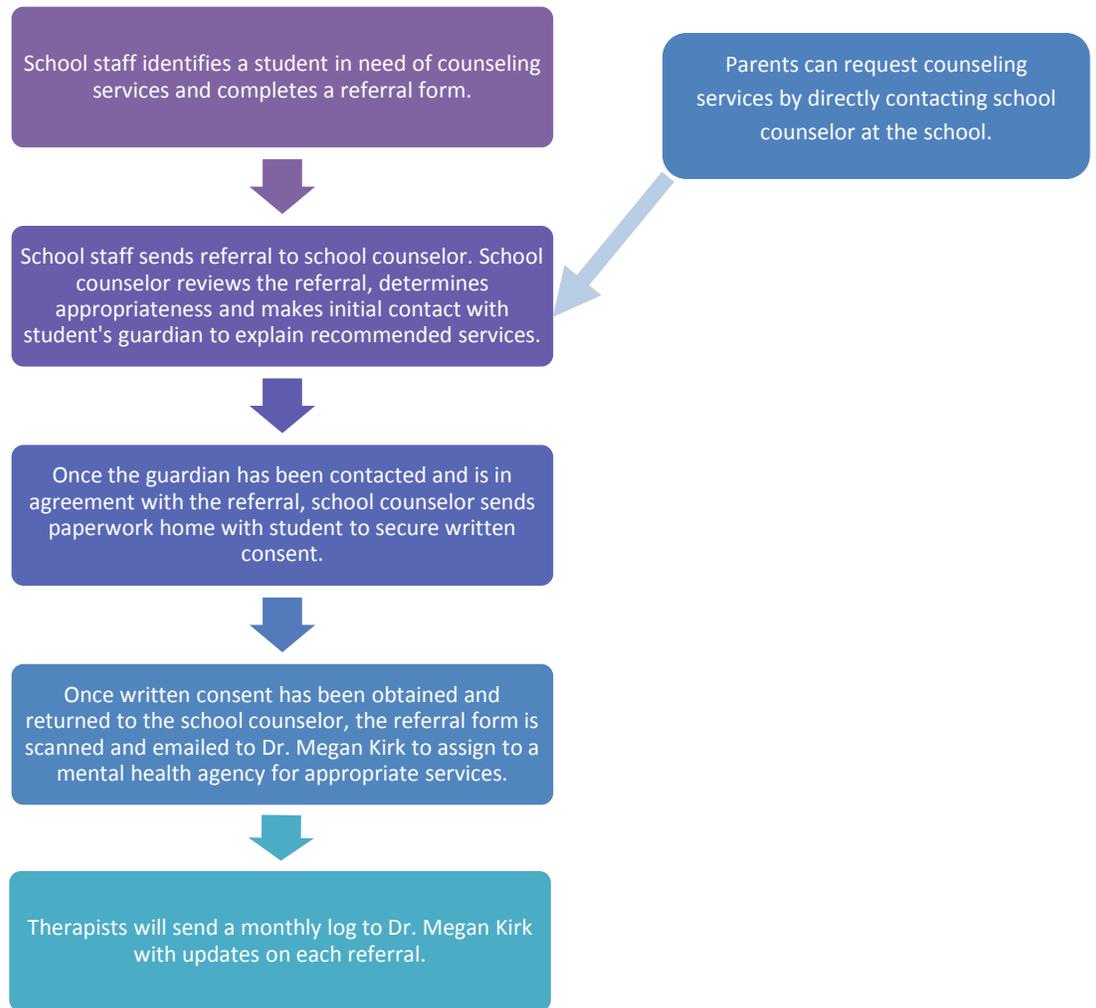


District Procedures for School-Based Counseling Referrals



Frequently Asked Questions Regarding School Based Services

- **What types of counseling services are provided?** *At this time, individual and group counseling. More services may be added later.*
- **Who can make a referral?** *Administrators, Parents, Teachers, Counselors, Success Coaches, Deans, and Department Chairs*
- **Who can be referred for services?** *Any student with behavioral or emotional concerns. Students can be receiving either general education or special education services.*
- **What are common issues to be referred?** *Anger management, anxiety, attention deficit hyperactivity disorder, behavior management, communication skills, depression, grief and loss, self-esteem, suicide and substance abuse issues are some common concerns of students who receive services.*
- **How are services paid for?** *If a student receives Medicaid, then services will be covered through Medicaid. If a student has private insurance or no insurance, services will be paid for through the Project AWARE grant.*
- **Can any student receive counseling services?** *Yes, but parents must agree to services. Counseling services are voluntary and parents can decline services.*
- **What are the rules of confidentiality?** *School staff should adhere to FERPA rules and should not provide information to CMH staff until a release of information is signed by the parent. The CMH staff will follow HIPPA rules and will need a signed consent to share information with the school.*
- **What attempts are made to reach the student's parents?** *A minimum of 3 phone call attempts will be made and a letter sent to the home. If the guardian does not respond, then the school counselor will discuss the referral with Dr. Megan Kirk to determine other ways to engage the family or refer to other services.*