One in four young adults experience mental illness. Healthy Transitions is a SAMHSA-funded program that serves young people ages 16-25 with (or at risk for) severe behavioral disorders.

The goals of Healthy Transitions are to:

- Raise awareness of young people’s mental health challenges.
- Increase early identification of mental health conditions in young people.
- Provide services and supports to meet the needs of young people while they transition into adulthood.

How do we accomplish these goals? Healthy Transitions staff work to:

- Improve young adults’ outcomes in employment, housing, behavioral and physical health, education, and criminal justice involvement via flexible assertive community treatment.
- Engage, educate, and support families and communities through family psycho-education and broader outreach and education.
- Enhance core competencies of behavioral health practitioners.
- Link local implementation to state-level program and policy developing to address broader system and financing issues.

Where is Healthy Transitions? Healthy Transitions currently serves the following Maryland counties: Anne Arundel, Caroline, Dorchester, Kent, Queen’s Anne’s, and Talbot.

How can I learn more? Contact us!

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