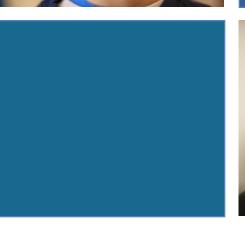
Measuring The Impact Of Systems Change:

Connecting Data On Service Providers To Student Outcomes







Annual Conference on Advancing School Mental Health New Orleans, LA | November, 2015

> Victoria Sheppard, Samantha Broadhead Jill Snyder & Melissa Pearrow









We will discuss.....

- Overview of Boston Public Schools
- Comprehensive Behavioral Health Model
- Partnership with UMass Boston
- Time Sampling
- Workshop Evaluations

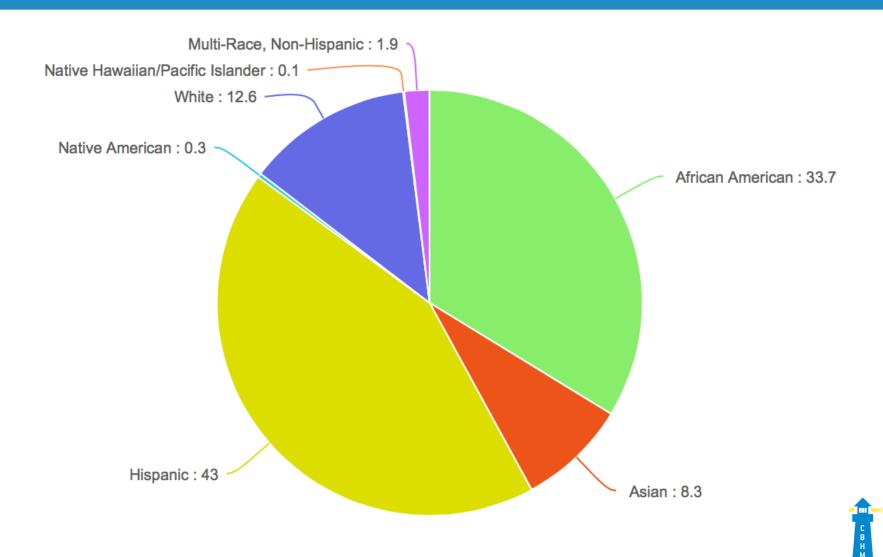


Boston Public Schools

- Diverse, urban district with more than 120 schools
 - 84 elementary
 - 18 middle/junior high
 - 34 secondary 3 exam schools and 1 performing arts school
- Staffing across BPS
 - Over 8,000 professional staff
 - 54 school psychologists, 6 pupil adjustment counselors, 10 social workers, 3 behavior specialists



BPS Student Demographics



Behavioral Health in Boston

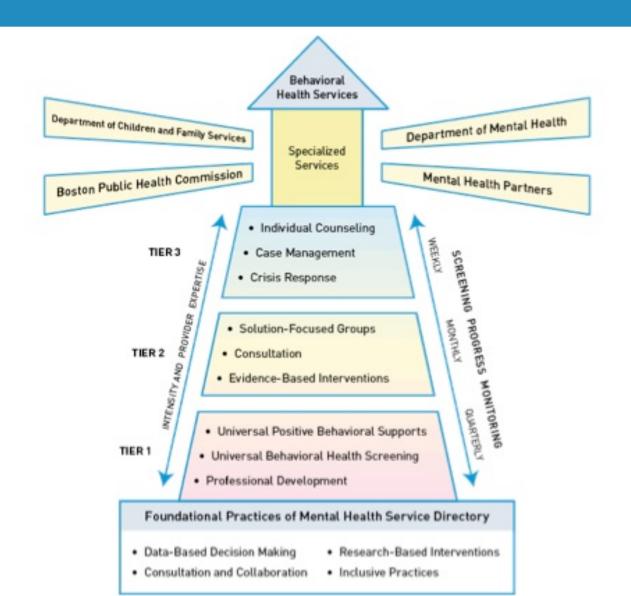
- 1 in 5 children in Boston have experienced 2 or more adverse childhood experiences → mental health issues
 - 6% of Boston children diagnosed with ADD or ADHD
 - 4% of Boston children diagnosed with anxiety issues
 - 2.4% of Boston children diagnosed with Depression
- Academic success is negatively affected by behavioral health issues
 - Truancy
 - Low performance
 - Dropouts



Need for CBHM

- More than 75% of youth with mental health issues do not receive services
- In 2012 mental health services were rated as the highest need in 66% of schools in the BPS district
- Comprehensive Behavioral Health Model (CBHM) developed in collaboration with Boston Children's Hospital and UMass Boston

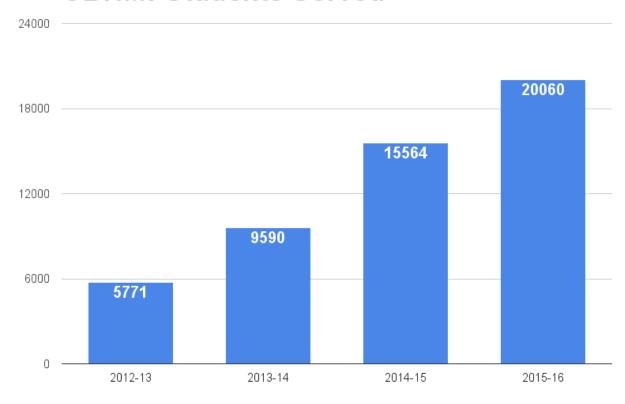
About CBHM





CBHM: Students Served

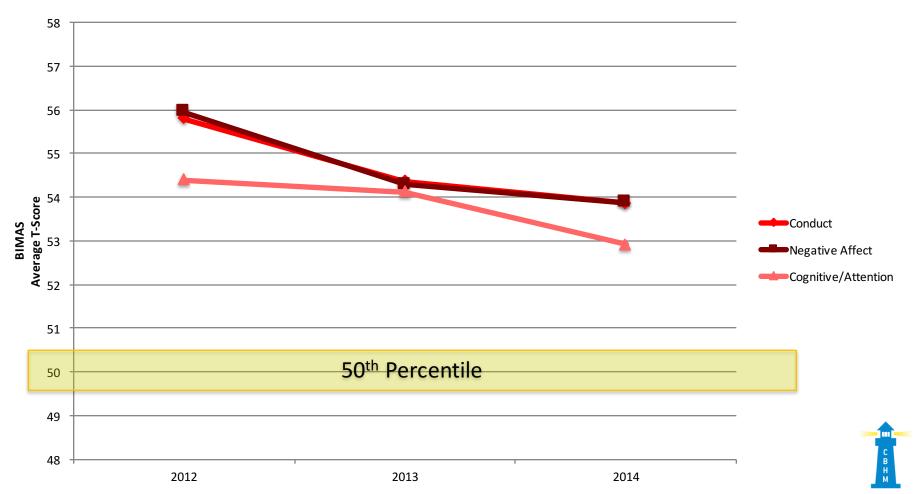
CBHM: Students Served





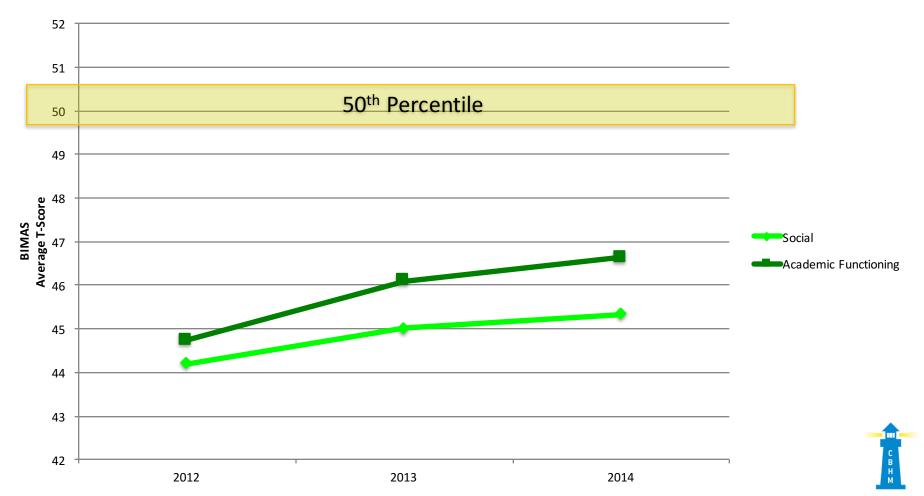
CBHM STUDENT Outcomes

Cohort 1: Decrease in Problem Behaviors



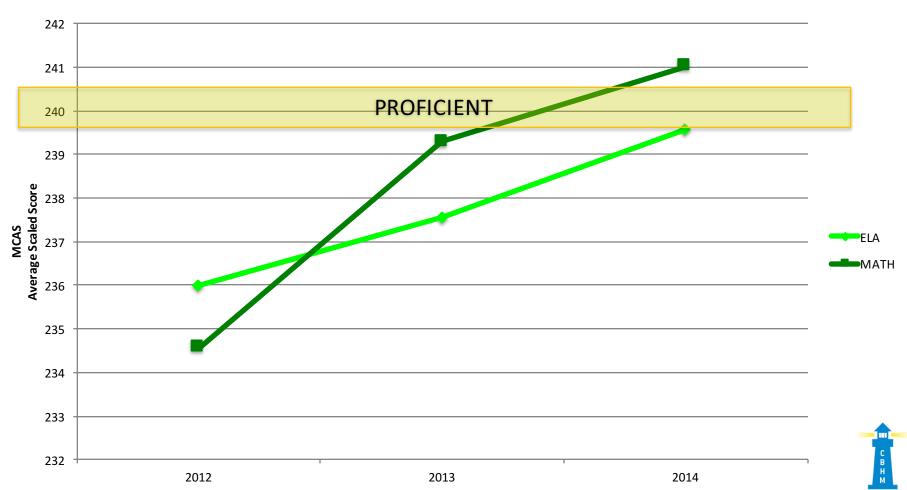
CBHM STUDENT Outcomes

Cohort 1: Increase in Positive Behaviors



CBHM STUDENT Outcomes

Cohort 1: Increase in Academic Outcomes



District-University Partnership

 Support the effective implementation of evidence-based practices



- Training of current staff with professional development
- Build capacity to identify and address student needs
- Cross walk between NASP training standards and CBHM activities



District-University Partnership

- Mutually beneficial relationship
 - Advance training of students of multiple programs
 - In collaboration with Massachusetts School Psychologists Trainers Group (MA-SPT)
 - Building capacity for services at schools
 - Build leadership skills of both practitioners and students



Training

- Student Training of Specialist Level
 - Full domains of practice
 - Be involved in school-level change
 - Working with all students in a building
- Student Training of Doctoral Level
 - Be involved in district-level change
 - Supervision/mentoring experiences
 - Leadership opportunities
 - Expanded roles and learning for supervisors aligning work with NASP Practice Model

Research Team

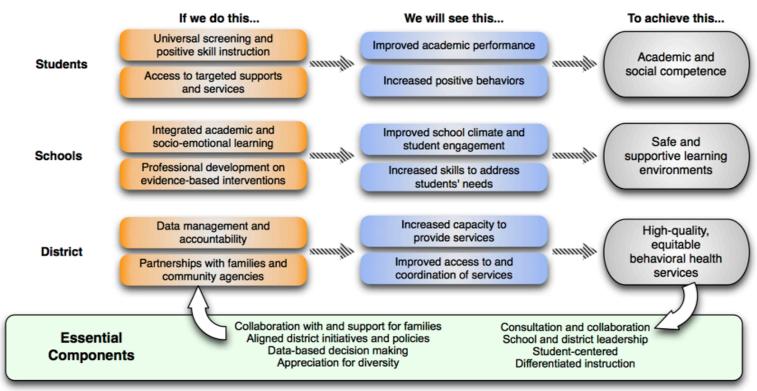
- Research and evaluation skills
 - Create research team with Children's Hospital
 - Develop a logic model
 - Presentation and publication opportunities
 - Program evaluations to enhance service delivery



About CBHM

BPS Comprehensive Behavioral Health Model

Mission: Ensuring that all students have a safe and supportive school where they can be successful



Guided by Massachusetts Department of Elementary and Secondary Education's Behavioral Health Framework

Theory of Change: Integrating behavioral health services into schools will create safe and supportive learning environments that optimize academic outcomes for all students.



DATA DATA DATA

Students

Grades

Behavioral Health

Attendance

Academic Testing

Discipline Records

Schools

School Climate Survey

> Attendance Records

Implementation Fidelity

Staff / Practitioners

Monthly Activity
Reports

Time Sampling

Workshop Evaluations



Time Sampling

- Are school psychologists in CBHM schools spending their days differently than school psychologists in non CBHM schools?
- Time Sampling Form
 - Documents activities during school day
 - Captures one week
 - Categories organized by Tiers
 - 2013-2014 form & 2014-2015 form



Time Sampling (2013-2014)

Tier 1 = Tier 1 & Consultation

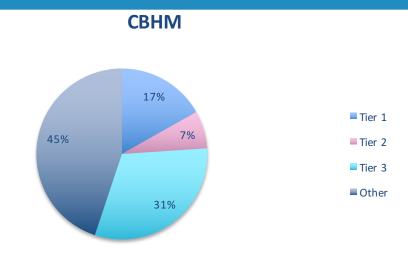
Tier 2 = Tier 2 & FBA

Tier 3 = Assessment, IEP, Case

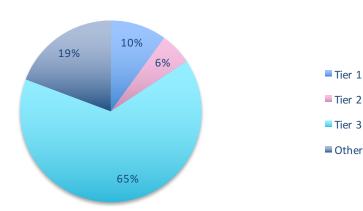
Other = Supervision, Crisis, Other



- 40 School Psychologists
- 18/20 CBHM schools
- 76 non-CBHM schools









Time Sampling Categories

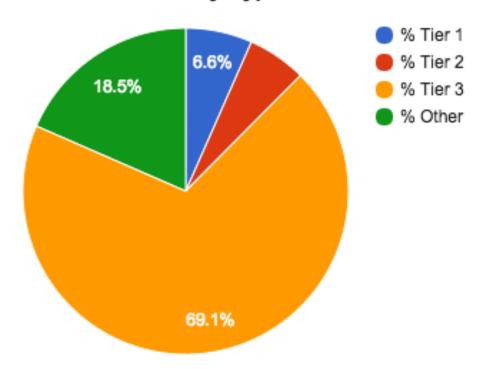
	CODE	CATEGORY	DESCRIPTION
Tier I	PD	Professional	Participation in and presentation of Professional development activities in relation
		Development	to your job/role.
	Consult	Consultation and	Consultation with parents, teachers, outside agencies and providers, etc. Include
		Training	any training provided as part of the consultation.
	Meetings	System/Administrative	Meetings that are focused at the system, organizational or administrative level.
		level Meetings	Include grade level and other such meetings.
Tier II	FBA/BIP	FBA/Behavior	FBA/ Behavior intervention related time, including observation.
		Intervention	
	INT	Non-IEP Counseling and	Activities related to group counseling and intervention.
		Interventions	
	Meetings	Problem Solving	The broad range of student specific or student focused meetings. Include meetings
		Meetings	that are focused on a specific or targeted group of students.
Tier III	Assessment	Assessment	All Special Education assessment related activity (including: Score, Interpret, Write, File Review, etc.)
	Counseling	IEP Counseling	Activities related to IEP based counseling and intervention.
	Consult	IEP Consultation	Activities related to IEP based consultation
	Meetings	IEP Meeting	Meetings regarding IEP/504 determinations, including OR, RE, UR
Other	Collaboration	Community Engagement	Meetings that are focused on work with and collaboration with other agencies and
		& Service Integration	providers. These tend not to be student specific.
	Supervision	Professional Supervision	Providing or participating in professional supervision, peer mentoring, usually with
		and Peer Mentoring	other school psychologists and related professionals.
	Other	Other Activities not	This is a place to track time involved in activities that do not fit the above
		covered above	categories.



- Sampled in June, 2015
 - 44 School Psychologists
 - Sampled by activity (13 in total), organized by Tier
 - Analyzed by activity and Tier
- Limitations/Considerations
 - 1 day removed from data collection (CBHM showcase)
 - Days at multiple schools can't determine activity per location - 19 Staff surveys eliminated
 - Not anonymous tied to professional by name and building

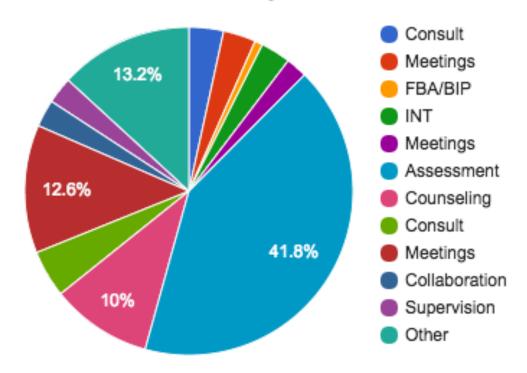


Percent of Activity Type for ALL Schools



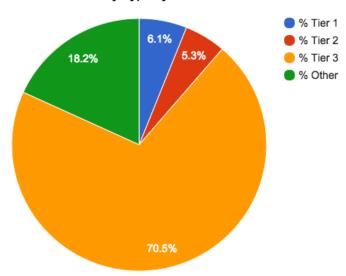


Percent of each activity for All Schools

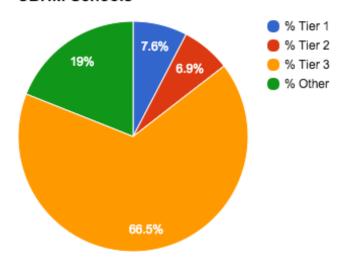




Percent of Activity Type by School for CBHM Schools



Percent of Activity Type by School for Non-CBHM Schools





Workshop Evaluation

Presentation Topics

- CBHM Overview
- Data Based Decision Making
- Classroom Management
- Problem Solving and Universal Screening
- School-Wide PBIS
- Universal Screening Tutorial
- Universal Screening Results and Data
- Universal Screening Data & Progress Monitoring

2014-2015 Year

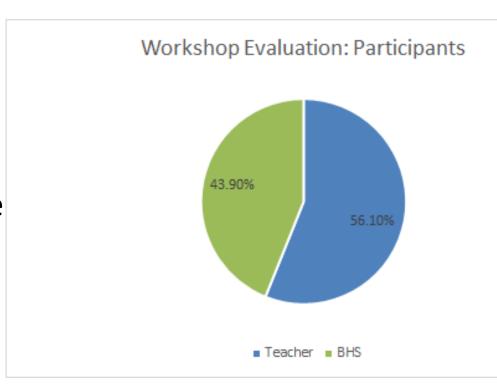
- Review and ratings for workshop content and presenter
- Anonymous responding
- Limitations
 - Changes in survey items
 - Buy-in for online completion option



Workshop Evaluation

Participant Information

- 205 total surveys collected
- 12+ trainers/speakers
- 9 trainings in the sample
- Participant info:
 - Teachers
 - Behavioral Health Staff (BHS)



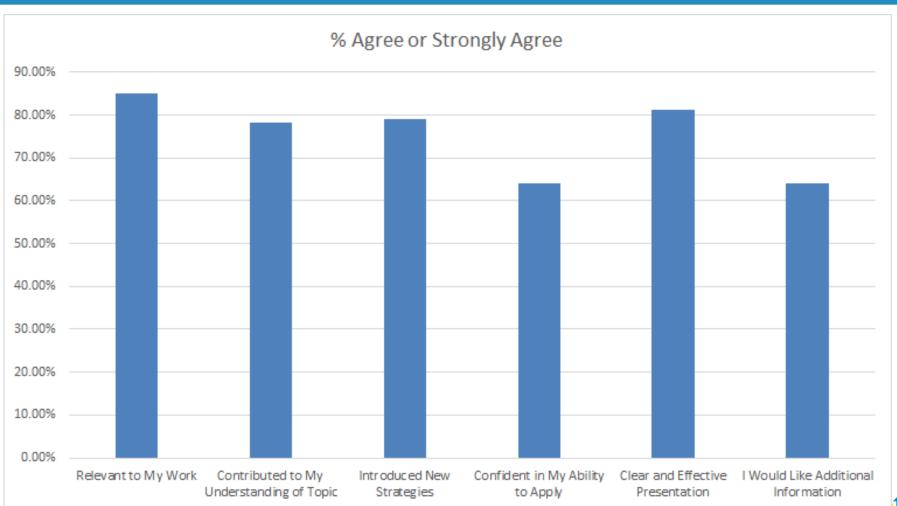


Workshop Evaluation Questions

- This workshop topic was relevant to my work
- This workshop contributed to my understanding of the topic
- The workshop introduced new strategies that I can use in my work
- I feel confident in my ability to apply the information presented in this workshop
- The workshop leader presented the information clearly and effectively
- I would like to receive additional training on this topic
- My overall rating of this workshop



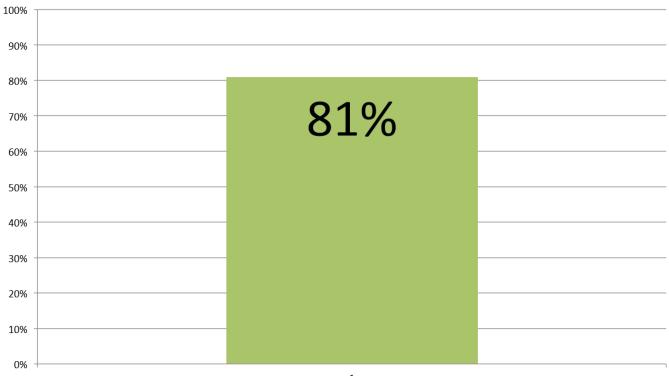
Workshop Evaluation



Workshop Evaluation

Percent of Points Earned on CBHM Workshop Evaluations for School Based CBHM PD

(SY 14-15 | Teacher Ratings)



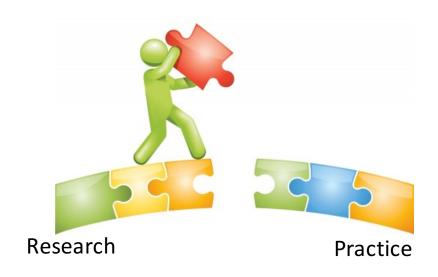


Future Directions

 Bridge between Research and Practice



Implementation Guides





DATA DATA DATA!

Students

Grades

Behavioral Health

Attendance

Academic Testing

Discipline Records

Schools

School Climate Survey

> Attendance Records

Implementation Fidelity

Staff / Practitioners

Monthly Activity
Reports

Time Sampling

Workshop Evaluations



Questions?

- Comments
- Suggestions
- Complaints
- Encouragements



Contact and Information

Contact Info:

Victoria Sheppard: sheppardv@gmail.com

Samantha Broadhead: paris.samantha@gmail.com

Dr. Jill Snyder: jsnyder2@bostonpublicschools.org

Dr. Melissa Pearrow: Melissa.Pearrow@umb.edu

Website:

cbhmboston.com

@CBHMboston

