

#### School Linked Services: A Collaborative Approach to Student Mental Health

NOVEMBER 6, 2015 20<sup>TH</sup> ANNUAL CONFERENCE ON ADVANCING SCHOOL MENTAL HEALTH Maretta Juarez, LCSW Sherri Terao, EdD Santa Clara County Behavioral Health Services Department



#### Santa Clara County Demographics

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Race/Ethnic Group

2.90%

 Asian
 Native Hawailan/or Islander
 Two or more races

Hispanic/Lating

OU/

(Race/Ethnicity)



#### **School Linked Services History**

Originally launched in 1994

 Jointly funded through Santa Clara County, County General Funds and through the participating schools via a Healthy Start grant from the State.

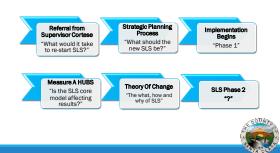
Programs were targeted to the locations of greatest need. These were identified through a Public Health Department Community Assessment.

 Funding model as designed was to involve the blending and braiding of many sources to assure a minimal use of ongoing County General Funds

• Fully disbanded in FY 2008



# Chronological History of the New School Linked Services



#### Implementation: Phase I



**Aim:** To improve the accessibility, efficiency and outcomes of multi-agency services provided to children in Santa Clara County schools through improved coordination, design and implementation of services provided by schools, public agencies and community-based organizations.



### Implementation: Phase I continued

Vision: Children are thriving at home, in school, and in their communities through the care and nurturance of families who love them; and through responsive, effective, and coordinated support from schools, and community resources that surround them.





### **School Linked Services Approach**

- Schools as a hub for services
- Coordinated service delivery
- A coordinator on each campus
- Active parent and community engagement
- Research-based models
- Robust evaluation to inform policy/practice

"No thoughtful person would dispute that one's productivity and prosperity as an adult are founded to a significant degree on one's aducation as a child. However, the schooling of many children is significantly compromised by health and social problems that require services beyond what their parents are able to provide."

School-Linked Services, The Future of Children, Published by the Center for the Future of Children, The David and Lucile Packard Foundation, Volume 2, Number 1, Spring 2002



### **Target Indicators**

dents succeed academically dents are physically, socially demotionally healthy dents live and learn in safe, meating and table
d emotionally healthy dents live and learn in safe,
portive and stable vironments
nmunities are desirable ces to live
nding for coordinators per site

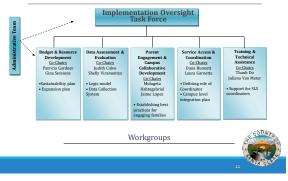
# **SLS Partners**

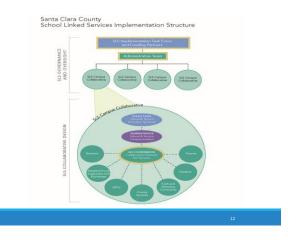
Alum Rock Union Elementary School District	Mt. Pl
Campbell Union School District	Moun
The City of San José	Morg
Department of Alcohol and Drug Services	Oak 0
The District Attorney's Office	Office
East Side Union High School District	Proba
FIRST 5 Santa Clara County	Publi
Franklin-McKinley School District	San Jo
Gilroy Unified School District	San Jo
Healthier Kids Foundation	Santa
Kaiser Health Foundation	Santa
Kids in Common	Secon
Luther Burbank School District	Social
Mental Health Department	Unite

4t. Pleasant Elementary School District dountain View Whisman School District dorgan Hill Unified School District Dak Grove School District Office of the Public Defender "robation Department ain José Police Department ain José Police Department ain José Volice Department anat Cara Unified School District ainat Cara Unified School District eccond Harvest Food Bank ocial Services Agency Jnited Way



### **Oversight Structure**







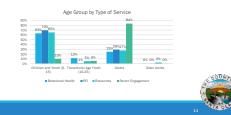
#### **Accomplishments Phase I**

- 36 SLS Coordinators in 12 School Districts
- SLS Coordinator Workforce Development
- 12 SLS Campus Collaboratives in 6 School Districts
   Family Engagement Activities
- · Quarterly Meetings with Superintendents
- SLS Starter ToolKit
- SLS Family Engagement Toolkit
- SLS School Based Service Inventories for all schools in 12 School
   Districts
- SLS Website
- SLS Measurement System
- SLS Measure A Funding

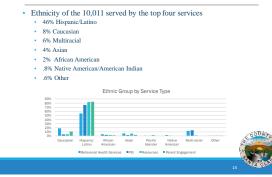


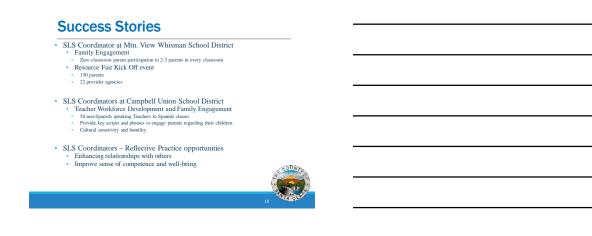
#### **Children and Youth Served**

- 12,398 Children and Families served from July 2014-June 2015
   10,011 were referred to Behavioral Health Services, Prevention Early Intervention, Additional Resources and Parent Engagement Activities
  - 2,387 were referred to other Parenting Education resources, Social Skills Groups or were families who declined or unable to contact.



### **Children and Youth Served**





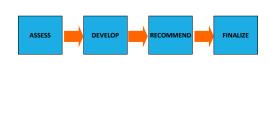
#### Measure A & School Linked Services

November 2012, Santa Clara County residents voted to approve a one-eighth-cent sales tax increase for 10 years which would raise about \$50 mil annually for County Programs

- SLS awarded \$1.5 mil. per year for 3 years
- Demonstration project: 5 districts; 10 schools (Direct SLS Program Funding Total (\$1,250,000)
   SLS School site costs: \$250k (site based coordinator and parent engagement activities
- Administration Funding Total \$300,000
- SLS Director · Evaluation, Coordinator Training
- · Implementation currently underway



# **Theory of Change**



#### How would you describe SLS today?



# What needs to happen?

- Better definition of SLS
- ${}^{\bullet}$  Developing a common language across fields, agreeing on what we are trying to achieve, and how
- Tight definition of what SLS is and what makes it successful, then a loose definition of the "how to" in order to maintain flexibility
- · Level of involvement all the way up to the top
- Communication among SLS providers and external



# **Directional Choices**

Foundational	
<ul> <li>Fidelity</li> </ul>	Flexibility
<ul> <li>Program</li> </ul>	System Change
<ul> <li>Incubator of practice</li> </ul>	Sustained Initiative
Network	Organization
<ul> <li>Strong steering</li> </ul>	Stakeholder direction
Programmatic	
<ul> <li>Coordinator is keyun</li> </ul>	necessary at every campus
<ul> <li>Focus on child learning</li> </ul>	Focus on family wellness
<ul> <li>Focus on all kids</li> <li>Referrals</li> </ul>	Focus on high-need kids
<ul> <li>Teacher observation</li> </ul>	Formal assessment 🖉

### **Next Steps**

- Theory of Change Model
- Focus on organizational structure, governance and financial structure
- $\ensuremath{\bullet}$  Robust data and evaluation plan investigating shared data base across systems
- Develop implementation plan for Phase II



# **Questions?**

For more information:

Visit: www.schoollinkedservices.org

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