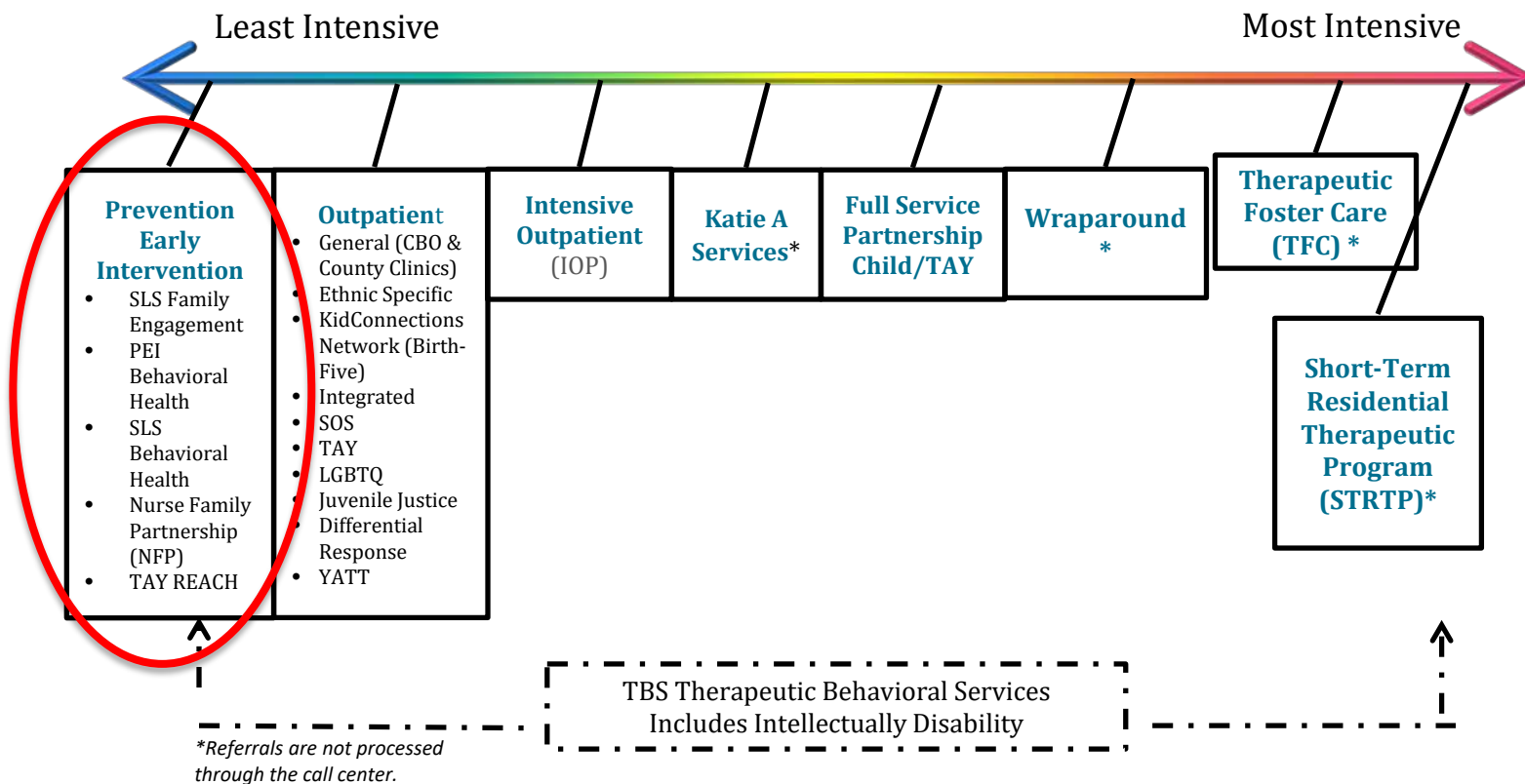
	Prevention and Early Intervention (PEI) Providers	School Linked Services (SLS) Providers
<b>Organizations</b>	<ul style="list-style-type: none"> <li>• Alum Rock Counseling Center</li> <li>• Catholic Charities of Santa Clara County</li> <li>• Children’s Health Council</li> <li>• Community Solutions</li> <li>• Rebekah’s Children Services</li> <li>• Uplift Family Services</li> </ul>	<ul style="list-style-type: none"> <li>• Alum Rock Counseling Center</li> <li>• Bill Wilson Center</li> <li>• Children’s Health Council</li> <li>• Community Solutions</li> <li>• Gardner Family Care Corp.</li> <li>• Rebekah Children’s Services</li> <li>• Starlight</li> <li>• Uplift Family Services</li> </ul>
<b>Number of schools</b>	Across 11 school districts among 64 schools.	Across 13 school districts among 73 schools.

Updated: 5/2018

# STREAMLINED SERVICES FACILITATED BY SLS: MULTIPLE MOVING PARTS



# BHSD FAMILY & CHILDREN'S DIVISION COORDINATED CONTINUUM OF CARE



# PEI AND SLS SERVICES

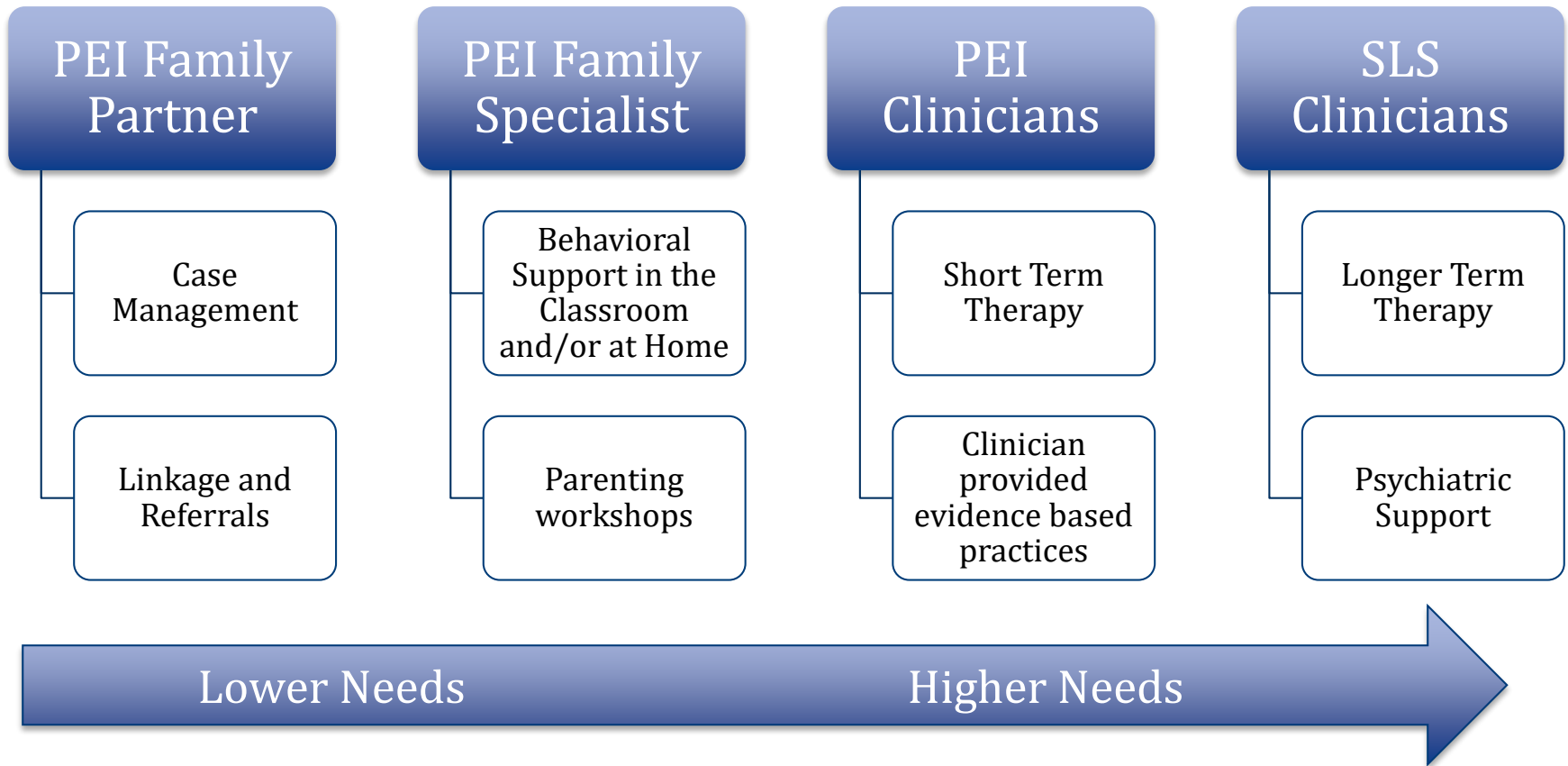
## PEI

- Prevention and early intervention (PEI) services to children and their families
- Eligibility based on school, regardless of insurance status
- PEI teams consist of Family Partners, Family Specialists, and Clinicians
- Average service of 3-6 months
- Services at school, home, and/or in the community

## SLS

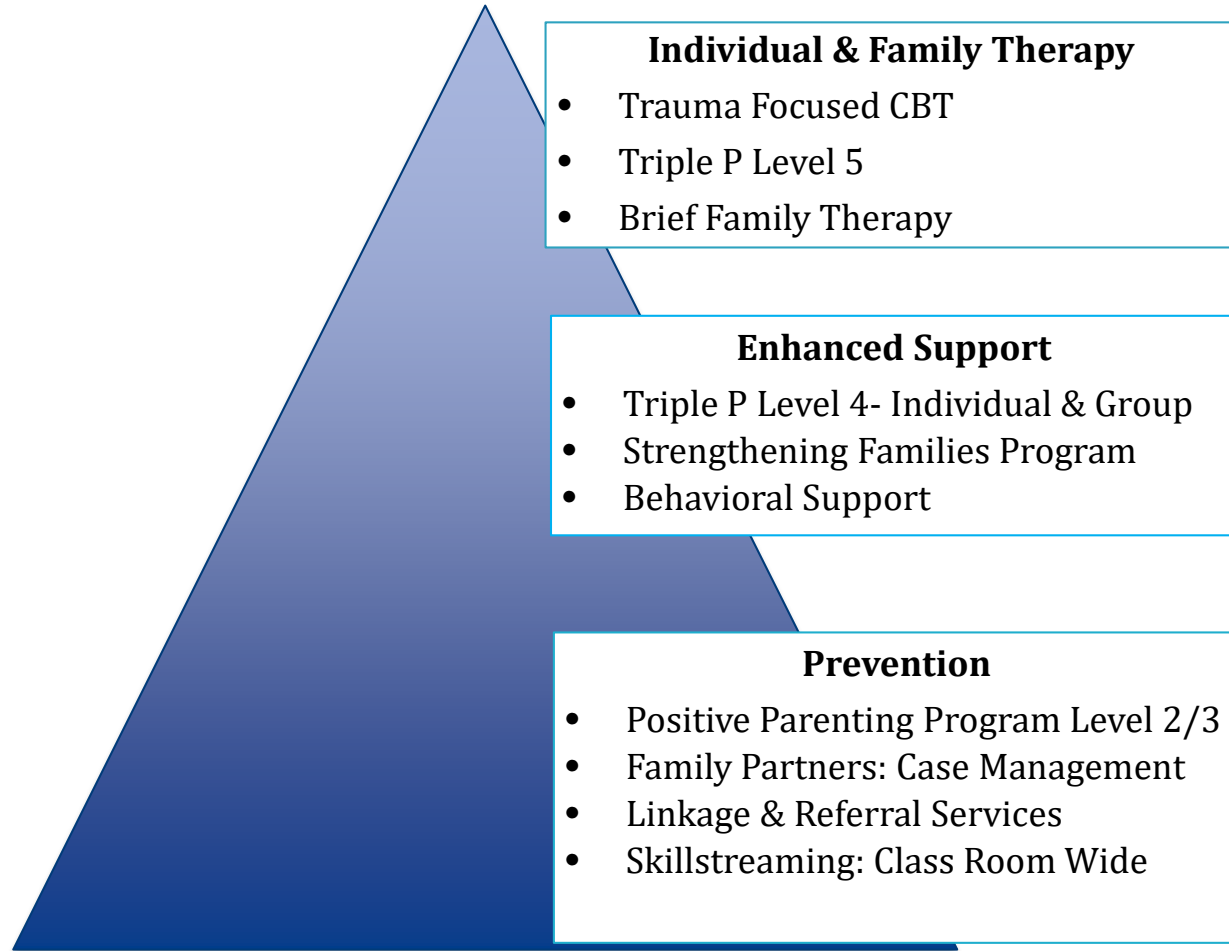
- Youth must meet medical necessity
- Medi-Cal required
- Access to child psychiatry services
- Services are longer term – average of 8 months
- Services at school, home, and/or in the community

# PEI AND SLS IN COLLABORATION CONTINUUM OF CARE





# EVIDENCE BASED PRACTICES: MULTI-TIERED SYSTEMS OF SUPPORT



# FISCAL YEAR 2018 (JULY 1, 2017 - JUNE 30, 2018) HIGHLIGHTS

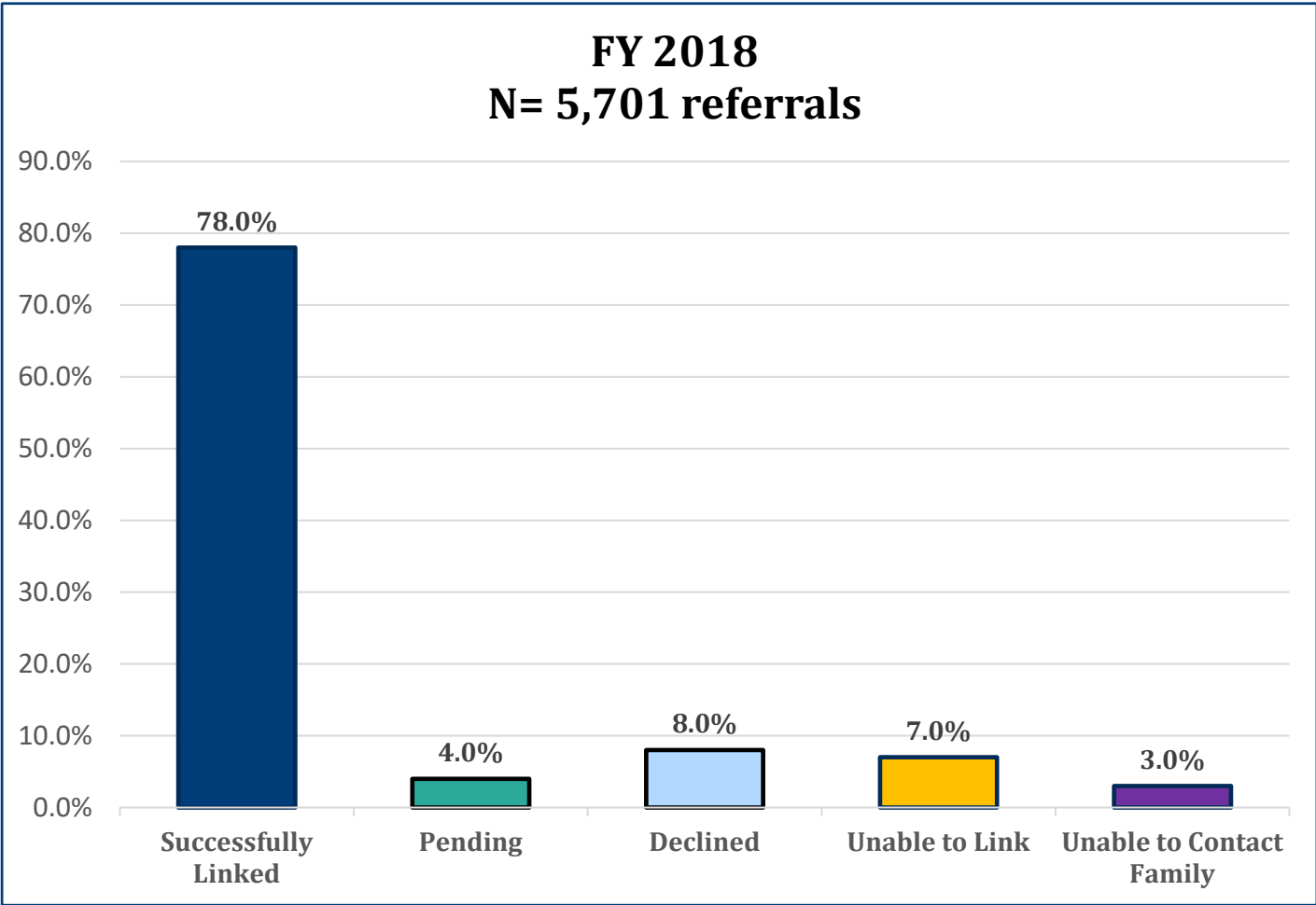


## DEMOGRAPHICS

A total of **6,273 unduplicated students** received SLS (i.e., service linkage or family engagement) across the 13 school districts.

- **Gender**: Male (54%) vs. Female (46%).
- **Age groups**: 0-15 (94%) vs. 16-25 (6%).
- **Race/Ethnicity**: Hispanic/Latino (78%), Asian (9%), Caucasian (6%), Multiracial/Other (4%), and African American (3%).
- **Primary language**: Spanish (56%), English (37%), Vietnamese (4%), Other, including Tagalog, Mandarin and Arabic (3%).

# COORDINATION: REFERRAL STATUS



# SCHOOL-BASED BEHAVIORAL HEALTH EVALUATION

The **Youth Outcome Questionnaire (YOQ)** showed an improvement in child life functioning (N=139)

Domains	Pre Score Average	Post Score Average
Interpersonal Distress	11.2	8.9
Interpersonal Relations	3.5	2.8
Social Problems	2.2	1.4
Somatic Issues	3.5	2.8
Behavioral Dysfunction	9.2	7.4

The **Outcome Questionnaire** showed that parent functioning improved on all subscales from pre- to post-test (n=146)

Domains	Pre Score Average	Post Score Average
Symptoms Distress	15.36	11.95
Interpersonal Relations	8.51	7.82

# A VARIETY OF FAMILY ENGAGEMENT PROGRAMS EACH YEAR



## FAMILY ENGAGEMENT POST SURVEYS

- Administered after a family engagement program at schools (N= 528 post surveys)

### Following their participation in SLS activities...

Many families (93%) were very confident that they knew who to go to for help at their schools.

Most also felt strongly that their schools provided them with tools to improve their children's academic success (92%), advocate for their children (91%) and support their children's health and wellbeing (88%).

a large majority of families expressed that their experience participating in an SLS program made them feel much more connected to the school community (95%) as well as comfortable and welcomed (97%).

Many families learned new things that would help change the way they interact with their children (94%) and also learned about available resources for their families (96%).

The majority of families that attended an SLS program would recommend SLS to other families (97%).

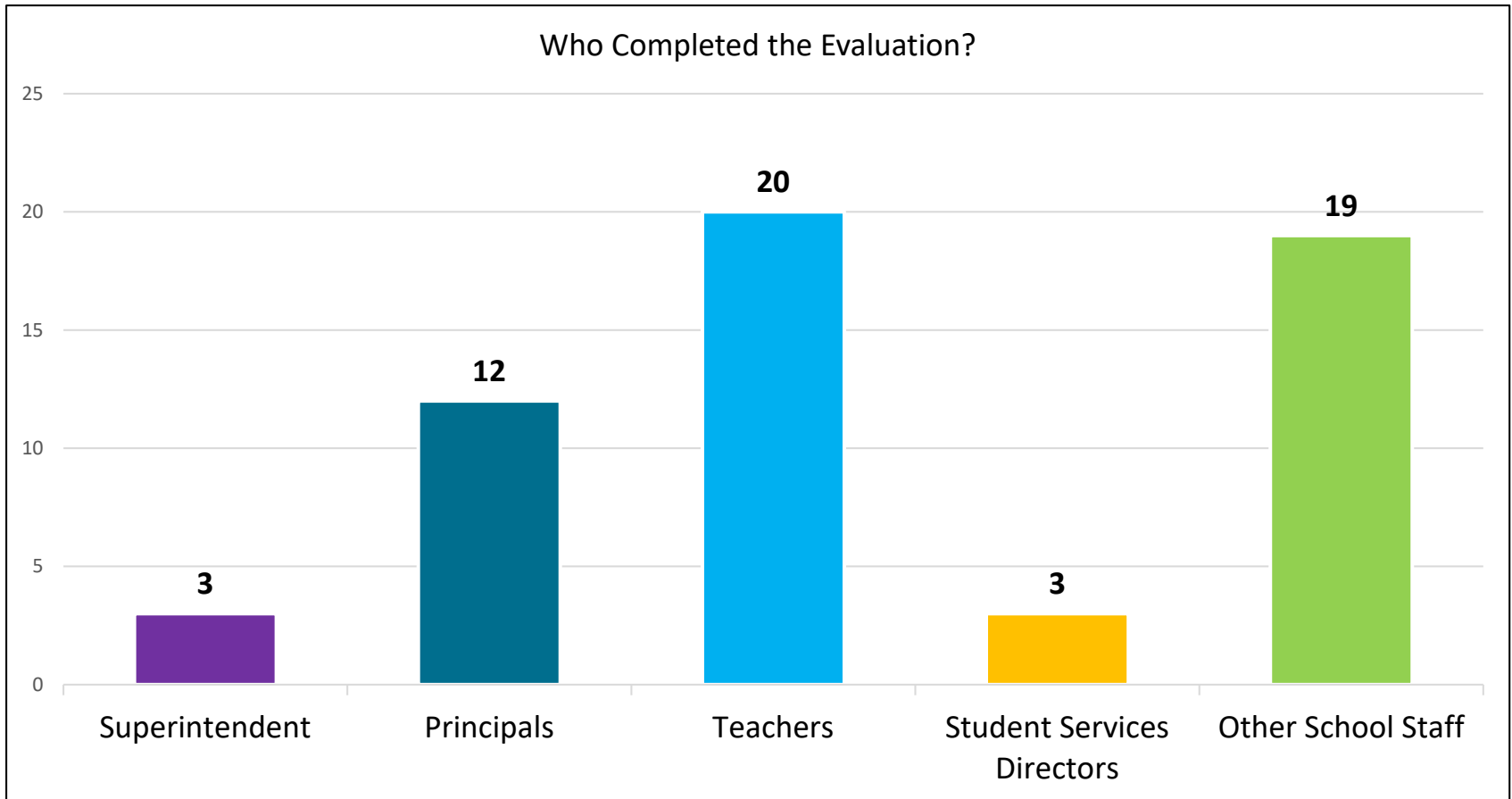
## SLS SCHOOL ASSESSMENT IN FY 2018

- Likert Scale survey (1=Strongly Disagree to 5=Strongly Agree) conducted via SurveyMonkey in April 2018 across 13 partnering school districts.
- Survey circulated among the School Linked Services (SLS) Coordinators, Director of Students Services and School Superintendents.
- Questions pertained to knowledge, perception and practices of schools related to the following items:
  - Support among Students and Families
  - Impact on Family Engagement and School Climate
  - Impact on Academic Support
  - Impact on School Policies and Practices

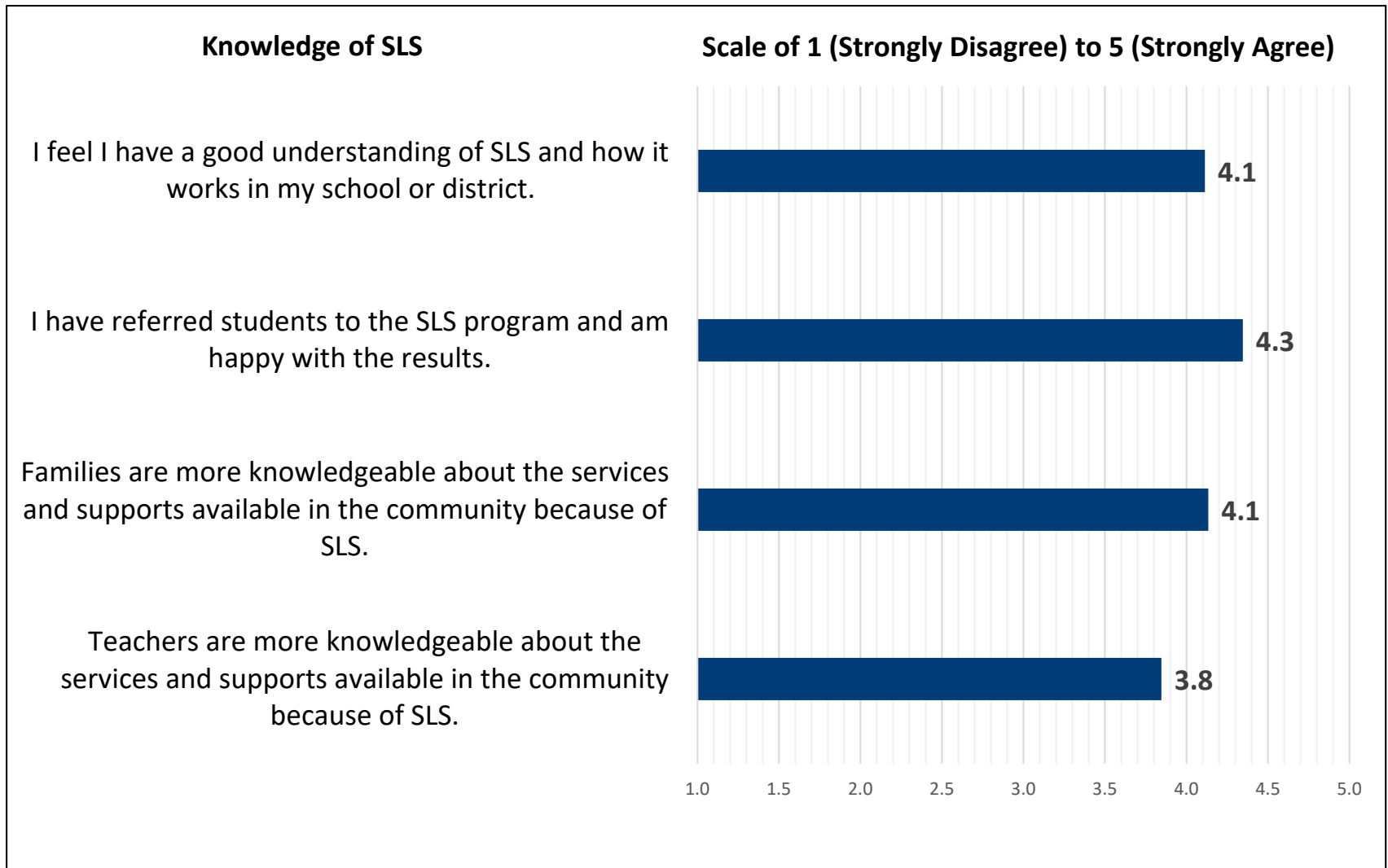


# DEMOGRAPHICS

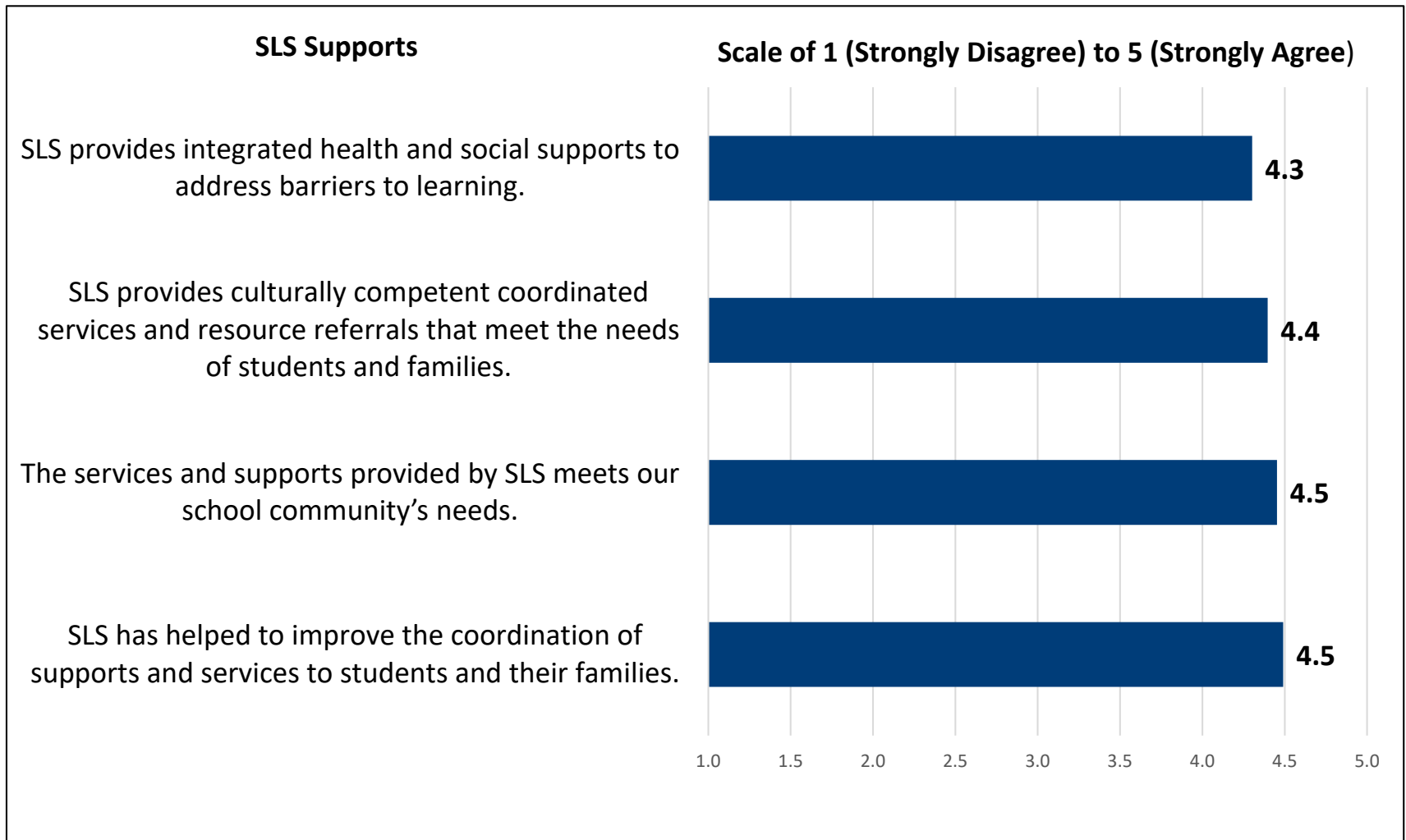
- Fifty-seven (57) participants completed the assessment.
- Majority of survey participants (n=33) have been in their current role for over three years.



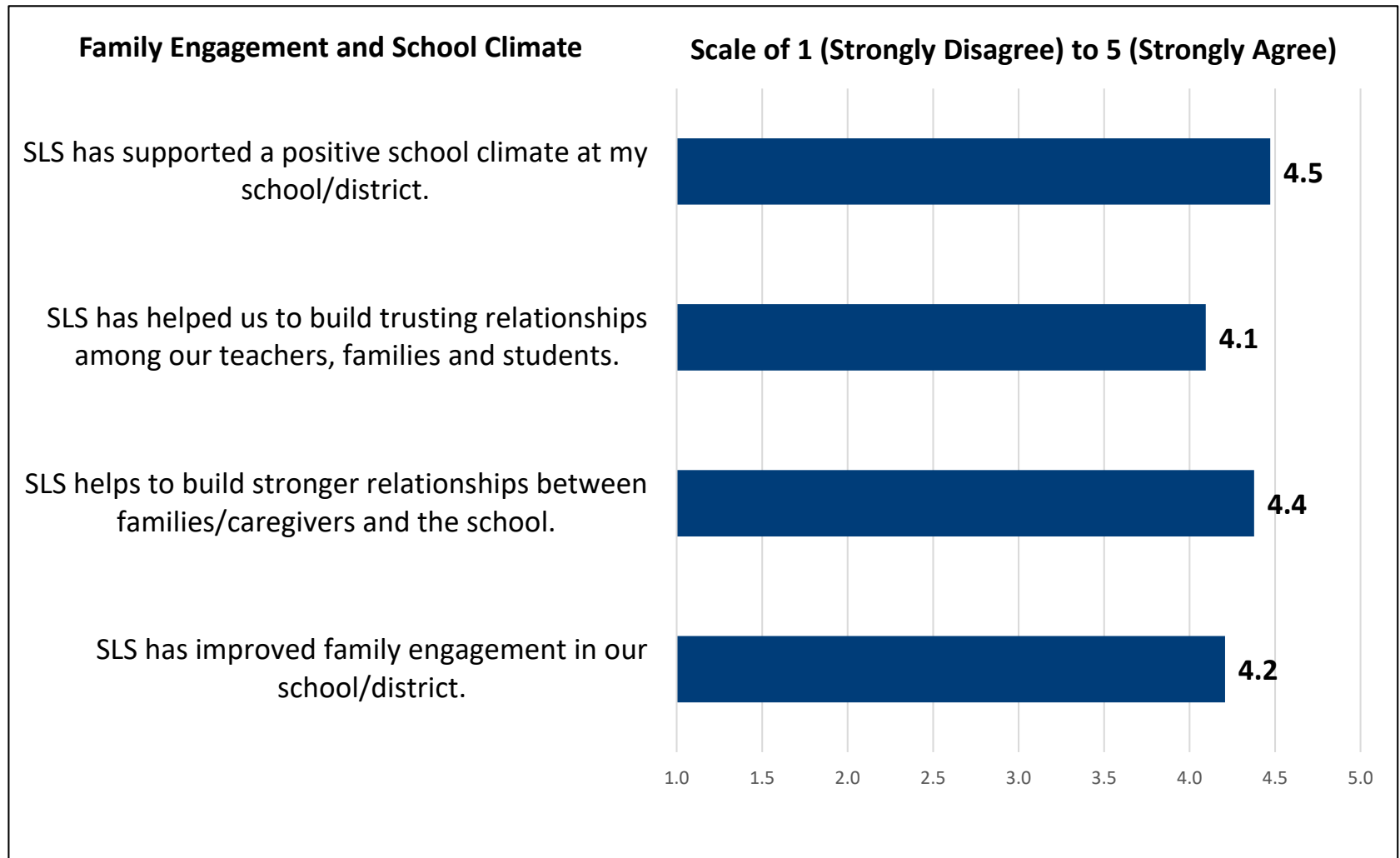
# SLS KNOWLEDGE



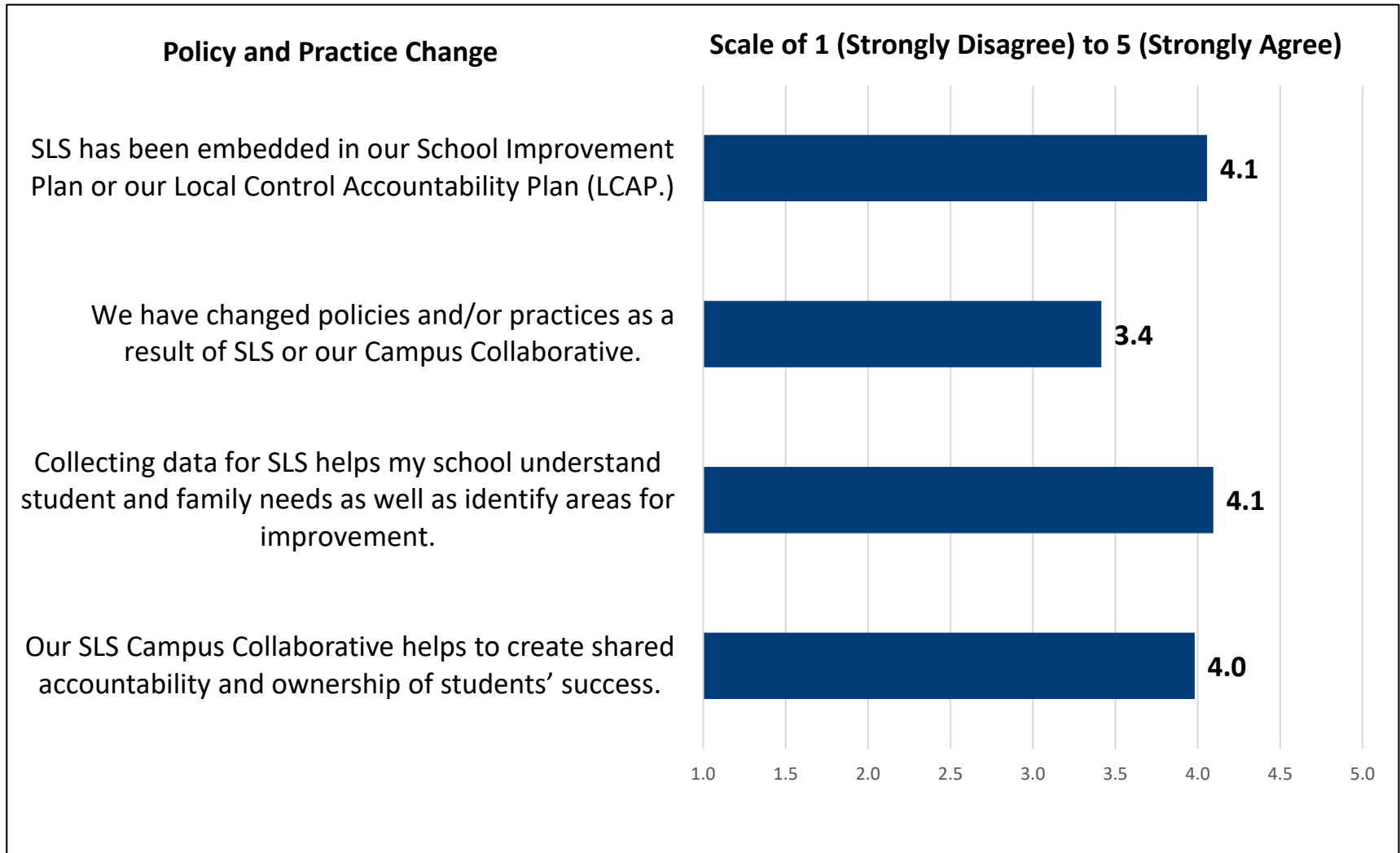
# SLS SUPPORT



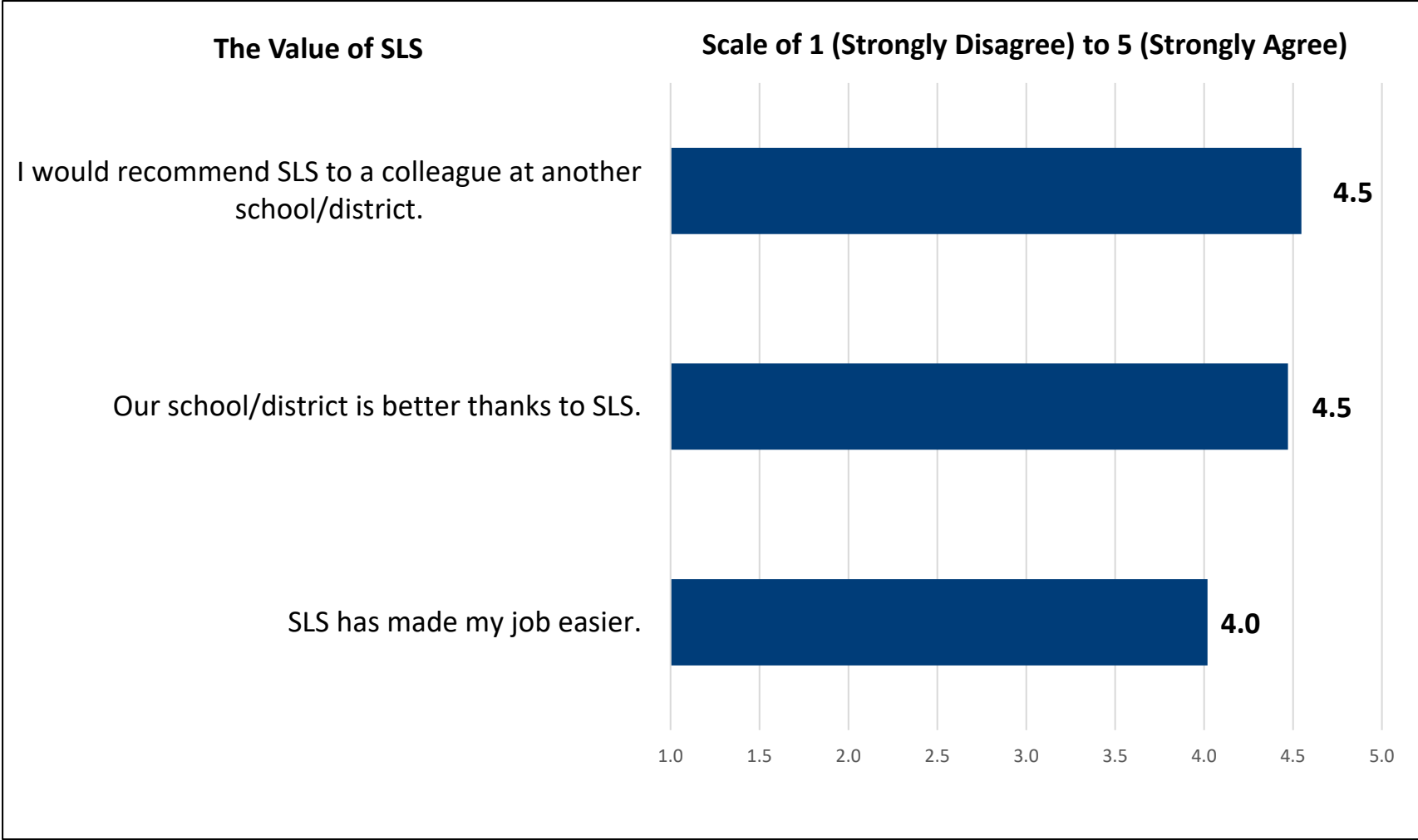
# FAMILY ENGAGEMENT AND SCHOOL CLIMATE



# POLICY AND PRACTICE CHANGE

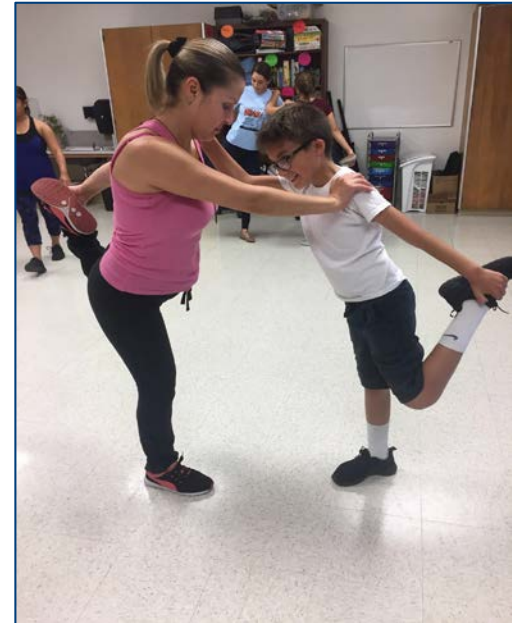


# SLS VALUE



# QUALITATIVE FINDINGS

- SLS is a huge asset in our school. It is the easiest way for most parents to get connected with the school in a meaningful way.
- We are able to be the bridge for many families that have difficulty navigating the community for resources and support
- I think this is a very important part of our school and definitely helps to build community between parents, teachers, students and the district as a whole.
- Having one person taking referrals and making sure they are sent to the right agency makes a world of a difference. Our SLS coordinators brought in resources and developed a process that works for our school.
- Countless health services and education opportunities are available at no cost to families who otherwise could not afford them. For example, students have access to free glasses, and we have a food distribution program each week for families who qualify.



## LESSONS LEARNED

1. SLS addresses multiple community-based behavioral health needs among children and families through a prevention and early intervention approach.
  - a. ***Overall, results demonstrate the support/treatment provided to parents improved both child and parent functioning.*** Clinically it seems that families are responding to the treatment and developing important skills needed for change.
2. Current evaluation shows positive impact in terms of a) behavioral health support on school campuses 2) family engagement outcomes, and 3) service coordination for families.
3. Refining evaluation plan to capture potential association between SLS and academic outcomes as well and impact on overall health and wellbeing.



# THANK YOU



Cha See, PhD, SLS Program Manager:

[Cha.see@hhs.sccgov.org](mailto:Cha.see@hhs.sccgov.org)

Fabian Castaneda, LMFT, Mental Health Program Specialist:

[Fabian.castaneda@hhs.sccgov.org](mailto:Fabian.castaneda@hhs.sccgov.org)