

What is the Early Intervention Program?

We offer specialized programs with expertise in the early identification, evaluation, and comprehensive psychiatric treatment of adolescents and young adults at risk for, or in the early stages of, a mental illness with psychosis.

We use an integrated approach to address the health and mental health needs of young adults, including providing support for co-occurring substance use disorders, and metabolic and other co-occurring medical conditions. The EIP is committed to reducing disability by equipping individuals at risk and their families with tools to manage their illness, move successfully through the developmental stages of growth, and establish a life of their choosing.



Who does the Early Intervention Program serve?

- Individuals in the early stages of a mental illness with psychosis who may have strange and unusual experiences, such as
 - ✓ *Hearing or seeing things that others do not see or hear*
 - ✓ *Having unusual thoughts or beliefs that appear as strange to themselves or others*
 - ✓ *Feeling fearful or suspicious of others, sometimes including others they usually trust*
 - ✓ *Isolating themselves from family and friends*
- Health and behavioral health providers interested in
 - ✓ *Learning about early psychosis*
 - ✓ *Receiving consultations on complex cases*
 - ✓ *Implementing or Supporting an Early Intervention Team*
 - ✓ *Referring individuals in the early stages of a mental illness with psychosis for treatment*
- Family members, friends, educators, and others interested in learning about the early stages of a mental illness with psychosis and available services.

What services are available?

We are striving to develop a comprehensive, state-wide program, with services provided within the University of Maryland, as well as by satellite sites across the state. All EIP activities are guided by a multi-disciplinary Advisory Council, including youth, family and consumer advocacy membership. We integrate research into each of these components and will focus on using existing/new objective methods for early detection and prediction of disease emergence, progress, or recovery.

- **Outreach and Education** – to behavioral health providers, schools, colleges/universities, youth and family organizations, and primary care settings.
- **Clinical Services** –for individuals (aged 12-30) having experiences that indicate a risk for future psychosis, who have early signs of psychosis, or who are in the initial stages of psychosis.
- **Consultation Services** – to providers regarding identification and treatment for individuals that may be experiencing symptoms that may be predictive of future psychosis, who have early signs of psychosis, or are in the initial stages of psychosis.
- **Training and Implementation Support** – to providers establishing Early Intervention Teams (EITs) throughout the state; creating a learning collaborative so that EITs and others providing services to those with early psychosis can collaborate, share resources, provide support, and coordinate services.

Who is operating the EIP?

The EIP builds on the foundation of the University of Maryland School of Medicine Department of Psychiatry Maryland Psychiatric Research Center and the Divisions of Child and Adolescent Psychiatry, Community Psychiatry, Psychology, and Psychiatric Services Research; and the University of Maryland Baltimore County Department of Psychology.

How can I learn more?

To get more information, request education, make referrals, or request consultations, contact us:

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Visit our website www.MarylandEIP.com