

# The Role of Nonacademic Supports and Services in Dropout Recovery Settings: Lessons Learned from the Early College Academy

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# Context

- An estimated 7,000 youth drop out of school each day<sup>1</sup>
- Only 66-70% of public high school youth receive their diploma "on time"<sup>2</sup>
- Researchers, policymakers, and school professionals are challenged with the task of encouraging adolescents who have left school without a diploma, or who are not on track for graduation, to stay engaged in formal education and graduate from high school<sup>3</sup>

One approach to re-engage youth is to tailor funds, resources, and services to meet the specific needs of these youth. This includes creating a more supportive, personalized learning environment for youth at risk of school dropout that also serves to address their complex needs. THE OHIO STATE UNIVERSITY

# **Dropout Recovery High School Settings**

- Locations for dropout recovery programs can include<sup>4</sup>:
  - Traditional public schools
  - Specially-created recovery-focused schools
  - Alternative learning centers
  - Community-based non-profit schools and programs
  - For-profit schools
  - Community colleges
  - Social service agencies
- Some dropout recovery programs also offer opportunities to take college courses for postsecondary credit (i.e., "early college high schools")
- Early college high schools encourage students to remain for a fifth year to graduate with both a high school diploma and attain credits toward a college degree<sup>5</sup>



## **Needs of Youth and Challenges...**

- Youth (aged 16-22), who have dropped out of school, often experience complex family, school, and community risk factors which contributed to their dropout decision<sup>6</sup>
- Many youth feel disengaged from learning, have weak ties with teachers, and experience extremely high levels of individual and family stress.
- Youth in dropout recovery programs need more supports than youth in traditional public or private school settings.
- Additional supports include, but are not limited to those for<sup>4,5,7</sup>:

Parenting/Teen pregnancy	Childcare	Transportation
Mental health	Substance Abuse	Employment
English as second language	Immigration	Family violence
Life skills	Special education	Incarceration
Healthcare	Housing	Legal Services



### **Protective Practices in Dropout Recovery Settings**<sup>8</sup>

- High academic standards designed to link youth to future learning and work opportunities
- High expectations and clear rules of behavior
- Opportunities for youth to have a voice in the school
- A shared sense of community and mutual trust
- Culturally competent staff in multiple roles
- However, dropout recovery has not been extensively studied, and very little empirical information exists on successful strategies to reengage students.
- There is a need to examine more closely the strengths and needs of hard to reach youth in order to re-engage them in formal education, while also mitigating risks for school dropout.





## **Early College Academy**

- ECA is an open enrollment charter school for students ages 16-22 residing in Franklin and its contiguous counties.
- In 2016 ECA adopted several nonacademic student support services to promote infrastructure development, assessment, progress-monitoring, and program design.
- Attendance at ECA was 30% prior to the implementation and systematic targeting of student nonacademic needs.





### **Promote Diversity and Connectedness**

Increase awareness and support for clubs, activities, and organizations that look to engage all youth

### **Meet Student Nonacademic Needs**

Improve linkage and coordination of school and community services

### **Support Academic Learning**

Improve attendance



### **Promote Diversity and Connectedness**

Increase awareness and support for clubs, activities, and organizations that look to engage all youth

### Interventions implemented:

- Basketball Team: 14
- Poetry Slam: 30
- Yoga Program: 8 weeks/classes
- Student of the Month: 8







## **Meet Student Nonacademic Needs**

Improve linkage and coordination of school and community services

### Interventions implemented:

- Hired one year-long social work intern and one part-time intern via partnership with local university
- Partnered with local community supports for youth and families
- Intake assessments to identify student nonacademic needs (1<sup>st</sup> week of school and at time of enrollment)



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# **Intern Connections**

### Influence of School Social Work Interns:

- 317 Phone calls to youth and/or parents/guardians about attendance
- Total of 78 individual counseling sessions with 26 students
- 12 referrals made to outside agencies

### In-take Assessments:

- 81 surveys collected; identified nonacademic needs including:
  - 45% of students relied on bus transportation
  - Interest in assistance with:
    - how to apply for scholarships (29%)
    - help with interview skills (11%)
    - help finding a job (30%)

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## **ECA Assessment Data**

Risk factors included:

- Violence in homes or neighborhoods(18%)
- Physical, sexual and/or emotional abuse (22%)
- Witnessed the death of a close friend due to violence (30-42%)
- Bullying (27%)
- Substance use/misuse (30%)
- Difficulty with emotional regulation (43% indicate difficulties controlling anger)
- Difficulties paying attention in class (54%)
- Depressive symptoms (36%)



## **ECA Assessment Data**

### Assets included:

- 87% of students report having at least one positive role model
- 86% report having empathy
- 85% report having positive social networks
- 84% of students endorsed a positive self-concept
- 82% stated they enjoy learning new things
- 78% stated they enjoy going to school
- 71% of student report possessing problem solving skills
- 40% attend church or other places of worship
- Over 40% of students report being employed



### **Support Academic Learning**

### **Improve attendance**

According to a recent systematic review and literature review, school attendance can be improved if:

- 1. Students are aware of the problem<sup>9,10,11</sup>
- 2. The school has a culture that supports students<sup>9,10</sup>
- 3. Students with the most concern are targeted<sup>9,10</sup>

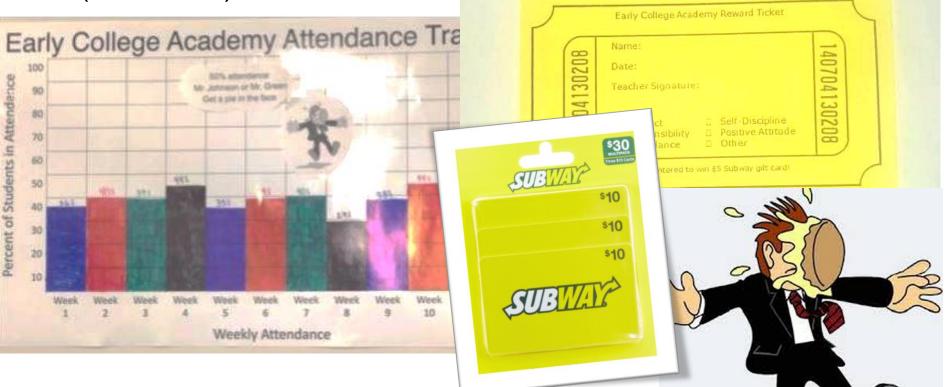
### Interventions implemented:

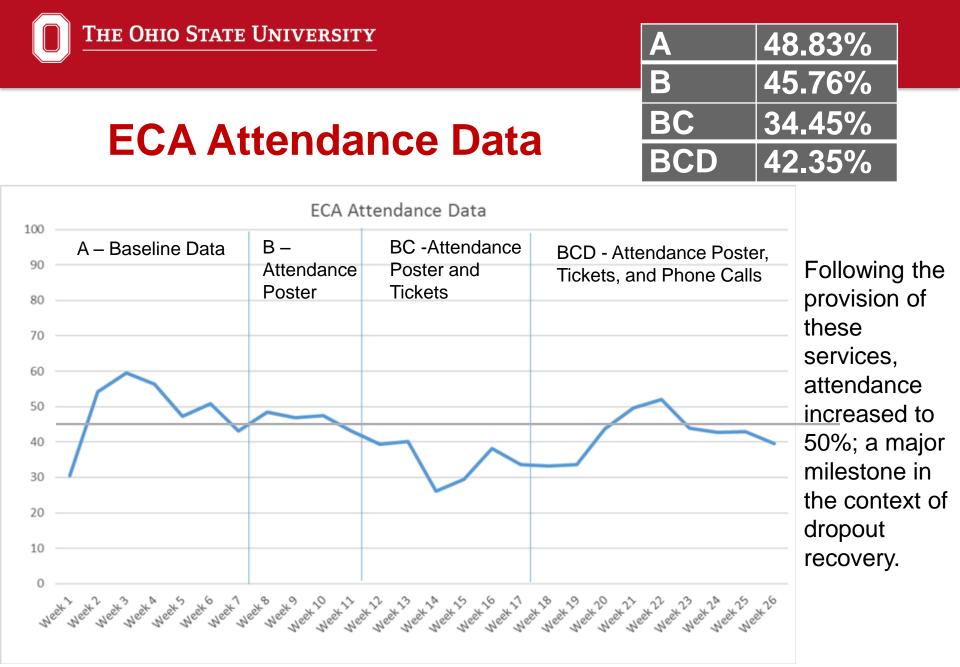
- Overall school attendance goal, tracking, and incentives
- Group incentives
- Individual incentives
- Targeted outreach





- Poster displaying weekly attendance averages (School)
- Ticket reward system for positive behaviors (Group & Individual)
- Phone calls to students with excessive absences (Individual)





## Implications

- Recognized high nonacademic needs of students
  - Supported need for two year-long social work interns
- Attendance was low on days when Columbus City was out of school
  - School decided to align days off school with city schools (i.e., students had siblings attending these schools)
- High percentage ride buses; issues getting to school on time were evident
  - School flipped "tutoring period" to first period rather than 4<sup>th</sup> period
- Youth reported difficulty concentrating in class
  - Began to focus professional development for teachers and support staff on ways to engage youth who have difficulty concentrating in class
- New legislation and infrastructure
  - The overall school, group, and individual attendance tracking aligns with House Bill 410 (any student under 18 must be contacted after missing 40 hours of school)



### References

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