

Welcome

Lights, Camera, Action

Answer the question by:

Opening a browser on any laptop, tablet or smartphone

Go to [slido.com](https://www.slido.com)

Enter the event code **#AWARE**

Where are you from?



Lights, Camera, Action:

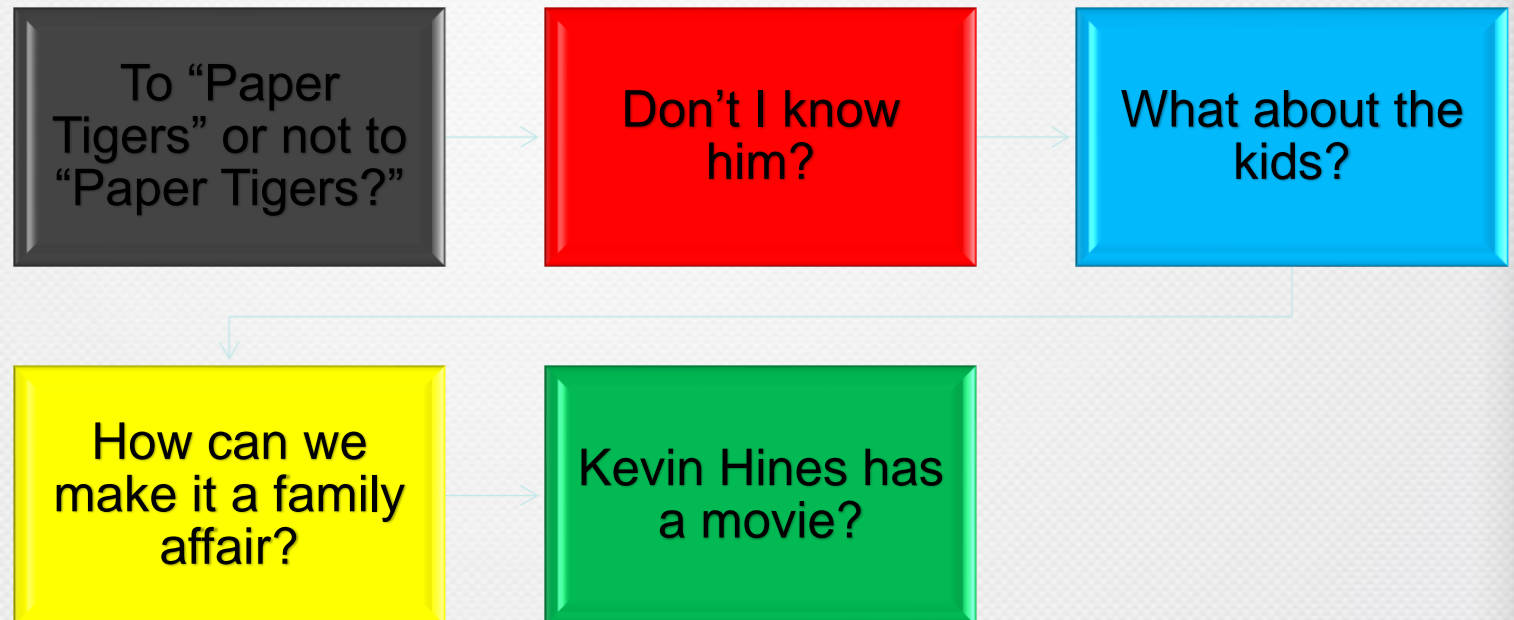
Engaging Families and Community with a Mental Wellness Film Series



Adrienne Boisson – Director Project AWARE

Christopher Williams – Assistant Director Project AWARE

Take 1 – The Planning Process

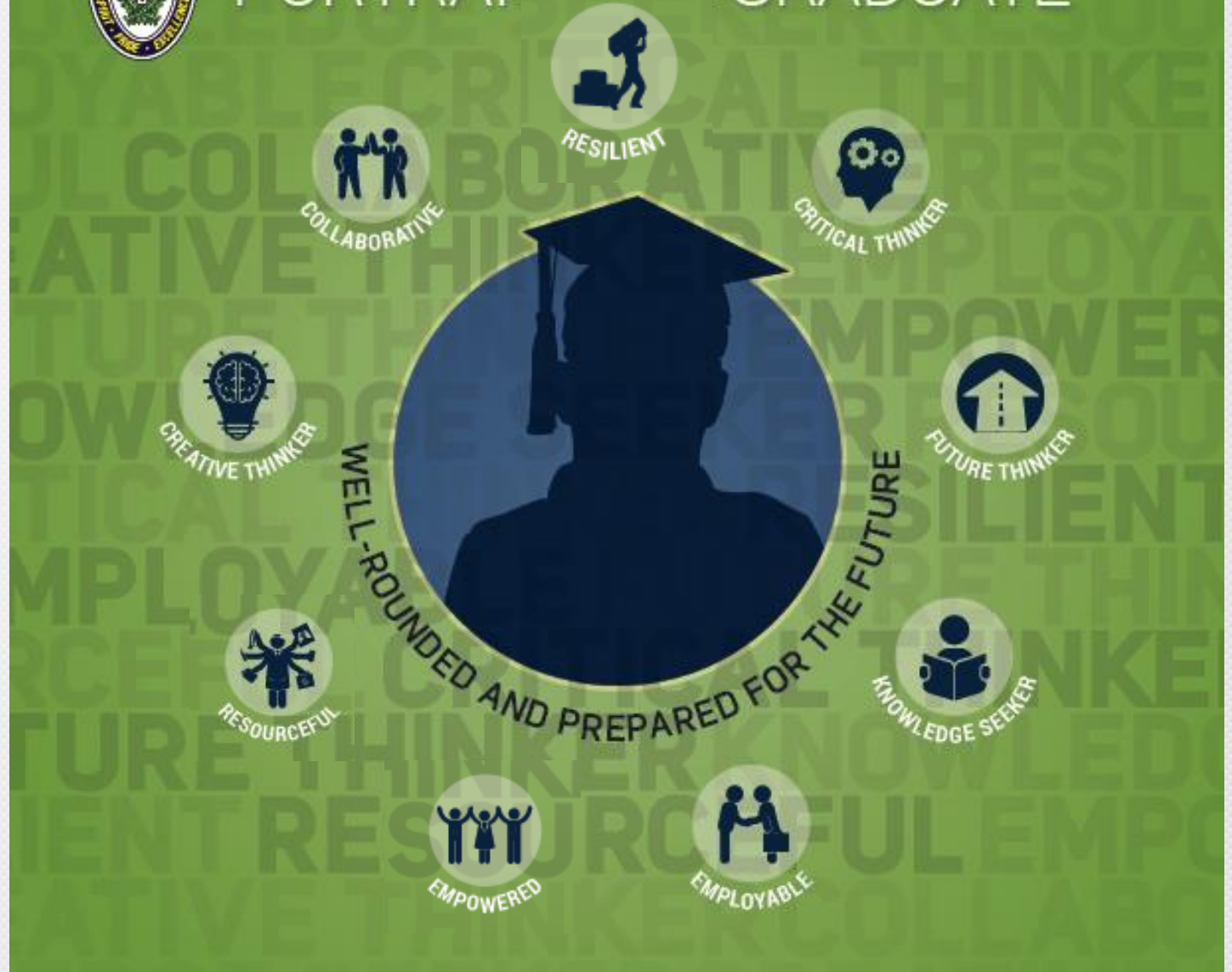




PROJECT
AWARE
GEORGIA
NEWTON



Newton County School System's PORTRAIT OF A GRADUATE



What is your favorite movie genre?

Answer the question by:

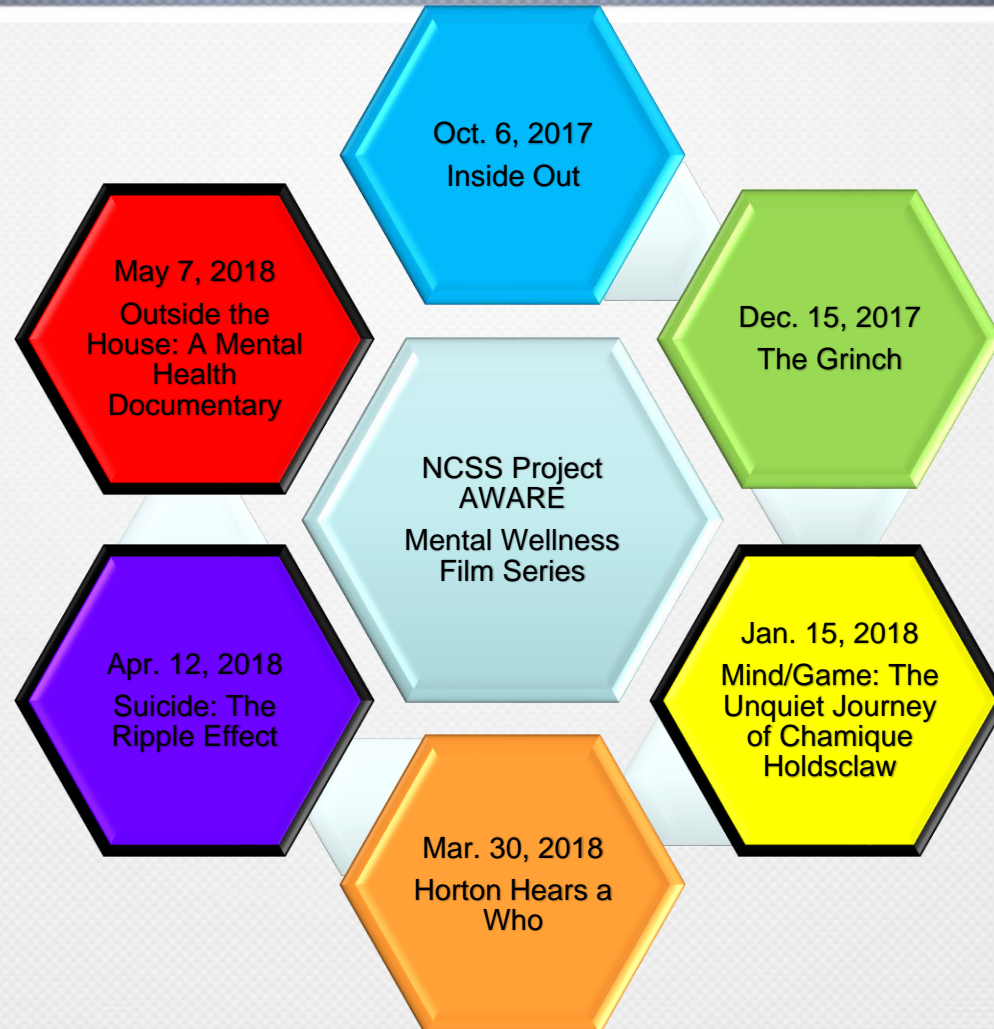
Opening a browser on any laptop, tablet or smartphone

Go to [slido.com](https://www.slido.com)

Enter the event code **#AWARE**



Mental Wellness Film Series



Mental Wellness Film Series



Family Mental Wellness Film Series

Inside Out

- An inside look at how Joy, Sadness, Fear, Disgust, and Anger control 11 year-old Riley's memories and current experiences as her whole world changes.

The Grinch

- The Dr. Seuss classic about the growth that the vindictive Grinch experiences after being touched by the kindness of the Who community.



Horton Hears a Who

- A suspenseful Dr. Seuss adventure punctuated with lessons about individuality, friendship, community, inclusiveness, and perseverance.



Community Mental Wellness Film Series


HOSTED BY NCSS PROJECT AWARE


Social Emotional Learning from The Inside Out

October 6, 2017
Disney's Inside Out
 6:00 pm-8:30 PM
 Newton High School

Popcorn & Drinks
 Face Painting
 Prize Giveaways
 Activities Following the Film



TODAY I AM FEELING



BECAUSE date _____

Eleven discussion prompts for parents:

Ex 1) Out of all the emotions represented in this movie, which one do you think has created the most memories inside of you?

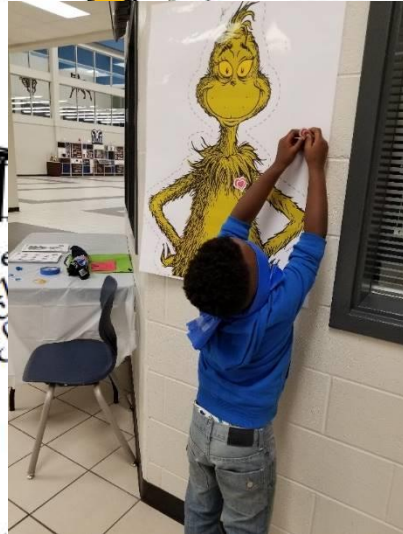
Ex 2) What problem does Riley think running away will fix? Why is she wrong? What could have happened to her if she'd gone through with her plan? Parents, talk to your kids about why Riley's idea — and how she went about trying to accomplish it — is not an example to follow.

Youth Mental Wellness Film Series

HOSTED BY NCSS PROJECT AWARE

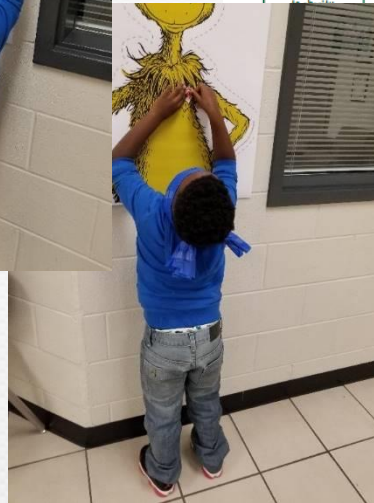


Social Emotional Learning with



Activities Following the Film

Free Admission



GRINCH GROW YOUR HEART BINGO!

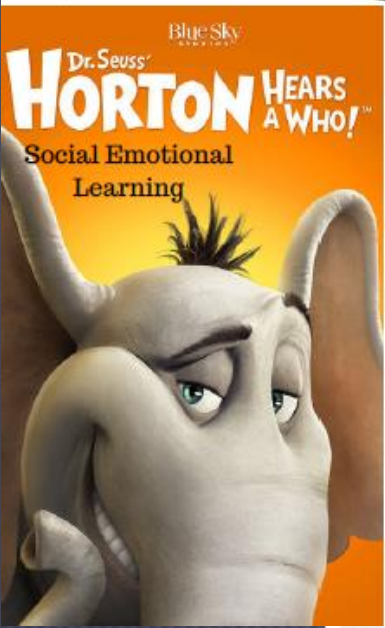
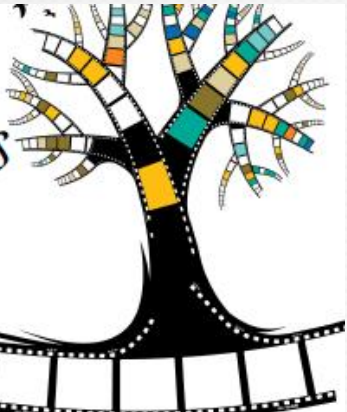
How many good deeds can you do this Grinch? Draw a heart around each good deed you do.

Donate clothes you no longer wear.	Help your mom and dad decorate for the holidays.	Clean your room.	Write a thank note to someone who has done something nice for you lately.
Ask an elderly neighbor if you can help them.	Help do the dishes after dinner.	Make a card for someone in the hospital.	Tell everyone in your family that you love them.
File and say hello to someone at school. Don't be shy!	Make a holiday card for your teacher.	Do something nice for your mom or dad without being asked.	



Youth Mental Wellness Film Series

HOSTED BY NCSS PROJECT AWARE



March 30, 2018
Horton Hears A Who!

6:00 pm-8:30 PM
Newton High School
Popcorn & Drinks
Face Painting
Prize Giveaways
Activities Following the Film
Free Admission
Reserve Tickets: Eventbrite
<http://bit.ly/2ndsMzD>



Documentaries

Mental Wellness Film Series

Mind/Game: The Unquiet Journey of Chamique Holdsclaw

This powerful story of courage, struggle, and redemption follows “the female Michael Jordan,” from troubled family life to basketball superstardom, and reveals her long-hidden battle with mental illness.

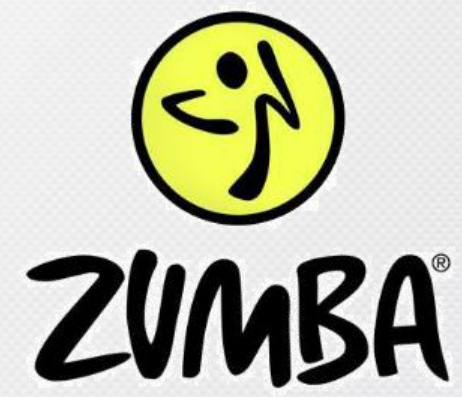
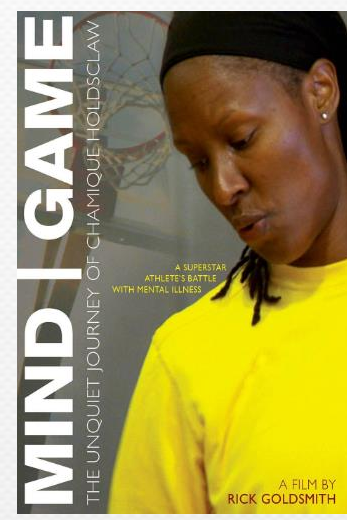
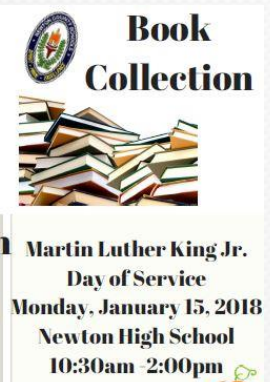
Suicide: The Ripple Effect

- “This film is part of a global mission to help reduce the number of suicides and suicide attempts around the world. Through sharing stories of survival and recovery we are creating significant awareness of this health crisis, while helping people find the support they need to stay alive, heal and **#BeHereTomorrow!**”

Outside the House: A Mental Health Documentary

- “This film is not about statistics, or science, or theories, or practices. It’s about mental health and courageously sharing our stories so others will know they are not alone. It’s about what happened to us, what will happen to our children, and breaking cycles that are killing us in dark places.”





MIND | GAME
THE UNQUIET JOURNEY OF CHAMIQUE HOLDSCLAW

A SUPERSTAR
ATHLETE'S BATTLE
WITH MENTAL ILLNESS



Martin Luther King Jr. Day of Service
Monday, January 15, 2018
Newton High School

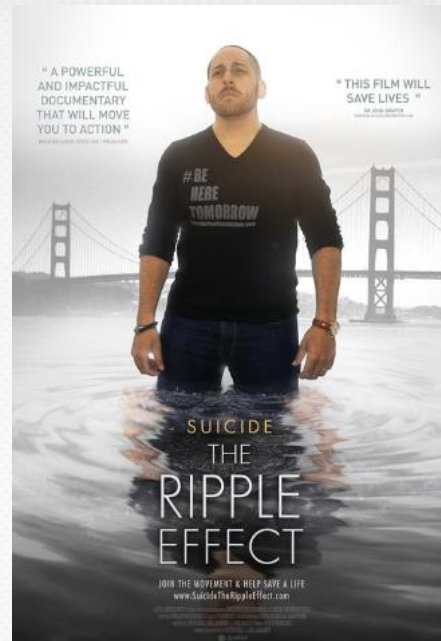


Blood Drive
9:00am-2:00pm
Collections
10:00am-1:30pm

Coats, Toiletries, Books, Canned Goods, Luggage

Open to the Public

Pre-Registration Required:
Volunteer T-Shirt, Film and Zumba Experience, Lunch (Free)
Resource Tables
RSVP or Eventbrite: <https://goo.gl/SS2zRmD>



Event Host

Amanda Mullinax ~ NCSS Project AWARE Youth Mental Health
First Aid Trainer

Panel Discussion

Moderator: Chiquita Perry ~ NCSS Behavior Intervention Specialist
Reinette Arnold ~ Behavioral Health Link
Cheryl Benefield ~ GaDOE Program Manager, Safe and Drug-Free
Schools
Larry Evans ~ Garrett Lee Smith Zero Suicide Coordinator
Wendell Fields ~ Behavioral Health Link
Jennifer Wilds ~ View Point Health

“Once I stepped
outside the house,
I realized that I wasn’t
alone.”



A Vision for Mental Health
STUDENT ART SHOWCASE
&
MENTAL HEALTH DOCUMENTARY

Panel Discussion

Moderator: Shakila Henderson-Baker ~ NCSS Board of Education

Darnell Lamont Walker ~ Creator, Director, Editor

Melissa Brown ~ School-based Mental Health Clinician

Cheron Crouch ~ Behavioral Health Link

Larry Evans ~ Garrett Lee Smith Zero Suicide Coordinator

Wendell Fields ~ Behavioral Health Link

Caryn Thompson ~ CPSP, Mental Health America Of Georgia & NAMI Georgia

Camryn Triplett ~ Silence the Shame

Jennifer Wilds ~ View Point Health



Resources

Panelists

- Behavioral Health Link / Georgia Crisis & Access Line
- Suicide Prevention Coalition
- Zero Suicide Coordinator
- Georgia Department of Education (Safe & Healthy Schools)
- Local Clinicians

Door Prizes

- Social Emotional Learning Books
- Take home activities
- Parental question guides



Marketing

Physical

- PBIS Coaches
- Flyers
- Car Rider Lane
- Community Partnerships



Virtual

- Eventbrite
- Social Media
 - Facebook, Twitter, Instagram
- Email



Data Collection and Family Engagement



Event overview

[INFOGRAPHICS](#)[EXPORT](#)

 **Active users**

17

Engagement score 

24

Engagement per user

1.4

 **Questions**

15

Likes / dislikes

9 / 0

Anonymous rate

93%

 **Poll votes**


26

Polls created

3

Votes per poll

9

 **Anonymous**

7 May, 8:22pm

0  4 

What role do you think sexuality and gender identification plays into mental illness

 **Anonymous**

7 May, 7:40pm

0  2 

What effects do you think hypermasculinity has on boys and girls in their futures?

 **Anonymous**

7 May, 8:21pm

0  1 

I experienced a trauma only a few years ago that really affected me but I've grown to learn to accept it on my own. No one knows. How can I tell my family?


 **Anonymous**

7 May, 8:32pm

0  1 

I've always wanted to have a child of my own. Now I'm too scared I'll pass down my illnesses to my child. Do I put my wants first or the health of the baby



 **I feel comfortable talking to my doctor about my mental health's needs.**

12 

 How did you hear about this event?

8 

 Why did you decide to attend this event?

6 

I feel comfortable talking to my doctor about my mental health needs.

12 

Strongly agree



Agree



Neither agree nor disagree

0%

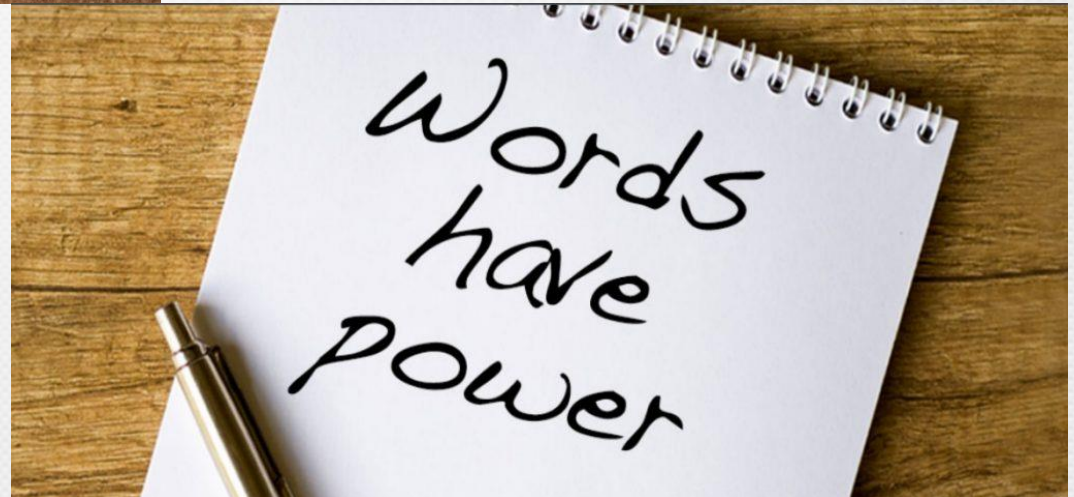
Disagree

6%

Strongly Disagree

6%

Family Engagement



Documentaries
Forming Us!

Angst – Parents
Hort Family Heals At Who
Holden On – Counselors
Wellness Films Series
Mind Game – Sports Teams
2008-2019
Resilience – TBD

Thank You!

projectaware@newton.k12.ga.us

@ncssprojectaware

<http://bit.ly/mm4mh>

#1mm4mh