



MARYLAND FYI

Family & Youth Interventions for Substance Use

Telemental Health 101 – Live Webinar

Telemental Health 101 provides an overview to help prepare school mental health clinicians to use telemental health to provide services and supports to students and families. In this unique time of COVID-19 and with the rapid change to telemental health services, many clinicians are finding themselves having to quickly learn how to use telemental health services for individual, group and family sessions as well as how to provide school-wide services creatively and effectively. Content will also include a review of techniques, programs, and FREE interactive tools that can be used at the schoolwide, classroom and small-group level to provide services and stay connected.

Telemental Health 101 is a one-hour training that includes practical information about:

- How to set up your therapeutic space
- Guidance for being on camera
- Tips for therapists, caregivers and clients
- Safety in telemental health
- Tips for providing teleservices in schools across the MTSS (multi-tiered system of supports)
- FREE interactive tools that can be used schoolwide, class-wide, with small groups, or with individuals
- *and more!*

**** PLEASE NOTE **** Eligible participants will receive one (1) Category B/II continuing education credit hour. No partial credits will be issued.

This FREE professional learning opportunity is available to Maryland providers through a collaboration between the **Maryland State Department of Education (MSDE)**, the State of Maryland, Department of Health, **Behavioral Health Administration (BHA)**, and the **National Center for School Mental Health (NCSMH)**, a national resource center at the University of Maryland for advancing school mental health research, training, policy, and practice. The NCSMH is facilitating evidence-based trainings related to substance use prevention, screening, support, and referral to treatment.

For more information on substance use prevention and intervention training opportunities available through the NCSMH, please contact:

Melissa Ambrose, LCSW-C

mambrose@som.umaryland.edu

Training Director for Substance Use Initiatives | National Center for School Mental Health