

SBIRT: It's Not Just For Substance Use Any More

*Working Collaboratively to Implement School-
Based Screening*

November 6, 2015



KY School-Based Behavioral Health Screening Initiative History

- In December 2013, Attorney General Conway announced \$32 million in settlements with two pharmaceutical companies
- \$12 million allocated directly to residential substance use treatment providers
- \$20 million allocated for KY Kids Recovery, a juvenile SA treatment grant program
- Includes \$1 million for the Division of Behavioral Health (DBH), to implement a school-based substance use screening tool to intervene with at-risk youth



High-level commitment for school-based screenings:

- First Lady Jane Beshear
- CHFS Secretary Audrey Tayse Haynes
- DBHDID Commissioner Mary Begley
- KDE Commissioner Terry Holliday

SBIRT Implementation

Screening

- What screening tool will we use?
- Who will conduct the screening?
- What will trigger a screen?
- How will screening lead to intervention and referral?

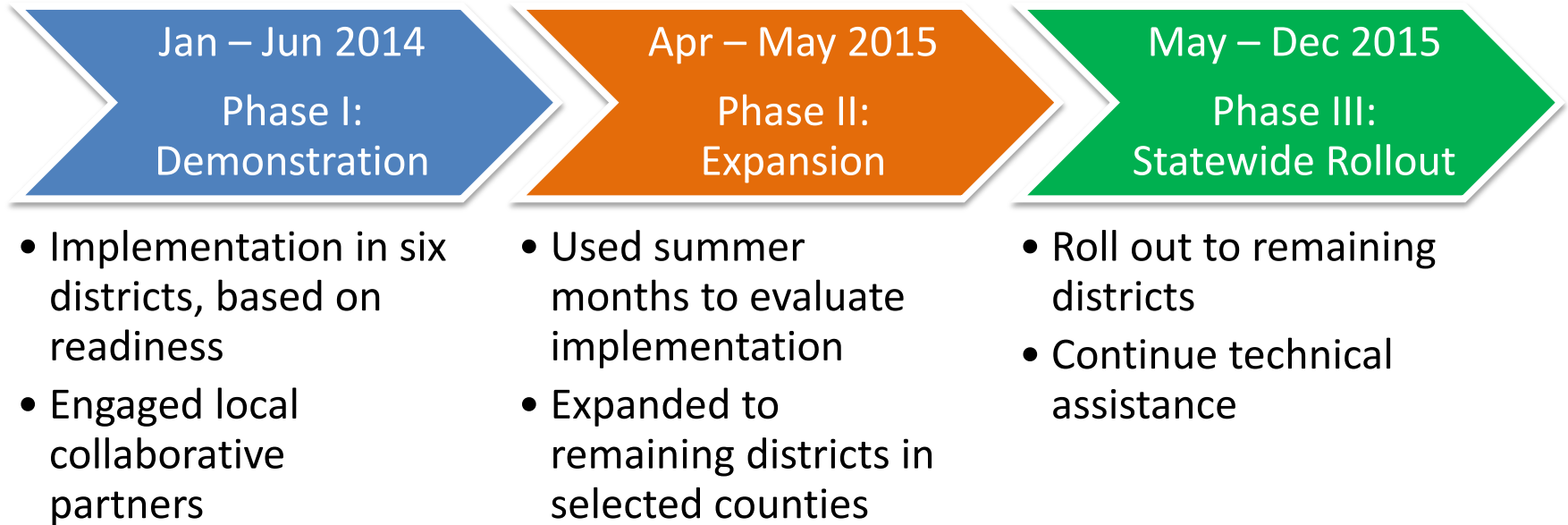
Brief Intervention

- How will school staff intervene once an issue is identified?
- Will the screeners be the ones to intervene?
- What materials will be available for students/caregivers?

Referral to Treatment

- Who will complete the referral?
- To whom will referrals be made?
- Is there a protocol for follow up?

Initiative Implementation Phases



Phase I Steps Taken

January 2014

- Settlement funding announced
- First workgroup meeting held
- Explored screening tools
- Researched potential demonstration districts
- Developed implementation plan and budget

February 2014

- Identified screening tool for demonstration
- Narrowed down demonstration districts
- Explored training needs
- Identified evaluation needs
- Presented implementation plan and budget to state leaders

March 2014

- Developed training curriculum
- Identified and engaged collaborative partners
- Developed referral process
- Conducted outreach to potential demonstration districts
- Confirmed Demonstration Districts

Phase I: Demonstration

-Deciding Demonstration Districts-

Need

Fit

Resource
Availability

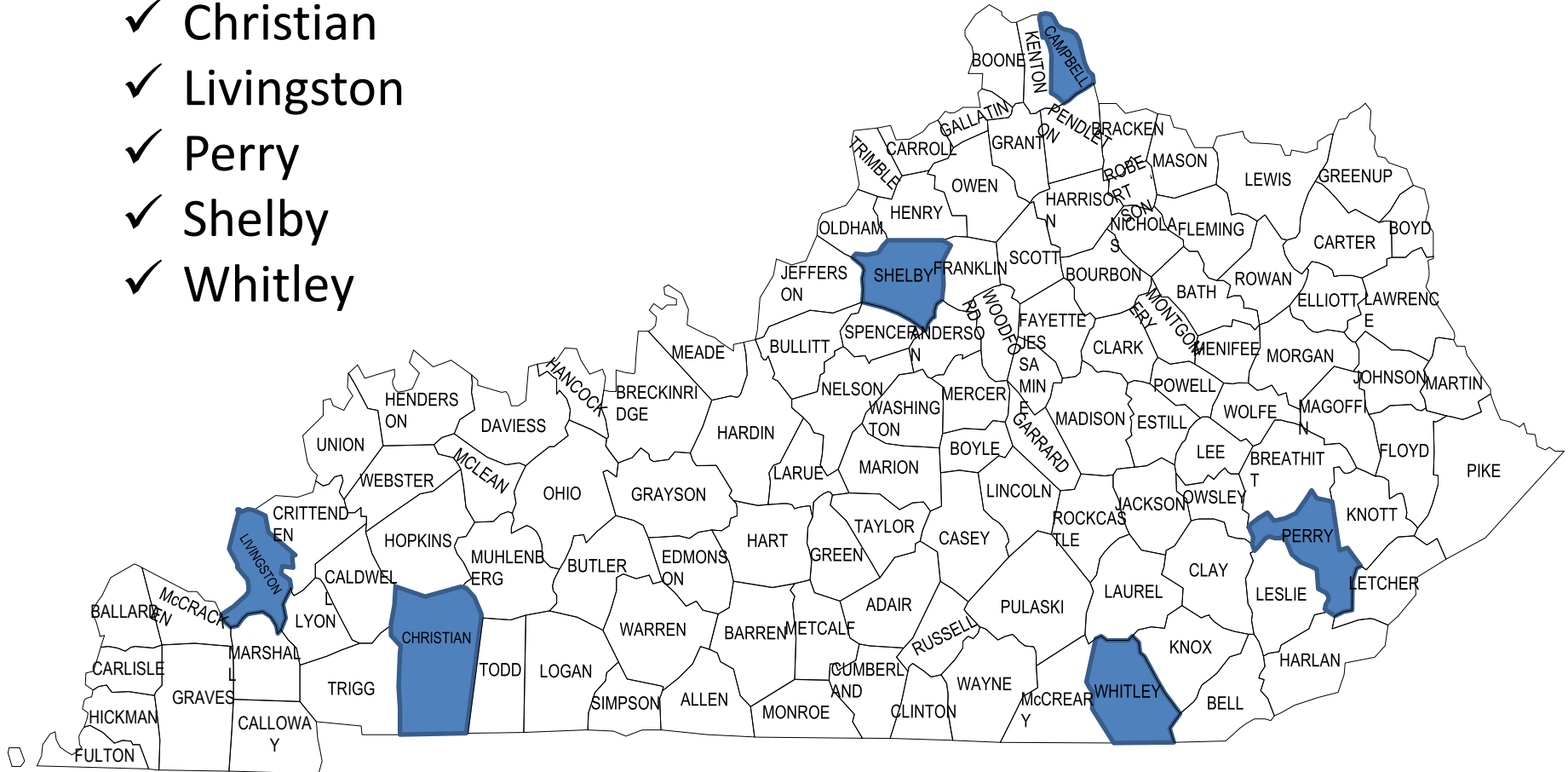
Evidence of
Outcomes

Readiness for
Replication

Capacity to
Implement

Phase I: Participating Districts

- ✓ Campbell
- ✓ Christian
- ✓ Livingston
- ✓ Perry
- ✓ Shelby
- ✓ Whitley



Phase I: In Schools

Participating districts selected:

- 1 High School
- 1 Middle School
- 1 Additional School
(alternative, day treatment, etc.)
- A district-level point of contact for project

Participating schools:

- Identified 2-3 screeners at each school
- Completed online training
- Shared information and feedback for evaluation
- Conducted screenings
- Made referrals for assessment, when appropriate

Phase I = Demonstration

Phase I \neq Perfection

To Start the Expansion Phase, a Joint Letter Went to All Superintendents:

Steven L. Beshear
Governor



Terry Holliday, Ph.D.
Commissioner of Education

EDUCATION AND WORKFORCE DEVELOPMENT CABINET DEPARTMENT OF EDUCATION

Capital Plaza Tower • 500 Mero Street • Frankfort, Kentucky 40601
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March 27, 2015

Dear Superintendent:

As you know, 20-25% of adolescents experience a diagnosable mental health disorder before age 18. Untreated mental health problems in adolescents can lead to an increased risk for the use of addictive substances. So often, behavioral health issues (which include mental health and substance use disorders) often present in the classroom in a wide array of internalized and externalized behaviors. Although these behaviors may seem to be “correctable,” they are often symptoms of greater behavioral health issues. Through screening, school staff may be able to identify if students need services and then intervene with appropriate supports so students can stay on track toward college and career readiness.

You may be aware that the Department for Behavioral Health, Developmental and Intellectual Disabilities and the Kentucky Department of Education have been working together for over a year to launch the School-Based Behavioral Health Screening Initiative. This initiative, which is funded by legal settlements between Attorney General Jack Conway’s Office and two pharmaceutical companies and is supported by First Lady Jane Beshear, has several objectives:

1. To assist school-based staff in identifying students who may be dealing with behavioral health challenges;
2. To provide access to a low-cost/easy-to-administer screening tool and associated training; and ultimately,
3. To screen students for behavioral health challenges and refer them for additional assessment and services, if needed.

Last spring, six school districts across the Commonwealth participated as “demonstration districts” in the initiative. Within a very short timeframe, these districts were successful in training over 30 school-based staff on the use of an evidence-based behavioral health screening tool and, in turn, screened nearly 50 students. The demonstration districts have continued with their implementation this school year, and based on their valuable input, feedback, and evaluation, we are excited to be entering into the second phase of the initiative, which includes expanding to additional districts throughout the state.

This brings us to the purpose of this communication. We are seeking districts interested in participating in the expansion phase of the initiative. Participating districts will receive benefits such as:

- Implementation stipend (amount to be determined upon launch)
- Training and technical assistance with a variety of related topics (including, but not limited to):
 - How to identify behavioral health needs of students
 - Strategies for briefly intervening with students demonstrating behavioral health needs
 - Administering a behavioral health screening tool
 - Developing relationships with local behavioral health providers
- Outreach and educational materials about behavioral health and education
- Ongoing access to a web-based behavioral health screening tool

In order to receive the benefits of initiative, participating districts will have to meet the following expectations:

- Identify one district-level point of contact (e.g., DFP) who will be responsible for overseeing implementation
- Identify, at a minimum, three schools (serving grades 5-12) to participate
- Identify 2-3 staff at each participating school who will serve as the school’s point of contact for the initiative, complete training on the screening tool, and screen students
- Complete user-agreements for the web-based screening tool
- Participate in state and local implementation team meetings (e.g., conference calls, in-person, etc.)
- Participate in evaluation of the demonstration project

We will be hosting a webinar on Thursday, April 9, 2015 at 1:00-3:30 PM (Eastern) that will include a more detailed overview of the initiative, additional information about participating in the expansion phase, and an opportunity for you to ask questions of DBHDID and KDE staff and of our demonstration districts. The webinar will be recorded for those who are unable to participate on April 9th. You can RSVP to the webinar here <http://goo.gl/forms/2XclZCOAcM>. In the meantime, please feel free to contact Heather Dearing at Heather.Dearing@ky.gov with any immediate questions or concerns.

Sincerely,

Commissioner Mary Reinle Begley
Department for Behavioral Health,
Developmental & Intellectual Disabilities

Commissioner Terry Holliday
Kentucky Department of Education

Phase II Steps Taken

April 2015

- Worked with Demonstration Districts to enhance sharing of information
- Identified Expansion Districts
- Developed toolkit for schools
- Developed website with KDE

May 2015

- Developed a training tool for using the GAIN-SS
- Trained Expansion Districts
- Posted toolkit and other information to KDE website
- Continued work with Demonstration Districts to expand screening within their districts

Phase III Steps Taken

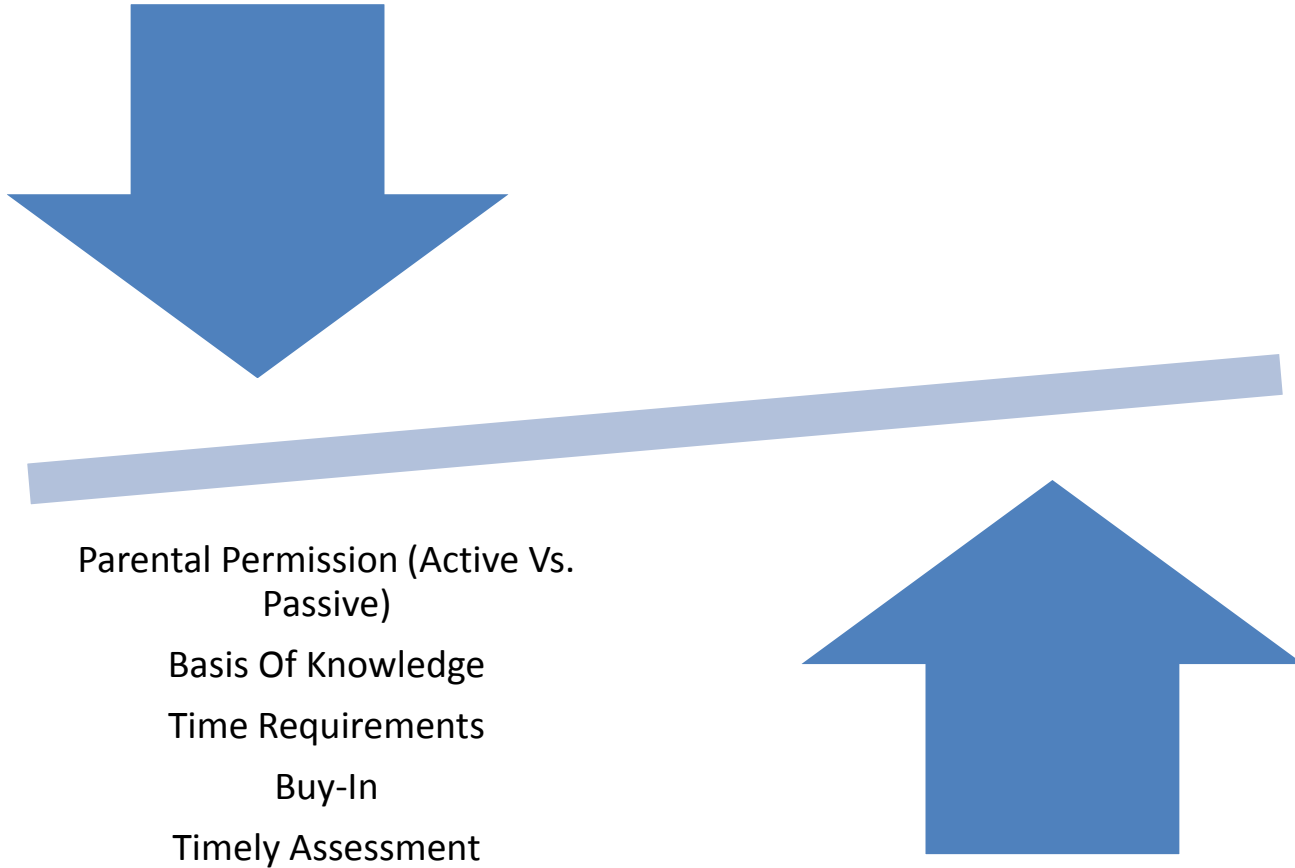
Summer--Fall 2015

- Several outreach activities including in-state education conference presentations
- Worked with KDE to target outreach to specific districts
- Worked to streamline data sharing
- Developing sustainability plan

Lots of different systems had to work together:



There Were Challenges:



But Also Successes:



Ease of Training
More Appropriate Referrals Led
to Better Outcomes
GAIN Management
Districts Helped One Another
Data Was Used For
Improvements



KY Was Able To Implement Some Strategies To Address The Challenges

Challenges

- ☐ Basis Of Knowledge
- ☐ Timely Assessment
- ☐ Buy-In
- ☐ Time Requirements

Strategies

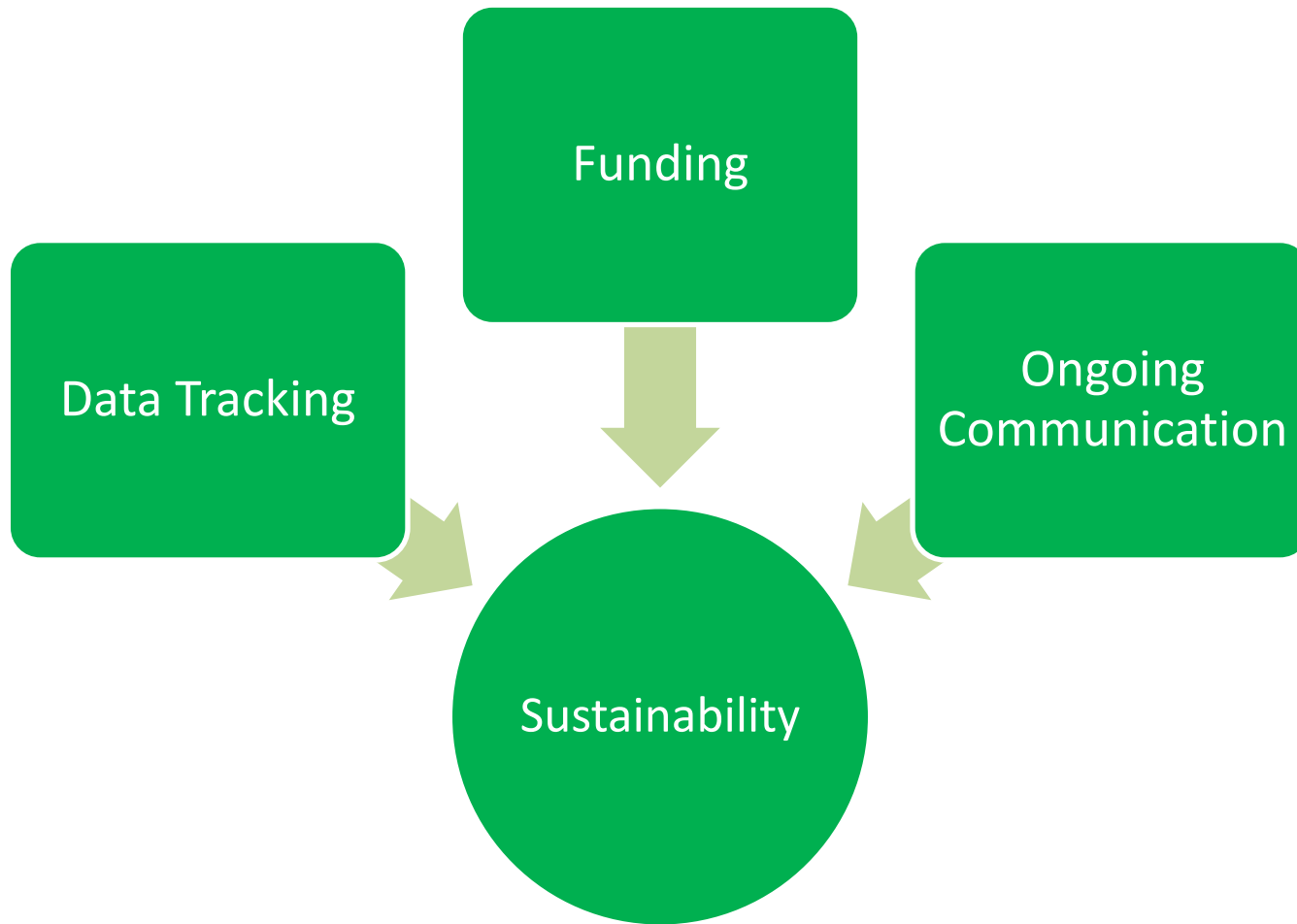
- ✓ Consultation with Legal Teams
- ✓ Worked with CMHCs to Expedite Referrals
- ✓ Reached Out to Staff at Various Levels; Solicited Feedback
- ✓ Made Resources Available Online and Offered Training Via Recordings

Making Connections

- Persistence to Graduation
- Response to Intervention
- Positive Behaviors Intervention Supports (PBIS)
- Suicide Prevention
- Coordinated School Health Program (CSHP)
- Red Ribbon Week (Substance Use Prevention)
- Truancy Prevention
- Safe and Drug Free Schools
- SB 200 Implementation
- Bullying Prevention
- Project AWARE

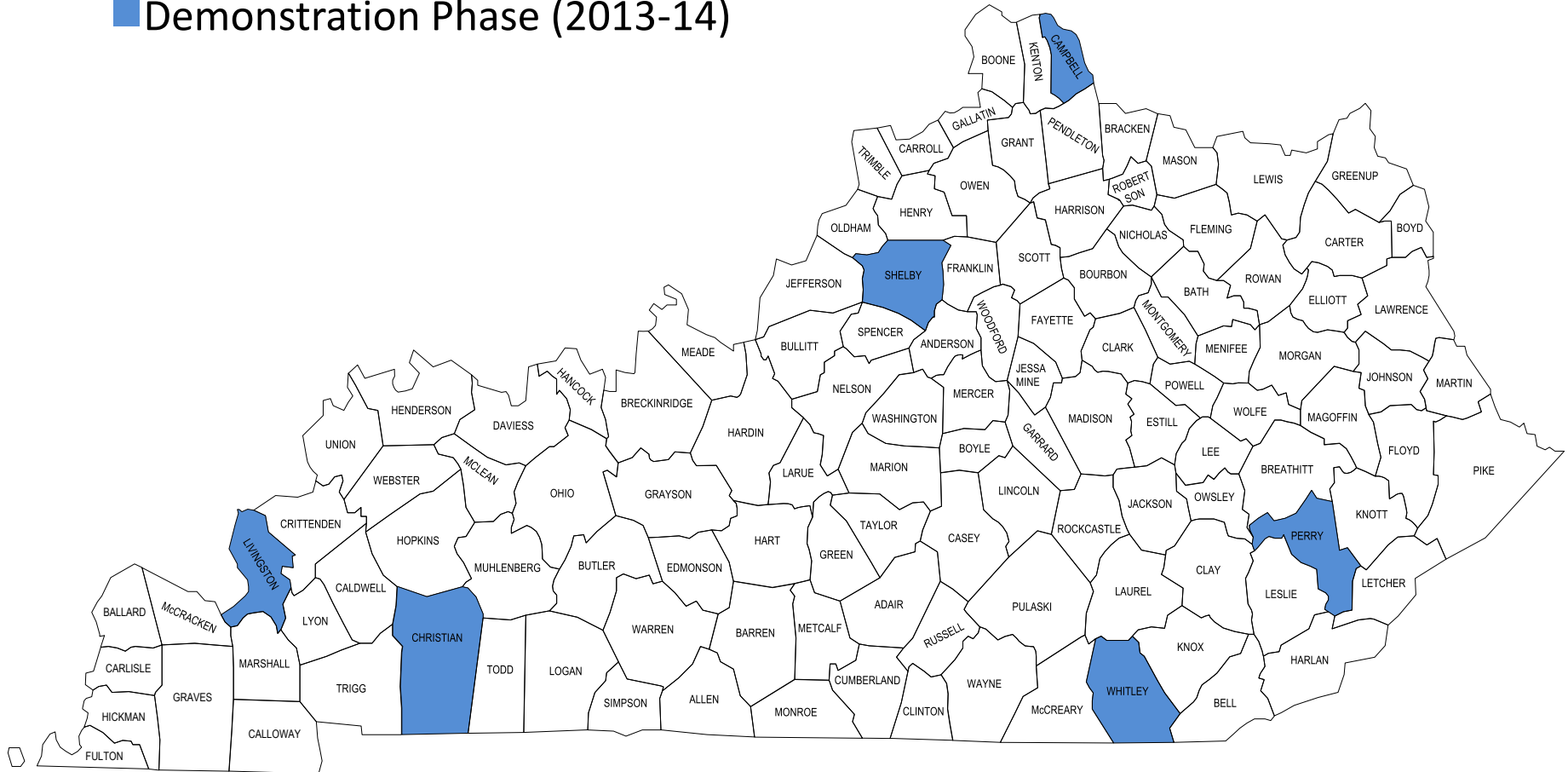


And We Still Have A Lot To Do



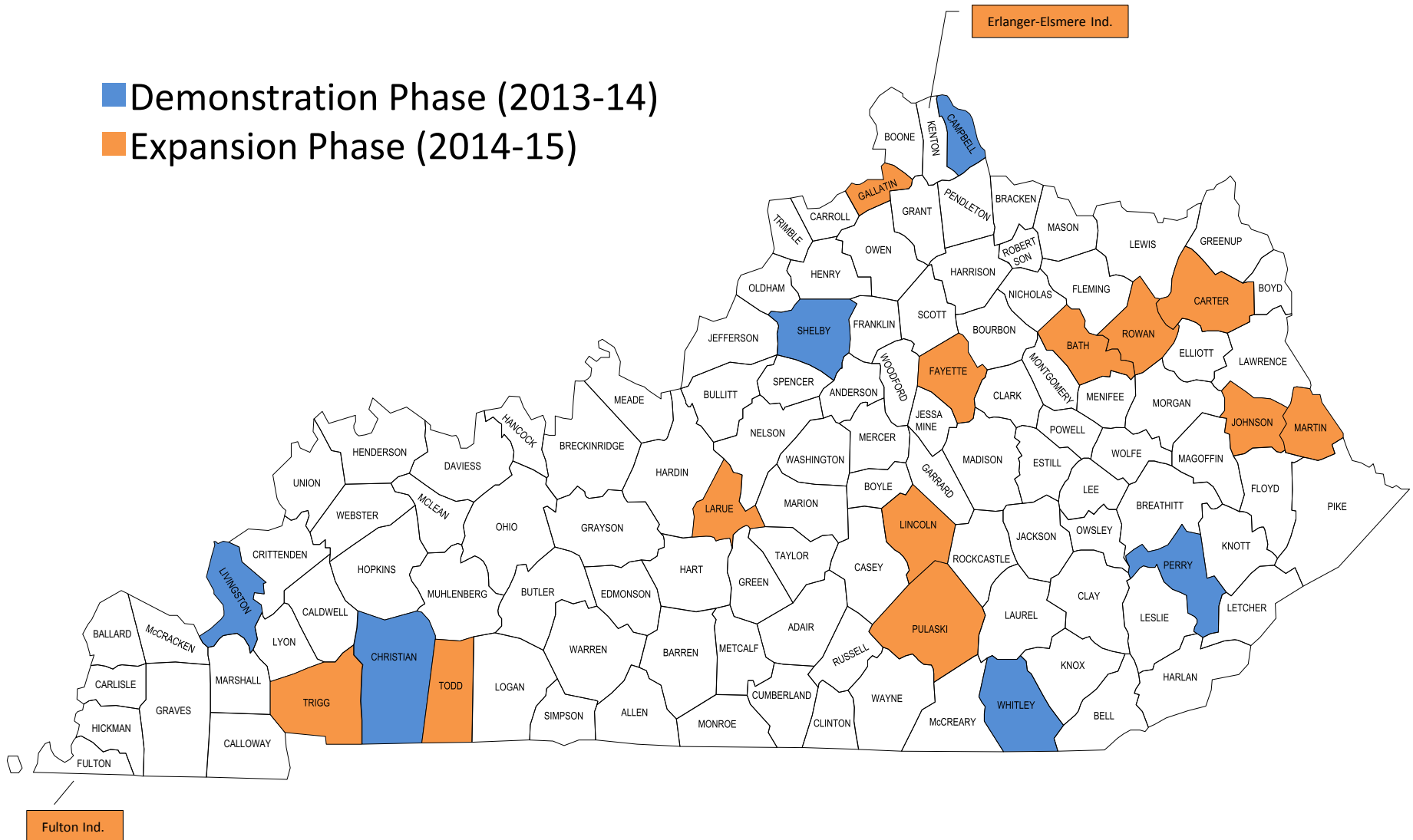
Participating Districts—Phase I

■ Demonstration Phase (2013-14)



Participating Districts—Phase II

- Demonstration Phase (2013-14)
- Expansion Phase (2014-15)



Participating Districts—Phase III

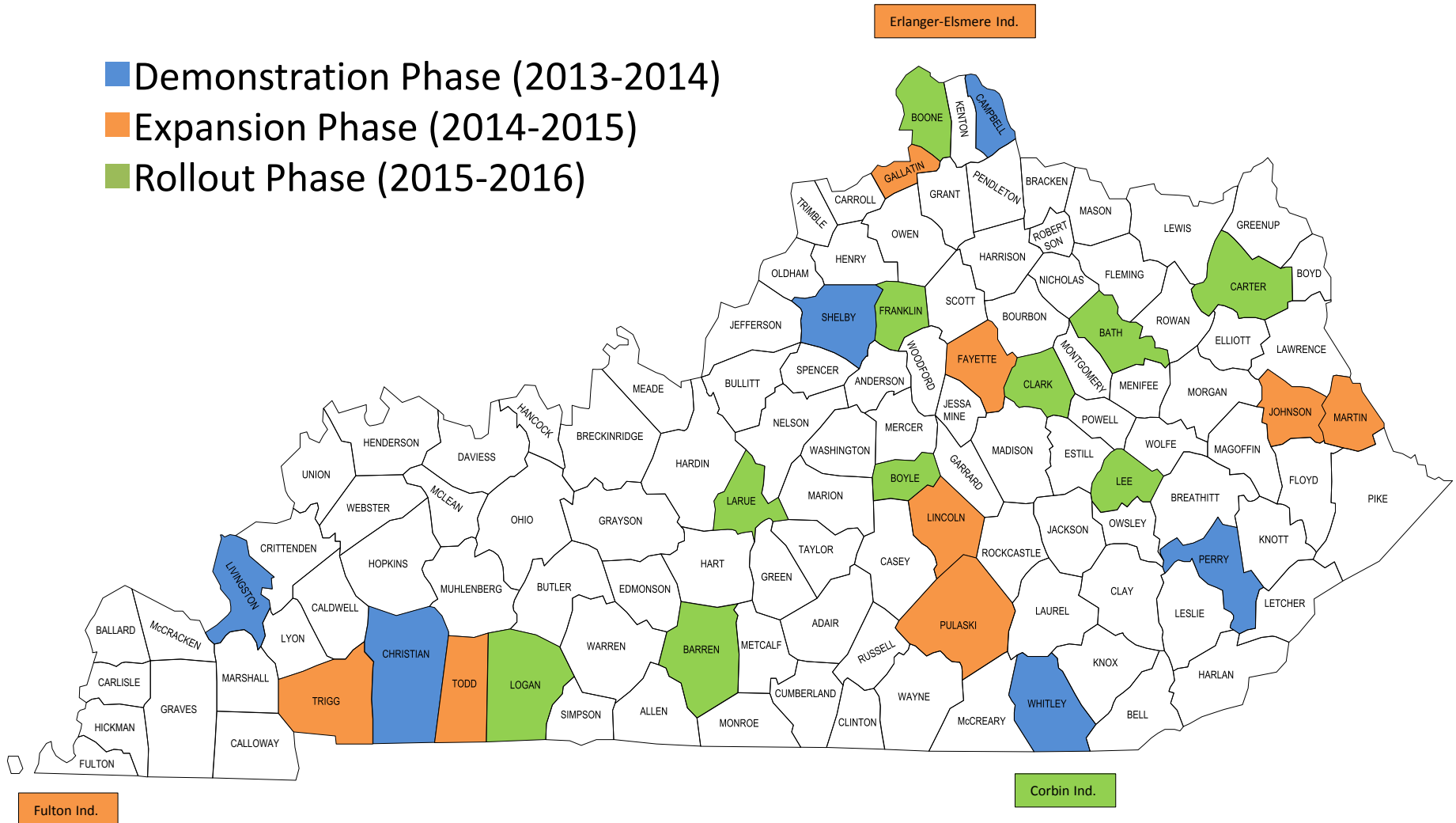
(to date)

Erlanger-Elsmere Ind.

■ Demonstration Phase (2013-2014)

Expansion Phase (2014-2015)

■ Rollout Phase (2015-2016)



Fulton Ind.

Corbin Ind.

Contact Us

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Cristiana
Rush

- Perry County [Kentucky] Schools
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Resources

- Kentucky Department of Education SBBHSI webpage:
[http://education.ky.gov/educational/int/Pages/School-Based-Behavioral-Health-Screening-Initiative-\(SBBHSI\).aspx](http://education.ky.gov/educational/int/Pages/School-Based-Behavioral-Health-Screening-Initiative-(SBBHSI).aspx)
- Child Trends: Research articles on policies and practices to improve outcomes for youth. This article is about predictors of substance abuse:
<http://www.childtrends.org/?research-briefs=school-policies-school-connection-and-adolescents>
- American Academy of Pediatrics: Adolescent Drug Testing Policies In Schools. Policy statement from the AAP:
<http://pediatrics.aappublications.org/content/pediatrics/early/2015/03/25/peds.2015-0054.full.pdf>