



# Supporting Student Success: School-Based Health Centers and School-Based Mental Health Services, a winning partnership

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**School-Based Health Alliance**  
**Washington, DC**



# Introductions and Icebreaker

How many of you are:

- Administrators?
- Primary care providers?
- Nurses?
- Behavioral health providers?
- Community or outreach workers?
- Health educators?
- Support staff?
- Other?

Who has a SBHC?

Who has SBMH services?





**SCHOOL-BASED  
HEALTH ALLIANCE**  
Redefining Health for Kids and Teens

## We are

The national SBHC advocacy, technical assistance and training organization based in Washington DC, founded in 1995

## Our Mission

To improve the health status of children and youth by advancing and advocating for school-based health care



## Our Goals

1. Support strong school-based health care practices
2. Be the national voice
3. Expand and strengthen the SBHC movement
4. Advance policies that sustain SBHC

# Objectives

1. Identify SBHC nuts and bolts including: start up tools, core competencies, business planning and sustainability, models, capacity building, and their correlation to student achievement.
2. List the Standardized National Performance and Business Measures including best practices for SBHCs.
3. Describe at least three ways mental health services may be included in school-based health centers.



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# SBHC 101



2013-14

Census of School-Based Health Centers

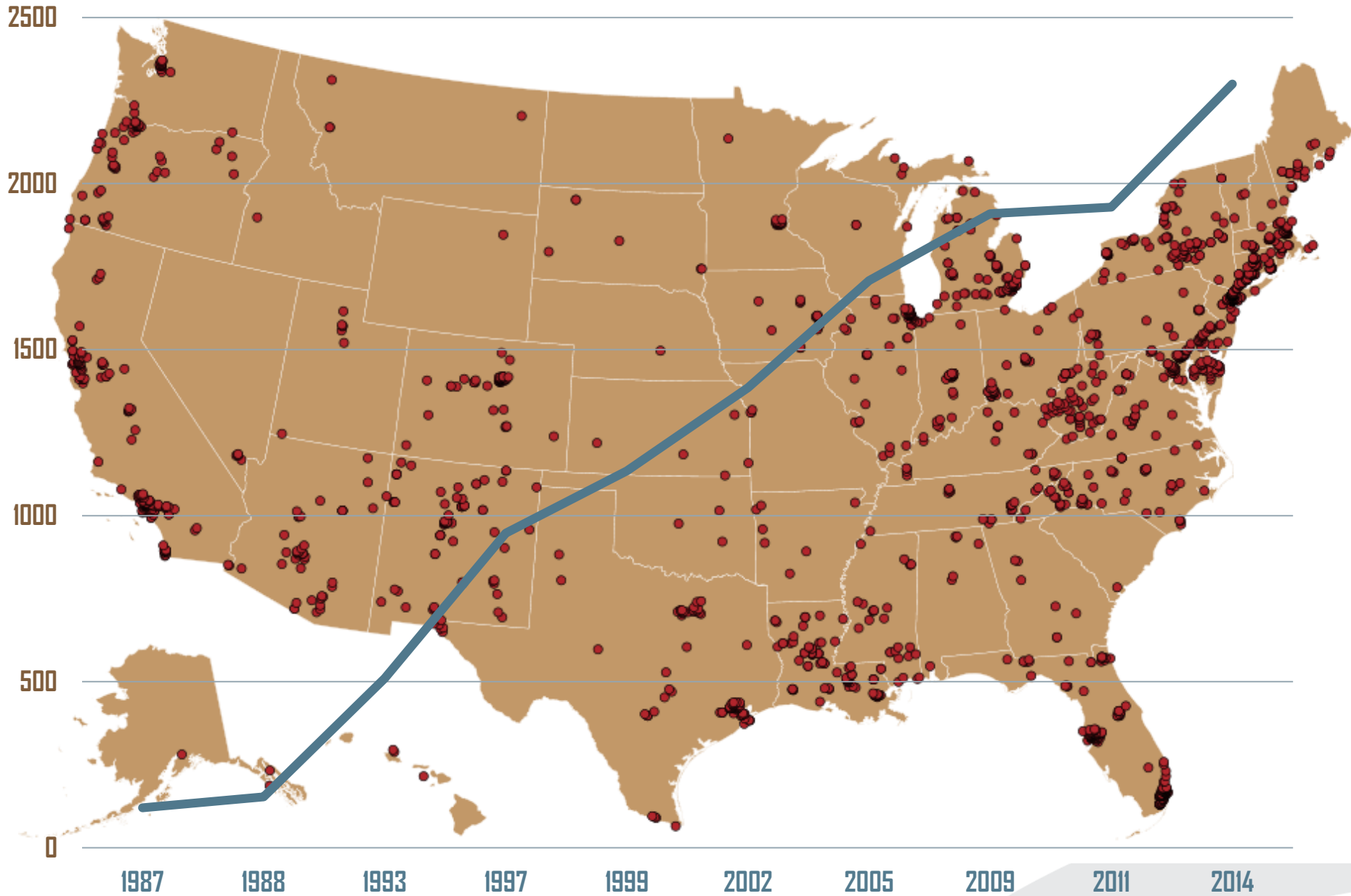
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Redefining Health for Kids and Teens



**2,315 SBHCs**  
**in 49 of 50 states**

and in the District of Columbia, Puerto Rico, and the Virgin Islands.

# Our Organization has Contributed to Growth of SBHCs, 1987-2016

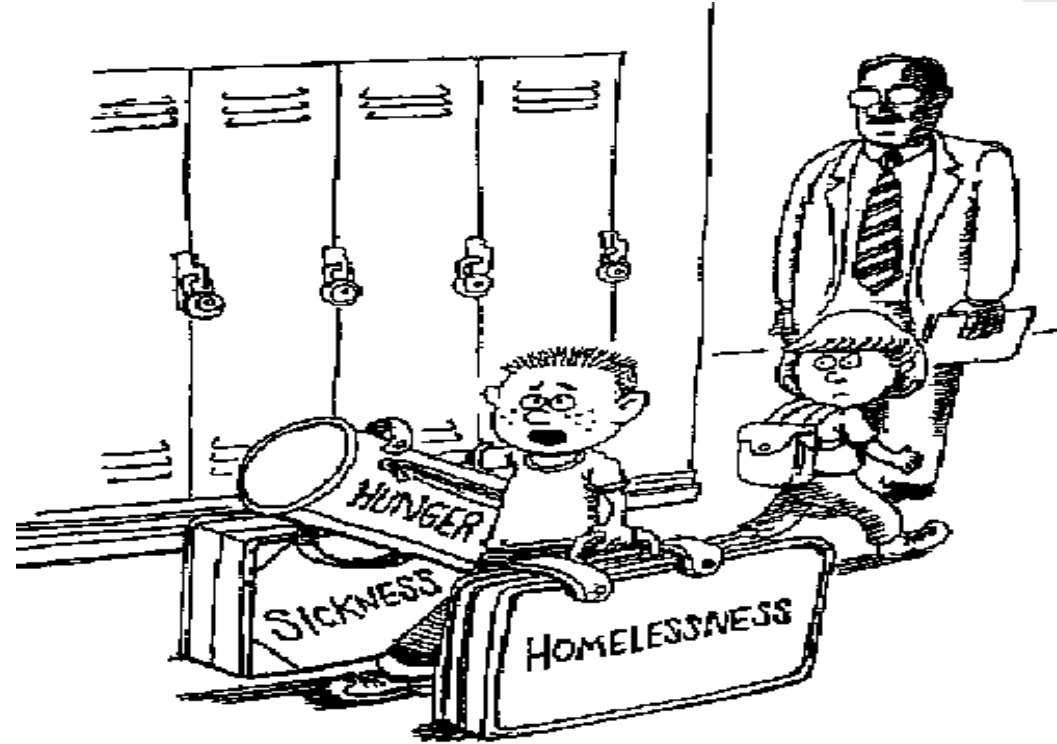




## What attributes for this growth?

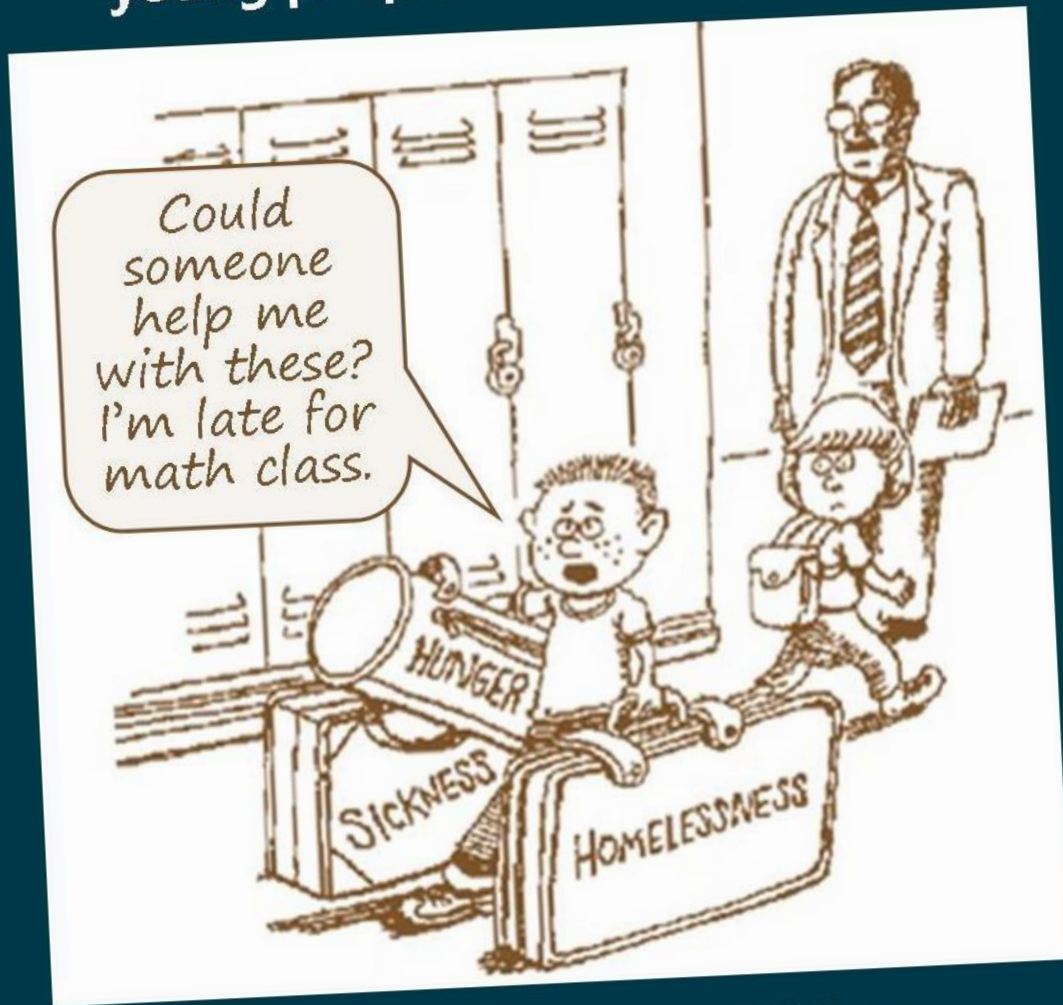
- ✓ Evidence-based practices
- ✓ Academic success as an outcome
- ✓ Adaptable models

*"Can someone help me with these? I'm late for math class."*





Only when we meet our most vulnerable young people where they are...



...do we afford ALL children the opportunity to thrive



## SCHOOL-BASED HEALTH ALLIANCE

Redefining Health for Kids and Teens

Working at the intersection of health and education

Addressing unmet needs that interfere with learning and lead to addiction and other social issues

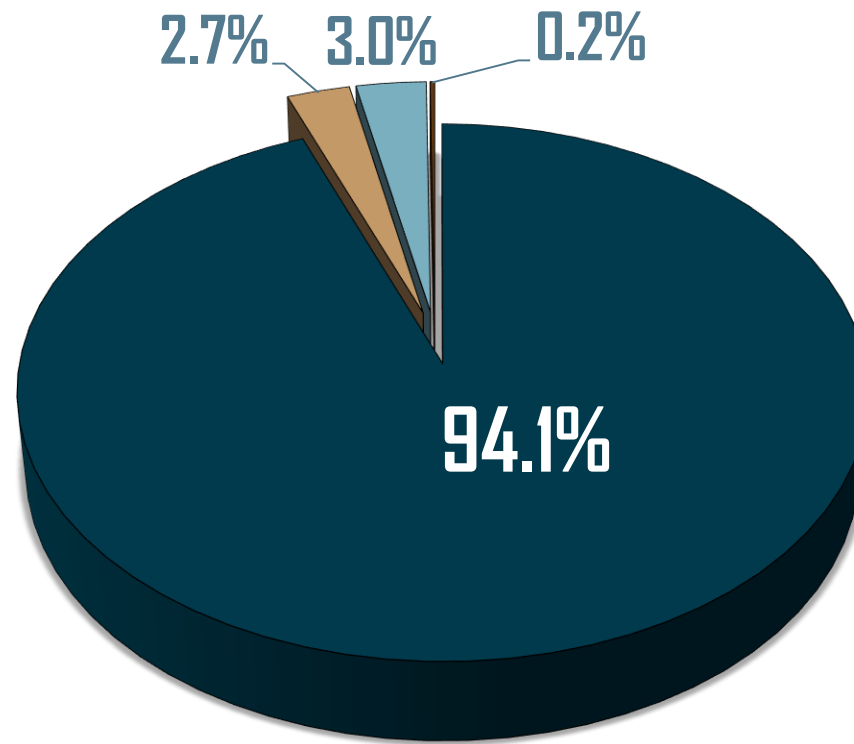
Supporting prevention and developmentally appropriate treatment within the safe and confidential setting of

**SCHOOL-BASED HEALTH CENTERS**



# 1. Access

## Health Center Location



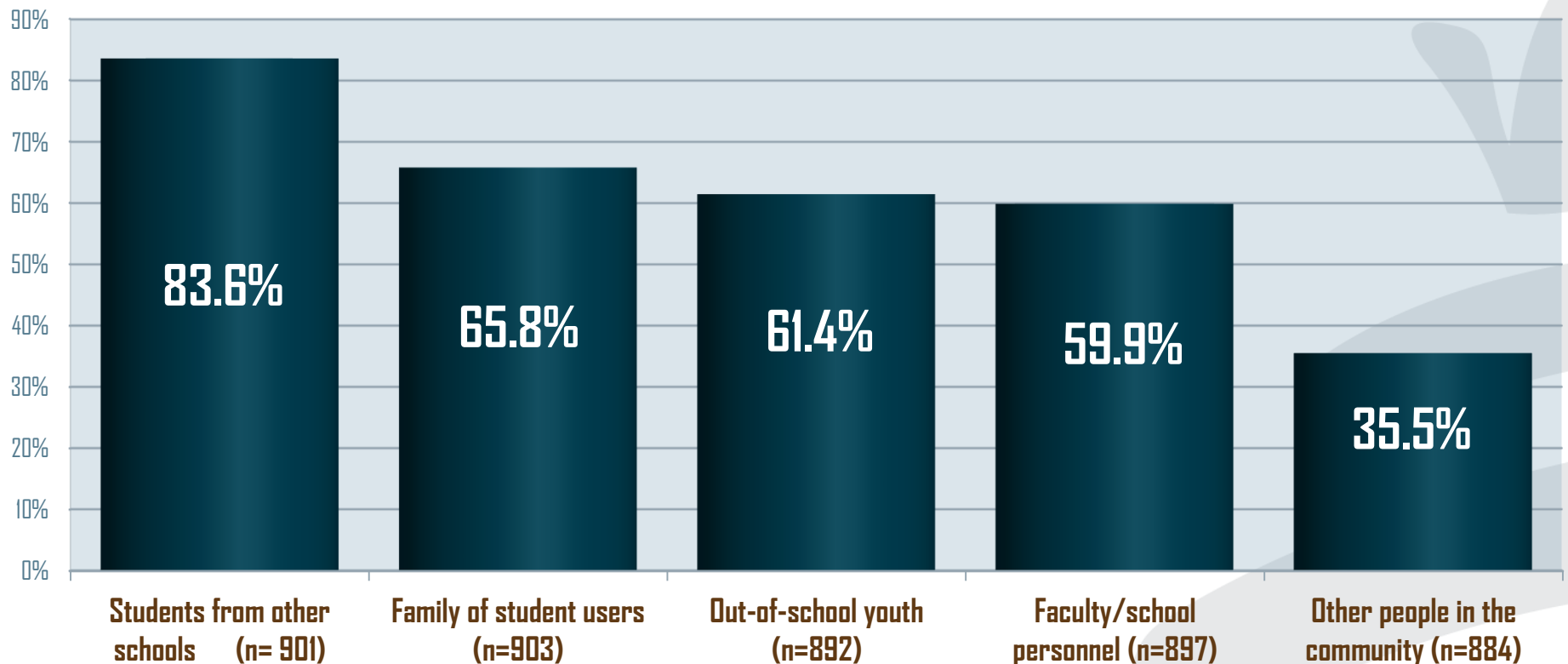
- In school building or on school property
- Beyond school property
- Mobile program
- Telehealth only site

55.9%

of SBHCs serve a population other than students enrolled in their school

(n=1234)

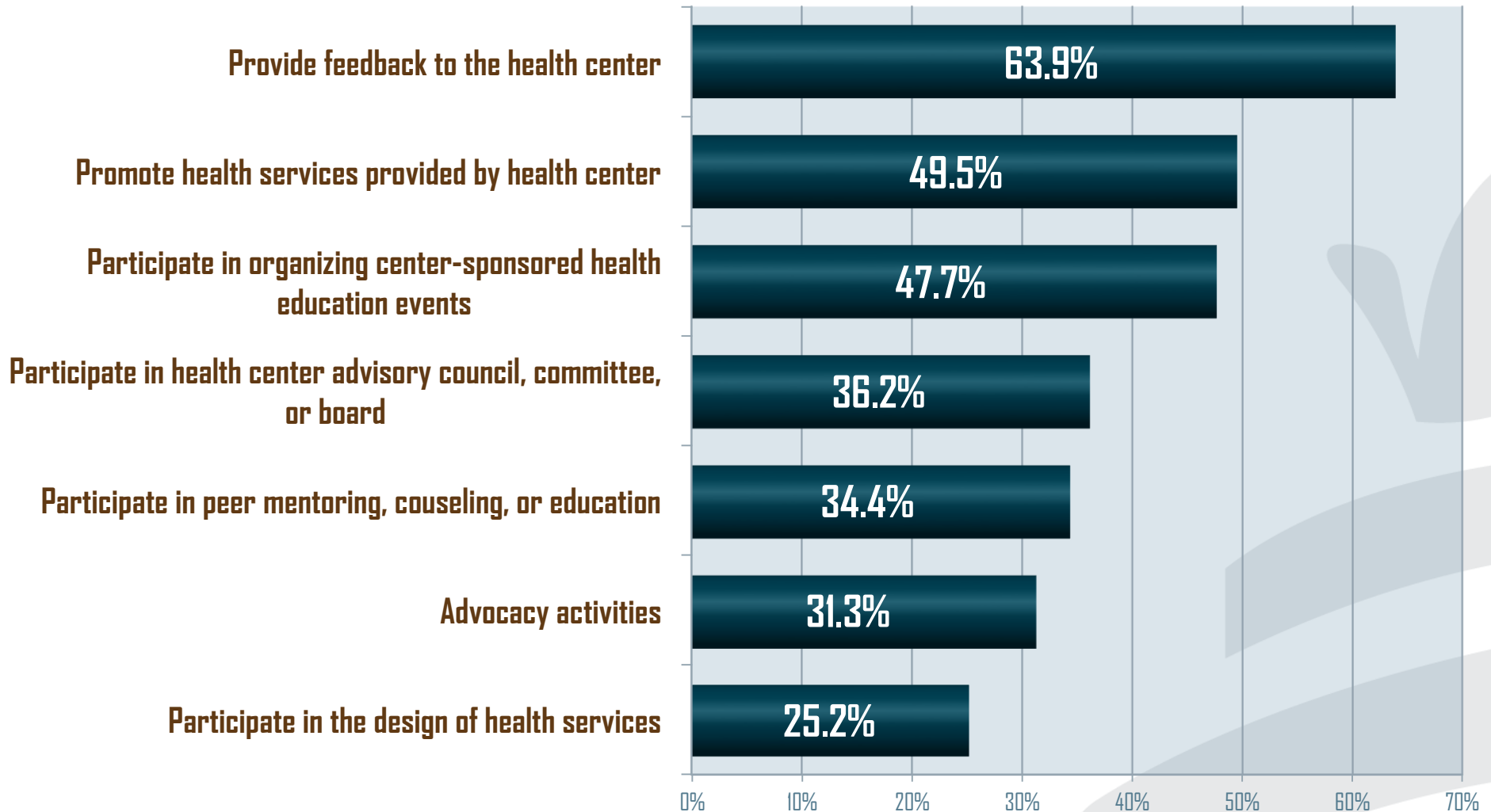
## Populations eligible for care at SBHCs serving non-students





## 2. Student-Focus

## Youth Involvement with SBHCs



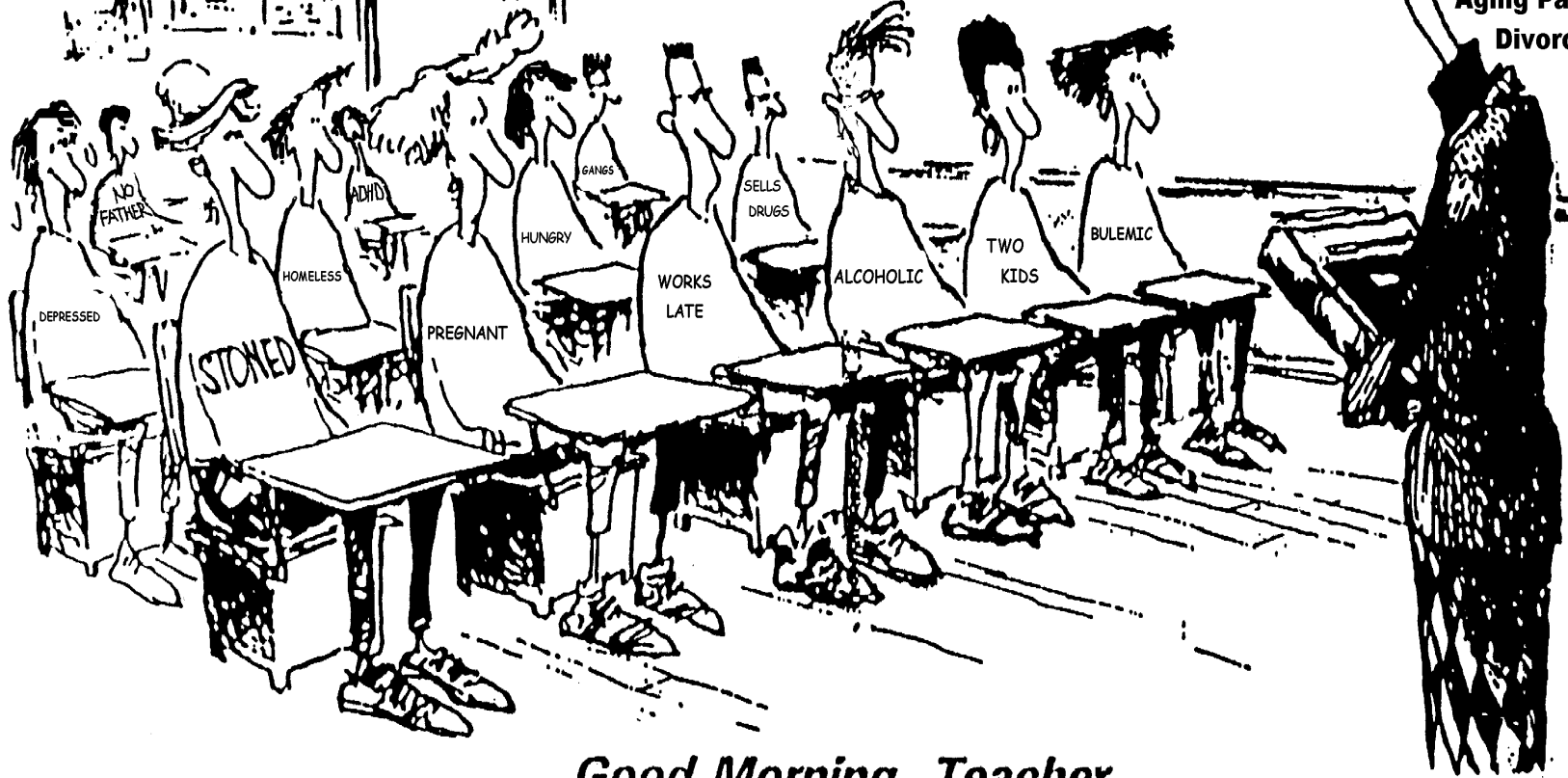
JIM BERGMAN

COPYRIGHT  
BY BERGMAN

**Test Today:  
Othello**

*PSAT Tutoring  
after school today*

**Aging Parent  
Divorcing**



**Good Morning, Teacher**

## Providing Comprehensive Care

76.1%

depression screenings

69.5%

STD diagnosis and treatment

66.1%

oral health screenings

86.2%

influenza immunizations



84.3%

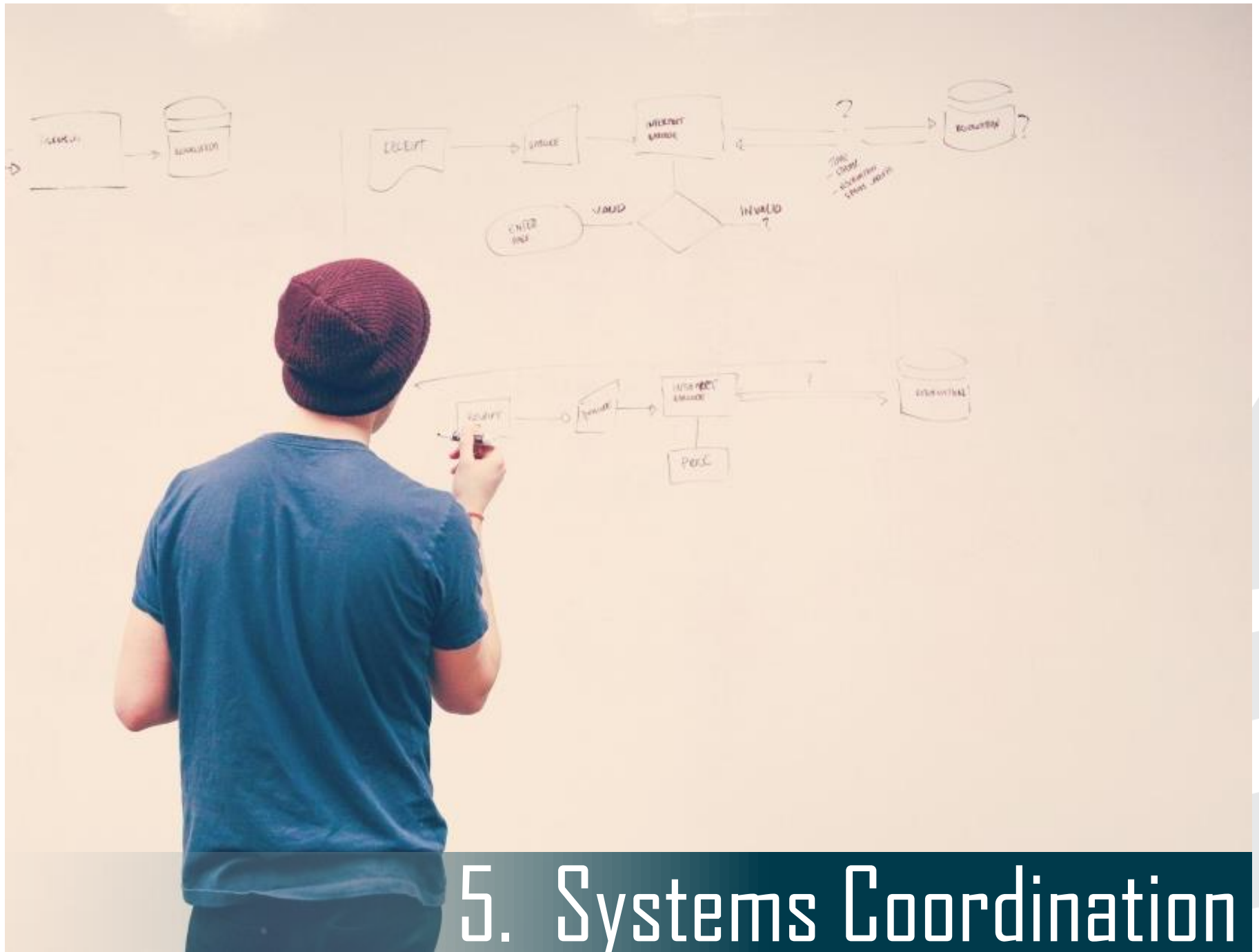
vision screenings



83.4%

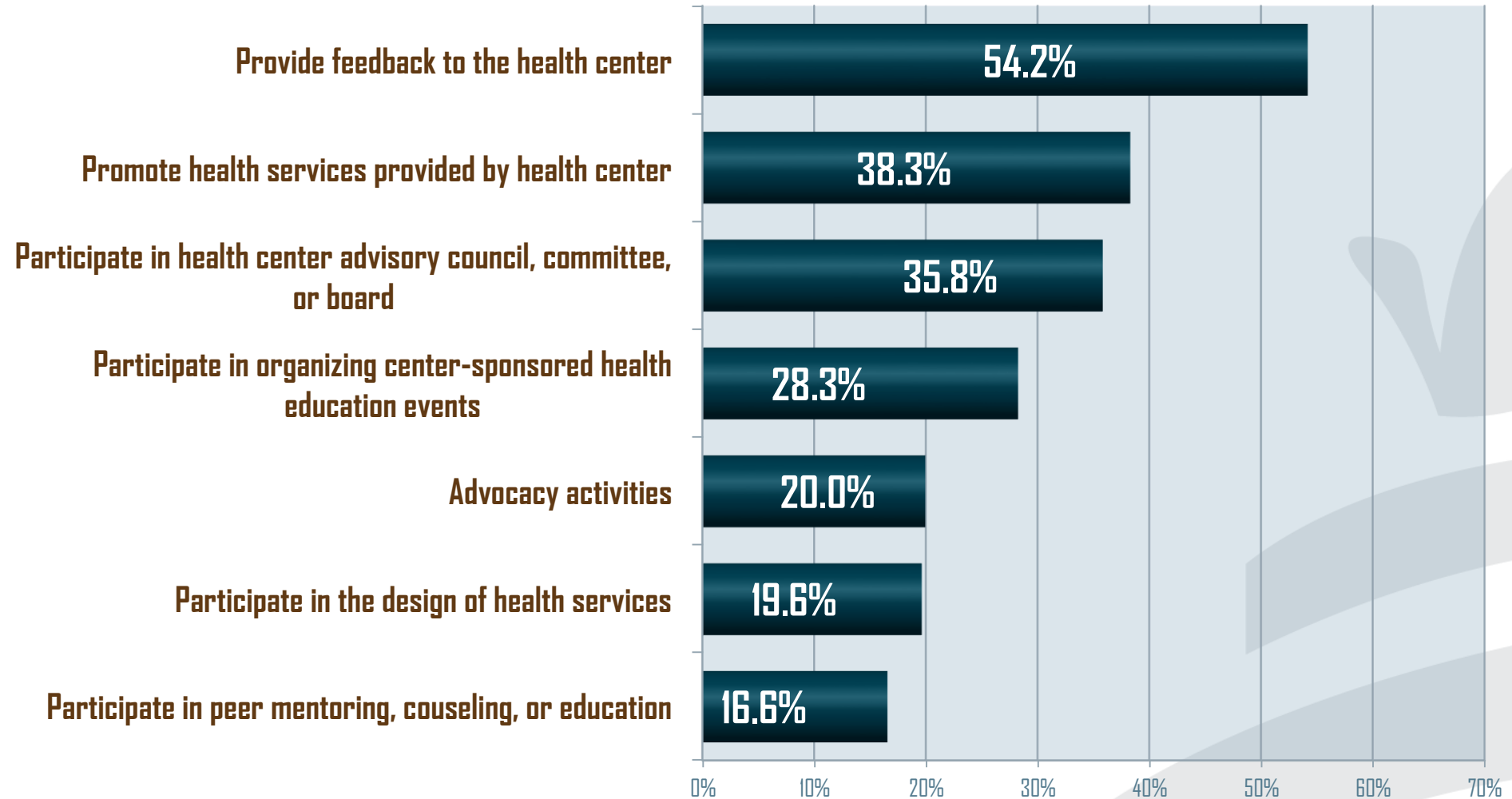
individual chronic disease management





## 5. Systems Coordination

## Parent Involvement in SBHCs

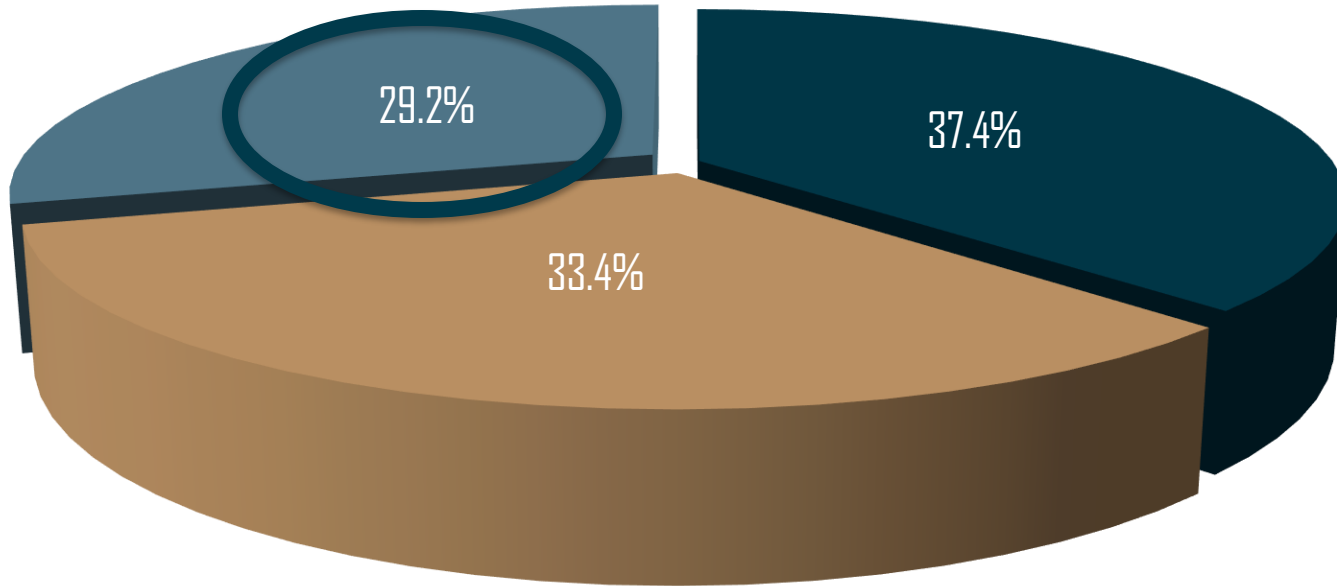


# The School-Based Provider Village



**How do they come together?**

## SBHC Staffing Profiles (n=1381)



■ Primary mental health plus

■ Primary care and mental health

■ Primary care only



## 6. Accountability

## Accountability and Student Achievement

- National SBHC Standardized Performance Measures (will discuss a bit later)
- Quality Improvement
- Experience of Care
- Coordination
- ABC's for meds vs. ABC's for eds

## ABC's

Healthcare - Airway, Breathing, Compressions

Education - Attendance, Behavior, Course Progression

# SBHCs: The Evidence Base

↑ use of primary care

↓ inappropriate emergency room use

- Greater than 50% reduction in asthma-related emergency room visits for students enrolled in NYC SBHCs

↓ hospitalizations

- \$3 million savings in asthma-related hospitalization costs for students enrolled in NYC SBHCs

↑ access for hard-to-reach populations - esp minorities and males

- Adolescents were 10-21 times more likely to come to a SBHC for mental health services than a CHC or HMO.



# SBHCs & Academic Success

↓ absenteeism and tardiness

↑ attendance

↑ in GPA over time

↑ academic expectations, school engagement, and safety and respect

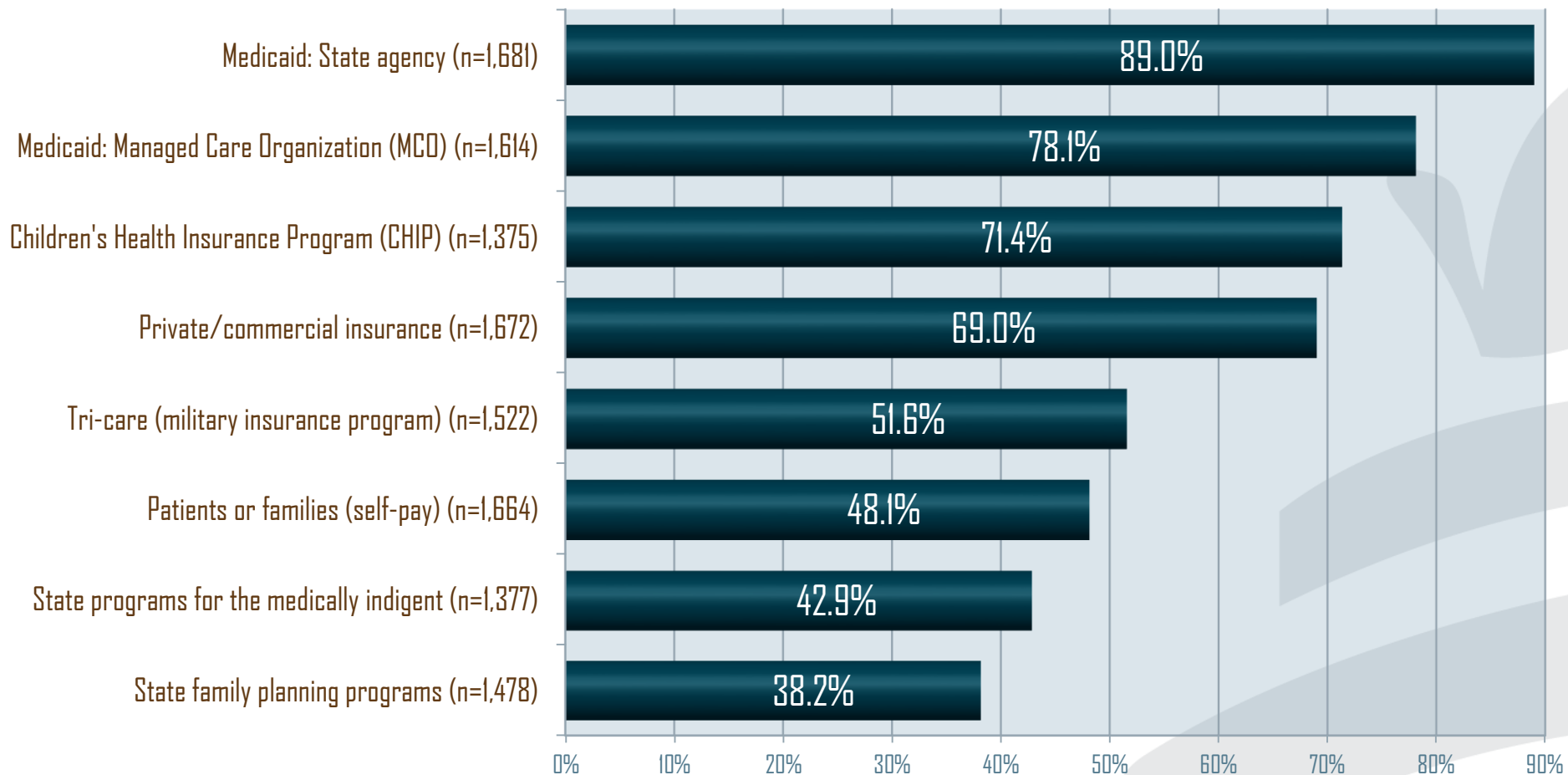
# Care Coordination as Prevention



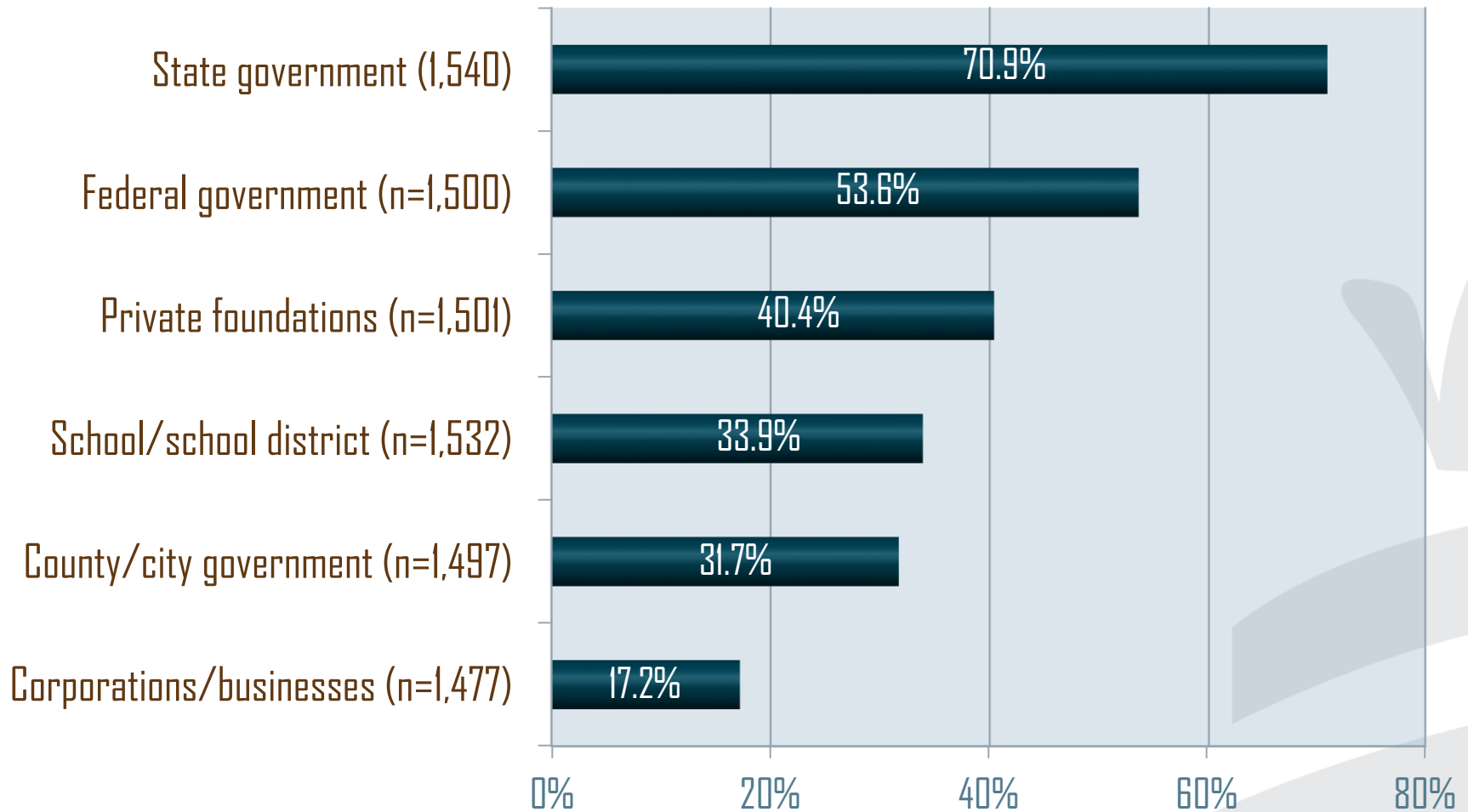


## 7. Sustainability

## Percentage of SBHCs that Bill Entities for Reimbursement



## Funding Sources

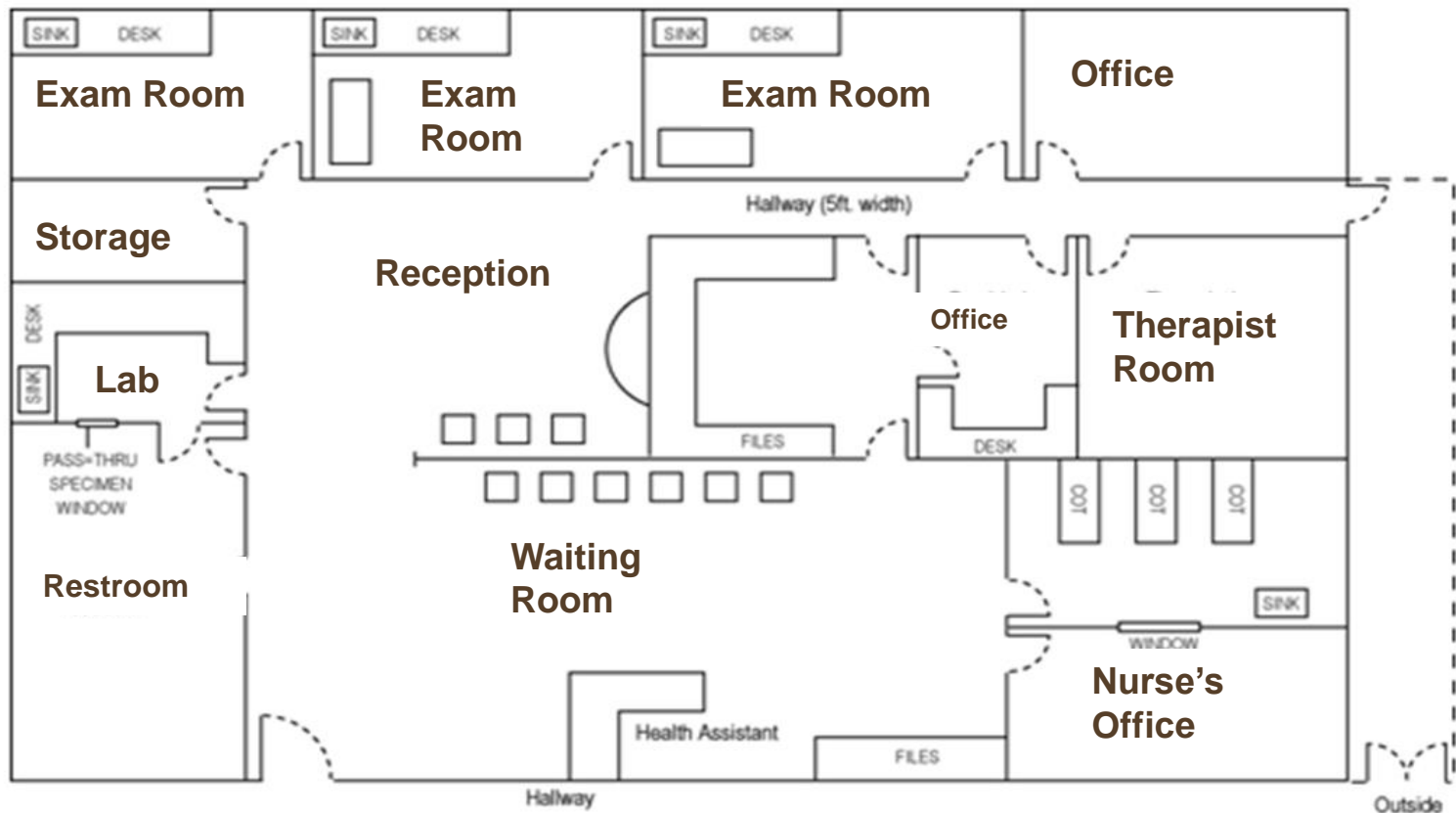


# SBHC DIFFERENT MODELS



School-Based Health Center  
School-Linked Health Care Programs  
Mobile Health Care Programs  
Telehealth

# Facility – sample



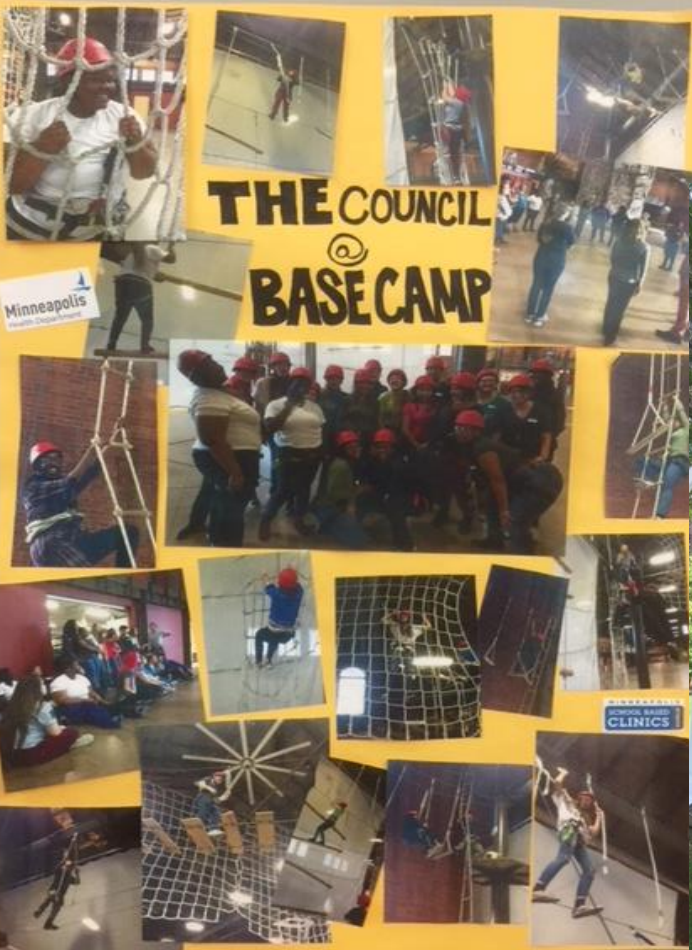
**WELCOME BACK TEDDIES**  
**check out your SBC**

MENTAL HEALTH    PHYSICAL HEALTH    SEXUAL HEALTH    SPORTS PHYSICALS

ROOM 143    TESTING    HEALTH EDUCATION    IMMUNIZATIONS

NUTRITION

Suggestions  
 Sugerencias  
 Ideas



**ALL STUDENTS WELCOME**

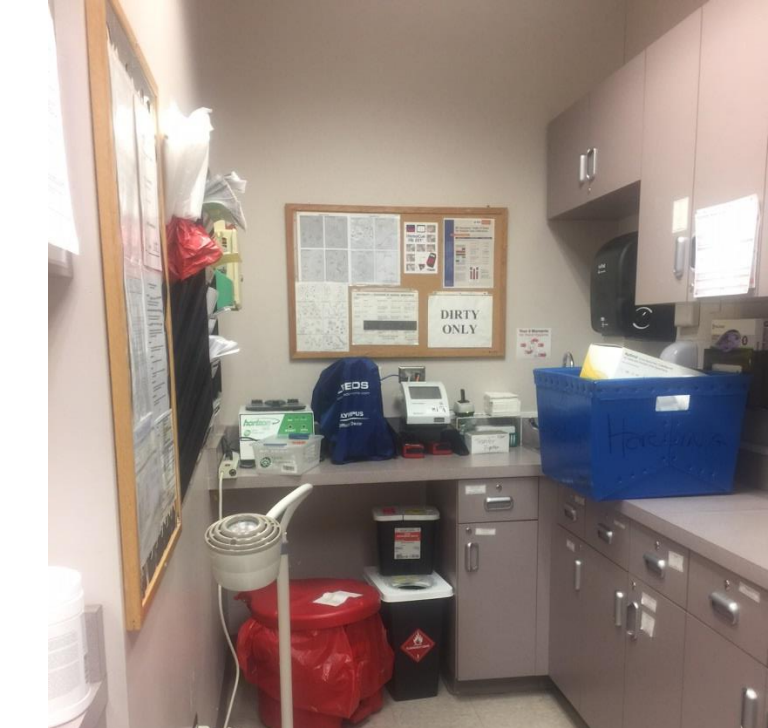
MINNEAPOLIS SCHOOL BASED CLINICS

roosevelt

143 CLINIC

Facebook, QR Code, Twitter, YouTube

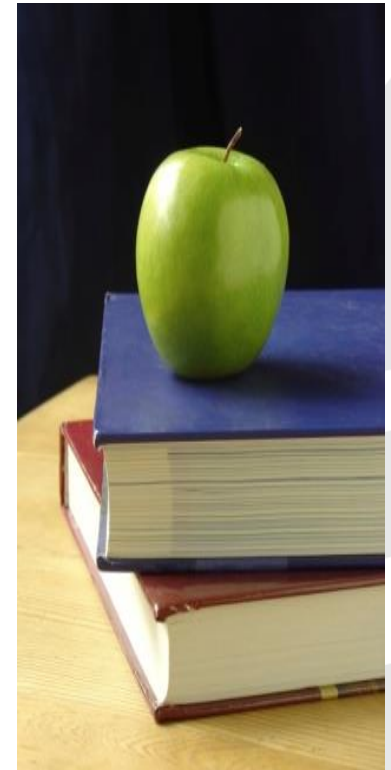




# What does the research tell us about school mental health outcomes?

- Improvements in social competency, behavioral and emotional functioning
- Improvements in academics (GPA, test scores, attendance, teacher retention)
- Cost savings!
- Increased access to care → Decreased health disparities

*Greenberg et al., 2005; Greenberg et al., 2003; Welsh et al., 2001; Zins et al., 2004; Bruns et al., 2004; Lehr et al., 2004; Jennings, Pearson, & Harris, 2000; see Hoagwood, Olin, Kerker, Kratochwill, Crowe, & Saka, 2007 and Wilson & Lipsey, 2007)*



# Behavioral Health Specific Tools

- What are the behavioral health needs of the school? Mental Health Planning and Evaluation Template (MHPET)
- What do we already have in place?  
(SBHC Behavioral Health Protocols)

# Mental Health Planning Evaluation Template (MHPET)

34-indicator assessment tool - targets areas of strength and improvement in school-based mental health.

Organized into the following eight dimensions:

1. Operations
2. Stakeholder involvement
3. Staff and training
4. Identification, referral, and assessment
5. Service delivery
6. School coordination and collaboration
7. Community coordination and collaboration
8. Quality assessment and improvement



<b>Dimension 4: Identification, Referral, and Assessment</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>DK</b>
13	Mental health service providers work with the school to effectively identify youth who present or are at risk for presenting emotional and/or behavioral difficulties.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
14	Mental health service providers and the school have adopted a shared protocol that clearly defines when and how to refer students.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
15	Mental health staff responds rapidly to referrals and informs school staff, health staff and/or family members on the status of referrals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
16	The mental health intake process is comprehensive while minimizing barriers to service for students and their families.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
17	Mental health staff uses brief, validated measures of behavioral and emotional health including risk behaviors (e.g. substance abuse) and strengths, to enhance initial, ongoing, and outcome evaluations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<b>Dimension 5: Service Delivery</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>DK</b>
18	A range of activities and services, including school-wide mental health promotion, prevention, early intervention and treatment services are provided for youth in general and special education.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
19	Mental health prevention and intervention services are empirically supported or based on evidence of positive impact.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
20	Mental health activities and services are designed to meet the needs of culturally and linguistically diverse groups.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
21	Psychiatric consultation is available to provider staff to assist in the assessment and treatment of youth with serious and/or complex mental health issues.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
22	Treatment plans are uniformly completed and accurately match program services to the presenting needs of students and their families.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
23	Through peer and case consultation and other mechanisms, treatment plans and implemented strategies are frequently reviewed and adjusted to ensure that services are being delivered to address the most important problems/issues.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<b>Dimension 6: School Coordination and Collaboration</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>DK</b>
24	Mental health staff develops and maintains relationships and participates in training and meetings with educators and school-employed mental health staff.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
25	Mental health staff provides consultation services to teachers, administrators and other school staff.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
26	Mental health staff coordinates efforts with school-employed mental health/health professionals (including school-based health care providers if present) to ensure that youth who need services receive them and to avoid service duplication.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
27	Interdisciplinary meetings and training are regularly held with all health (if present) and mental health staff of the program.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
28	Mental health and health staff (school or community based) provides mutual support and cross referrals (i.e., health staff assess students for mental health issues and refer them to mental health staff and vice versa).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

		1	2	3	4	5	6	DK
<b>Dimension 7: Community Coordination and Collaboration</b>								DK
29	A regularly updated directory is maintained to assist students and families in connecting to relevant health, mental health, substance abuse, academic and other programs or resources in the school and the community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
30	Services are coordinated with community-based mental health and substance abuse organizations to enhance resources and to serve students whose needs extend beyond scope or capacity.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
31	Services are coordinated with community-based social service and advocacy organizations that are familiar with the culture and language needs of diverse student and family groups within the school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<b>Dimension 8: Quality Assessment and Improvement</b>								DK
32	Guidance is received on mental health programming from stakeholders including youth, families, school staff, and community leaders who are diverse in terms of race/ethnicity and personal/cultural background.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
33	A stakeholder-informed mental health quality assessment and improvement (QAI) plan is implemented that includes measures of consumer satisfaction, individual student outcomes (e.g., measures of behavioral or emotional health), and school-related outcomes (e.g., attendance, behavior, academic performance).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
34	Findings from the QAI plan are used to continuously improve services.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>



## Behavioral Health Protocols

The following *Best Practice Protocols for Delivering Behavioral Health Services in a School-Based Health Center* developed by School-Based Health Alliance to assist both established and new school-based health centers (SBHC) develop and/or improve the efficiency, effectiveness, and quality of their behavioral health services.

While the majority of these protocols are intended to be implemented by behavioral health providers; many specify other SBHC staff. Therefore, it is important that all SBHC staff -- particularly managers, behavioral health providers, and healthcare providers -- become familiar with the best practices and procedures outlined in these protocols.

Although extensive, the protocols do not address every aspect of delivering behavioral health services nor every function assumed by a mental health provider. SBHCs are encouraged to adapt these protocols to address the specific programmatic, clinical, and administrative needs of their SBHC. SBHCs may also wish to use this set of protocols as their own, based on the services provided and population served.

The School-Based Health Alliance endorses these SBHC protocols as consistent with established best behavioral health and healthcare practices at national, state, and local levels. These protocols have been reviewed by an expert panel of school-based behavioral health administrators and clinicians.

**Download a complete version of the [Behavioral Health Protocols here.](#)**

You may also download the individual protocols in Word format to make adjustments to fit your SBHC's needs.

1. Behavioral Health Staffing
2. Behavioral Health Services
3. Behavioral Health Screening and Assessment
4. Behavioral Health Clinical Visit
5. Behavioral Health Integrated Care
6. Behavioral Health Documentation
7. Confidentiality
8. Behavioral Health Referrals



## Why SBHC Behavioral Health Protocols?

- Assist SBHCs develop and improve the efficiency, effectiveness, and quality of behavioral health services
- Develop a set of model protocols consistent with established behavioral health and primary care practices at the national, state, and local levels
- Provide a template for SBHCs to individualize protocols specific to their services provided and population(s) served,

## Development of Protocols

- Behavioral health consultant
- Inventory of protocols
- Expert panel
- Protocol review tool
- Synthesis of feedback
- Vetting final draft w/consultant, workgroup, and School-based Alliance staff

## Expert Panel

- **SBHC representatives from the field**
  - Child and adolescent psychiatrist
  - SBHC nurse practitioner
  - State DPH mental health consultant
  - County program manager
  - Hospital mental health consultant and behavioral health program manager
- **Reviewed and provided feedback on the 10 model protocols**

# 1. Behavioral Health Staffing

## Content

- Qualified staff
- FTE to staff ratio
- Job descriptions
- Minimum qualifications
- Documentation: education, licensure, criminal background check, drug and ETOH testing
- Clinical consultation
- SBHC orientation and professional development

## Considerations

- MOU, LOA when provided via linkage agreement
- Medicaid and other 3<sup>rd</sup> party reimbursement
- Practice act
- Functional job description

## 2. Behavioral Health Services

### Content

- Required onsite services
- Optional through linkages or referral
- Meet standard of care for children and adolescents
- Individual, group, family, telemedicine
- Interventions: evidence-based, culturally competent, and feasible in school-setting,

### Considerations

- MOU, LOA onsite services through linkage(s)
- Age and community specific
- Record sharing EHR or paper
- Non-billable services
- State statutory laws re: confidentiality, mental health, and substance abuse services
- 24 hour coverage

## 3. Behavioral Health Screening and Assessment

### Content

- Comprehensive health risk screening and assessment (BF) annually
- Behavioral health assessment, education, referral, document risk factors, follow-up
- Gather information (student, family, teachers)
- Treatment plan and follow-up

### Considerations

- Behavioral health assessment from PCP referral
- Use established assessment instruments
- MH code(s)
- State rules re: treatment plans
- Measurable goals and objectives
- Care coordination with PCP
- Parental notification

## 4. Behavioral Health Clinical Visit

### Content

- Youth friendly, confidential counseling area
- Meets standards
- Explain service scope, consent, and confidentiality
- Individualized comprehensive treatment plans
- Review findings, treatment plan, and progress w/student

### Considerations

- State laws re: meeting/ consulting w/family, school or medical staff
- Future visits should not interfere w/academic classes

## 5. Behavioral Health Integrated Care

### Content

- PC and BH use same comprehensive risk assessment
- PCP and BH provider “huddle” re: point person for care
- Warm hand-off
- Integrated treatment plan
- Team conferences / staffings

### Considerations

- Co-location vs. integration
- Documentation
- Sharing confidential information among all staff, partners
- HIPAA/FERPA



## 6. Behavioral Health Documentation

### Content

- Combined PC and BH record
- Documentation to be entered in and shared between PC and BH providers
- Charting errors

### Considerations

- MOU /LOA
- Different EHRs

## 7. Confidentiality

### Content

- Confidentiality policies and procedures (written, posted, discussed w/students, SBHC and school staff)
- Compliance w/local, state and federal laws
- Consent forms allow for general exchange of relevant information between SBHC staff and relevant school staff
- Document when information shared

### Considerations

- Sharing among SBHC and school staff  
HIPAA / FERPA
- Sharing w/ parents and guardians
- EOBs sent home

## 8. Behavioral Health Referrals

### Content

#### SBHC Referrals

- Internal referral form
- Standard referral form
- Inform school staff on how to make a referral
- Inform student and families on self-referral
- Referral follow-up
- Feedback to referral source

#### External Agency Referrals

### Considerations

- Assuring follow-up is done
- Referral outcome information shared

## 9. Student Behavioral Health Crisis

### Content

- Definition of BH emergency
- Safe and secure space
- Student harmfulness
- Imminent harmfulness assess and intervene w/out consent
- Suicide
- Homicide
- Child Abuse and Neglect

### Considerations

- Staff should not endanger themselves
- School expectations of MH staff needs to be clear
- Back-up plans when MD or BH provider not available

## 10. Behavioral Health Collaboration with School

### Content

- Joint needs assessment, campaigns, strategies, planning
- Services offered by school and mandates
- Meet with school mental health providers
- Orient school staff to benefits of BH services
- Establish referral process
- Joint plan for BH emergencies

### Considerations

- Collaborate with school social worker when possible
- How SBHC staff can participate in school team meetings



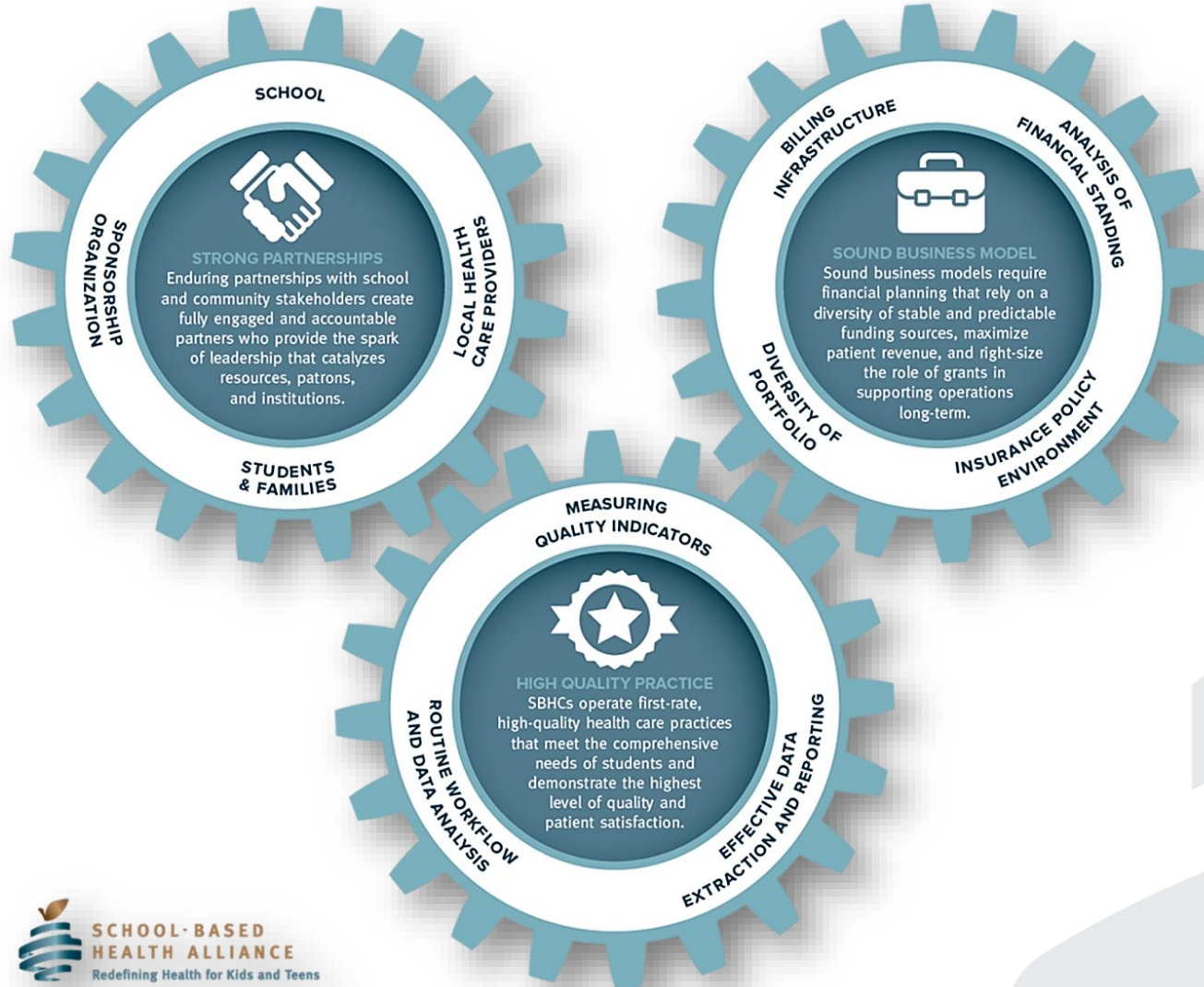
**SCHOOL-BASED  
HEALTH ALLIANCE**  
Redefining Health for Kids and Teens

# **SBHC NUTS AND BOLTS A MODEL FOR EXCELLENCE:**

# **PLANNING AND SUSTAINING THE MODEL**



# A Framework for Excellence in School-Based Health Centers

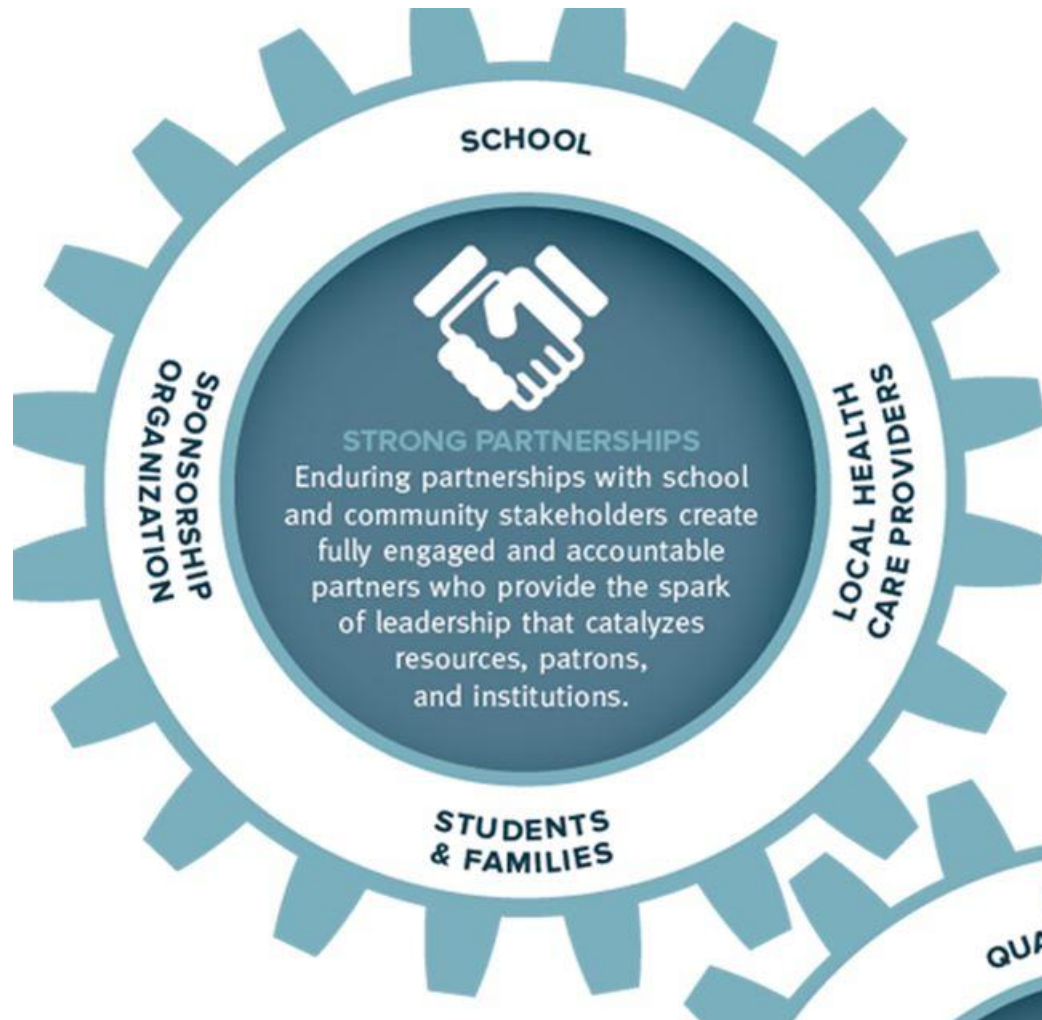




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Redefining Health for Kids and Teens

# Nut & Bolt #1

## Strong Partnerships





# Potential Partners

## Community

- School - district, staff, students
- Parents/ guardians
- Community organizations/ foundations
- Faith community
- Colleges/ universities
- Local nonprofits
- Local businesses/ business associations

## Health Care System

- Behavioral health agencies
- Other SBHC-sponsors
- State /local health departments
- Hospitals
- Community health centers
- Pediatricians
- Community dentists
- Medicaid MCOs
- Private insurers

# Confidentiality

- Confidential versus non-confidential services
- Informing students of confidentiality procedures and limits of confidentiality
- Access to confidential services
- HIPAA and FERPA
- Release of information
- Providing follow-up information to school personnel and outside agencies

# Sharing Information

## School nurses

- Fall under FERPA if under contract or direct supervision of a school.
- Must receive parental consent before sharing any part of the student's record.
- Must allow parents to see the student's record.
- Can share some information with school staff, but only if needed for educational purposes.

## SBHC Staff

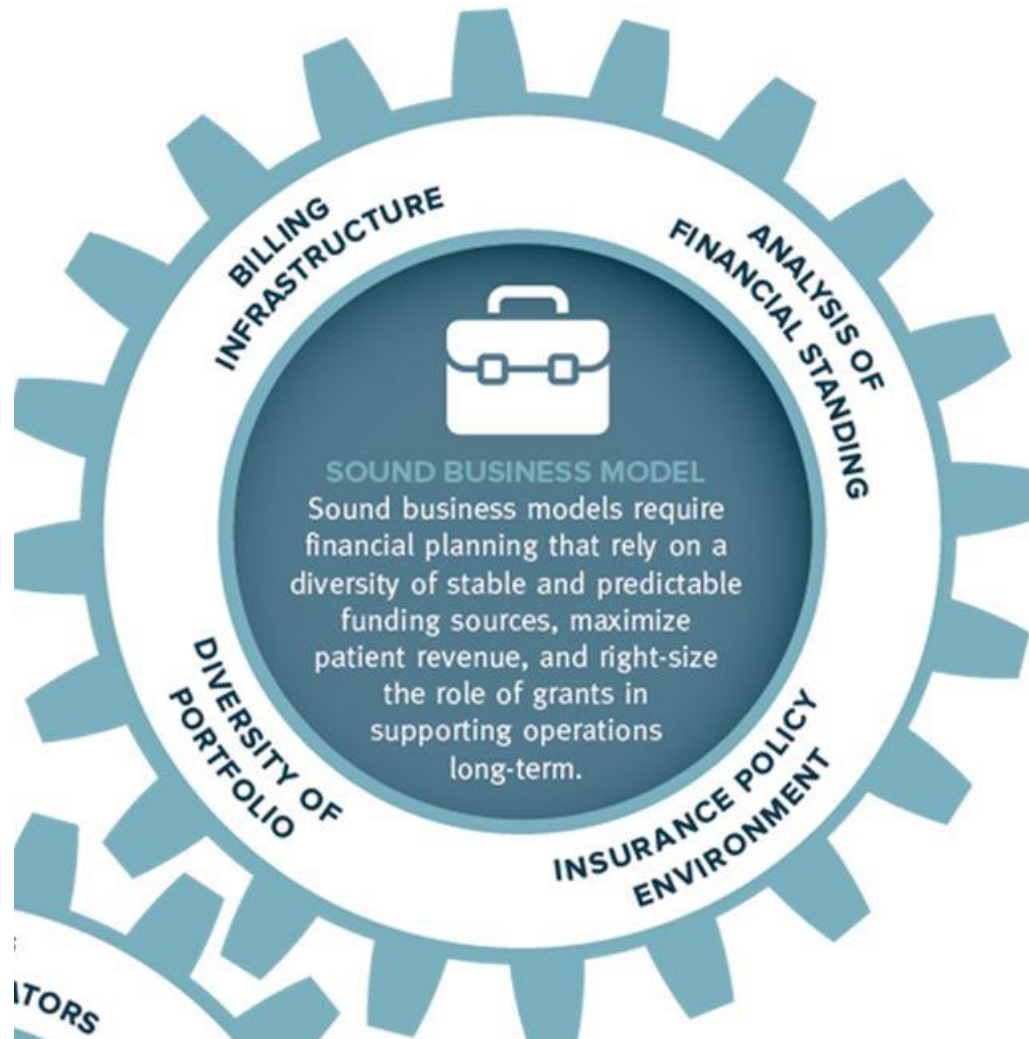
- Fall under HIPAA Privacy Rule.
- May share information with school health providers for "treatment purposes", without consent.
- May treat minors without parental consent in some situations and required to keep some information confidential, if requested to do so by the minor.
- Many have consents to allow bi-directional information sharing between SBHC, school nurse and primary care provider



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HEALTH ALLIANCE**  
Redefining Health for Kids and Teens

# Nut & Bolt #2

## Sound Business Model



# Business Model Purpose

1. Maximize patient revenue
2. Maximize partner 'in-kind'
3. Right-size role of grants to offset losses

# The Blueprint

[Home](#) > [Resources](#) > [The Blueprint](#)

DESIGN / OPERATE / EXPAND

## THE BLUEPRINT

The one-stop shop for school-based health centers

1

### PLANNING

Resources for those in the early stages of starting an SBHC

2

### IMPLEMENTING

Resources to operationalize and implement an SBHC business plan

3

### EXPANDING

Resources to improve or expand existing services

# Sustainability Resources

This resource table highlights some of our top tools and resources your SBHC can utilize to build sustainable programs. A more comprehensive library of resources is available on the [School-Based Health Alliance's Blueprint](#).

Search:

Sustainability Domain	Resource	Get the Resource
Overview	Sustainability Infographic	<a href="#">Download</a>
Strong Partnerships	Integration Rubric	<a href="#">Download</a>
Strong Partnerships	Integration Self-Assessment Tool	<a href="#">Download</a>
Strong Partnerships	SBHC Stakeholder Partnerships	<a href="#">Read more</a>
Strong Partnerships	Partnership Action Plan	<a href="#">Download</a>
Strong Partnerships	SBHC Sponsorship Fact Sheet	<a href="#">Read more</a>
Strong Partnerships	Youth Engagement Toolkit	<a href="#">Read more</a>
Sound Business Model	Cost Survey	Coming soon!
Sound Business Model	Pro-Forma Financial Template	<a href="#">Download</a>
Sound Business Model	Pro-Forma Financial Template Manual	<a href="#">Download</a>

# Cost Survey

## Cost Survey

**SBHC:** Sample SBHC  
**School:** Sample School  
**City:** Washington  
**State:** DC

Data Entry Section	Status	2015-16 School Year
I. Demographics		<b>Complete Section</b>
II. SBHC Operations		<b>Complete Section</b>
III. SBHC Financial Parameters		<b>Complete Section</b>
IV. SBHC Encounters/Other Visits Data		<b>Complete Section</b>
V. Salary Expenses		<b>Complete Section</b>
VI. Fringe Benefits		<b>Complete Section</b>
VII. In-Kind Expenses: Donated Labor		<b>Complete Section</b>
VIII. Supplies and Materials		<b>Complete Section</b>
IX. Contracted Services		<b>Complete Section</b>
X. Building and Facilities Utilization		<b>Complete Section</b>
XI. Building and Facilities Expenses		<b>Complete Section</b>
XII. Miscellaneous Expenses		<b>Complete Section</b>
XIII. Indirect Expenses		<b>Complete Section</b>
XIV. Depreciation Expenses/Opportunity Cost		<b>Complete Section</b>
XV. In-Kind Expenses: Donated Supplies, Materials and Equipment		<b>Complete Section</b>
XVI. Revenue		<b>Complete Section</b>

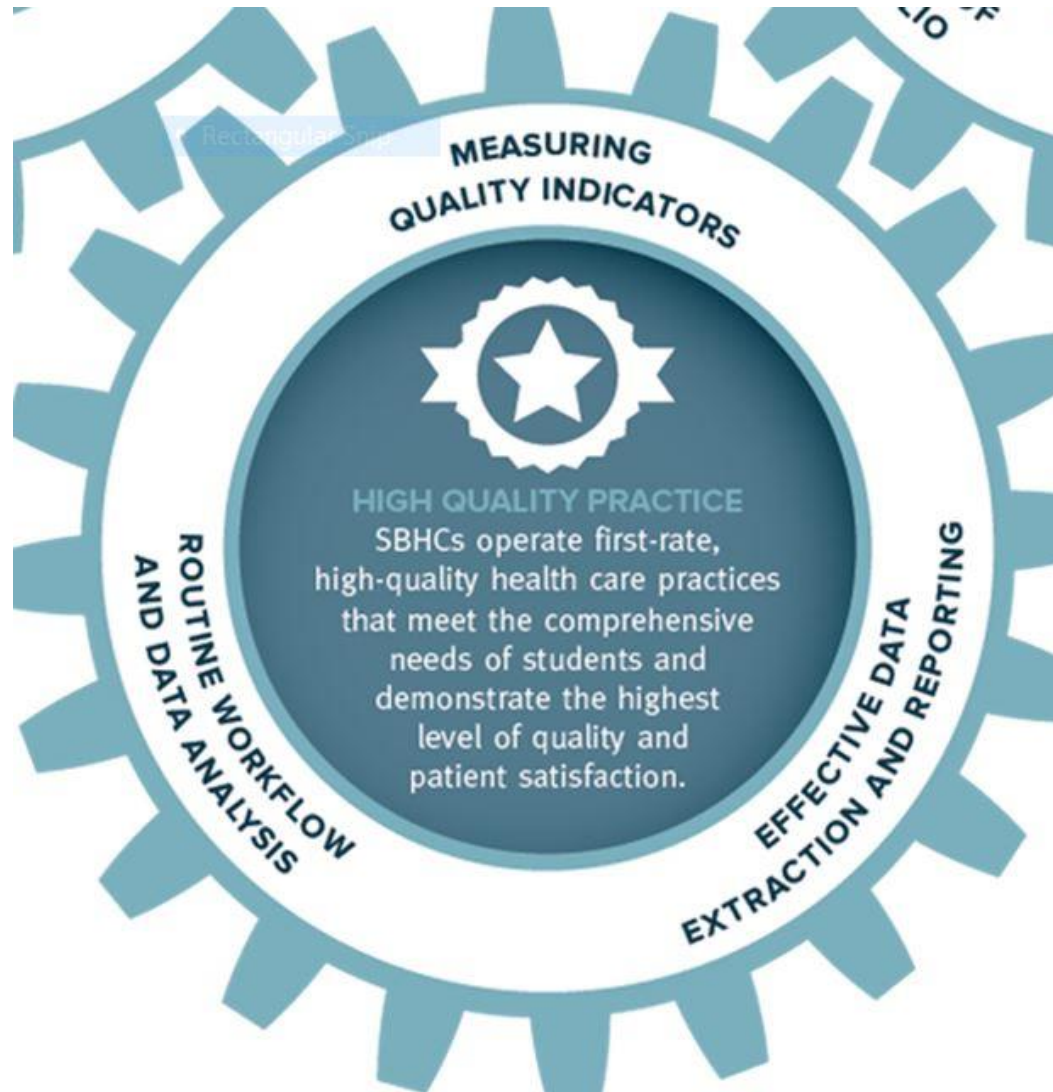




SCHOOL-BASED  
HEALTH ALLIANCE  
Redefining Health for Kids and Teens

# Nut & Bolt # 3

## High Quality Practice





# Performance Measures: Quality Counts Initiative

[Home](#) > [Current Initiatives](#) > [Performance Measures: Quality Counts Initiative](#)

## About the Performance Measures: Quality Counts Initiative

When young people access essential health services in schools, they have a greater likelihood of being healthy, safe, engaged, and ready to learn. The School-Based Health Alliance is challenging the school-based health care (SBHC) field to voluntarily adopt and report standardized



### Quality Counts

[Why Quality Counts](#)

[Measure Selection Process](#)

[Core Performance Measure Definitions](#)

[Stretch Measures](#)

[Setting Up For Success](#)

[Compare Your Data Nationally](#)

# Standardized national performance measures for SBHCs

## Core

Annual well  
child visit

Annual risk  
assessment

BMI screening and  
nutrition/physical  
activity counseling

Depression screening

Chlamydia screening

## Stretch

Student disposition log  
(seat time saved)

SBHC student user  
survey

# Sustainable business practice measures for SBHCs

School population  
enrolled in SBHC

SBHC client utilization

Primary care  
appointment capacity  
used

Client health insurance  
coverage

Visits reimbursed by  
health insurance

Primary care provider  
efficiency

Behavioral health  
provider efficiency



# CSMH - SHAPE



# The School Health Assessment and Performance Evaluation (SHAPE) System



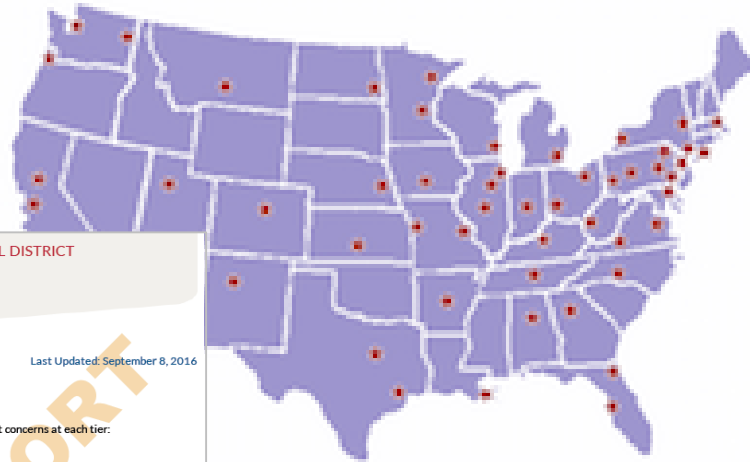
- The School Health Assessment and Performance Evaluation (SHAPE) System is a **free**, interactive system designed to improve school mental health **accountability, excellence, and sustainability**.
- SHAPE is the web-based portal by which comprehensive school mental health systems can access the **National School Mental Health Census and Performance Measures**.
- SHAPE is hosted by the Center for School Mental Health and funded in part by the US Department of Health and Human Services.

**[www.theshapesystem.com](http://www.theshapesystem.com)**



# Schools and School Districts Can Use SHAPE To:

## Document your service array and multi-tiered services and supports



SCHOOL DISTRICT MENTAL HEALTH PROFILE | JEFFERSON UNIFIED SCHOOL DISTRICT

Understanding this Summary.

This report is generated based on the information you provided for your School District Mental Health Profile.

This profile provides a snapshot of the structure and operations of your school district's comprehensive school mental health system.

Number of schools in your district: 19

Number of students in grades K-12: 12,574

Grades served: K-12

Last Updated: September 8, 2016

About Your School District Mental Health Report

Congratulations! Your district's team has been counted in the National School Mental Health Census and achieved Bronze SHAPE recognition for completing the School Mental Health Profile. Complete the National School Mental Health Performance Measures on SHAPE (the Quality and Sustainability Assessments) to achieve Silver and Gold SHAPE Recognition.

Schools and districts who register with SHAPE aspire toward having strong school-community-family partnerships that provide a multi-tiered continuum of evidence-based mental health services to support students, families, and the school community.

To learn more about this team's SHAPE account, inquire about being added as a team member, and/or join them in their quality improvement and sustainability efforts, contact the team leader.

To register a new school or district with SHAPE, please visit: <https://theshapesystem.com/register>.

This profile was developed by the national Center for School Mental Health at [www.theshapesystem.com](http://www.theshapesystem.com).  
Page 1 of 5

SERVICES PROVIDED | JEFFERSON UNIFIED SCHOOL DISTRICT

Your school district provided services and support to address the following student concerns at each tier:

Tier 3: Indicated services and supports

Tier 2: Selective services and supports

Tier 1: Mental health promotion services and supports

+ : Referrals to community providers not in the school building

- Anxiety/Nervousness/Phobias
- Attention/Concentration/Hyperactivity Problems
- Bullying
- Depression/Sadness/Suicide
- Disordered Eating
- Environmental Stressors (housing, food, parental employment, access to health care, etc.)
- Grief/Loss/Bereavement
- Oppositional or conduct problems/Anger management
- Psychosis (hallucinations, delusions)
- Relationship issues/Conflict (family, peer, teacher)
- Social and emotional skills/Problem solving/Character development/Self-esteem
- Substance use (alcohol, tobacco, drugs)
- Transitions (new school, moving, separation/ divorce)
- Trauma/PTSD/Abuse/Neglect/Exposure to violence

This profile was developed by the national Center for School Mental Health at [www.theshapesystem.com](http://www.theshapesystem.com).  
Page 5 of 5

# MEMBERSHIP APPLICATION

# Join

## the School-Based Health Alliance

The School-Based Health Alliance is the national voice for school-based health care (SBHC) and the home of SBHC professionals and advocates. The SBHC model broadens children's access to health care and helps them succeed in school. Help our children thrive. Become a member today!

### WHY OUR MEMBERS JOIN

BENEFIT	INDIVIDUAL	ORGANIZATION
A national voice advocating for SBHC at the federal level	✓	✓
Online Advocacy Center designed to simplify engagement with the U.S. Congress	✓	✓
Subscription to School-Based Health Care eDigest to stay current with breaking news	✓	✓
Access to members-only content on the website, including The Blueprint, an extensive online tool to help members develop and expand SBHC services in their community	✓	✓
Professional networking and volunteer opportunities	✓	✓
Discounts to the annual convention	✓	✓
Access to SBHC Online Job Board	✓	✓
Opportunities to participate in private and federally-funded national initiatives		✓
Letters of support for grant applications		✓
Time limited technical assistance in program development, finance, sustainability, public policy and advocacy, coalition building, leadership training, and branding		✓
10% discount on consulting services (up to \$5,000.00)		✓
Opportunity to run for the Alliance Board of Directors and national committees		✓



### WHAT OUR MEMBERS SAY

"It's the networking. It's the advocacy. It's the people. It's having a common purpose and a common goal. It's fabulous."

– Nancy Passikoff, Des Moines, NM

"Membership with the School-Based Health Alliance has been phenomenal in terms of helping us develop our school-based health center. It has helped us develop a business plan for sustainability and has been instrumental in terms of gaining grant funding."

– Charlotte Care, Campbell County School District, Gillette, WY

"What I appreciate most is the assimilation of information from the national perspective around what is happening at the federal level because it is so hard in our day-to-day work to keep track of what is happening at the local, state, and national levels."

– Cindy Flye, Maranacook Student Health Center, Readfield, ME



NATIONAL SCHOOL-BASED  
HEALTH CARE  
CONVENTION

June 24-27  
2018

INDIANAPOLIS, IN

FUELING YOUR GROWTH  
In Confidence,  
Competence,  
and Vision

SAVE  
THE  
DATE



2018

NATIONAL SCHOOL-BASED  
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HEALTH ALLIANCE**  
Redefining Health for Kids and Teens

# Questions?





SCHOOL-BASED  
HEALTH ALLIANCE  
Redefining Health for Kids and Teens

# Thank You!

Additional Questions? Contact us at: [info@sbh4all.org](mailto:info@sbh4all.org)

