

*School Counselors
Can Jazz Up their
School Through
Evidence-Informed
PBS Practices*

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Introductions

- General Introductions
- Where do you live?
- In which type of setting are you currently employed?
- What would you most like to learn from today's session?

Learning Objectives

- Understand the importance and connection between school mental health and positive behavioral supports
- Understand the school counselor's role in connecting school mental health and positive behavioral supports
- Identify a concrete strategy for implementing a PBS approach

School Counselors



Why Follow a National Model?



School Counselors Consult and Collaborate With Everyone



Develop Advisory Councils



School Mental Health and Positive Behavioral Supports

- Creating readiness, initial implementation, and institutionalization are all factors that should be considered when implementing PBS to advance mental health.



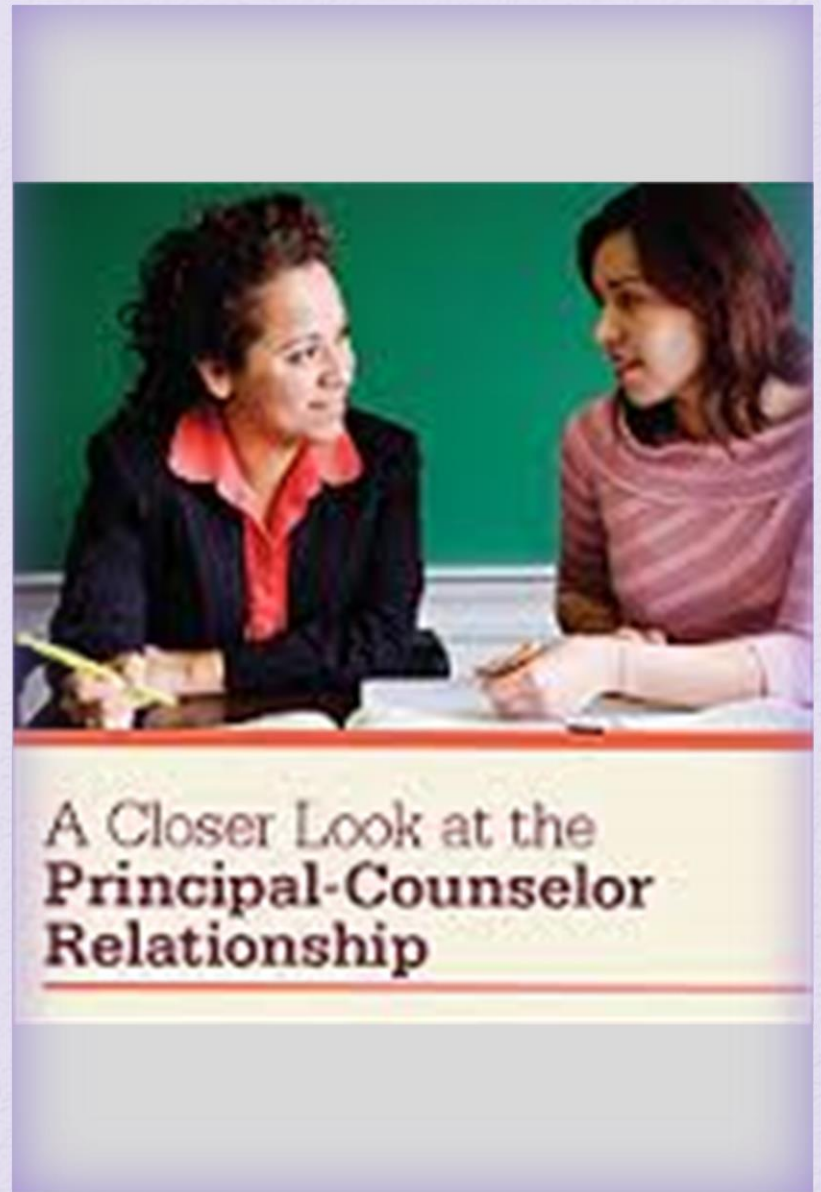
Bradshaw & Pas, 2011

RTI: From a **Three**-Tiered Approach to a **Four**-Tiered Approach

- Georgia created a Student Support Team as a third-tier to bridge academic and behavioral goals. (<http://www.gadoe.org/Curriculum-Instruction-and-Assessment/Curriculum-and-Instruction/Documents/RTI%20document%20Full%20Text.pdf>)

In order for systemic change to occur.....

- 1- School counselor/principal partnership
- 2- Develop an annual agreement
- 3- Present the findings from a comprehensive needs assessment
- 4- Develop strategies to meet goals
- 5- Identify target behaviors
- 6- Collaborate to find realistic, specific, and measurable goals



Research

- The Incredible Years
- Strengthening Families
- The Parent Project

Lambros, Culver, Angulo, &
Hosmer (2007)



Cluster Randomized Trial

- Evaluate external support for the implementation of school wide PBS interventions and supports by school personnel
- Cognitive behavioral group therapy (i.e., Coping Power Program and Friends for Life)

Eiraldi and colleagues (2014)



Bottom Up Approach

- Concatenating school and family PBS interventions as a bottom up approach to promote academic competence and behavioral health in public schools

Dishion, 2011



Resources

- [6 Steps to a Positive School Climate and Culture](#)
- [PBIS](#)
- [Everything You Need](#)
- [A School Improvement Tool for Moving Towards a Comprehensive System of Learning Supports](#)

Group Discussion

- What stood out to you from the material discussed?
- What is the biggest barrier to connecting school mental health and positive behavioral supports?
- What is one thing you can do when you leave here today to begin to initiate change at the micro-level?



THANK YOU



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