



FISHERS

EST. 1872

**MENTAL
HEALTH
TASK FORCE**

THE MAKING OF A ZERO SUICIDE DISTRICT

**If a community was to marshal
its resources around the
challenges of mental health,
what could and what should
be done?**

- FISHERS MAYOR SCOTT FADNESS

WHAT DOES SUCCESS MEAN FOR FISHERS?



**State Testing
Growth (NWEA)**
Math: 83%
Reading: 82%



GPA
55.7% showed
improvement in GPA



Discipline
73% decreased or
showed no change



Youth Suicides
<20 years
since 2013

A ROADMAP TO SUCCESS


- 1. Build a coalition.**
- 2. Identify and leverage resources and funding sources.**
- 3. Audit and revise systems and processes.**



BUILD A COALITION

IT TAKES A CITY

- **Elected officials**
- **District administration and teachers**
- **Public safety leadership**
- **Faith leaders**
- **Community groups**
- **Health and mental health professionals**
- **Students, families and suicide survivors**

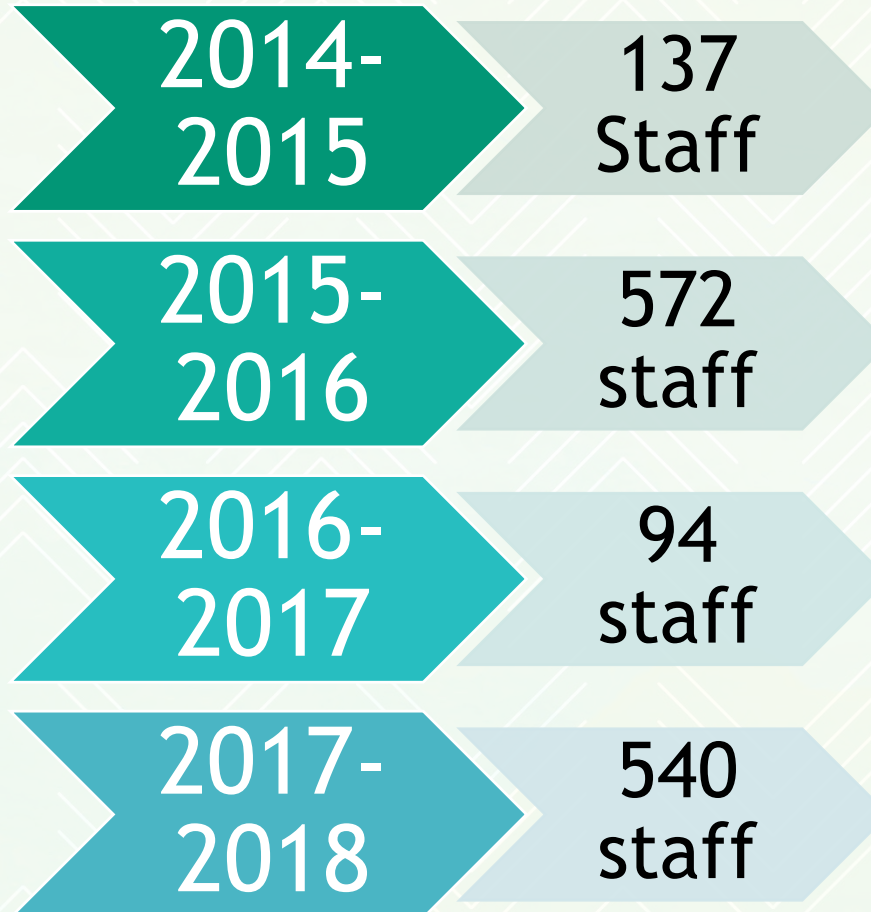


SYSTEMS & PROCESSES

CHANGING THE STATUS QUO

- **School policies**
- **Establish training standards for all**
- **First responders**
- **Community health partners**

SUICIDE PREVENTION SCHOOL STAFF TRAINING





RESOURCES & FUNDING SOURCES

BEYOND BEING RESOURCFUL

- **Current Resources**
- **Referendum**
- **Nonprofits**
- **Health Systems**
- **Government**

SECURING MENTAL HEALTH SUPPORTS FOR STUDENTS

- **Identify needed staff for managing contract/supports**
- **Funds set aside from the referendum**
- **Request for proposals from Mental Health Providers**
- **Reviewed proposals and weighed the benefits and risks**
- **Strategic roll out**

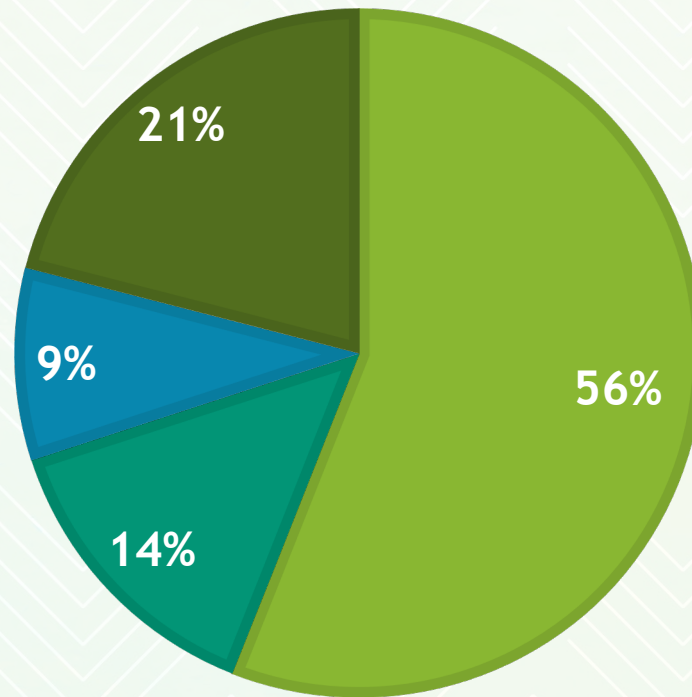
RESULTS

- **14 licensed therapists serving 22 buildings**
- **1 crisis liaison**
- **Over 600 students served**
- **115 received medical services**
- **859 students referred this past school year**

OUTCOME OF SCHOOL CRISIS RESPONSE

■ Referral to School Based Services
■ Youth Day Program

■ Referral to Outside Provider
■ Hospitalization



OUTSIDE THE CLASSROOMS

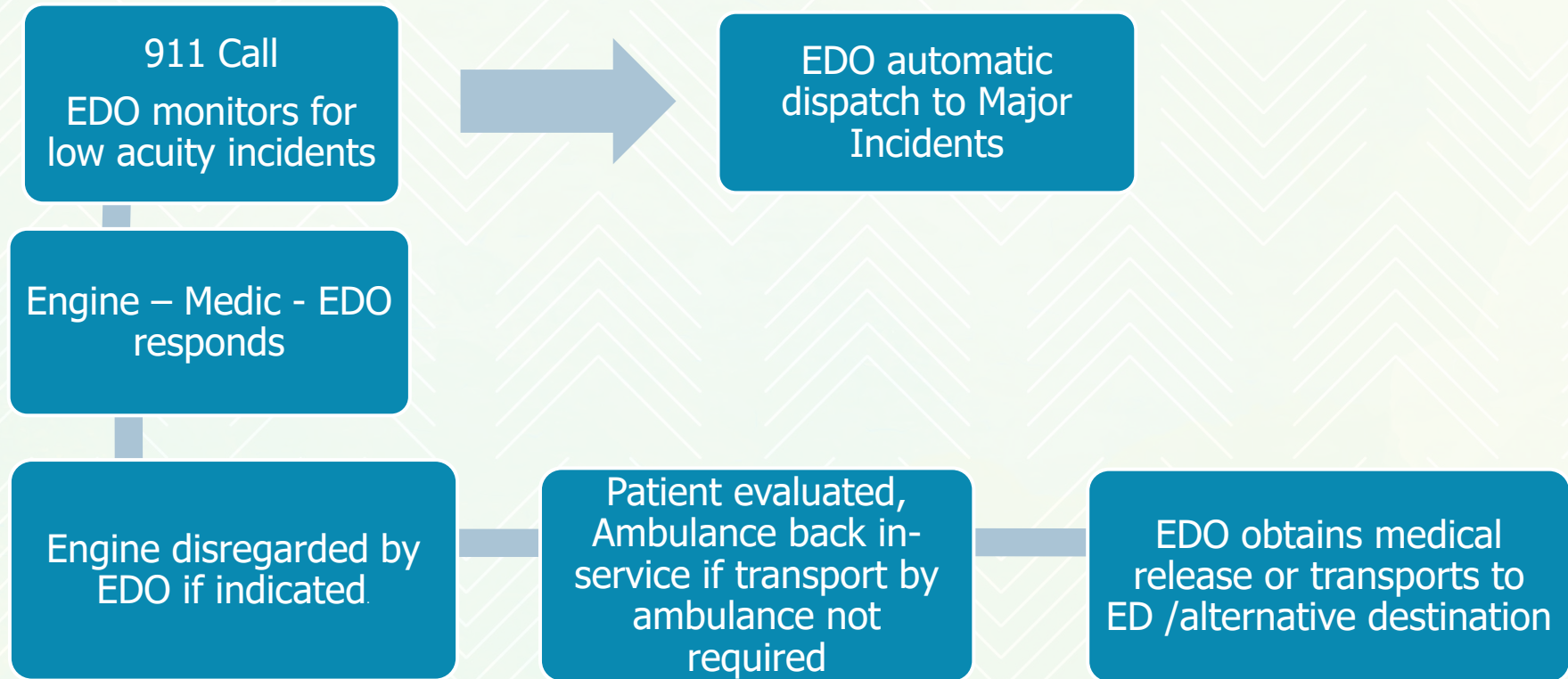
PUBLIC SAFETY TRAINING

80 Crisis Intervention Team Trained

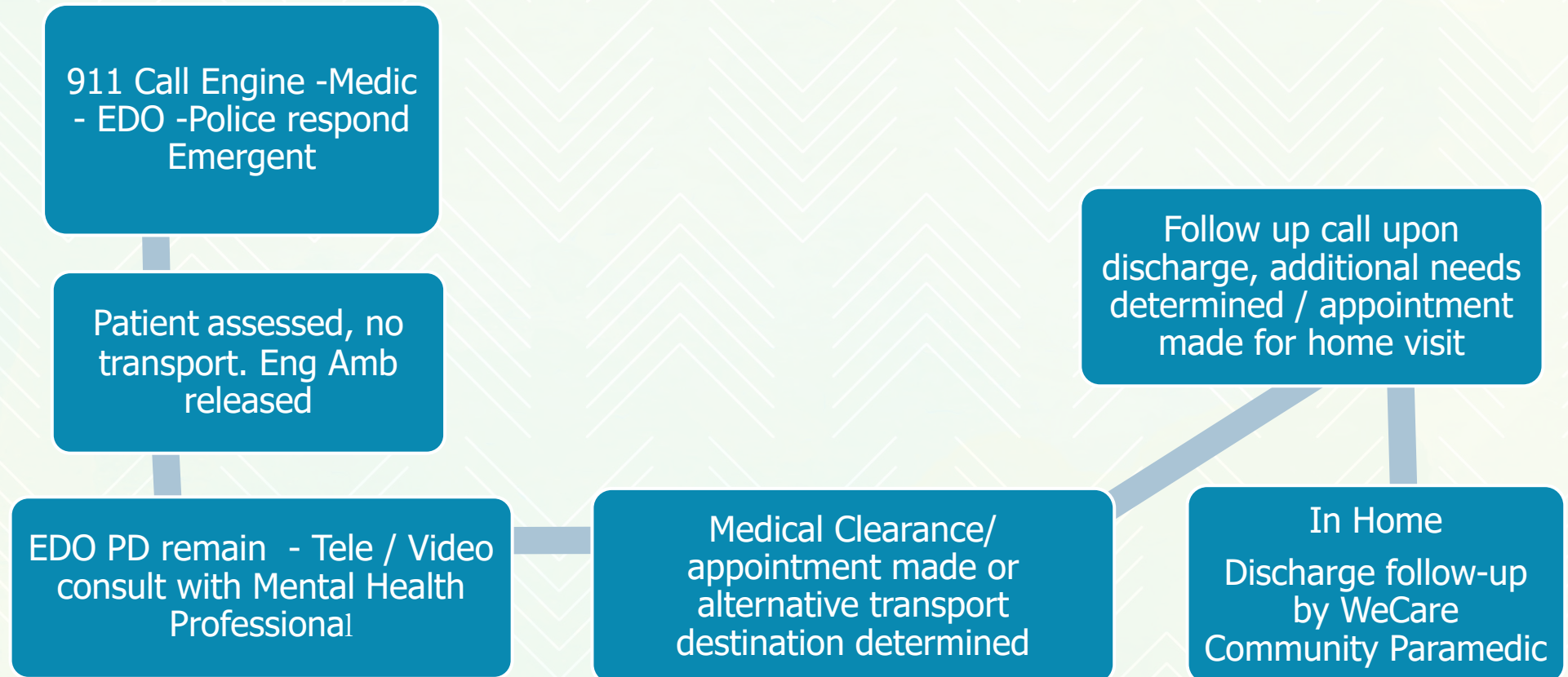
Additional Training

- CIT 101 - Basic Crisis Intervention Training
- (SBIRT) Screening, Brief Intervention, and Referral for Treatment.
- Motivational Interviewing.
- CIT for Youth
- Columbia Suicide Severity Rating Scale

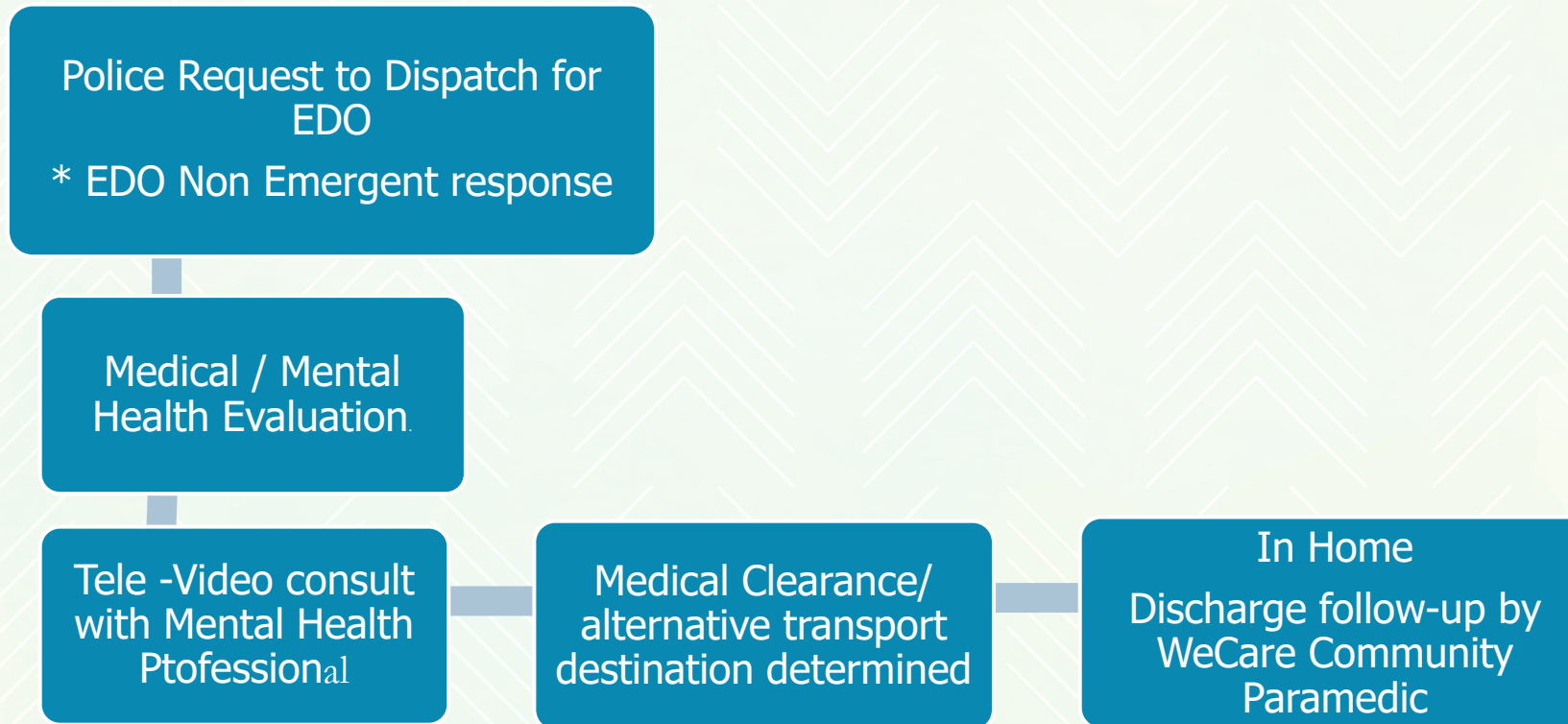
EMS DUTY OFFICER (EDO) RESPONSE ALGORITHM



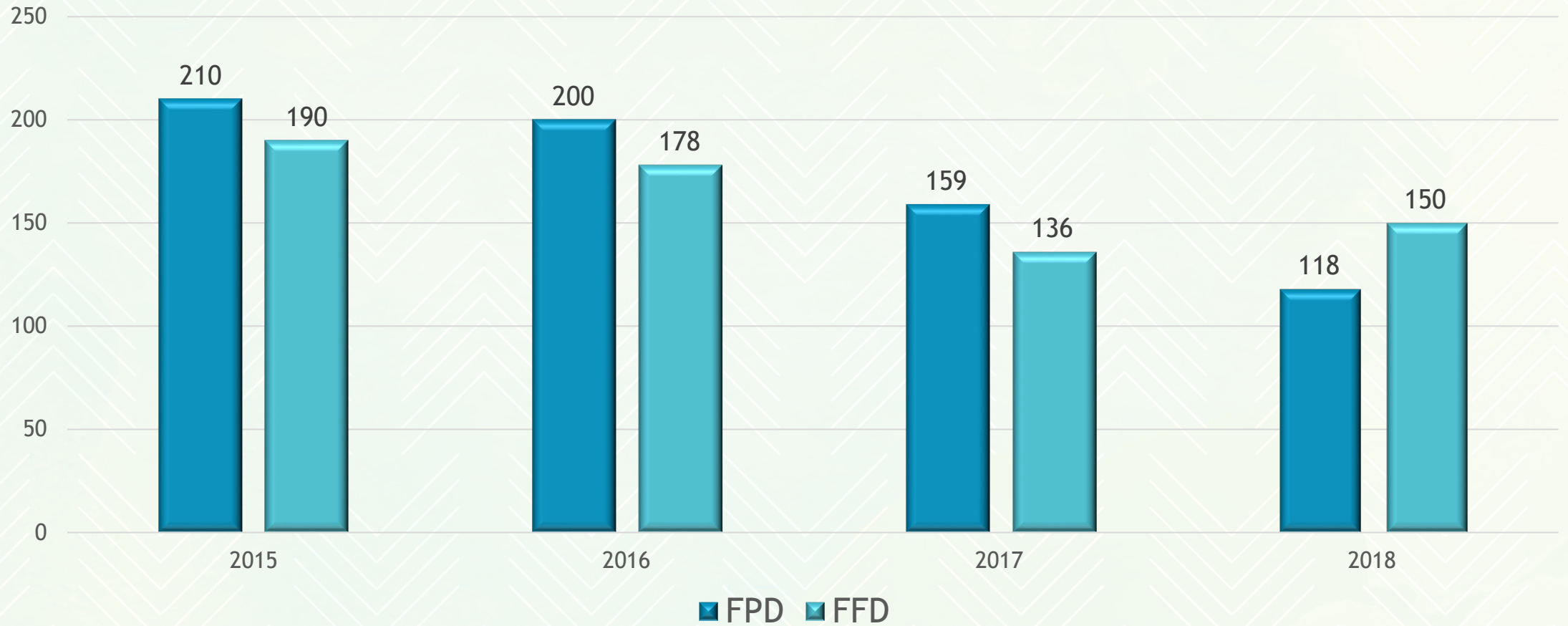
911 EMERGENCY MENTAL HEALTH RESPONSE



911 NON-EMERGENCY MENTAL HEALTH RESPONSE



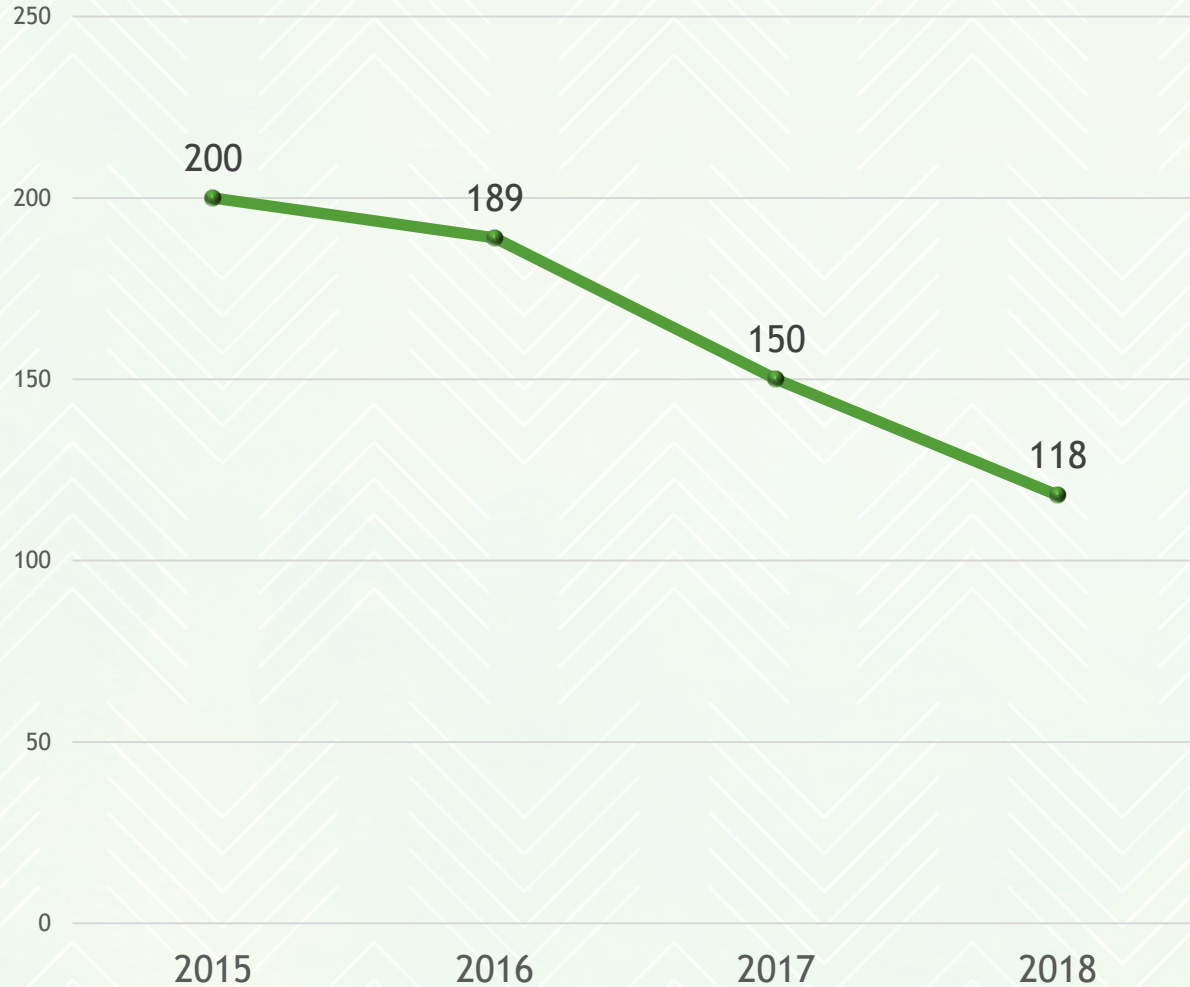
BEHAVIORAL HEALTH INCIDENTS – PUBLIC SAFETY TEAM 2015 - 2018



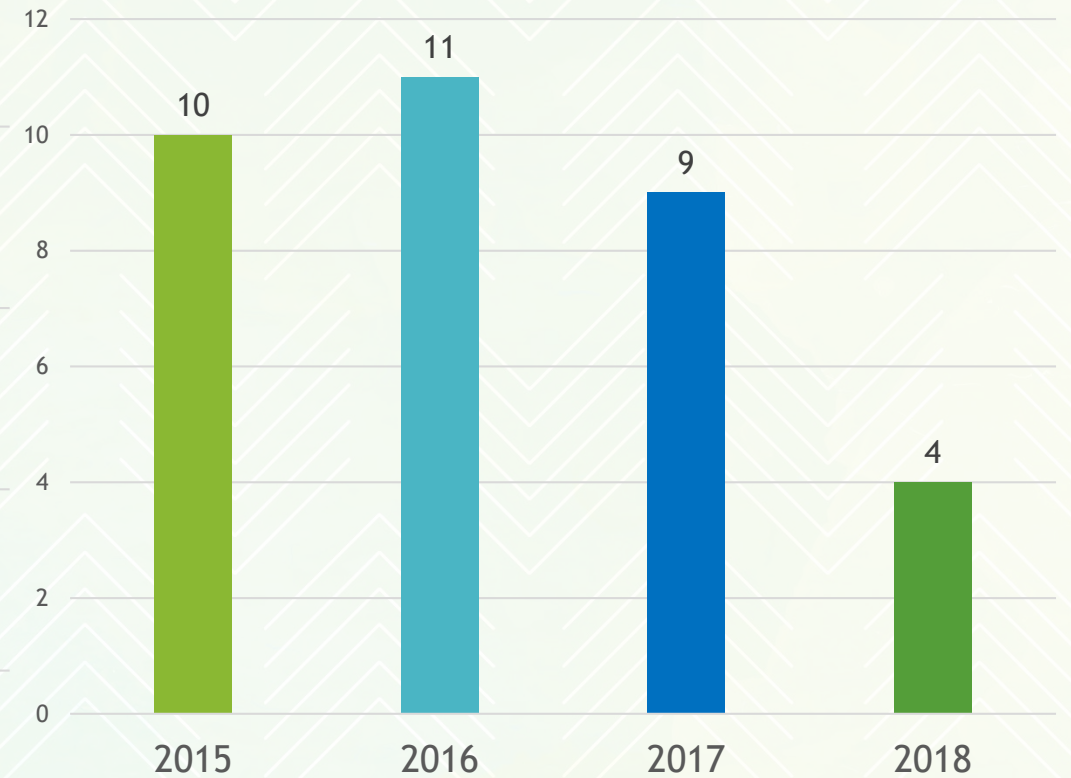
POST INCIDENT FOLLOW-UP

- Weekly list of immediate detention individuals
- 72 hour follow up call
- Automated report of all mental health patients encountered each day to EMS division for follow-up call and entry into HealthCall (community paramedicine data system,) for follow-up calls and tracking
- Calls to patients determine additional needs.
- Monthly detail report (Dashboard to Chief)

IMMEDIATE DETENTIONS



ADULT SUICIDES



**ZERO YOUTH SUICIDES
FOR 4 YEARS!**

OUTREACH & PUBLIC AWARENESS

**BUILD A
COALITION**

**RESOURCES
& FUNDING
RESOURCES**

**SYSTEMS &
PROCESSES**

**OUTREACH &
AWARENESS CAMPAIGN**

#STIGMAFREEFISHERS

STIGMA FREE STUDENT CLUBS

Over 100

- Students attending club meetings

50

- Students received suicide prevention training

27

- Club meetings

10

- Events held to reduce the stigma, share healthy coping strategies, and speaking engagements

7

- 8th grade wellness classes taught about mental health

INCREASED PREVENTION OPPORTUNITIES

1,770 8th grade students

- Taught evidence based suicide prevention lessons

1,565 11th grade students

- Attended the Get Schooled Tour convocation

700 Students and Parents

- Attended the Screenagers viewing

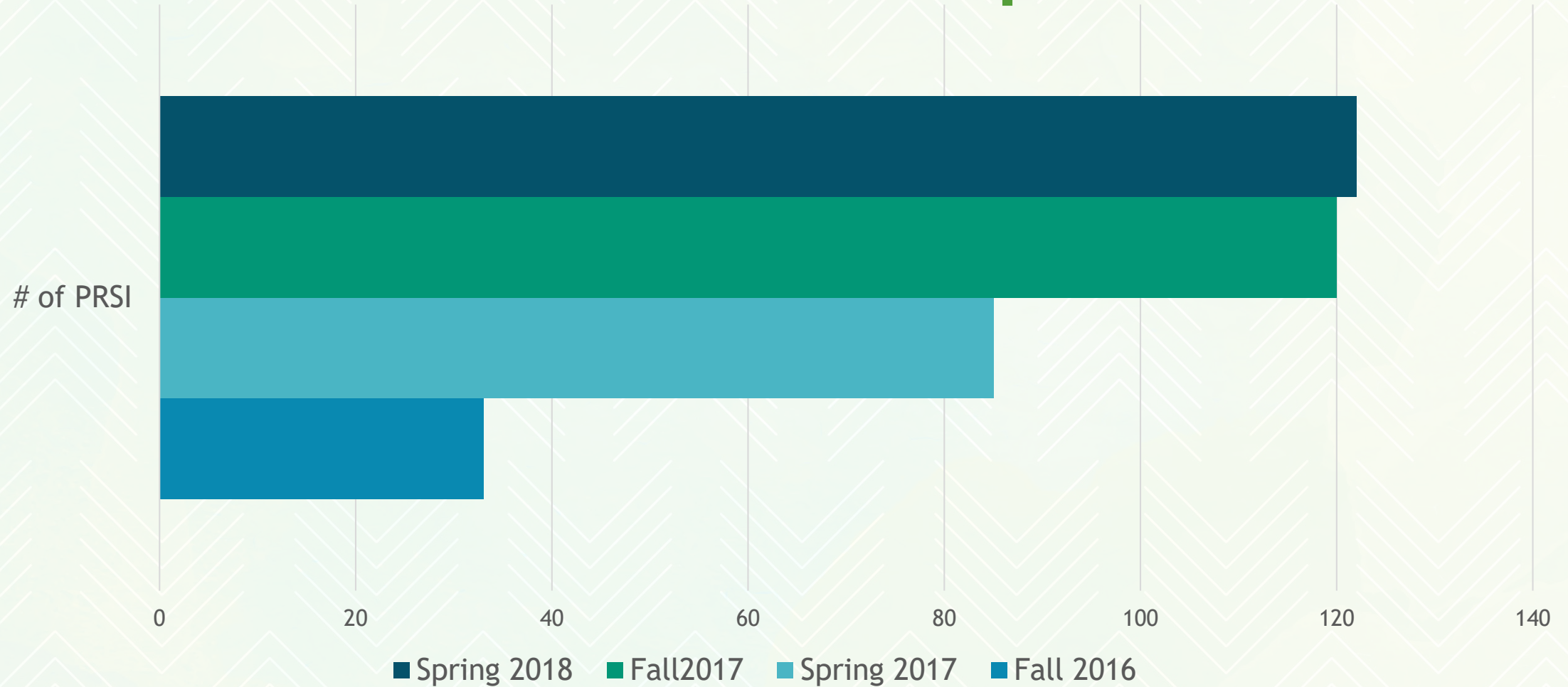
225 Parents and Students

- Attended the Night of Hope

12 Schools

- Hosted Dr. Jill Bolte Taylor's Brain Sculptures

Culture Promotes Earlier Intervention: Increase in the number of Student Risk Assessments Completed



ADVOCACY PRIORITIES

- **School mental health**
- **Coordination of care while respecting privacy**
- **Paramedicine**
- **Mental health workforce**
- **Stigma reduction and mental health training/education**

SUMMARY

Elements of a Zero Suicide School





QUESTIONS?

