



## MARYLAND FYI

Family & Youth Interventions for Substance Use

# ADOLESCENT COMMUNITY REINFORCEMENT APPROACH (A-CRA)

**\*\*\* Adaptable for online implementation \*\*\***

The Adolescent Community Reinforcement Approach (A-CRA) is an evidence-based behavioral intervention that seeks to replace environmental contingencies that have supported alcohol or drug use with pro-social behaviors. Clinicians assume a flexible approach to reduce adolescent substance use by choosing from a menu of 19 different A-CRA procedures that address areas such as problem-solving skills, communication skills, and relapse prevention.

### Goals of A-CRA

- Decrease substance use
- Improve life satisfaction
- Improve positive relations with family and peers
- Increase participation in non-using pro-social activities

### Virtual Training Options

- Introduction to A-CRA (7-8 total hours; up to 6.5 continuing education credit hours\*)
  - Provides exposure to A-CRA philosophy and select procedures; manual included
- Intensive A-CRA Training (flexible total hours; up to 15 continuing education credit hours\*)
  - Provides training in all 19 A-CRA procedures; manual included

**\*\* PLEASE NOTE \*\*** *No partial credits will be issued.*

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This FREE professional learning opportunity is available to Maryland providers through a collaboration between the **Maryland State Department of Education (MSDE)**, the State of Maryland, Department of Health, **Behavioral Health Administration (BHA)**, and the **National Center for School Mental Health (NCSMH)**, a national resource center at the University of Maryland for advancing school mental health research, training, policy, and practice. The NCSMH is facilitating evidence-based trainings related to substance use prevention, screening and intervention.

**For more information on substance use prevention and intervention training opportunities available through the NCSMH, please contact:**

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