

I AM A PERSON  
WHO WILL

INTERRUPT

ECHO

TOLERANCE.ORG  
RESPOND TO EVERYDAY STEREOTYPES AND BIAS  
**SPEAK UP AT SCHOOL**

QUESTION

EDUCATE



TEACHING TOLERANCE  
A PROJECT OF THE SOUTHERN POVERTY LAW CENTER  
TOLERANCE.ORG

**SPEAK UP**  
AGAINST BIAS

EDUCATE

QUESTION

TOLERANCE.ORG

RESPOND TO EVERYDAY STEREOTYPES AND BIAS  
**SPEAK UP AT SCHOOL**

A TEACHING TOLERANCE POCKET GUIDE

ECHO

INTERRUPT

I AM A PERSON  
WHO WILL

**SPEAK UP**  
AGAINST BIAS

TEACHING TOLERANCE  
A PROJECT OF THE SOUTHERN POVERTY LAW CENTER  
TOLERANCE.ORG



**TRY SAYING**  
“THANKS FOR SPEAKING UP, ALLISON. I AGREE THAT WORD IS OFFENSIVE AND WE SHOULDN'T USE IT.”

If someone else speaks up against hate, thank her and reiterate her anti-bias message. One person's voice is a powerful start. Many voices together create change.

## ECHO

**TRY SAYING**  
“DO YOU KNOW THE HISTORY OF THAT WORD?”

population.

Explain why a term or phrase is offensive. Encourage the person to choose a different expression. Hate isn't behind all hateful speech. Sometimes ignorance is at work, or lack of exposure to a diverse

## EDUCATE

“TELL ME MORE.”

“WHY DO YOU SAY THAT?” WHAT DO YOU MEAN?” OR

**TRY ASKING**

Ask simple questions in response to hateful remarks to find out why the speaker made the offensive comment and how you can best address the situation.

## QUESTION

PHRASE IS HURTFUL.”

“I, LIKE THAT.” OR “THAT

**TRY SAYING**

Speak up against every biased remark—every time, in the moment, without exception. Think about what you'll say ahead of time so you're prepared to act instantly.

## INTERRUPT

## INTERRUPT

Speak up against every biased remark—every time, in the moment, without exception. Think about what you'll say ahead of time so you're prepared to act instantly.

**TRY SAYING**

“I DON'T LIKE WORDS LIKE THAT.” OR “THAT PHRASE IS HURTFUL.”

## QUESTION

Ask simple questions in response to hateful remarks to find out why the speaker made the offensive comment and how you can best address the situation.

**TRY ASKING**

“WHY DO YOU SAY THAT?” WHAT DO YOU MEAN?” OR “TELL ME MORE.”

## EDUCATE

Explain why a term or phrase is offensive. Encourage the person to choose a different expression. Hate isn't behind all hateful speech. Sometimes ignorance is at work, or lack of exposure to a diverse

**TRY SAYING**

“DO YOU KNOW THE HISTORY OF THAT WORD?”

## ECHO

If someone else speaks up against hate, thank her and reiterate her anti-bias message. One person's voice is a powerful start. Many voices together create change.

**TRY SAYING**

“THANKS FOR SPEAKING UP, ALLISON. I AGREE THAT WORD IS OFFENSIVE AND WE SHOULDN'T USE IT.”