

Building Capacity and Sustainability: Pennsylvania's Interconnected Systems Framework

September 29, 2016

21st Annual Advancing School Mental Health
Conference



Pennsylvania Positive Behavior Support



Presenters

Jim Palmiero, Ed.D.

Director, PA Training and
Technical Assistance
Network

jpalmiero@pattan.net

Julia Slater

Early Intervention Technical
Assistance Consultant

jslater@pattan.net

Dawn Moss

Technical Assistance Consultant,
CIU 10

dmossc@ciu10.org

Kelly Perales, LCSW

Director of Training/TA

PBIS/Mental Health Integration,
Midwest PBIS Network

Kelly.perales@midwestpbis.org

Acknowledgements

- PA Community of Practice on School Based Behavioral Health
- PA PBS Network State Coordinators
- PA PBS Network Facilitators

ISF National Leadership Team

- **Susan Barrett**, Director, Mid-Atlantic PBIS
sbarrett@midatlanticpbis.org
- **Lucille Eber**, Director, Midwest PBIS
lucille.eber@midwestpbis.org
- **Bob Putnam**, Executive Vice President of PBIS and Consultation, May Institute
bputnam@mayinstitute.org
- **Kelly Perales**, Director of Training and Technical Assistance PBIS/MH Integration, Midwest PBIS Network
kelly.perales@midwestpbis.org
- **Mark Weist**, Professor, Clinical-Community and School Psychology, U South Carolina
weist@mailbox.sc.edu
- **Sharon Stephan**, Co-Director, CSMH
sstephan@psych.umaryland.edu
- **Nancy Lever**, Co-Director, CSMH
nlever@psych.umaryland.edu
- **Joni Splett**, Assistant Professor, University of Florida
splett@coe.ufl.edu
- **Ashley Quell**, University of South Carolina
quell@mailbox.sc.edu

Agenda

- Brief overview of Interconnected Systems Framework (ISF)
- History, current status, and future direction of PA COP SBBH
- Regional and local ISF examples from Early Childhood/Program Wide PBIS
- Regional and local ISF examples from School Wide PBIS

ISF Defined

- Structure and process for education and mental health systems to interact in most effective and efficient way.
- Guided by key stakeholders in education and mental health/community systems
- Who have the authority to reallocate resources, change role and function of staff, and change policy.

ISF Defined

- Tiered prevention logic
- Cross system problem solving teams
- Use of data to decide which evidence based practices to implement.
- Progress monitoring for both fidelity and impact.
- Active involvement by youth, families, and other school and community stakeholders.

ISF Core Features

- **Effective teams** that include community mental health providers
- **Data**-based decision making
- Formal processes for the selection & implementation of **evidence-based practices** (EBP)
- **Early access** through use of comprehensive screening
- Rigorous **progress-monitoring** for both fidelity & effectiveness
- Ongoing **coaching** at both the systems & practices level

1. Single System of Delivery

2. Access is NOT enough

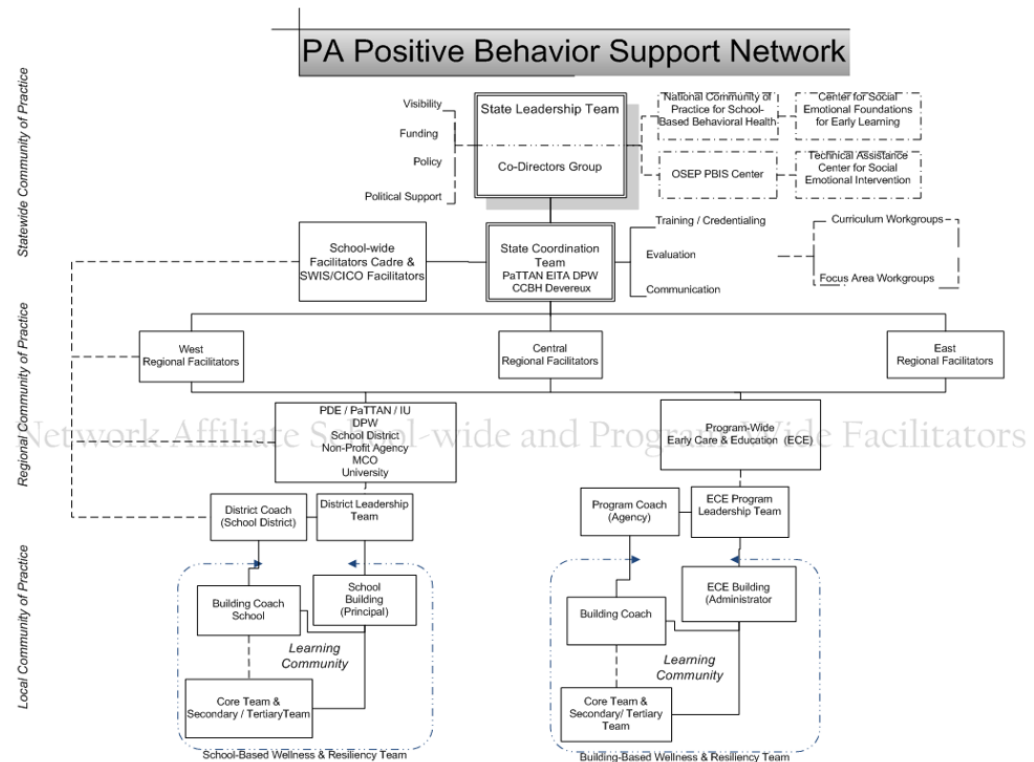
Key Messages

3. Mental Health is for ALL

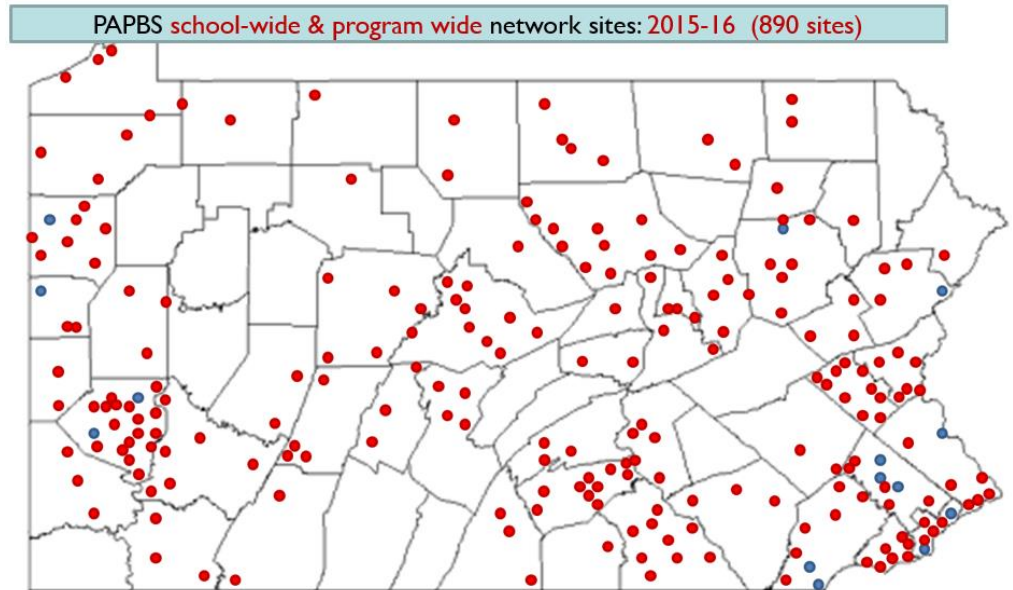
4. MTSS essential to install SMH

History, Current Status, Future Direction

- Community of Practice on School-Based Behavioral Health



History, Current Status, Future Direction



Number of school-wide sites: 890

Number of LEAs: 269

Number of program-wide sites: 74 buildings / 16 programs

Number of Collaborating Mental Health Agencies: 183



Pennsylvania Positive Behavior Support

- Youth and Family Voice and Choice
- Cradle to College/Career
- Culturally Responsive
- Equity
- School Culture and Climate
- Trauma Informed
- Rural and Urban



Pennsylvania Positive Behavior Support

- System of Care Principles
- Student Assistance Program Integration
- Mental and Behavioral Health Integration



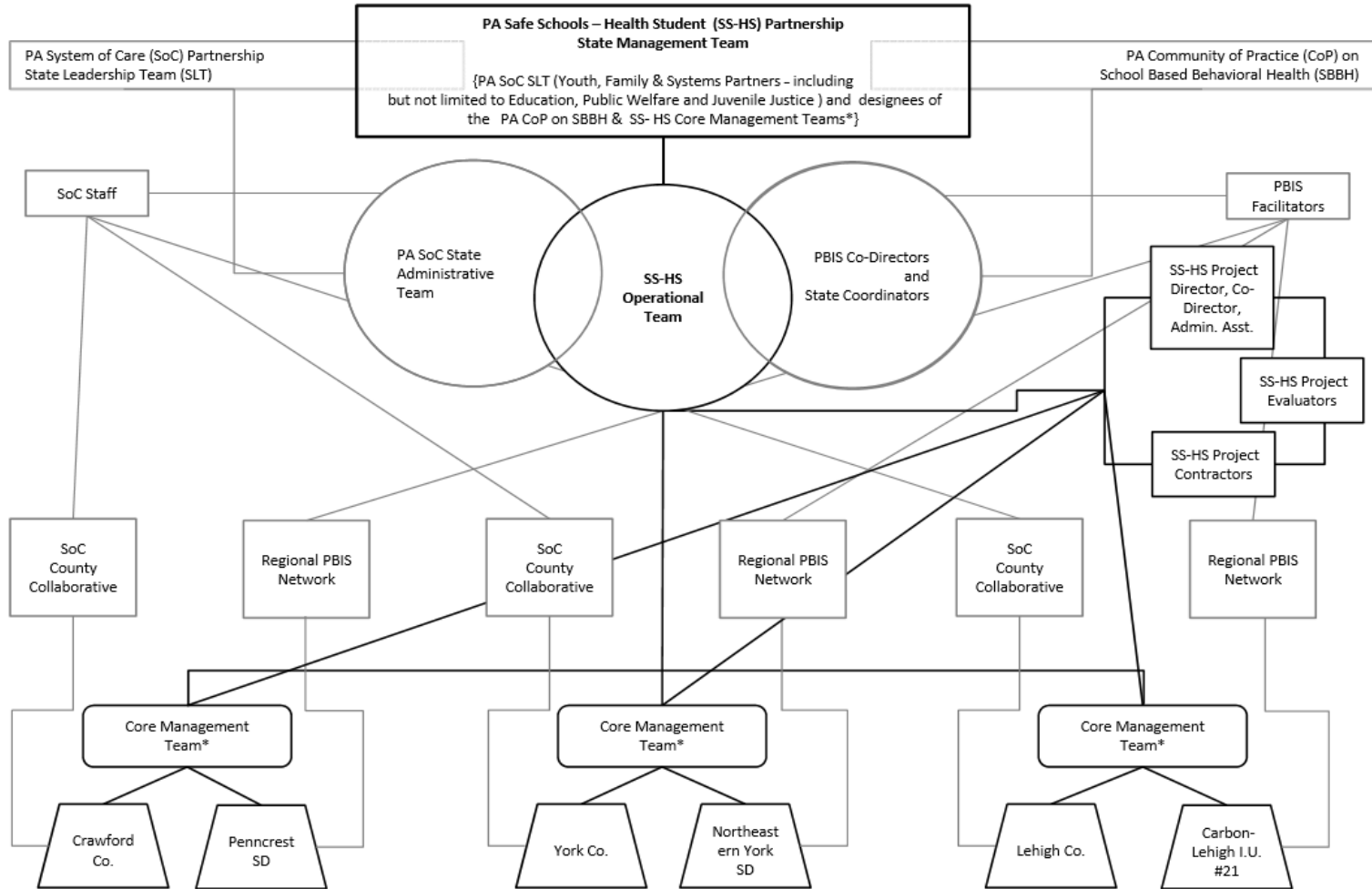
Pennsylvania Positive Behavior Support

- The Three Strategies of the CoP on SBBH
 - PaPBS Network
 - School-Community Integration: SS-HS Partnership
 - Affiliated Network of YMHFA Instructors



- Why the three strategies:
 - Interconnected Systems Framework

Pennsylvania Positive Behavior Support



Early Childhood

Julia Slater

Early Intervention

Technical Assistance Consultant

PA Training and Technical Assistance Network

Early Childhood: Building Capacity and Sustainability through ISF

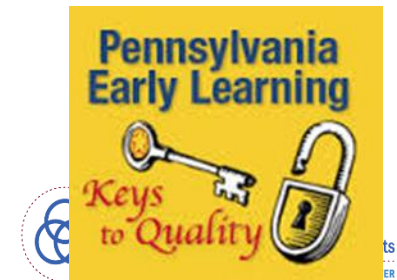


♥ Welcome to
Preschool!



Early Childhood: Building and Sustaining through ISF

Promotion of Social Emotional Development and Prevention of Challenging Behavior



Pennsylvania Office of Child Development and Early Learning (OCDEL)

Mission: Provides families access to high quality services to prepare children for school and life success

Goal 1

Work effectively, collaboratively, creatively and successfully
to ensure that all families have access to high quality programs for their children

Goal 2

Engage Stakeholders
in actionable ways that provide guidance on programs and policies

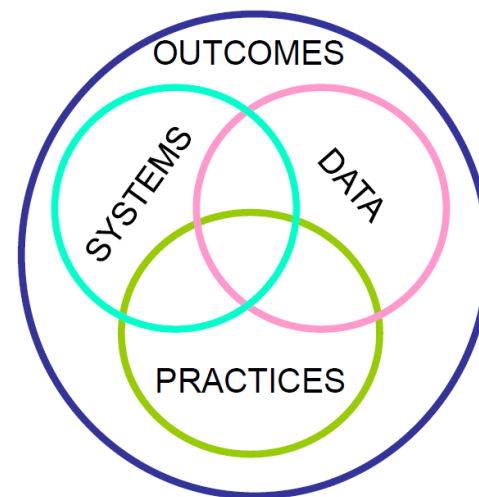
Goal 3

Identify and use key data and research
to improve policies and practices

Early Childhood: Building and Sustaining through ISF

Promotion of Social Emotional Development and Prevention of Challenging Behaviors

- Support and engage
 - Families
 - Early Childhood staff
- Screening (Ages and Stages: Social Emotion)
- Intervention



School Age

Dawn Moss

Technical Assistance Consultant

CIU 10

AND

PBIS Facilitator/ISF Facilitator



Central Intermediate Unit #10

Serving Centre, Clearfield, and Clinton Counties

- 12 School Districts
- 5 Charter Schools
- 3 Career Technology Centers

We have established PBIS in 11 School Districts and 2 Charter Schools, totaling 48 implementing schools with 31 receiving recognition for implementing with fidelity, “Banner Status”.



It's All About..... Networking

- Independent Facilitators mentor Provisional Facilitators.
- Regional Facilitator attends school team meetings.
- Model site visits.
- State Networking meetings for facilitators.
- Regional Networking for school teams.
- TRI Regional Networking for school teams.
- State Coaches Meeting for team coaches.
- Various projects like universal screening.
- Implementer's Forum for all school and early childhood centers implementing or exploring PBIS.



Bellefonte Area School District

Fall 2008 District received a School Based Behavior Health Grant to establish PBIS in Bellefonte Elementary and Bellefonte Middle School.

Spring 2011 Bellefonte Elementary and Bellefonte Middle School recognized for implementing with fidelity and receiving Banner Status.

Fall 2012 Pleasant Gap, Marion Walker, Benner, and Bellefonte High School began implementing PBIS.

Fall 2012-13 Pilot site for universal screeners trained with Kathleen Lane.
Pilot site for stop/walk/talk training with Scott Ross.

Banner Status is awarded to all schools within the district.

2016 Bellefonte Elementary and Bellefonte Middle School recognized for fidelity at Tier 2.



Bellefonte Area School District

2012-2013 Established District Leadership Team

- Improved Communication.
- Increased Superintendent Awareness of PBIS and Social/Emotional needs of Students.
- Improved Data Collection and Tracking Systems.
- Provided format to have discussions that the data generated from the universal screeners and to adopt evidence base practices district wide.
- Built a Foundation for Interconnected Systems Framework.

2015-2016 Interconnected Systems Framework

- District Community Leadership Team.

Universal Screening

Student Risk Screening Scale (SRSS)

- Completed in spreadsheet format
- Students rated on 14 indicators

Social Skills Improvement System (SSIS)

- Completed by paper and pencil, then needed to be inputted into spreadsheet.
- Identified larger member of students due to academic components.

The screeners identified the same students in need. District decided to use the SRSS.

How do we use this information to help with decision making?

- How do we use the information from the SRSS to determine what interventions to establish?
- How do we meet the needs of Tier 2 students, we can't do it all?
- How do we align and integrate with Mental Health Services?

Keystone Central School District

Keystone Central School District

- County (Clinton) district of approximately 1,000 square miles...we bus around 8,000 miles per day
- Two high schools (30 miles apart), 2 middle schools, 6 elementary schools
- 4,024 students and over 600 employees (the largest employer in the county)
- Economically Disadvantaged numbers range from 55% to 84% in our elementary schools
- We house and run our own Career and Technical Center and On-line Learning Program

Single System of Delivery

Why We Decided to Adopt ISF:

- Strong Leadership Team and involvement with Schoolwide Positive Behavior
- All schools in the district participate; 3 received Banner Status in 2015, 4 more in 2016
- We have involvement with many agencies, but the “right hand doesn’t always know what the left hand is doing”
- The Interconnected Systems Framework gave us a vehicle to get the decision makers to the table to talk about how we can better collaborate and work together differently to support students and families

Other decision points

- Beginning Tier Two Implementation
- CSBBH Team started in fall of this year
- Have a community data point around substance abuse and use among both students and families

Getting Started

- We got support from the Leadership Team to move ahead and asked them who they felt should be invited to the table
- An email was sent to various community agencies including the Infant Development Program, The Women's Center, Children and Youth, Probation, various Mental Health providers, Drug and Alcohol prevention and counseling services, community drug/alcohol prevention groups, Lock Haven University, Lock Haven and Renovo YMCA, Clinton County Commissioners, Police agencies/Clinton County District Attorney, physicians, preschools, Head Start, Clinton County Economic Partnership, KCSD School Board President, and members of the Leadership Team for the district
- We promised lunch...they came to the meeting!

Getting Started cont.

- Discussion of moving beyond access
 - SAP Data on referrals and those connected to interventions within the community
- Discussion of Early Childhood and School Age connections – education and mental health
- Discussion of school and community data

How do the Key Messages support our efforts?

- We need a Single System of Delivery in order to get everyone on the same page in such a large county with so many needs...also building support for the district and our children as the agencies have an understanding of and appreciation for the work in the buildings
- Action plans “force” us to bring measurable goals to the table...we can’t just sit and admire the problems...we need action to solve them and importantly to determine if the interventions we put in place are successful

How do the Key Messages support our efforts? (continued)

- Keep us focused on the idea that mental health is for all...not just those struggling or identified with problems...ALL students need wellness and positive life skills...a proactive effort by dealing with manageable issues now before they become huge issues later
- Helps us to select a few evidence-based practices that will be implemented across the district with fidelity...rather than “pockets” of good stuff that aren’t sustained by a systems effort
- Screening efforts can positively impact all students and this data can further support programs and planning

Moving forward

- All agencies are overwhelmed by the needs in our community...there is no doubt we have to work together if any of us are going to be successful
- The communication has already brought to light how little we sometimes know about one another...and how important it is that we become better acquainted with what our agencies and programs have to offer
- This communication has opened lines for better problem solving and a “we’re all in this together” mentality

Want more information?

Upcoming Events

Click on the event title below to view event details. Sign in to view additional events.

- 09/12/2016 [PW New Facilitators Call](#)
- 09/22/2016 [Cop on SBBH](#)
- 09/29/2016 [Annual Advancing School Mental Health Conference](#)

[Load Calendar](#)

PAPBS Schools in Action:

NEW! PAPBS Video Presentation:
This video is an introduction to school-wide positive behavior support. Pennsylvania's community of practice on school-based behavioral health, in partnership with the Pennsylvania Department of Education and its Bureau of Special Education, is pleased to share with you an overview of school-wide positive behavior interventions and supports. This video primarily features



The **2016 PAPBS Implementers Forum, "Keys to a Successful PBIS Framework"** was held on May 5 & 6, 2016 and was a great success.

- Streaming Media of recorded keynote session and workshops can be accessed at: [2016 Implementer's Forum Recordings](#).

www.midwestpbis.org

MIDWEST PBIS NETWORK

[Home](#)

[Coaches](#)

[Evaluation](#)

[Events](#)

[Content](#)

[Recognition](#)



Fall Training Institute
EARLY BIR
\$75 per re
Now Throug



Congratulations to over 480 schools who applied for Recognition!
Organized schools webpage to view a list, map, and decals.

[Tier I Team Training](#)

[Tier I Team Booster](#)

[Tier I Leadership Training](#)

[Tier II Team Training](#)

[Tier II Team Booster](#)

[Classroom Management](#)

[FBA/BIP](#)

[FBA/BIP Coaching Capacity](#)

[RENEW](#)

[RENEW Booster](#)

[Wraparound](#)

[Interconnected Systems Framework \(ISF\)](#)

[Special Topics](#)

[Training of Trainers \(TOT\)](#)

[Midwest-Illinois APBS resources](#)



www.midwestpbis.org/content

Interconnected Systems Framework (ISF)



The Interconnected Systems Framework (ISF) is a structure and process to integrate Positive Behavioral Interventions and Supports and School Mental Health within school systems. The goal is to blend resources, training, systems, data, and practices in order to improve outcomes for all children and youth. There is an emphasis on prevention, early identification, and intervention of the social, emotional, and behavior needs of students. Family and community partner involvement is critical to this framework. This page has a variety of resources, training materials, tools, and recorded webinars.



Tools



**Presentations &
Training**



Resources



SAVE THE DATE

● ● ● ● ● **October 27-28, 2016**

2016 National PBIS Leadership Forum

PBIS: Systems for Enhancing Climate & Culture

**Donald Stephens Convention Center
Rosemont, IL**

**Including strands specifically designed for our Mental
Health, Juvenile Justice, and Family/Community
Partners!**

This two-day forum for school, state, district and regional Leadership Teams and other professionals has been designed to increase the effectiveness of PBIS implementation.

Sessions are organized by strands that support initial through advanced implementation in elementary, middle, and high schools as well as juvenile justice facilities:

- PBIS Foundations
- Classroom Applications
- Tier 2 Systems & Practices
- Tier 3 Systems & Practices
- Aligning Systems
- Juvenile Justice
- Mental Health Integration
- Equity
- Applied Evaluation
- Special Topics

**Visit the [Upcoming Events page](http://www.pbis.org)
at www.pbis.org for more
information**

Thank You!