



FREE TRAINING

ADOLESCENT COMMUNITY REINFORCEMENT APPROACH (A-CRA)

The Adolescent Community Reinforcement Approach (A-CRA) is an evidence-based behavioral intervention that seeks to replace environmental contingencies that have supported alcohol or drug use with pro-social behaviors. Clinicians assume a flexible approach to reduce adolescent substance use by choosing from a menu of 19 different A-CRA procedures that address areas such as problem-solving skills, communication skills, and relapse prevention.

Goals of A-CRA

- Decrease the use of alcohol and drugs
- Improve life satisfaction
- Improve positive relations with family and peers
- Increase participation in non-using social activities

A-CRA Training

- The initial A-CRA training is 2 days
- CEUs are awarded for completion of the training
- Completion of A-CRA training is required to pursue certification

A-CRA Certification

This training provides clinicians the opportunity to become certified as an A-CRA provider at no cost to the trainee. Trainees have one year to complete certification. A-CRA certification requires that each clinician enter session data and upload digital recordings of their A-CRA clients to a secure website, to be reviewed by expert raters. In order to receive this data, a Data Sharing Agreement must be completed and kept on file for each agency.



Maryland-Behavioral Health for Adolescents and Young Adults

For more information on A-CRA trainings available through the NCSMH, please contact:

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