**ADOLESCENT COMMUNITY REINFORCEMENT APPROACH (A-CRA)**

***Adaptable for online implementation***

The Adolescent Community Reinforcement Approach (A-CRA) is an evidence-based behavioral intervention that seeks to replace environmental contingencies that have supported alcohol or drug use with pro-social behaviors. Clinicians assume a flexible approach to reduce adolescent substance use by choosing from a menu of 19 different A-CRA procedures that address areas such as problem-solving skills, communication skills, and relapse prevention.

**Goals of A-CRA**

- Decrease substance use
- Improve life satisfaction
- Improve positive relations with family and peers
- Increase participation in non-using pro-social activities

**Virtual Training Options**

- **Introduction to A-CRA** (7-8 total hours; up to 6.5 continuing education credit hours*)
  - Provides exposure to A-CRA philosophy and select procedures; manual included
- **Intensive A-CRA Training** (flexible total hours; up to 15 continuing education credit hours*)
  - Provides training in all 19 A-CRA procedures; manual included

**PLEASE NOTE** **No partial credits will be issued.**

This FREE professional learning opportunity is available to Maryland providers through a collaboration between the Maryland State Department of Education (MSDE), the State of Maryland, Department of Health, Behavioral Health Administration (BHA), and the National Center for School Mental Health (NCSMH), a national resource center at the University of Maryland for advancing school mental health research, training, policy, and practice. The NCSMH is facilitating evidence-based trainings related to substance use prevention, screening and intervention.

**For more information on substance use prevention and intervention training opportunities available through the NCSMH, please contact:**

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