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**The Art of Collaboration:
How Education, Mental Health and Families Find Common Ground**

November 8, 2019



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WESLEY FAMILY SERVICES

Mission Statement

To empower children, adults and families by providing transformational care.



- Objective #1: The participant will be able to describe the components to a comprehensive mental health service within the school setting.
- Objective #2: The participant will be able to utilize data tracking assessments including the SDQ and DSM cross-cutting tool to monitor mental health symptoms and behaviors in the school setting.
- Objective #3: The participant will be able to list the benefits of a district funded SBBH model of mental health treatment that is flexible in service design while clinically sound utilizing evidence based practices.



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Who and What is Wesley Family Services

- Overview of Organization
- Development of School Based Behavioral Health program
 - How did SBBH begin?
 - Service Delivery options
- SBBH Program Model Fidelity©
 - Research Supported
 - Key Program Elements and Indicators



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SBBH Program Models at Canon McMillan and Moon Area School Districts

- Evolution and Development of model at Canon Mc Millan SD
- Psychiatrist Participation and development of Treatment Team
- Purpose for Replication at Moon Area School District



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Why This Model of SBBH?



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How are Students Referred to ES Program

- Who completes evaluation?
 - Internal: School Psychologist
 - External: Psychiatric evaluation

- Criteria for admission
- Least Restrictive Environment



Components of Model that Lead to Success

- Administrative Support
 - Top down support
 - Value of Superintendent, Special Education/Pupil Services Director, Building Principal
 - Building Culture to accept ES program
- Classroom Set up and Staff
 - Qualifications for ES Classroom teacher, Mental Health Therapist, Paraprofessionals
 - Communication Loop
 - Professional Development
- Other Participants
 - Teachers
 - Families**



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Why a Treatment Team?



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Participants

- Scheduling and Invitations
- Parent Participation
 - Communication
 - Relationship building
 - Treatment adherence
- Student Participation



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Measures and Tools Utilized

- Use of Strengths and Difficulties Questionnaire
- DSM-V cross cutting tools
- Other Clinical Measures (e.g., Vanderbilts)
- Education Measures
- Medication compliance



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Psychiatrist Perspective and Role

- Treatment Team Review of progress
- Consultation
 - Team
 - Family
- Medication Management



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Samples of Treatment Team Meetings

- Video Clips



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Benefits of the Model



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Outcomes

- Service Summary Report/Satisfaction Surveys
 - Student Progress
 - Number of Students Served
 - Students able to be maintained in district
 - Cost Savings



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Education, Mental Health, and Family Collaboration

- Changes with Community partners
- Changes in School Culture and Climate
 - (teacher clip)
- Changes in Family Participation and Collaboration
 - Parent Clips



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- Summary and Questions???



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Contact Information

- Alan Axelson, M.D., Child and Adolescent Psychiatrist
- Lindsay Brain, Program Director
 - Lindsay.Brain@wfspa.org
 - 412-303-9779
- Karen K. Tantalo, Clinical Supervisor
 - Karen.Tantalo@wfspa.org
 - 412-337-8801
- Jerry Wessel, Clinical Supervisor
 - Jerry.Wessel@wfspa.org
 - 412-463-0227