

Classroom Check-up Action Planning Form BCPS

Teacher: Ms. Nunya Business Grade: 1st Date: 5/26/16

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| Those things going well in my classroom: <ol style="list-style-type: none"> 1. decreased disruptions since beginning of school year 2. my relationships with students 3. helping students learn to overcome challenges 4. my patience/acceptance with the level of their needs | Areas I would like to focus toward improving in my classroom: <ol style="list-style-type: none"> 1. ratio of positive to negative statements 2. opportunities to respond, trusting their ability and venturing out of my comfort zone 3. transitions |
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* Collaboratively develop a goal that is specific, measurable, attainable, realistic, and time-limited.

Specifically, my goal is to: increase my ratio of positive to negative statements to 2:1 by next week by using visual prompts & cues.

Method of Monitoring Goal: check-in with Janice next week, teacher self-monitoring

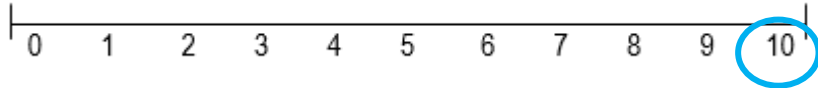
What actions will I take to meet this goal?

| Task: What needs to be done? | Description of Plan | Resources: What is needed to get it done? | Timeline |
|---|--|--|------------|
| <ol style="list-style-type: none"> 1. Keep track of statements, remember to notice the ratio | <ul style="list-style-type: none"> • I will use mailing labels with praise statements written on them as stickers to provide praise as immediate reinforcement for the behaviors I want to encourage • I will use Post-Its to track my pos:neg statements (track pos and neg on separate color post-its) • I will use an interval timer on my phone to remind me to use more praise | <ul style="list-style-type: none"> • Post-its • Mailing labels • Interval Timer | Fri May 27 |

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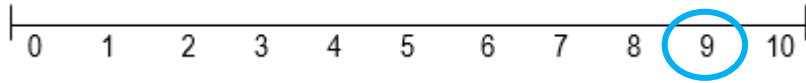
How **important** is it for you to meet this goal in your classroom?



The **most** important reasons for making this change and meeting this goal are:

- The kids are not listening to me.
- I feel like all I do is yell at them all day long.

How **confident** are you that you will meet this goal in your classroom?



Some reasons that **I am confident**:

- I have a plan.
- I'm usually pretty good with doing things once I decide to.

Is there anything that could get in the way of meeting this goal?

- Forgetting to do it!

Things I can do to help make sure I will be able to meet this goal:

- Janice will send reminders.
- Create mailing label template