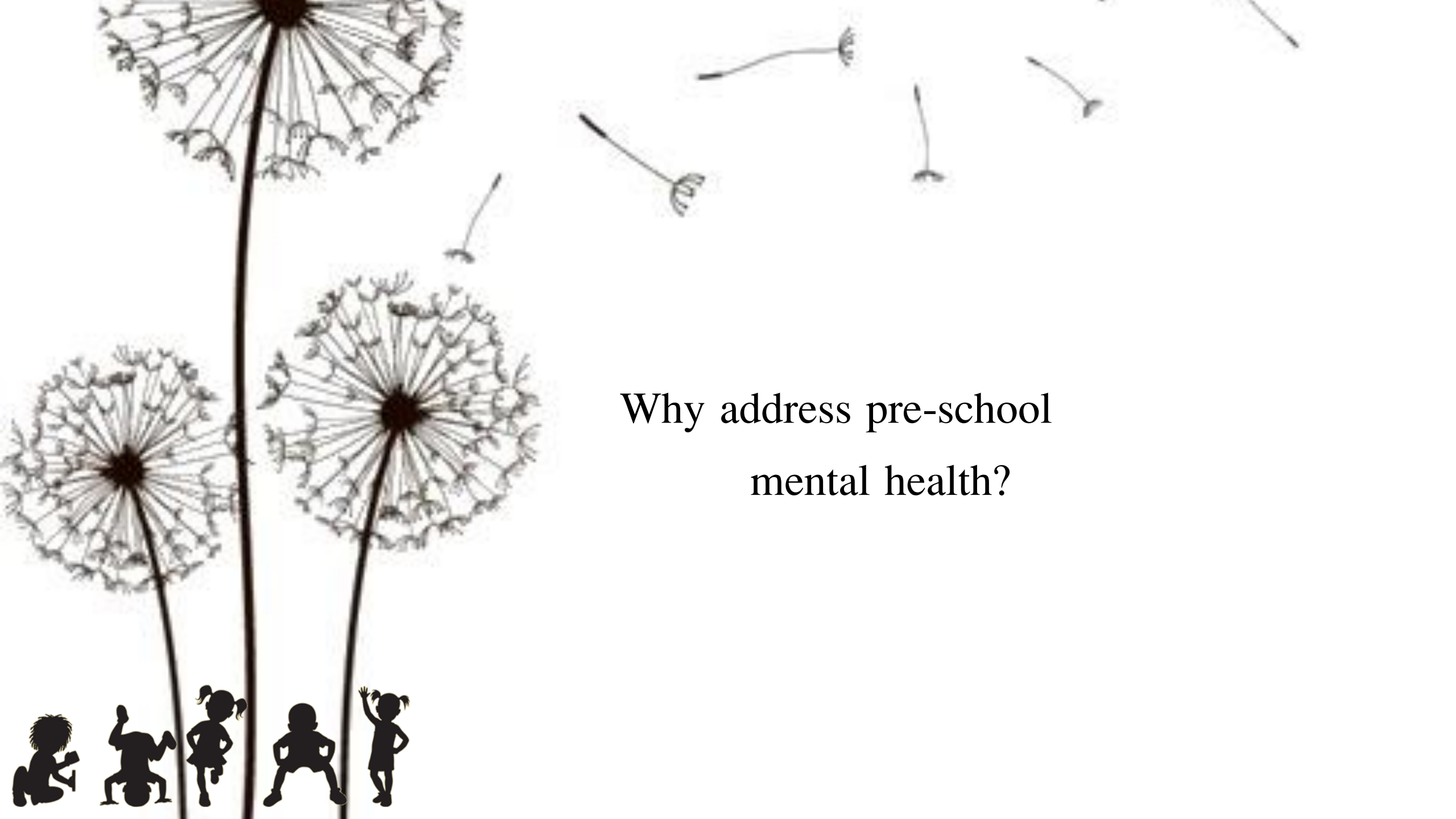


A black and white illustration of dandelions. On the left, three large dandelion seed heads are shown on tall stems. On the right, several dandelion seeds with their characteristic parachutes are shown floating in the air. At the bottom left, there are silhouettes of five children in various active poses: one sitting on the ground, one on a tricycle, one running, one sitting on the ground, and one standing with arms raised.

Pre-School Mental Health

Addressing the Needs of FUTURE Students
in Early Learning Environments

Grace E Schoessow, MS, ECMHC



Why address pre-school
mental health?



Let's take a look at what we know...





Early Childhood
Mental Health Consultation
Mission



- Promote the SE & B health of young children.
- Support the development of young children's SE & B competence.
- Support safe, nurturing, high quality early learning experiences.
- Prevent and address challenging behavior using EBPs and PBS.
- Promote data driven decisions and practice.
- Prevent suspension, expulsion, and exclusionary or punitive practices.
- Reduce future school failure, MH treatment, juvenile justice involvement.



Who are
Early Childhood
Mental Health Consultants?

2. Foundational Knowledge

4. Reflective Practice

5. Child and Family
Consultation

8. Systems

3. Culture

1. Role of the I/ECMHC

6. Classroom/Home
Consultation

7. Programmatic
Consultation



What ECMHC Is



- Prevention
- Early Identification
- Developmental Screening & Assessment
- Teacher Classroom support
- Observation & feedback
- Awareness of Trauma and Its Effect on Children
- Training & Coaching
- Community Advocacy
- Early learning center support & TA
- Referral and Linkage
- Parent Support
- Promoting Staff Wellness
- Professional Development



What ECMHC ISN'T


- Formal Diagnostic Assessment
- Formal Evaluation
- Therapeutic Play Group
- Individual Therapy
- Family Therapy
- Staff Therapy
- Therapeutic Support Group

Resources



PBIS Positive Behavioral Interventions & Supports
OSEP TECHNICAL ASSISTANCE CENTER

WHAT WORKS? A Study of Effective Early Childhood Mental Health Consultation Programs




EXECUTIVE SUMMARY

Devereux CENTER FOR RESILIENT CHILDREN
ADVANCED BEHAVIORAL HEALTH

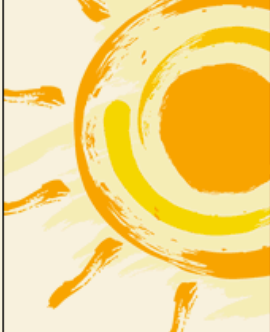


CENTER FOR
Early Childhood
Mental Health
Consultation


Georgetown University Center for O...



EARLY CHILDHOOD
MENTAL HEALTH
CONSULTATION
An Evaluation Tool Kit



Center on the
Social and Emotional
Foundations for Early Learning



Conscious
Discipline®



Early Exp



THE CENTER OF EXCELLENCE FOR
Infant and Early Childhood
Mental Health Consultation



Technical Assistance Center
on Social Emotional Intervention
for Young Children





Assessment based
intervention that
results in
individualized
behavior
support plans







Targeted Social Emotional Supports

Systematic approaches to teaching social skills can have a preventive and remedial effect



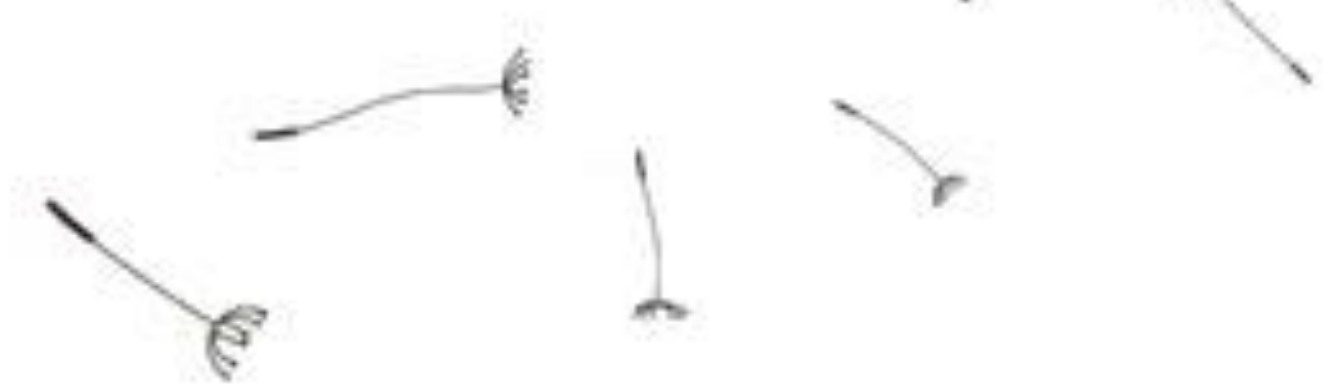


Sometimes I want to play
with a toy my
friend has.
Sometimes I
get mad or
upset.
Sometimes
I feel like
taking the toy or
hurting my friends.









WHAT WORKS?

A Study of Effective Early Childhood Mental Health Consultation Programs



EXECUTIVE SUMMARY

Duran, F. et al. (2009). *What Works?: A Study of Effective Early Childhood Mental Health Consultation Programs*. Washington, DC: Georgetown University Center for Child and Human Development.



Early Experiences Last a Lifetime 

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Making a Difference

- Child outcomes
- Parent outcomes
- Early Learning Professional Outcomes
- Program Outcomes
- Community Outcomes





Challenges



Common themes:

Bias
Trust
Communication
Stress
Time
Collaboration

STAY TUNED...





Q & A

