From Start to Finish: Supporting a Holistic School Mental Health Program as a Community Partner.

# YOUR COURAGE, OUR GUIDANCE FOURCOURAGE, OUR GUIDANCE

Jessica Crume, MSW, LSW Director of School and Community Based Services Central Region Four County Counseling Center Lisa Willis-Gidley, BGS Assistant VP of Northern and Southern Regions Four County Counseling Center Tiffany Greiner, BS Program Development Specialist Central Region Four County Counseling Center

## **Session Objectives**

- Objective One: Participants will list three strategies to obtain quality data from school partners to engage in data-driven decision-making processes in support of successful mental health implementation.
- Objective Two: Participants will learn how to use data to guide targeted mental health program development and implementation as well as ongoing quality improvement.
- Objective Three: Participants will develop an understanding of how to train a leadership team that can replicate effective programs and support schools on a larger scale.



## **Relationship Building is KEY!**

- Engage in productive dialogue with schools regarding mental health integration.
  - Initial school contacts
  - Frequent and informative meetings with school administrators
  - Creating a common language
  - Relationships, Relationships, Relationships



## **Data Collection Uses and Implementation**

- Collect informative data efficiently regarding individual school needs.
  - School data survey
- Data measures that assist with determining effectiveness of programs.
  - Utilizing universal screening tools

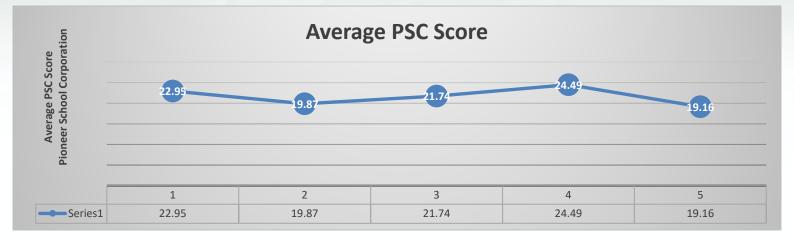


## 2015-2016 School Data Survey

	• E >	fx													
А	В	С	D	Е	F	G	н	Ι	J	К	L	м	N	0	
Gender	Fall 2015 Data				Spring 2016 Data				Four County Specific Data						
	GPA	Total Excused Absences	Total Unexcused Absences	Total Number of Disciplina	GPA	Total Excused Absences	Total Unexcused Absences	of Disciplinary Infractions WITHOUT	Primary Diagnosis	PSC Score 1	PSC Score 2	PSC Score 3	PSC Score 4	PSC Score 5	
м	6.4	1	0	10	5.8	1	0	2	Major depressive disorder	8	11	10	8	6	
F	6.8	2	0	3	8.2	5	3	3	Generalized anxiety disorder	28	17				
F	6.33	3	0	4	6.5	1	1	7	ODD	24	31	16	13	16	
F	n/a	3	0	0	n/a	2	2	0	ADHD	38	41	39	40	10	
F	8.87	7	0	2	6	2	1	3	ADHD	26	20	15	4		
F	n/a	3	0	1	n/a	6	1	0	ODD	44	17	18			
F	6.25	1	0	0	5.25	2	0	0	Generalized anxiety disorder	11					
F	6.5	3	0	0	4.6	3	1	0	ADHD	38	23	28	26		
F	N/A	3	0	0	N/A	4	2	0	ADHD	24					
F	4.6	2	1	4	4.8	2	0	1	ADHD	28	22	40			
F	N/A	4	0	0	N/A	3	0	0	ADHD	15	7	15	18	22	
м	5.5	0	0	9	3.3	5	2	12	ADHD	24	15	14	16	3	
м	4.83	1	0	12	2.66	4	3	15	ADHD	27	26				
м	3.5	1	10	21	0.5	5	10	15	ADHD	48					
м	5.3	12	0	5	5.83	4	1	1	ADHD	26	20	15	6	4	
м	N/A	40(10 hb)	0	6	N/A	11	0	1	ADHD	39	23	25	28		
м	6.1	2	0	14	4.75	2	3	10	ADHD	31	20	24			
м	5.8	4	0	10	6	4	4	6	ADHD	15	16	13	15	17	
м	N/A	14	1	. 0	N/A	14	2	0	Generalized anxiety disorder	28	17	21	24		
м	9	2	0	3	6	1	0	0	ADHD	31					
м	N/A	3	0	2	N/A	8	3	0	ADHD	6	5	6	3	7	
м		4	1	. 5		6	1	15	ADHD	25	34	32	31	41	
м	6.75	3	0	5	4	5	0	5	Major depressive disorder	42					

within we instant and within within the

## **PSC and GPA Averages**

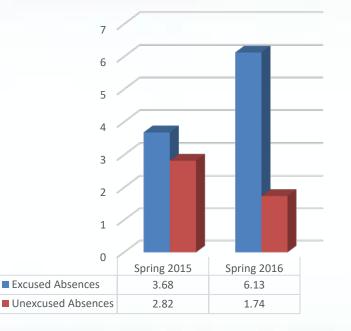


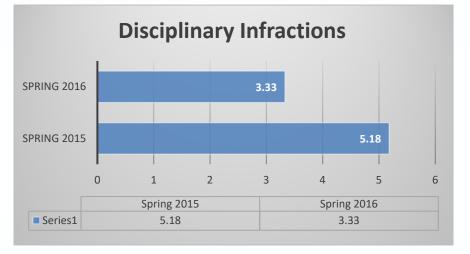




## **PSC and GPA Averages**

#### **Average Absences**





FOURCOUNTY

## **Results have shown**

ere in 1972 and the end of a number of the

- Reported psychosocial stressors decreased
- GPA's Increased
- Discipline Infractions decreased

• Share those results!!

## **Case Example**

- Pride Program
  - -Success stories

Success Classroom

 success stories



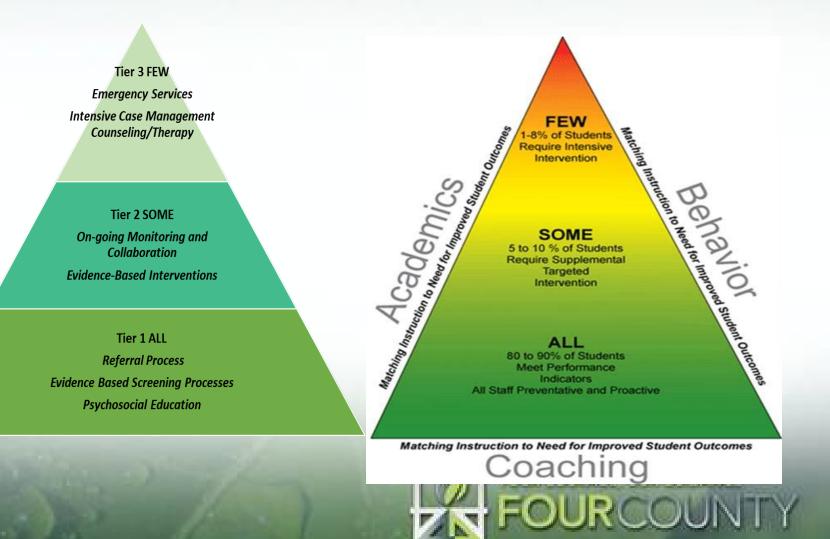
## Training Opportunities for Mental Health Associates and Schools

a line and intraction and the all the second

- Ongoing training and support for Case Managers
  - Case Manager Academy (CMA)
  - School Based Orientation
  - Life Skills Training (LST)
  - Community Health Worker Training
  - Question, Persuade, Refer (QPR)
- Professional Development/Supports for Schools
  - Sources of Strength (SOS)
  - Suicide Prevention Training
  - Trauma Informed Care for the Classroom
  - Classroom Management
  - Special Requests (Crisis Support)

### **CMHC** Triangle and PBIS Triangle

Relationship building and enhanced services leads to support on all three tiers.



## Questions?

