

School Mental Health Virtual Learning Series

January through May 2023

DETAILS & LOGISTICS

Time: Select **Tuesdays** January - May
3:00-4:00pm ET
Where: Virtual (*Zoom webinar*)



FACULTY FACILITATORS



Dana
Cunningham, PhD



Sharon
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Nancy
Lever, PhD



Brittany
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OBJECTIVES

- Gain increased awareness of school well-being within a multi-tiered system of school mental health supports and services
- Support trauma-informed systems in schools
- Increase understanding of strength-based practices that promote student academic and social-emotional-behavioral success
- Learn to provide more culturally responsive and equitable services and supports
- Hear perspectives on school mental health from school, district and state levels
- Obtain insight into how youth, families, schools and communities can best work together to address student mental health needs

SERIES DESCRIPTION

The Central East MHTTC in collaboration with the National Center for School Mental Health is pleased to offer a school mental health webinar series with a focus on advancing high quality, sustainable school mental health from a multi-tiered system of support, trauma sensitive, and culturally responsive and equitable lens. ***To familiarize yourself with the foundations of school mental health, please review the [school mental health guidance document](#).***

WHO SHOULD ATTEND?

Educators, Administrators, Health and Behavioral Health Care Professionals, Central East 3 Project AWARE Grantees, Policymakers and Advocates, and Child-Serving Agency Staff

To register for a webinar click on the date:

January 10th - Trauma-Informed Organizations and Language: Cultural Responsiveness, Anti-Racism and Equity in School Mental Health

February 14th - Organizational Well-Being

March 14th - Individual Well-Being: School Staff Wellness and Self-Care

April 11th - Promoting Family and Community Empowerment to Strengthen Positive School Climate

May 9th - Collaboration Between School and Community Settings - Development of Meaningful and Sustainable Partnerships Between Schools and Community Partners

Registration questions, contact csheedy@som.umaryland.edu