

# Partner Build Grow: An Action Guide for Sustaining Mental Health Promotion

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**Social and Emotional Learning**

**Communities That Care**

**Character Education**

**Unified System of Learning Supports**

**Coordinated School Health**

**Positive Behavioral Interventions & Supports**

**Community Schools**

**Health Promoting Schools**

**School Climate Interventions**

**Positive Youth Development**

**Whole School, Whole Community, Whole Child Model**

**Interconnected Systems Framework**

Created by J. Bogden



# Mental Health is a Good Thing; Schools Should Promote It

- ▶ “The successful performance of mental function, resulting in productive activities, fulfilling relationships with others, and the ability to adapt to change and to successfully cope with adversity.”
- ▶ Child and adolescent mental health is defined by “achievement of expected cognitive, social, and emotional milestones; secure attachments; satisfying social relationships; and effective coping skills.”

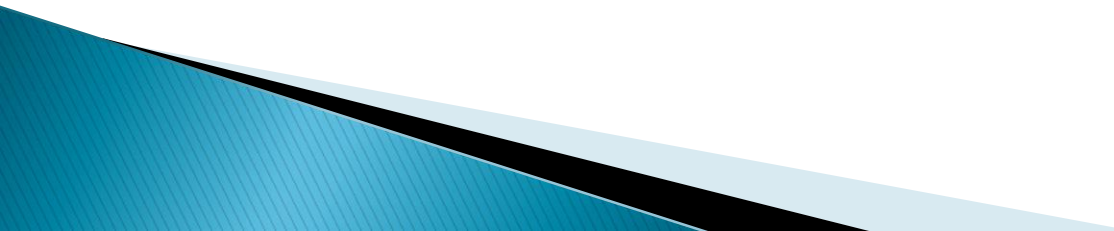
Satcher, David, M.D., Ph.D., Satcher Health Leadership Institute, *Promoting and Protecting the Mental Health of Children, A Collaborative Approach*, Keynote Address, 27<sup>th</sup> Annual Children's Mental Health Research and Policy Conference, Tampa, FL, March 3, 2014.

# Sustainability

- ▶ *Sustainability is the continued use of program components and activities for the continued achievement of desirable program and population outcomes.\**

Scheirer, M.A., & Dearing, J.W. (2011). An Agenda for Research on the Sustainability of Public Health Programs. *American Journal of Public Health*, 101 (11).

# Action Guide: Four Prongs

- ▶ Mapping assets
  - ▶ Building an action team
  - ▶ Connecting with the policy environment
  - ▶ Communications
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# Framework for Sustainability: The Four Pronged Model

