School Mental Health Virtual Learning Series

Supporting Native and Indigenous Youth in Schools
July 7, 2021

Cultural Responsiveness and Equity Specialty Track
National Center for School Mental Health
Facilitators

Dana Cunningham, PhD
She/her/hers

Perrin Robinson, MS
He/him/his
After this Webinar

• Slides and recording will be posted on SchoolMentalHealth.org - Cultural Responsiveness & Equity
• Register for upcoming webinars at SchoolMentalHealth.org – Connect > Webinars
  • 8/3 Supporting Newcomer (Immigrant and Refugee) Youth in Schools
  • Webinars for 2021-2022 school year announced soon
Chat Box, Q&A

- Use chat box for sharing resources, comments, and responding to speaker
- Ask questions with the Q&A throughout the webinar—will try to answer at end.
- Introduce yourself in chat!

Web

Mobile App
School Mental Health Webinar Series

Description
The Central East MHTTC in collaboration with the National Center for School Mental Health is hosting a school mental health webinar series with a focus on advancing high quality, sustainable school mental health from a multi-tiered system of support, trauma sensitive, and culturally responsive and equitable lens.

Objectives
• Gain increased awareness of high quality, sustainable multi-tiered system of school mental health supports and services
• Support trauma-informed systems in schools
• Discover the impacts of social determinants of health on student academic and social-emotional-behavioral success
• Learn to provide more culturally responsive and equitable services and supports
• Hear perspectives on school mental health from school, district and state levels
• Obtain insight into how youth, families, schools and communities can best work together to address student mental health needs
Commitment

• Racial and social justice lens
• Cultural responsiveness and equity
• Developing and modeling equitable and anti-racist policies and practices
• Learn, heal, grow together
Meet the Panel
Virgil Moorehead Jr., PsyD  
he/him  

**Lenses**  
- Enrolled at Big Lagoon Rancheria (Yurok & Tolowa)  
- Straight  
- Upper-middle class  
- Able bodied
Joseph Garcia
he/him

Lenses
- Enrolled member of Pueblo of San Feipe
- Middle Class
- CPSW Certified
Sensitive Content
What is one word that describes your outlook and hope for the future?
What are some areas of strength and resilience in Native and Indigenous communities?
Let’s hear from participants
What are some challenges and areas of need for Native and Indigenous communities?
Let’s hear from participants
Can you speak to the diversity of practices and experiences among Native and Indigenous communities?
Let’s hear from participants
What are some cultural differences in understanding mental health and wellness between Native and Indigenous communities and Western societies?
Let’s hear from participants
What would effective and sustainable school-based mental health systems for Native and Indigenous communities look like?
Let’s hear from participants
What is an action step individuals can take today to support Native and Indigenous youth in schools?
Participant Questions
Resources & Organizations

- Two Fathers NAFS Indigenous Speakers Series
- National American Indian and Alaska Native Mental Health Technology Transfer Center Network
- Center for Native American Youth at the Aspen Institute
- National Indian Education Association
- SAMHSA Programs for Native Youth
- Education Week: Meeting the Needs of Native American Students
- Resources on Challenges Native Americans Face in Schools
Evaluation

Please complete the evaluation for this webinar.

• https://ttc-gpra.org/P?s=927242
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Thank You

- Panelists
- NCSMH schoolmentalhealth.org
- Central East MHTTC (managed by the Danya Institute)
  https://mhttcnetwork.org/centers/central-east-mhttc/home
- Cultural Responsiveness and Equity Specialty Track
  CREtrack@som.umaryland.edu