It's Gonna Be HUGE! Investing in School Mental Health Systems Change September 29, 2016







United Way of Greater

www.mhahouston.org

84th Legislative Session: Legislative Issues

Per Capita Spending on Mental Health



The national average is \$122





And that's not all . . .















Center for School Behavioral Health



Mission

To improve the

- ✓ Prevention
- Early identification and intervention
- ✓ Treatment

of behavioral health issues among students.





Harris County School Behavioral Health Initiative

A Community Collaboration



Recommendations to Improve Prevention, Identification, and Treatment of Behavioral Health Issues Among Students

February 2013



37 Recommendations



The Center for School Behavioral Health

at Mental Health America of Greater Houston

Minding Houston's Children

The Center for School Behavioral Health at Mental Health America of Greater Houston

Advocacy

and Policy

Analysis

VISION

The Center transforms school behavioral health to support the healthy psychological and cognitive development of children in the Greater Houston area through services and programs promoting behavioral health, as well as the prevention, early identification, and treatment of behavioral health disorders.

School Behavioral Health Collaborative

Learning Communities

Best Practice Incubator Stigma Reduction Initiative

Annual Conference

The Houston Center for School Behavioral Health (the Center serves as a "living laboratory" for incubating innovative, cost-effective and replicable best practices to improve the behavioral health of students by facilitating collective action; providing highly specialized professional development opportunities, technical assistance and community education; and conducting research, advocacy, and policy analysis.

MISSION



School Behavioral Health Collaborative Networking and Resource Sharing









School Behavioral Health School District Learning Community





Meets every other month School District Best **Practices Agency Spotlight Advocacy & Public Policy Deep Dives/Research** Ask the Expert/Case Studies



Legislative Victories!







- Teacher training
- Best practices



Senate Bill 460

SB 460 (Sen. Deuell/Rep. Coleman) requires that:

- Individuals in educator preparation programs receive training in the detection of students with mental or emotional disorders in order to receive their teaching certificate
- School districts to provide mental health training for current junior high & high school teachers, counselors, principals & other appropriate administrators; to the extent funds and programs are available, requires school districts to provide mental health training to elementary school teachers, counselors, principals & other appropriate administrators
- Local school health advisory committees make recommendations regarding policies, procedures, strategies, & curriculum to prevent mental health concerns among students







Youth Mental Health First Aid USA

FOR ADULTS ASSISTING YOUNG PEOPLE









Stigma Reduction





YOUR CHILD'S Emotional Backpack

By PresenterMedia.com

Annual Conference





EDUCATOR STRATEGIES FOR ADDRESSING STUDENT TRAUMA OCTOBER 21, 2016



Best Practices Incubator







- Goose Creek CISD Positive Behavior Intervention and Supports; Youth Mental Health First Aid
- Channelview ISD Community Youth Services worker
- Spring Branch ISD Transition Specialist; TOTAL Program

Lessons Learned Already!





- Hire amazing staff, but don't wait too long!
- Assess progress regularly and ensure partner reporting through a Professional Learning Collaborative Agreement
- Assess partner needs and allow Learning Communities to determine goals and scope of work
- Design metrics to assess community impact of the Center's work
- Involve funders as partners and engage them regularly in the work of the Center
- Legislative advocacy can be key to system change
- Collaborative meetings and best practice demonstration grants need to enhance and encourage partnerships between school districts and community organizations





Thank you! Janet Pozmantier, M.S, LPC, LMFT, RPT Director, Center for School Behavioral Health Mental Health America of Greater Houston jpozmantier@mhahouston.org

713-962-0340